Pim C Cuijpers

List of Publications by Year in descending order

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924 papers 86,603 citations

146 h-index 245 g-index

976 all docs

976 docs citations

times ranked

976

53780 citing authors

#	Article	IF	CITATIONS
1	Overweight, Obesity, and Depression. Archives of General Psychiatry, 2010, 67, 220.	13.8	3,137
2	Internet-based cognitive behaviour therapy for symptoms of depression and anxiety: a meta-analysis. Psychological Medicine, 2007, 37, 319.	2.7	1,410
3	Internet-Based and Other Computerized Psychological Treatments for Adult Depression: A Meta-Analysis. Cognitive Behaviour Therapy, 2009, 38, 196-205.	1.9	1,214
4	WHO World Mental Health Surveys International College Student Project: Prevalence and distribution of mental disorders Journal of Abnormal Psychology, 2018, 127, 623-638.	2.0	1,140
5	Computer Therapy for the Anxiety and Depressive Disorders Is Effective, Acceptable and Practical Health Care: A Meta-Analysis. PLoS ONE, 2010, 5, e13196.	1.1	1,103
6	Internet-based vs. face-to-face cognitive behavior therapy for psychiatric and somatic disorders: an updated systematic review and meta-analysis. Cognitive Behaviour Therapy, 2018, 47, 1-18.	1.9	948
7	Scaling-up treatment of depression and anxiety: a global return on investment analysis. Lancet Psychiatry,the, 2016, 3, 415-424.	3.7	906
8	Behavioral activation treatments of depression: A meta-analysis. Clinical Psychology Review, 2007, 27, 318-326.	6.0	897
9	Guided Internet-based vs. face-to-face cognitive behavior therapy for psychiatric and somatic disorders: a systematic review and meta-analysis. World Psychiatry, 2014, 13, 288-295.	4.8	883
10	Mental disorders among college students in the World Health Organization World Mental Health Surveys. Psychological Medicine, 2016, 46, 2955-2970.	2.7	866
11	Supportive Accountability: A Model for Providing Human Support to Enhance Adherence to eHealth Interventions. Journal of Medical Internet Research, 2011, 13, e30.	2.1	862
12	Psychotherapy for depression in adults: A meta-analysis of comparative outcome studies Journal of Consulting and Clinical Psychology, 2008, 76, 909-922.	1.6	830
13	A Meta-Analysis of Cognitive-Behavioural Therapy for Adult Depression, Alone and in Comparison with other Treatments. Canadian Journal of Psychiatry, 2013, 58, 376-385.	0.9	796
14	The Netherlands Study of Depression and Anxiety (NESDA): rationale, objectives and methods. International Journal of Methods in Psychiatric Research, 2008, 17, 121-140.	1.1	791
15	Computer therapy for the anxiety and depression disorders is effective, acceptable and practical health care: An updated meta-analysis. Journal of Anxiety Disorders, 2018, 55, 70-78.	1.5	729
16	Is guided self-help as effective as face-to-face psychotherapy for depression and anxiety disorders? A systematic review and meta-analysis of comparative outcome studies. Psychological Medicine, 2010, 40, 1943-1957.	2.7	695
17	The effects of mindfulness-based stress reduction therapy on mental health of adults with a chronic medical disease: A meta-analysis. Journal of Psychosomatic Research, 2010, 68, 539-544.	1.2	659
18	Prevalence of depression in cancer patients: a metaâ€analysis of diagnostic interviews and selfâ€report instruments. Psycho-Oncology, 2014, 23, 121-130.	1.0	652

#	Article	IF	CITATIONS
19	Excess mortality in depression: a meta-analysis of community studies. Journal of Affective Disorders, 2002, 72, 227-236.	2.0	641
20	Depression and obesity: A meta-analysis of community-based studies. Psychiatry Research, 2010, 178, 230-235.	1.7	610
21	Efficacy of Self-guided Internet-Based Cognitive Behavioral Therapy in the Treatment of Depressive Symptoms. JAMA Psychiatry, 2017, 74, 351.	6.0	560
22	Is depression associated with increased oxidative stress? A systematic review and meta-analysis. Psychoneuroendocrinology, 2015, 51, 164-175.	1.3	524
23	Comparative efficacy and tolerability of antidepressants for major depressive disorder in children and adolescents: a network meta-analysis. Lancet, The, 2016, 388, 881-890.	6.3	513
24	Mental health problems in college freshmen: Prevalence and academic functioning. Journal of Affective Disorders, 2018, 225, 97-103.	2.0	512
25	Excess mortality in persons with severe mental disorders: a multilevel intervention framework and priorities for clinical practice, policy and research agendas. World Psychiatry, 2017, 16, 30-40.	4.8	477
26	Subthreshold depression as a risk indicator for major depressive disorder: a systematic review of prospective studies. Acta Psychiatrica Scandinavica, 2004, 109, 325-331.	2.2	466
27	Internet-administered cognitive behavior therapy for health problems: a systematic review. Journal of Behavioral Medicine, 2008, 31, 169-177.	1.1	465
28	Efficacy of cognitive bias modification interventions in anxiety and depression: Meta-analysis. British Journal of Psychiatry, 2015, 206, 7-16.	1.7	457
29	Comprehensive Meta-Analysis of Excess Mortality in Depression in the General Community Versus Patients With Specific Illnesses. American Journal of Psychiatry, 2014, 171, 453-462.	4.0	455
30	Efficacy of Psychotherapies for Borderline Personality Disorder. JAMA Psychiatry, 2017, 74, 319.	6.0	454
31	The efficacy of appâ€supported smartphone interventions for mental health problems: a metaâ€analysis of randomized controlled trials. World Psychiatry, 2019, 18, 325-336.	4.8	437
32	Prevalence of depression and anxiety in Multiple Sclerosis: A systematic review and meta-analysis. Journal of the Neurological Sciences, 2017, 372, 331-341.	0.3	433
33	Comparative Efficacy of Seven Psychotherapeutic Interventions for Patients with Depression: A Network Meta-Analysis. PLoS Medicine, 2013, 10, e1001454.	3.9	426
34	The effects of psychotherapy for adult depression are overestimated: a meta-analysis of study quality and effect size. Psychological Medicine, 2010, 40, 211-223.	2.7	422
35	The Role of Common Factors in Psychotherapy Outcomes. Annual Review of Clinical Psychology, 2019, 15, 207-231.	6.3	415
36	The Lancet Psychiatry Commission on psychological treatments research in tomorrow's science. Lancet Psychiatry,the, 2018, 5, 237-286.	3.7	412

#	Article	IF	CITATIONS
37	Internet and Computer-Based Cognitive Behavioral Therapy for Anxiety and Depression in Youth: A Meta-Analysis of Randomized Controlled Outcome Trials. PLoS ONE, 2015, 10, e0119895.	1.1	407
38	Cognitive and behavioral therapies in the treatment of insomnia: A meta-analysis. Sleep Medicine Reviews, 2018, 38, 3-16.	3.8	402
39	Internet-Based Cognitive Behavioral Therapy for Depression. JAMA Psychiatry, 2021, 78, 361.	6.0	398
40	Behavioural Activation for Depression; An Update of Meta-Analysis of Effectiveness and Sub Group Analysis. PLoS ONE, 2014, 9, e100100.	1.1	390
41	The efficacy of psychotherapy and pharmacotherapy in treating depressive and anxiety disorders: a metaâ€analysis of direct comparisons. World Psychiatry, 2013, 12, 137-148.	4.8	388
42	Effective ingredients of school-based drug prevention programs. Addictive Behaviors, 2002, 27, 1009-1023.	1.7	385
43	Interpersonal Psychotherapy for Depression: A Meta-Analysis. American Journal of Psychiatry, 2011, 168, 581-592.	4.0	383
44	Psychological treatment of generalized anxiety disorder: A meta-analysis. Clinical Psychology Review, 2014, 34, 130-140.	6.0	379
45	The effects of psychotherapies for major depression in adults on remission, recovery and improvement: A meta-analysis. Journal of Affective Disorders, 2014, 159, 118-126.	2.0	376
46	Computerâ€Aided Psychotherapy for Anxiety Disorders: A Metaâ€Analytic Review. Cognitive Behaviour Therapy, 2009, 38, 66-82.	1.9	373
47	Estimating the sample mean and standard deviation from commonly reported quantiles in meta-analysis. Statistical Methods in Medical Research, 2020, 29, 2520-2537.	0.7	366
48	How effective are cognitive behavior therapies for major depression and anxiety disorders? A metaâ€analytic update of the evidence. World Psychiatry, 2016, 15, 245-258.	4.8	359
49	Preventing the Onset of Depressive Disorders: A Meta-Analytic Review of Psychological Interventions. American Journal of Psychiatry, 2008, 165, 1272-1280.	4.0	353
50	Preventing the onset of major depressive disorder: A meta-analytic review of psychological interventions. International Journal of Epidemiology, 2014, 43, 318-329.	0.9	347
51	Efficacy of cognitive–behavioural therapy and other psychological treatments for adult depression: meta-analytic study of publication bias. British Journal of Psychiatry, 2010, 196, 173-178.	1.7	333
52	Preventing a first episode of psychosis: Meta-analysis of randomized controlled prevention trials of 12month and longer-term follow-ups. Schizophrenia Research, 2013, 149, 56-62.	1.1	333
53	The Benefit of Web- and Computer-Based Interventions for Stress: A Systematic Review and Meta-Analysis. Journal of Medical Internet Research, 2017, 19, e32.	2.1	319
54	Psychoeducation for depression, anxiety and psychological distress: a meta-analysis. BMC Medicine, 2009, 7, 79.	2.3	318

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55	Adherence to Internet-Based and Face-to-Face Cognitive Behavioural Therapy for Depression: A Meta-Analysis. PLoS ONE, 2014, 9, e100674.	1.1	310
56	Effectiveness and Acceptability of Cognitive Behavior Therapy Delivery Formats in Adults With Depression. JAMA Psychiatry, 2019, 76, 700.	6.0	309
57	Effects of reminiscence and life review on late-life depression: a meta-analysis. International Journal of Geriatric Psychiatry, 2003, 18, 1088-1094.	1.3	304
58	Depressive disorders in caregivers of dementia patients: A systematic review. Aging and Mental Health, 2005, 9, 325-330.	1.5	302
59	Minor depression: risk profiles, functional disability, health care use and risk of developing major depression. Journal of Affective Disorders, 2004, 79, 71-79.	2.0	301
60	Standalone smartphone apps for mental health—a systematic review and meta-analysis. Npj Digital Medicine, 2019, 2, 118.	5.7	301
61	Adding psychotherapy to antidepressant medication in depression and anxiety disorders: a meta-analysis. World Psychiatry, 2014, 13, 56-67.	4.8	296
62	Depression and body mass index, a u-shaped association. BMC Public Health, 2009, 9, 14.	1.2	294
63	Time for united action on depression: a Lancet–World Psychiatric Association Commission. Lancet, The, 2022, 399, 957-1022.	6.3	292
64	The effects of reminiscence on psychological well-being in older adults: A meta-analysis. Aging and Mental Health, 2007, 11, 291-300.	1.5	288
65	The prevalence of suicidal thoughts and behaviours among college students: a meta-analysis. Psychological Medicine, 2018, 48, 554-565.	2.7	285
66	Predictors of treatment dropout in self-guided web-based interventions for depression: an â€~individual patient data' meta-analysis. Psychological Medicine, 2015, 45, 2717-2726.	2.7	281
67	Two-year course of depressive and anxiety disorders: Results from the Netherlands Study of Depression and Anxiety (NESDA). Journal of Affective Disorders, 2011, 133, 76-85.	2.0	278
68	Psychological Interventions for Psychosis: A Meta-Analysis of Comparative Outcome Studies. American Journal of Psychiatry, 2014, 171, 523-538.	4.0	277
69	Stepped-Care Prevention of Anxiety and Depression in Late Life. Archives of General Psychiatry, 2009, 66, 297.	13.8	273
70	The efficacy of short-term psychodynamic psychotherapy for depression: A meta-analysis. Clinical Psychology Review, 2010, 30, 25-36.	6.0	271
71	Preventing Depression. JAMA - Journal of the American Medical Association, 2012, 307, 1033.	3.8	269
72	Internet-based cognitive behavioural therapy for subthreshold depression in people over 50 years old: a randomized controlled clinical trial. Psychological Medicine, 2007, 37, 1797-1806.	2.7	268

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73	Consensus statement on defining and measuring negative effects of Internet interventions. Internet Interventions, 2014, 1, 12-19.	1.4	267
74	Psychological treatment of depression: Results of a series of meta-analyses. Nordic Journal of Psychiatry, 2011, 65, 354-364.	0.7	265
75	Screening for mood and anxiety disorders with the five-item, the three-item, and the two-item Mental Health Inventory. Psychiatry Research, 2009, 168, 250-255.	1.7	264
76	Psychological treatment of social anxiety disorder: a meta-analysis. Psychological Medicine, 2009, 39, 241-254.	2.7	260
77	Prevention of Major Depression. Annual Review of Clinical Psychology, 2010, 6, 181-212.	6.3	260
78	Pre-post effect sizes should be avoided in meta-analyses. Epidemiology and Psychiatric Sciences, 2017, 26, 364-368.	1.8	258
79	Costs of nine common mental disorders: implications for curative and preventive psychiatry. Journal of Mental Health Policy and Economics, 2006, 9, 193-200.	0.6	258
80	Bibliotherapy in unipolar depression: A meta-analysis. Journal of Behavior Therapy and Experimental Psychiatry, 1997, 28, 139-147.	0.6	255
81	A meta-analysis of the contribution of eye movements in processing emotional memories. Journal of Behavior Therapy and Experimental Psychiatry, 2013, 44, 231-239.	0.6	254
82	Webâ€based selfâ€help for problem drinkers: a pragmatic randomized trial. Addiction, 2008, 103, 218-227.	1.7	253
83	Internet interventions for mental health in university students: A systematic review and metaâ€analysis. International Journal of Methods in Psychiatric Research, 2019, 28, e1759.	1.1	253
84	Influence of initial severity of depression on effectiveness of low intensity interventions: meta-analysis of individual patient data. BMJ, The, 2013, 346, f540-f540.	3.0	251
85	Psychotherapy for chronic major depression and dysthymia: A meta-analysis. Clinical Psychology Review, 2010, 30, 51-62.	6.0	249
86	The efficacy of non-directive supportive therapy for adult depression: A meta-analysis. Clinical Psychology Review, 2012, 32, 280-291.	6.0	242
87	Accuracy of the PHQ-2 Alone and in Combination With the PHQ-9 for Screening to Detect Major Depression. JAMA - Journal of the American Medical Association, 2020, 323, 2290.	3.8	242
88	Effectiveness of a Web-Based Self-Help Intervention for Symptoms of Depression, Anxiety, and Stress: Randomized Controlled Trial. Journal of Medical Internet Research, 2008, 10, e7.	2.1	242
89	Increasing the acceptance of internet-based mental health interventions in primary care patients with depressive symptoms. A randomized controlled trial. Journal of Affective Disorders, 2015, 176, 9-17.	2.0	241
90	Do guided internet-based interventions result in clinically relevant changes for patients with depression? An individual participant data meta-analysis. Clinical Psychology Review, 2018, 63, 80-92.	6.0	239

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91	Self-reported versus clinician-rated symptoms of depression as outcome measures in psychotherapy research on depression: A meta-analysis. Clinical Psychology Review, 2010, 30, 768-778.	6.0	237
92	The associations between non-suicidal self-injury and first onset suicidal thoughts and behaviors. Journal of Affective Disorders, 2018, 239, 171-179.	2.0	235
93	Economic Costs of Neuroticism. Archives of General Psychiatry, 2010, 67, 1086.	13.8	234
94	Emotion Regulation Skills Training Enhances the Efficacy of Inpatient Cognitive Behavioral Therapy for Major Depressive Disorder: A Randomized Controlled Trial. Psychotherapy and Psychosomatics, 2013, 82, 234-245.	4.0	234
95	Comparative efficacy and acceptability of psychotherapies for depression in children and adolescents: A systematic review and network meta-analysis. World Psychiatry, 2015, 14, 207-222.	4.8	234
96	Psychoeducational treatment and prevention of depression: The "coping with depression―course thirty years later. Clinical Psychology Review, 2009, 29, 449-458.	6.0	233
97	A network metaâ€nnalysis of the effects of psychotherapies, pharmacotherapies and their combination in the treatment of adult depression. World Psychiatry, 2020, 19, 92-107.	4.8	232
98	Effectiveness of Guided and Unguided Low-Intensity Internet Interventions for Adult Alcohol Misuse: A Meta-Analysis. PLoS ONE, 2014, 9, e99912.	1.1	222
99	Prospective biomarkers of major depressive disorder: a systematic review and meta-analysis. Molecular Psychiatry, 2020, 25, 321-338.	4.1	221
100	Problem solving therapies for depression: A meta-analysis. European Psychiatry, 2007, 22, 9-15.	0.1	218
101	Self-Guided Psychological Treatment for Depressive Symptoms: A Meta-Analysis. PLoS ONE, 2011, 6, e21274.	1.1	217
102	Internet-Based Treatment for Adults with Depressive Symptoms: Randomized Controlled Trial. Journal of Medical Internet Research, 2008, 10, e44.	2.1	217
103	Anxiety: There is an app for that. A systematic review of anxiety apps. Depression and Anxiety, 2017, 34, 518-525.	2.0	215
104	Differential mortality rates in major and subthreshold depression: meta-analysis of studies that measured both. British Journal of Psychiatry, 2013, 202, 22-27.	1.7	210
105	Stepped care treatment delivery for depression: a systematic review and meta-analysis. Psychological Medicine, 2015, 45, 231-246.	2.7	210
106	Psychological treatment of late-life depression: a meta-analysis of randomized controlled trials. International Journal of Geriatric Psychiatry, 2006, 21, 1139-1149.	1.3	207
107	Psychotherapy versus the combination of psychotherapy and pharmacotherapy in the treatment of depression: a meta-analysis. Depression and Anxiety, 2009, 26, 279-288.	2.0	207
108	Adding Psychotherapy to Pharmacotherapy in the Treatment of Depressive Disorders in Adults. Journal of Clinical Psychiatry, 2009, 70, 1219-1229.	1.1	204

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109	The efficacy of short-term psychodynamic psychotherapy for depression: A meta-analysis update. Clinical Psychology Review, 2015, 42, 1-15.	6.0	203
110	Suicidal Thoughts and Behaviors Among First-Year College Students: Results From the WMH-ICS Project. Journal of the American Academy of Child and Adolescent Psychiatry, 2018, 57, 263-273.e1.	0.3	203
111	The Efficacy of Cognitive-Behavioral Therapy and Psychodynamic Therapy in the Outpatient Treatment of Major Depression: A Randomized Clinical Trial. American Journal of Psychiatry, 2013, 170, 1041-1050.	4.0	198
112	What Makes Internet Therapy Work?. Cognitive Behaviour Therapy, 2009, 38, 55-60.	1.9	196
113	Does cognitive behaviour therapy have an enduring effect that is superior to keeping patients on continuation pharmacotherapy? A meta-analysis. BMJ Open, 2013, 3, e002542.	0.8	195
114	Barriers of mental health treatment utilization among firstâ€year college students: First crossâ€national results from the WHO World Mental Health International College Student Initiative. International Journal of Methods in Psychiatric Research, 2019, 28, e1782.	1.1	195
115	Psychological treatment of depression: A meta-analytic database of randomized studies. BMC Psychiatry, 2008, 8, 36.	1.1	192
116	Quick and easy self-rating of Generalized Anxiety Disorder: Validity of the Dutch web-based GAD-7, GAD-2 and GAD-SI. Psychiatry Research, 2011, 188, 58-64.	1.7	192
117	Effect of a Web-Based Guided Self-help Intervention for Prevention of Major Depression in Adults With Subthreshold Depression. JAMA - Journal of the American Medical Association, 2016, 315, 1854.	3.8	188
118	Treatment of comorbid alcohol use disorders and depression with cognitiveâ€behavioural therapy and motivational interviewing: a metaâ€analysis. Addiction, 2014, 109, 394-406.	1.7	187
119	Psychological treatments of subthreshold depression: a meta-analytic review. Acta Psychiatrica Scandinavica, 2007, 115, 434-441.	2.2	186
120	Prevention of Mental Health Disorders Using Internet- and Mobile-Based Interventions: A Narrative Review and Recommendations for Future Research. Frontiers in Psychiatry, 2017, 8, 116.	1.3	186
121	Effectiveness and treatment moderators of internet interventions for adult problem drinking: An individual patient data meta-analysis of 19 randomised controlled trials. PLoS Medicine, 2018, 15, e1002714.	3.9	186
122	Web-Based Depression Treatment for Type 1 and Type 2 Diabetic Patients. Diabetes Care, 2011, 34, 320-325.	4.3	184
123	Rethinking recommendations for screening for depression in primary care. Cmaj, 2012, 184, 413-418.	0.9	184
124	Economic costs of minor depression: a population-based study. Acta Psychiatrica Scandinavica, 2007, 115, 229-236.	2.2	182
125	Interpersonal Psychotherapy for Mental Health Problems: A Comprehensive Meta-Analysis. American Journal of Psychiatry, 2016, 173, 680-687.	4.0	180
126	Effects of Internet-Based Cognitive Behavioral Therapy in Routine Care for Adults in Treatment for Depression and Anxiety: Systematic Review and Meta-Analysis. Journal of Medical Internet Research, 2020, 22, e18100.	2.1	180

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127	EFFECTIVENESS OF INTERNET-DELIVERED COGNITIVE BEHAVIORAL THERAPY FOR POSTTRAUMATIC STRESS DISORDER: A SYSTEMATIC REVIEW AND META-ANALYSIS. Depression and Anxiety, 2016, 33, 783-791.	2.0	178
128	Examining the Effects of Prevention Programs on the Incidence of New Cases of Mental Disorders: The Lack of Statistical Power. American Journal of Psychiatry, 2003, 160, 1385-1391.	4.0	176
129	Comparative efficacy and acceptability of antidepressants, psychotherapies, and their combination for acute treatment of children and adolescents with depressive disorder: a systematic review and network meta-analysis. Lancet Psychiatry,the, 2020, 7, 581-601.	3.7	176
130	Strengthening mental health care systems for Syrian refugees in Europe and the Middle East: integrating scalable psychological interventions in eight countries. HA¶gre Utbildning, 2017, 8, 1388102.	1.4	175
131	Equivalency of the diagnostic accuracy of the PHQ-8 and PHQ-9: a systematic review and individual participant data meta-analysis. Psychological Medicine, 2020, 50, 1368-1380.	2.7	175
132	Meta-Analysis of Efficacy of Interventions for Elevated Depressive Symptoms in Adults Diagnosed With Cancer. Journal of the National Cancer Institute, 2012, 104, 990-1004.	3.0	174
133	Therapeutic alliance in guided internet-delivered cognitive behavioural treatment of depression, generalized anxiety disorder and social anxiety disorder. Behaviour Research and Therapy, 2012, 50, 544-550.	1.6	174
134	Are Psychological and Pharmacologic Interventions Equally Effective in the Treatment of Adult Depressive Disorders?. Journal of Clinical Psychiatry, 2008, 69, 1675-1685.	1.1	174
135	Long-term Outcomes of Cognitive Behavioral Therapy for Anxiety-Related Disorders. JAMA Psychiatry, 2020, 77, 265.	6.0	172
136	Trials of Intervention Principles: Evaluation Methods for Evolving Behavioral Intervention Technologies. Journal of Medical Internet Research, 2015, 17, e166.	2.1	172
137	Establishing Guidelines for Executing and Reporting Internet Intervention Research. Cognitive Behaviour Therapy, 2011, 40, 82-97.	1.9	171
138	How much psychotherapy is needed to treat depression? A metaregression analysis. Journal of Affective Disorders, 2013, 149, 1-13.	2.0	170
139	Opportunities for Cost-effective Prevention of Late-Life Depression. Archives of General Psychiatry, 2006, 63, 290.	13.8	169
140	Cognitive Behavioral Therapy for Subjects at Ultrahigh Risk for Developing Psychosis: A Randomized Controlled Clinical Trial. Schizophrenia Bulletin, 2012, 38, 1180-1188.	2.3	168
141	Curbing Problem Drinking with Personalized-Feedback Interventions. American Journal of Preventive Medicine, 2009, 36, 247-255.	1.6	167
142	Psychotherapy for Depression Across Different Age Groups: A Systematic Review and Meta-analysis. JAMA Psychiatry, 2020, 77, 694.	6.0	164
143	Psychological treatment of postpartum depression: a metaâ€analysis. Journal of Clinical Psychology, 2008, 64, 103-118.	1.0	163
144	Does pretreatment severity moderate the efficacy of psychological treatment of adult outpatient depression? A meta-analysis Journal of Consulting and Clinical Psychology, 2010, 78, 668-680.	1.6	162

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145	Cannabis use and the risk of later schizophrenia: a review. Addiction, 2004, 99, 425-430.	1.7	161
146	Self-help therapy for insomnia: A meta-analysis. Sleep Medicine Reviews, 2009, 13, 61-71.	3.8	161
147	Four decades of outcome research on psychotherapies for adult depression: An overview of a series of meta-analyses Canadian Psychology, 2017, 58, 7-19.	1.4	161
148	Managing depression in older age: Psychological interventions. Maturitas, 2014, 79, 160-169.	1.0	160
149	The effectiveness of virtual reality based interventions for symptoms of anxiety and depression: A meta-analysis. Scientific Reports, 2018, 8, 10323.	1.6	158
150	Internet-Based Psychodynamic versus Cognitive Behavioral Guided Self-Help for Generalized Anxiety Disorder: A Randomized Controlled Trial. Psychotherapy and Psychosomatics, 2012, 81, 344-355.	4.0	157
151	Effectiveness of an Internet Intervention for Family Caregivers of People with Dementia: Results of a Randomized Controlled Trial. PLoS ONE, 2015, 10, e0116622.	1.1	156
152	The effects of psychological treatment of maternal depression on children and parental functioning: a meta-analysis. European Child and Adolescent Psychiatry, 2015, 24, 237-245.	2.8	155
153	Baseline Depression Severity as Moderator of Depression Outcomes Between Cognitive Behavioral Therapy vs Pharmacotherapy. JAMA Psychiatry, 2015, 72, 1102.	6.0	155
154	The Effectiveness of Cognitive Bias Modification Interventions for Substance Addictions: A Meta-Analysis. PLoS ONE, 2016, 11, e0162226.	1.1	154
155	Adulthood trauma and HPA-axis functioning in healthy subjects and PTSD patients: A meta-analysis. Psychoneuroendocrinology, 2012, 37, 317-331.	1.3	153
156	Does Publication Bias Inflate the Apparent Efficacy of Psychological Treatment for Major Depressive Disorder? A Systematic Review and Meta-Analysis of US National Institutes of Health-Funded Trials. PLoS ONE, 2015, 10, e0137864.	1.1	153
157	Self-guided internet-based and mobile-based stress management for employees: results of a randomised controlled trial. Occupational and Environmental Medicine, 2016, 73, 315-323.	1.3	152
158	Digital interventions for the treatment of depression: A meta-analytic review Psychological Bulletin, 2021, 147, 749-786.	5.5	152
159	The effects of fifteen evidence-supported therapies for adult depression: A meta-analytic review. Psychotherapy Research, 2020, 30, 279-293.	1.1	150
160	Theme Issue on E-Mental Health: A Growing Field in Internet Research. Journal of Medical Internet Research, 2010, 12, e74.	2.1	150
161	Preventing the Incidence of New Cases of Mental Disorders. Journal of Nervous and Mental Disease, 2005, 193, 119-125.	0.5	147
162	Methodological Recommendations for Trials of Psychological Interventions. Psychotherapy and Psychosomatics, 2018, 87, 276-284.	4.0	146

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163	The effects of psychotherapy for adult depression on suicidality and hopelessness: A systematic review and meta-analysis. Journal of Affective Disorders, 2013, 144, 183-190.	2.0	145
164	Effectiveness of an Internet- and App-Based Intervention for College Students With Elevated Stress: Randomized Controlled Trial. Journal of Medical Internet Research, 2018, 20, e136.	2.1	144
165	The validity of the Dutch K10 and extended K10 screening scales for depressive and anxiety disorders. Psychiatry Research, 2010, 176, 45-50.	1.7	143
166	WHAT IS THE THRESHOLD FOR A CLINICALLY RELEVANT EFFECT? THE CASE OF MAJOR DEPRESSIVE DISORDERS. Depression and Anxiety, 2014, 31, 374-378.	2.0	141
167	A Meta-Analysis of Social Skills Training and Related Interventions for Psychosis. Schizophrenia Bulletin, 2018, 44, 475-491.	2.3	141
168	Efficacy and acceptability of psychosocial interventions in asylum seekers and refugees: systematic review and meta-analysis. Epidemiology and Psychiatric Sciences, 2019, 28, 376-388.	1.8	141
169	Combining pharmacotherapy and psychotherapy or monotherapy for major depression? A meta-analysis on the long-term effects. Journal of Affective Disorders, 2016, 194, 144-152.	2.0	140
170	Effectiveness of psychological interventions in preventing recurrence of depressive disorder: Meta-analysis and meta-regression. Journal of Affective Disorders, 2015, 174, 400-410.	2.0	139
171	Prevalence and correlates of depressive symptoms in Chinese older adults: a populationâ€based study. International Journal of Geriatric Psychiatry, 2012, 27, 305-312.	1.3	138
172	The effects of family interventions on relatives' burden: A meta-analysis. Journal of Mental Health, 1999, 8, 275-285.	1.0	136
173	Psychological treatment of depression in primary care: a meta-analysis. British Journal of General Practice, 2009, 59, e51-e60.	0.7	135
174	Psychotherapies for depression: a network metaâ€analysis covering efficacy, acceptability and longâ€term outcomes of all main treatmentÂtypes. World Psychiatry, 2021, 20, 283-293.	4.8	135
175	A Brief Web-Based Screening Questionnaire for Common Mental Disorders: Development and Validation. Journal of Medical Internet Research, 2009, 11, e19.	2.1	135
176	Cost-Utility and Cost-Effectiveness of Internet-Based Treatment for Adults With Depressive Symptoms: Randomized Trial. Journal of Medical Internet Research, 2010, 12, e53.	2.1	135
177	Mood and anxiety disorders in widowhood: A systematic review. Aging and Mental Health, 2006, 10, 327-334.	1.5	134
178	The effects on mortality of brief interventions for problem drinking: a meta-analysis. Addiction, 2004, 99, 839-845.	1.7	133
179	Efficacy of cognitive bias modification interventions in anxiety and depressive disorders: a systematic review and network meta-analysis. Lancet Psychiatry,the, 2020, 7, 506-514.	3.7	132
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