

Alexandra M Freund

List of Publications by Year in descending order

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Version: 2024-02-01

117
papers

5,992
citations

101543

36
h-index

76900

74
g-index

123
all docs

123
docs citations

123
times ranked

4124
citing authors

#	ARTICLE	IF	CITATIONS
1	Life-management strategies of selection, optimization and compensation: Measurement by self-report and construct validity.. Journal of Personality and Social Psychology, 2002, 82, 642-662.	2.8	650
2	Developmental changes in personal goal orientation from young to late adulthood: From striving for gains to maintenance and prevention of losses.. Psychology and Aging, 2006, 21, 664-678.	1.6	571
3	Selection, optimization, and compensation as strategies of life management: Correlations with subjective indicators of successful aging.. Psychology and Aging, 1998, 13, 531-543.	1.6	528
4	Walking While Memorizing: Age-Related Differences in Compensatory Behavior. Psychological Science, 2001, 12, 230-237.	3.3	388
5	Interference and Facilitation among Personal Goals: Differential Associations with Subjective Well-Being and Persistent Goal Pursuit. Personality and Social Psychology Bulletin, 2004, 30, 1511-1523.	3.0	239
6	Age-differential motivational consequences of optimization versus compensation focus in younger and older adults.. Psychology and Aging, 2006, 21, 240-252.	1.6	220
7	Successful Aging as Management of Resources: The Role of Selection, Optimization, and Compensation. Research in Human Development, 2008, 5, 94-106.	1.3	205
8	Subjective Career Success and Emotional Well-Being: Longitudinal Predictive Power of Selection, Optimization, and Compensation. Journal of Vocational Behavior, 2002, 60, 321-335.	3.4	155
9	Selection, Optimization, and Compensation: An Action-Related Approach to Work and Partnership. Journal of Vocational Behavior, 2000, 57, 273-300.	3.4	135
10	Motivational Shifts in Aging Monkeys and the Origins of Social Selectivity. Current Biology, 2016, 26, 1744-1749.	3.9	107
11	Goal progress makes one happy, or does it? Longitudinal findings from the work domain. Journal of Occupational and Organizational Psychology, 2005, 78, 287-304.	4.5	103
12	Still young at heart: Negative age-related information motivates distancing from same-aged people.. Psychology and Aging, 2012, 27, 173-180.	1.6	101
13	Life-management strategies of selection, optimization, and compensation: measurement by self-report and construct validity. Journal of Personality and Social Psychology, 2002, 82, 642-62.	2.8	98
14	Changes in the sensitivity to appetitive and aversive arousal across adulthood.. Psychology and Aging, 2009, 24, 668-680.	1.6	96
15	Managing Life Through Personal Goals: Intergoal Facilitation and Intensity of Goal Pursuit in Younger and Older Adulthood. Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2005, 60, P84-P91.	3.9	95
16	Age-related differences in altruism across adulthood: Making personal financial gain versus contributing to the public good.. Developmental Psychology, 2014, 50, 1125-1136.	1.6	89
17	Misinformation, disinformation, and violent conflict: From Iraq and the "War on Terror" to future threats to peace.. American Psychologist, 2013, 68, 487-501.	4.2	85
18	Self-Regulation of Normative and Non-Normative Developmental Challenges. Human Development, 2001, 44, 264-283.	2.0	84

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19	A consensus-based transparency checklist. <i>Nature Human Behaviour</i> , 2020, 4, 4-6.	12.0	79
20	Delay or procrastination – A comparison of self-report and behavioral measures of procrastination and their impact on affective well-being. <i>Personality and Individual Differences</i> , 2014, 63, 75-80.	2.9	71
21	Me against myself: Motivational conflicts and emotional development in adulthood.. <i>Psychology and Aging</i> , 2008, 23, 479-494.	1.6	70
22	Focusing and restricting: Two aspects of motivational selectivity in adulthood.. <i>Psychology and Aging</i> , 2006, 21, 173-185.	1.6	66
23	Age-related differences in outcome and process goal focus. <i>European Journal of Developmental Psychology</i> , 2010, 7, 198-222.	1.8	66
24	When feeling different pays off: How older adults can counteract negative age-related information.. <i>Psychology and Aging</i> , 2013, 28, 1140-1146.	1.6	66
25	On the Use and Usefulness of Backup Plans. <i>Perspectives on Psychological Science</i> , 2016, 11, 56-73.	9.0	62
26	Midlife Crisis: A Debate. <i>Gerontology</i> , 2009, 55, 582-591.	2.8	59
27	Toward a developmental psychology of Sehnsucht (life longings): The optimal (utopian) life.. <i>Developmental Psychology</i> , 2007, 43, 778-795.	1.6	54
28	Cross-Sectional and Longitudinal Associations between Leisure Time Physical Activity, Mental Well-Being and Subjective Health in Middle Adulthood. <i>Applied Research in Quality of Life</i> , 2020, 15, 1099-1116.	2.4	52
29	Do We Become More Prosocial as We Age, and if So, Why?. <i>Current Directions in Psychological Science</i> , 2020, 29, 248-254.	5.3	51
30	Normal Aging and Decision Making: The Role of Motivation. <i>Human Development</i> , 2011, 54, 349-367.	2.0	50
31	Are mastery-avoidance achievement goals always detrimental? An adult development perspective. <i>Motivation and Emotion</i> , 2015, 39, 477-488.	1.3	46
32	On Means and Ends. <i>Current Directions in Psychological Science</i> , 2015, 24, 149-153.	5.3	43
33	Changing eating behaviour vs. losing weight: The role of goal focus for weight loss in overweight women. <i>Psychology and Health</i> , 2012, 27, 25-42.	2.2	42
34	Determinants of protective behaviours during a nationwide lockdown in the wake of the COVID-19 pandemic. <i>British Journal of Health Psychology</i> , 2021, 26, 935-957.	3.5	40
35	Beyond conflict: Functional facets of the work-family interplay. <i>Journal of Vocational Behavior</i> , 2010, 77, 104-117.	3.4	39
36	Mastering developmental transitions in young and middle adulthood: The interplay of openness to experience and traditional gender ideology on women's self-efficacy and subjective well-being.. <i>Developmental Psychology</i> , 2012, 48, 1774-1784.	1.6	39

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37	The end is (not) near: Aging, essentialism, and future time perspective.. <i>Developmental Psychology</i> , 2016, 52, 996-1009.	1.6	39
38	Going beyond work and family: A longitudinal study on the role of leisure in the work-life interplay. <i>Journal of Organizational Behavior</i> , 2016, 37, 1061-1077.	4.7	39
39	The Resilience of the Aging Self. <i>Developmental Review</i> , 1994, 14, 81-92.	4.7	38
40	Age and motivation predict gaze behavior for facial expressions.. <i>Psychology and Aging</i> , 2011, 26, 695-700.	1.6	37
41	How to Beat Procrastination. <i>European Psychologist</i> , 2014, 19, 132-144.	3.1	37
42	When choice matters: Task-dependent memory effects in older adulthood.. <i>Psychology and Aging</i> , 2013, 28, 923-936.	1.6	31
43	The use of selection, optimization, and compensation (SOC) in goal pursuit in the daily lives of middle-aged adults. <i>European Journal of Developmental Psychology</i> , 2017, 14, 350-366.	1.8	29
44	Reaping the Benefits and Avoiding the Risks: Unrealistic Optimism in the Health Domain. <i>Risk Analysis</i> , 2019, 39, 792-804.	2.7	28
45	The bucket list effect: Why leisure goals are often deferred until retirement.. <i>American Psychologist</i> , 2020, 75, 499-510.	4.2	28
46	The Indirect Nature of Social Motives: The Relation of Social Approach and Avoidance Motives with Likeability via Extraversion and Agreeableness. <i>Journal of Personality</i> , 2015, 83, 97-105.	3.2	25
47	Multidimensionality in Developmental Conceptions Across Adulthood. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , 2012, 25, 57-72.	0.5	25
48	Multidomain Engagement and Self-Reported Psychosomatic Symptoms in Middle-Aged Women and Men. <i>Gerontology</i> , 2014, 60, 255-262.	2.8	24
49	The role of age and motivation for the experience of social acceptance and rejection.. <i>Developmental Psychology</i> , 2014, 50, 1943-1950.	1.6	23
50	Self-regulation among youth in four Western cultures. <i>International Journal of Behavioral Development</i> , 2015, 39, 346-358.	2.4	21
51	Michael Jackson, Bin Laden and I: Functions of positive and negative, public and private flashbulb memories. <i>Memory</i> , 2015, 23, 487-506.	1.7	20
52	Does Medical Risk Perception and Risk Taking Change with Age?. <i>Risk Analysis</i> , 2018, 38, 917-928.	2.7	20
53	It's in the means: Process focus helps against procrastination in the academic context. <i>Motivation and Emotion</i> , 2016, 40, 422-437.	1.3	19
54	Staying on and getting back on the wagon: Age-related improvement in self-regulation during a low-calorie diet.. <i>Psychology and Aging</i> , 2010, 25, 876-885.	1.6	18

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55	Aging and social perception: So far, more similarities than differences.. Psychology and Aging, 2014, 29, 451-453.	1.6	17
56	Feeling loved and integrated or lonely and rejected in everyday life: The role of age and social motivation.. Developmental Psychology, 2018, 54, 1186-1198.	1.6	17
57	The Role of Age and Social Motivation in Developmental Transitions in Young and Old Adulthood. Frontiers in Psychology, 2012, 3, 366.	2.1	16
58	Social interactions and activity patterns of old Barbary macaques: Further insights into the foundations of social selectivity. American Journal of Primatology, 2017, 79, e22711.	1.7	16
59	Fear of Failure, Disorganization, and Subjective Well-Being in the Context of Preparing for an Exam. Swiss Journal of Psychology, 2012, 71, 83-91.	0.9	15
60	Some evidence for the usefulness of an optimal foraging theory perspective on goal conflict and goal facilitation.. Journal of Personality and Social Psychology, 2017, 113, 962-980.	2.8	15
61	Boundary Management: A Time-Sampling Study on Managing Work and Private Life in Middle Adulthood. Research in Human Development, 2016, 13, 297-311.	1.3	14
62	It Is What You Have, Not What You Lose: Effects of Perceived Gains and Losses on Goal Orientation Across Adulthood. Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2020, 75, 2106-2111.	3.9	14
63	Methodological Comment: Temporal Stability of Older Person's Spontaneous Self - Definition. Experimental Aging Research, 1999, 25, 95-107.	1.2	13
64	Graduating from high school: The role of gender-related attitudes, self-concept and goal clarity in a major transition in late adolescence. European Journal of Developmental Psychology, 2013, 10, 580-596.	1.8	13
65	Age-Related Changes in the Role of Social Motivation: Implications for Healthy Aging. Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2021, 76, S115-S124.	3.9	13
66	More or less energy with age? A motivational life-span perspective on subjective energy, exhaustion, and opportunity costs.. Psychology and Aging, 2020, 35, 369-384.	1.6	13
67	Means or outcomes? Goal orientation predicts process and outcome focus. European Journal of Developmental Psychology, 2012, 9, 493-499.	1.8	12
68	The effect of age and time perspective on implicit motives. Motivation and Emotion, 2015, 39, 175-181.	1.3	12
69	Why do(nâ€™t) you like me? The role of social approach and avoidance motives in attributions following social acceptance and rejection. Motivation and Emotion, 2015, 39, 680-692.	1.3	12
70	Who Cares? Effects of Social Approach and Avoidance Motivation on Responsiveness to Others. Personality and Social Psychology Bulletin, 2019, 45, 182-195.	3.0	12
71	Adult age differences in monetary decisions with real and hypothetical reward. Journal of Behavioral Decision Making, 2022, 35, .	1.7	12
72	Perception of Risk for Older Adults: Differences in Evaluations for Self versus Others and across Risk Domains. Gerontology, 2019, 65, 547-559.	2.8	11

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73	How Do Gain and Loss Incentives Affect Memory for Intentions Across Adulthood?. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2021, 76, 711-721.	3.9	11
74	Is longing only for Germans? A cross-cultural comparison of Sehnsucht in Germany and the United States.. <i>Developmental Psychology</i> , 2011, 47, 603-618.	1.6	10
75	What you want to avoid is what you see: Social avoidance motivation affects the interpretation of emotional faces. <i>Motivation and Emotion</i> , 2015, 39, 384-391.	1.3	10
76	When Work Takes Over. <i>Journal of Personnel Psychology</i> , 2017, 16, 150-154.	1.4	10
77	A motivational perspective on academic procrastination: Goal focus affects how students perceive activities while procrastinating.. <i>Motivation Science</i> , 2019, 5, 135-156.	1.6	10
78	Age-related differences in evaluating developmental stability. <i>International Journal of Behavioral Development</i> , 2013, 37, 376-386.	2.4	9
79	First evidence for "The backup plan paradox". <i>Journal of Experimental Psychology: General</i> , 2017, 146, 1189-1203.	2.1	9
80	Out of mind, out of heart: Attention affects duration of emotional experience. <i>Cognition and Emotion</i> , 2013, 27, 549-557.	2.0	8
81	Age, Loss Minimization, and the Role of Probability for Decision-Making. <i>Gerontology</i> , 2018, 64, 475-484.	2.8	8
82	Responding to emotional scenes: effects of response outcome and picture repetition on reaction times and the late positive potential. <i>Cognition and Emotion</i> , 2018, 32, 24-36.	2.0	8
83	Goal Changes and Healthy Aging. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2021, 76, S105-S114.	3.9	8
84	Effort Mobilization and Healthy Aging. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2021, 76, S135-S144.	3.9	8
85	Social Motives Predict Loneliness During a Developmental Transition. <i>Swiss Journal of Psychology</i> , 2017, 76, 145-153.	0.9	8
86	The value of "negative" appraisals for resilience. Is positive (re)appraisal always good and negative always bad?. <i>Behavioral and Brain Sciences</i> , 2015, 38, e101.	0.7	7
87	Beyond money: Nonmonetary prosociality across adulthood.. <i>Psychology and Aging</i> , 2021, 36, 96-107.	1.6	7
88	Motivation and Healthy Aging: A Heuristic Model. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2021, 76, S97-S104.	3.9	7
89	Stronger evidence for own-age effects in memory for older as compared to younger adults. <i>Memory</i> , 2011, 19, 429-448.	1.7	6
90	The psychological distance of memories: Examining causal relations with mood and self-esteem in young, middle-aged and older adults. <i>Consciousness and Cognition</i> , 2017, 49, 117-131.	1.5	6

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91	Social motives, attributions and expectations as predictors of the decision to participate in a speed-dating event. <i>Motivation and Emotion</i> , 2019, 43, 610-624.	1.3	6
92	Does focusing on others enhance subjective well-being? The role of age, motivation, and relationship closeness. <i>Psychology and Aging</i> , 2021, 36, 69-82.	1.6	6
93	Adult age differences in remembering gain- and loss-related intentions. <i>Cognition and Emotion</i> , 2021, 35, 1652-1669.	2.0	6
94	The Ill-Fated Quest for Fame in Psychological Research. <i>Perspectives on Psychological Science</i> , 2017, 12, 1141-1144.	9.0	5
95	Individual Differences in Habitual Social Goals and Daily Well-Being: The Role of Age and Relationship Closeness. <i>European Journal of Personality</i> , 2019, 33, 337-358.	3.1	5
96	Competing goals draw attention to effort, which then enters cost-benefit computations as input. <i>Behavioral and Brain Sciences</i> , 2013, 36, 690-691.	0.7	4
97	Adult age differences in frequency estimations of happy and angry faces. <i>International Journal of Behavioral Development</i> , 2015, 39, 266-274.	2.4	4
98	Managing conflicting goals through prioritization? The role of age and relative goal importance. <i>PLoS ONE</i> , 2021, 16, e0247047.	2.5	4
99	Approaching Sehnsucht (Life Longings) from a Life-Span Perspective: The Role of Personal Utopias in Development. <i>Research in Human Development</i> , 2008, 5, 121-133.	1.3	3
100	Wanting to Get More or Protecting One's Assets: Age-Differential Effects of Gain Versus Loss Perceptions on the Willingness to Engage in Collective Action. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2016, 71, 254-264.	3.9	3
101	Recovery from accumulated strain: the role of daily mood and opportunity costs during a vacation. <i>Psychology and Health</i> , 2021, 36, 913-933.	2.2	3
102	Adult age-related differences in appetitive and aversive associative learning. <i>Emotion</i> , 2021, 21, 1239-1251.	1.8	3
103	When the Fun Is Over. <i>European Psychologist</i> , 2019, 24, 322-336.	3.1	3
104	Spelling out some unaddressed conceptual and methodological challenges in empirical lifespan research. <i>Acta Psychologica</i> , 2022, 226, 103585.	1.5	3
105	A Motivational Life-Span Perspective on Procrastination: The Development of Delaying Goal Pursuit Across Adulthood. <i>Research in Human Development</i> , 2018, 15, 252-264.	1.3	2
106	How to work out and avoid procrastination: The role of goal focus. <i>Journal of Applied Social Psychology</i> , 2020, 50, 145-159.	2.0	2
107	The Backup Planning Scale (BUPS): A Brief, Self-Reported Measure of a Person's Tendency to Develop, Reserve, and Use Backup Plans. <i>Journal of Personality Assessment</i> , 2022, 104, 496-508.	2.1	2
108	Does Goal Orientation Modulate Satisfaction With Cognitive Performance in Different Age Groups?. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2022, 77, 1063-1068.	3.9	2

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109	For Whom Is the Path the Goal? A Lifespan Perspective on the Development of Goal Focus. <i>Collabra: Psychology</i> , 2022, 8, .	1.8	2
110	Getting at Developmental Processes Through Experiments. <i>Research in Human Development</i> , 2015, 12, 261-267.	1.3	1
111	Emotion, Goals, and Distance: A View From the Study of Adult Development and Aging. <i>Emotion Review</i> , 2016, 8, 132-133.	3.4	1
112	Adding life to one's added years: Self-regulatory balancing of life domains across old age. <i>Advances in Life Course Research</i> , 2019, 41, 100278.	1.4	1
113	From gains to losses: Age-related differences in decisions under risk in a non-monetary gambling task. <i>British Journal of Developmental Psychology</i> , 2021, 39, 312-329.	1.7	1
114	Sociohistorical Change in Urban Older Adults' Perceived Speed of Time and Time Pressure. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2022, 77, 457-466.	3.9	1
115	Asymmetric Comparison in Choice Processes. <i>Social and Personality Psychology Compass</i> , 2009, 3, 582-600.	3.7	0
116	Self-control from a multiple goal perspective of mixed reward options. <i>Behavioral and Brain Sciences</i> , 2021, 44, e48.	0.7	0
117	Age and information preference: Neutral information sources in decision contexts. <i>PLoS ONE</i> , 2022, 17, e0268713.	2.5	0