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List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Structured exercise alters the gut microbiota in humans with overweight and obesity—A randomized controlled trial. International Journal of Obesity, 2020, 44, 125-135.	3.4	76
2	How does 6 months of active bike commuting or leisure-time exercise affect insulin sensitivity, cardiorespiratory fitness and intra-abdominal fat? A randomised controlled trial in individuals with overweight and obesity. British Journal of Sports Medicine, 2019, 53, 1183-1192.	6.7	28
3	Anti-inflammatory effects of active commuting and leisure time exercise in overweight and obese women and men: A randomized controlled trial. Atherosclerosis, 2017, 265, 318-324.	0.8	25
4	Three months of strictly controlled daily endurance exercise reduces thrombin generation and fibrinolytic risk markers in younger moderately overweight men. European Journal of Applied Physiology, 2015, 115, 1331-1338.	2.5	22
5	The GO-ACTIWE randomized controlled trial - An interdisciplinary study designed to investigate the health effects of active commuting and leisure time physical activity. Contemporary Clinical Trials, 2017, 53, 122-129.	1.8	22
6	Effects of active commuting and leisure-time exercise on appetite in individuals with overweight and obesity. Journal of Applied Physiology, 2019, 126, 941-951.	2.5	16
7	Effects of 6 Months of Active Commuting and Leisure-Time Exercise on Fibrin Turnover in Sedentary Individuals with Overweight and Obesity: A Randomised Controlled Trial. Journal of Obesity, 2018, 2018, 1-10.	2.7	12
8	Compliance with physical exercise: Using a multidisciplinary approach within a dose-dependent exercise study of moderately overweight men. Scandinavian Journal of Public Health, 2014, 42, 38-44.	2.3	8
9	Effects of Exercise Domain and Intensity on Sleep in Women and Men with Overweight and Obesity. Journal of Obesity, 2019, 2019, 1-12.	2.7	8
10	PPARG Pro12Ala Ala carriers exhibit greater improvements in peripheral insulin sensitivity in response to 12 weeks of aerobic exercise training. Physiological Genomics, 2019, 51, 254-260.	2.3	3
11	Effect of exercise training on skeletal muscle protein expression in relation to insulin sensitivity: Perâ€protocol analysis of a randomized controlled trial (GOâ€ACTIWE). Physiological Reports, 2021, 9, e14850.	1.7	2