

Gregory S Kolt

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

114
papers

4,048
citations

34
h-index

59
g-index

164
ext. papers

4,653
ext. citations

3.7
avg, IF

5.59
L-index

#	Paper	IF	Citations
114	The mechanisms of massage and effects on performance, muscle recovery and injury prevention. <i>Sports Medicine</i> , 2005 , 35, 235-56	10.6	365
113	Physical activity in preschoolers: understanding prevalence and measurement issues. <i>Sports Medicine</i> , 2007 , 37, 1045-70	10.6	201
112	Defining Pilates exercise: a systematic review. <i>Complementary Therapies in Medicine</i> , 2012 , 20, 253-62	3.5	153
111	Is neighborhood green space associated with a lower risk of type 2 diabetes? Evidence from 267,072 Australians. <i>Diabetes Care</i> , 2014 , 37, 197-201	14.6	140
110	Mental health benefits of neighbourhood green space are stronger among physically active adults in middle-to-older age: evidence from 260,061 Australians. <i>Preventive Medicine</i> , 2013 , 57, 601-6	4.3	123
109	Effect of telephone counseling on physical activity for low-active older people in primary care: a randomized, controlled trial. <i>Journal of the American Geriatrics Society</i> , 2007 , 55, 986-92	5.6	120
108	Physical activity in culturally and linguistically diverse migrant groups to Western society: a review of barriers, enablers and experiences. <i>Sports Medicine</i> , 2009 , 39, 167-77	10.6	113
107	Social support for youth physical activity: Importance of siblings, parents, friends and school support across a segmented school day. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2007 , 4, 54	8.4	108
106	Effectiveness of a web- and mobile phone-based intervention to promote physical activity and healthy eating in middle-aged males: randomized controlled trial of the ManUp study. <i>Journal of Medical Internet Research</i> , 2014 , 16, e136	7.6	98
105	Do Natural Experiments of Changes in Neighborhood Built Environment Impact Physical Activity and Diet? A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15,	4.6	90
104	Green space is associated with walking and moderate-to-vigorous physical activity (MVPA) in middle-to-older-aged adults: findings from 203 883 Australians in the 45 and Up Study. <i>British Journal of Sports Medicine</i> , 2014 , 48, 404-6	10.3	90
103	Does access to neighbourhood green space promote a healthy duration of sleep? Novel findings from a cross-sectional study of 259 319 Australians. <i>BMJ Open</i> , 2013 , 3,	3	89
102	Not waving but drowning— a study of the experiences and concerns of midwives and other health professionals caring for obese childbearing women. <i>Midwifery</i> , 2011 , 27, 424-30	2.8	80
101	Facilitators and barriers to engagement in physical activity for people with multiple sclerosis: a qualitative investigation. <i>Disability and Rehabilitation</i> , 2011 , 33, 625-42	2.4	79
100	Home-based activity program for older people with depressive symptoms: DeLLITE—a randomized controlled trial. <i>Annals of Family Medicine</i> , 2010 , 8, 214-23	2.9	77
99	Physical activity: what do high school students think?. <i>Journal of Adolescent Health</i> , 2006 , 39, 328-36	5.8	69
98	A review of the effectiveness of physical activity interventions for adult males. <i>Sports Medicine</i> , 2012 , 42, 281-300	10.6	66

97	The effectiveness of Pilates exercise in people with chronic low back pain: a systematic review. <i>PLoS ONE</i> , 2014 , 9, e100402	3.7	63
96	Girls' physical activity levels during organized sports in Australia. <i>Medicine and Science in Sports and Exercise</i> , 2013 , 45, 116-22	1.2	63
95	Eustress, distress and their interpretation in primary and secondary occupational stress management interventions: which way first?. <i>Journal of Managerial Psychology</i> , 2006 , 21, 547-565	3.3	63
94	Physical activity in pregnancy: women's perceptions, practices, and influencing factors. <i>Journal of Midwifery and Women's Health</i> , 2010 , 55, 455-61	2.2	59
93	What a man wants: understanding the challenges and motivations to physical activity participation and healthy eating in middle-aged Australian men. <i>American Journal of Men's Health</i> , 2012 , 6, 453-61	2.2	57
92	Chronic disease and sitting time in middle-aged Australian males: findings from the 45 and Up Study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013 , 10, 20	8.4	55
91	Physical activity behaviours of Culturally and Linguistically Diverse (CALD) women living in Australia: a qualitative study of socio-cultural influences. <i>BMC Public Health</i> , 2011 , 11, 26	4.1	55
90	Healthy Steps trial: pedometer-based advice and physical activity for low-active older adults. <i>Annals of Family Medicine</i> , 2012 , 10, 206-12	2.9	50
89	General practitioners' views and experiences of counselling for physical activity through the New Zealand Green Prescription program. <i>BMC Family Practice</i> , 2011 , 12, 119	2.6	49
88	The Sport Injury Rehabilitation Adherence Scale: a reliable scale for use in clinical physiotherapy. <i>Physiotherapy</i> , 2007 , 93, 17-22	3	49
87	Physical activity and physical function in older adults: the 45 and up study. <i>Journal of the American Geriatrics Society</i> , 2012 , 60, 719-25	5.6	48
86	Exploring the facilitators and barriers to engagement in physical activity for people with multiple sclerosis. <i>Disability and Rehabilitation</i> , 2011 , 33, 1043-53	2.4	47
85	Active lifestyles related to excellent self-rated health and quality of life: cross sectional findings from 194,545 participants in The 45 and Up Study. <i>BMC Public Health</i> , 2013 , 13, 1071	4.1	42
84	The definition and application of Pilates exercise to treat people with chronic low back pain: a Delphi survey of Australian physical therapists. <i>Physical Therapy</i> , 2014 , 94, 792-805	3.3	37
83	Examining participant engagement in an information technology-based physical activity and nutrition intervention for men: the manup randomized controlled trial. <i>JMIR Research Protocols</i> , 2014 , 3, e2	2	36
82	An internet-supported school physical activity intervention in low socioeconomic status communities: results from the Activity and Motivation in Physical Education (AMPED) cluster randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2019 , 53, 341-347	10.3	36
81	What kinds of website and mobile phone-delivered physical activity and nutrition interventions do middle-aged men want?. <i>Journal of Health Communication</i> , 2013 , 18, 1070-83	2.5	34
80	Alcohol industry and non-alcohol industry sponsorship of sportspeople and drinking. <i>Alcohol and Alcoholism</i> , 2011 , 46, 210-3	3.5	34

79	Effectiveness of Pilates exercise in treating people with chronic low back pain: a systematic review of systematic reviews. <i>BMC Medical Research Methodology</i> , 2013 , 13, 7	4.7	33
78	Does rising crime lead to increasing distress? Longitudinal analysis of a natural experiment with dynamic objective neighbourhood measures. <i>Social Science and Medicine</i> , 2015 , 138, 68-73	5.1	32
77	Pedometer accuracy in physical activity assessment of preschool children. <i>Journal of Science and Medicine in Sport</i> , 2007 , 10, 303-10	4.4	32
76	WALK 2.0 - using Web 2.0 applications to promote health-related physical activity: a randomised controlled trial protocol. <i>BMC Public Health</i> , 2013 , 13, 436	4.1	30
75	Alcohol consumption in sport: The influence of sporting idols, friends and normative drinking practices. <i>Drug and Alcohol Review</i> , 2010 , 29, 676-83	3.2	29
74	Neighbourhood green space and the odds of having skin cancer: multilevel evidence of survey data from 267072 Australians. <i>Journal of Epidemiology and Community Health</i> , 2014 , 68, 370-4	5.1	28
73	Effectiveness of a website and mobile phone based physical activity and nutrition intervention for middle-aged males: trial protocol and baseline findings of the ManUp Study. <i>BMC Public Health</i> , 2012 , 12, 656	4.1	28
72	A review of the nature and effectiveness of nutrition interventions in adult males--a guide for intervention strategies. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013 , 10, 13	8.4	27
71	The Physical Activity and Disability Survey (PADS): reliability, validity and acceptability in people with multiple sclerosis. <i>Clinical Rehabilitation</i> , 2007 , 21, 628-39	3.3	27
70	Adherence to sport injury rehabilitation: implications for sports medicine providers and researchers. <i>Physical Therapy in Sport</i> , 2001 , 2, 80-90	3	25
69	Epidemiology of injury in Australian female gymnasts. <i>Research in Sports Medicine</i> , 1995 , 6, 223-231		25
68	Indications, benefits, and risks of Pilates exercise for people with chronic low back pain: a Delphi survey of Pilates-trained physical therapists. <i>Physical Therapy</i> , 2014 , 94, 806-17	3.3	24
67	Alcohol-related aggression and antisocial behaviour in sportspeople/athletes. <i>Journal of Science and Medicine in Sport</i> , 2012 , 15, 292-7	4.4	24
66	Understanding geographical inequities in diabetes: multilevel evidence from 114,755 adults in Sydney, Australia. <i>Diabetes Research and Clinical Practice</i> , 2014 , 106, e68-73	7.4	24
65	Effectiveness of a Web 2.0 Intervention to Increase Physical Activity in Real-World Settings: Randomized Ecological Trial. <i>Journal of Medical Internet Research</i> , 2017 , 19, e390	7.6	24
64	Increasing girls' physical activity during a short-term organized youth sport basketball program: A randomized controlled trial. <i>Journal of Science and Medicine in Sport</i> , 2015 , 18, 412-7	4.4	23
63	Influence of neighbourhood ethnic density, diet and physical activity on ethnic differences in weight status: a study of 214,807 adults in Australia. <i>Social Science and Medicine</i> , 2013 , 93, 70-7	5.1	22
62	The Physical Activity and Disability Survey -- Revised (PADS-R): an evaluation of a measure of physical activity in people with chronic neurological conditions. <i>Clinical Rehabilitation</i> , 2009 , 23, 534-43	3.3	22

61	Self-reported physical activity levels during a segmented school day in a large multiethnic sample of high school students. <i>Journal of Science and Medicine in Sport</i> , 2009 , 12, 284-92	4.4	22
60	The healthy steps study: a randomized controlled trial of a pedometer-based green prescription for older adults. Trial protocol. <i>BMC Public Health</i> , 2009 , 9, 404	4.1	22
59	Cost-effectiveness of pedometer-based versus time-based Green Prescriptions: the Healthy Steps Study. <i>Australian Journal of Primary Health</i> , 2012 , 18, 204-11	1.4	22
58	Scaling-up an efficacious school-based physical activity intervention: Study protocol for the TInternet-based Professional Learning to help teachers support Activity in YouthT(iPLAY) cluster randomized controlled trial and scale-up implementation evaluation. <i>BMC Public Health</i> , 2016 , 16, 873	4.1	21
57	Physical activity and sedentary time: male perceptions in a university work environment. <i>American Journal of Men's Health</i> , 2014 , 8, 148-58	2.2	20
56	The effects of a Feldenkrais® Awareness Through Movement program on state anxiety. <i>Journal of Bodywork and Movement Therapies</i> , 2000 , 4, 216-220	1.6	20
55	A systematic review of health promotion intervention studies in the police force: study characteristics, intervention design and impacts on health. <i>Occupational and Environmental Medicine</i> , 2017 , 74, 913-923	2.1	19
54	Addition of telephone coaching to a physiotherapist-delivered physical activity program in people with knee osteoarthritis: a randomised controlled trial protocol. <i>BMC Musculoskeletal Disorders</i> , 2012 , 13, 246	2.8	19
53	An overview and process evaluation of TeleWalk: a telephone-based counseling intervention to encourage walking in older adults. <i>Health Promotion International</i> , 2006 , 21, 201-8	3	18
52	Identification of the impact of crime on physical activity depends upon neighbourhood scale: multilevel evidence from 203,883 Australians. <i>Health and Place</i> , 2015 , 31, 120-3	4.6	17
51	Responsibility for children's physical activity: parental, child, and teacher perspectives. <i>Journal of Science and Medicine in Sport</i> , 2010 , 13, 46-52	4.4	17
50	Examining physical activity service provision to culturally and linguistically diverse (CALD) communities in Australia: a qualitative evaluation. <i>PLoS ONE</i> , 2013 , 8, e62777	3.7	17
49	The long-term effects of a primary care physical activity intervention on mental health in low-active, community-dwelling older adults. <i>Aging and Mental Health</i> , 2013 , 17, 766-72	3.5	16
48	Examining the multi-process theory: an investigation of the effects of two relaxation techniques on state anxiety. <i>Journal of Bodywork and Movement Therapies</i> , 2004 , 8, 288-296	1.6	16
47	Do coaches perceive themselves as influential on physical activity for girls in organised youth sport?. <i>PLoS ONE</i> , 2014 , 9, e105960	3.7	16
46	Do social interactions explain ethnic differences in psychological distress and the protective effect of local ethnic density? A cross-sectional study of 226 487 adults in Australia. <i>BMJ Open</i> , 2013 , 3,	3	15
45	DeLLITE depression in late life: an intervention trial of exercise. Design and recruitment of a randomised controlled trial. <i>BMC Geriatrics</i> , 2008 , 8, 12	4.1	15
44	Examining an Australian physical activity and nutrition intervention using RE-AIM. <i>Health Promotion International</i> , 2016 , 31, 450-8	3	14

43	An Internet-supported Physical Activity Intervention Delivered in Secondary Schools Located in Low Socio-economic Status Communities: Study Protocol for the Activity and Motivation in Physical Education (AMPED) Cluster Randomized Controlled Trial. <i>BMC Public Health</i> , 2016 , 16, 17	4.1	14
42	Increasing girls' physical activity during an organised youth sport basketball program: a randomised controlled trial protocol. <i>BMC Public Health</i> , 2014 , 14, 383	4.1	14
41	Physical activity and psychological distress in older men: findings from the New South Wales 45 and up study. <i>Journal of Aging and Physical Activity</i> , 2012 , 20, 300-16	1.6	14
40	Determinants of Full Breastfeeding at 6 Months and Any Breastfeeding at 12 and 24 Months among Women in Sydney: Findings from the HSHK Birth Cohort Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	14
39	Recruitment, screening, and baseline participant characteristics in the WALK 2.0 study: A randomized controlled trial using web 2.0 applications to promote physical activity. <i>Contemporary Clinical Trials Communications</i> , 2016 , 2, 25-33	1.8	14
38	Barriers to physical activity participation in older Tongan adults living in New Zealand. <i>Australasian Journal on Ageing</i> , 2006 , 25, 119-125	1.5	13
37	Efficacy of a Multi-component m-Health Weight-loss Intervention in Overweight and Obese Adults: A Randomised Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	12
36	Psychological distress among carers and the moderating effects of social support. <i>BMC Psychiatry</i> , 2020 , 20, 154	4.2	12
35	The effects of Feldenkrais awareness through movement on hamstring length, flexibility, and perceived exertion. <i>Journal of Bodywork and Movement Therapies</i> , 1999 , 3, 238-247	1.6	11
34	Large-scale investment in green space as an intervention for physical activity, mental and cardiometabolic health: study protocol for a quasi-experimental evaluation of a natural experiment. <i>BMJ Open</i> , 2016 , 6, e009803	3	11
33	Associations between quality of life and duration and frequency of physical activity and sedentary behaviour: Baseline findings from the WALK 2.0 randomised controlled trial. <i>PLoS ONE</i> , 2017 , 12, e0180072	3.7	10
32	Physical activity interventions among culturally and linguistically diverse populations: a systematic review. <i>Ethnicity and Health</i> , 2019 , 1-21	2.2	9
31	WALK 2.0: examining the effectiveness of Web 2.0 features to increase physical activity in a real world setting: an ecological trial. <i>BMJ Open</i> , 2014 , 4, e006374	3	9
30	Barriers and enablers to the provision and receipt of preoperative pelvic floor muscle training for men having radical prostatectomy: a qualitative study. <i>BMC Health Services Research</i> , 2013 , 13, 305	2.9	8
29	Physical activity screening to recruit inactive randomized controlled trial participants: how much is too much?. <i>Trials</i> , 2015 , 16, 446	2.8	8
28	A multicomponent theory-based intervention improves uptake of pelvic floor muscle training before radical prostatectomy: a before and after cohort study. <i>BJU International</i> , 2014 , 113, 383-92	5.6	8
27	Associations between social capital and health status in an Australian population. <i>Psychology, Health and Medicine</i> , 2008 , 13, 471-82	2.1	8
26	Feldenkrais' Awareness Through Movement and state anxiety. <i>Journal of Bodywork and Movement Therapies</i> , 2002 , 6, 102-107	1.6	8

25	Preventative Strategies for Exercise-Induced Muscle Damage. <i>Critical Reviews in Physical and Rehabilitation Medicine</i> , 2004 , 16, 133-150	0.3	8
24	Validity of the Stages of Change in Steps instrument (SoC-Step) for achieving the physical activity goal of 10,000 steps per day. <i>BMC Public Health</i> , 2015 , 15, 1197	4.1	7
23	Lifestyle behaviours of Lebanese-Australians: Cross-sectional findings from The 45 and Up Study. <i>PLoS ONE</i> , 2017 , 12, e0181217	3.7	7
22	Interventions to promote exclusive breastfeeding among young mothers: a systematic review and meta-analysis. <i>International Breastfeeding Journal</i> , 2020 , 15, 102	3.8	6
21	Is an index of co-occurring unhealthy lifestyles suitable for understanding migrant health?. <i>Preventive Medicine</i> , 2014 , 69, 172-5	4.3	5
20	The perceptions, barriers and enablers to physical activity and minimising sedentary behaviour among Arab-Australian adults aged 35-64 years. <i>Health Promotion Journal of Australia</i> , 2021 , 32, 312-321 ^{1.7}	1.7	5
19	Factors Influencing the Early Introduction of Sugar Sweetened Beverages among Infants: Findings from the HSHK Birth Cohort Study. <i>Nutrients</i> , 2020 , 12,	6.7	4
18	Country of birth differences in lifestyle-related chronic disease among middle-aged and older adults of Lebanese ethnicity. <i>Australian and New Zealand Journal of Public Health</i> , 2019 , 43, 429-435	2.3	4
17	Shaping the Journal of Science and Medicine in Sport. <i>Journal of Science and Medicine in Sport</i> , 2014 , 17, 1	4.4	4
16	The complexity of measuring physical activity and sedentary behaviour. <i>Journal of Science and Medicine in Sport</i> , 2013 , 16, 1	4.4	4
15	Mediators effecting moderate-to-vigorous physical activity and inactivity for girls from an intervention program delivered in an organised youth sports setting. <i>Journal of Science and Medicine in Sport</i> , 2015 , 18, 678-83	4.4	4
14	PSYCHOLOGICAL FACTORS RELATED TO ACHIEVEMENT IN YOUNG ELITE FEMALE GYMNASTS. <i>European Journal of High Ability</i> , 1993 , 4, 152-160		4
13	Is More Area-Level Crime Associated With More Sitting and Less Physical Activity? Longitudinal Evidence From 37,162 Australians. <i>American Journal of Epidemiology</i> , 2016 , 184, 913-921	3.8	4
12	Examining the efficacy of a multicomponent m-Health physical activity, diet and sleep intervention for weight loss in overweight and obese adults: randomised controlled trial protocol. <i>BMJ Open</i> , 2018 , 8, e026179	3	4
11	A systematic review of qualitative studies exploring the factors influencing the physical activity levels of Arab migrants. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 2	8.4	3
10	Does self-determined motivation interact with environmental contexts to influence moderate-to-vigorous physical activity during a girls youth sport camp?. <i>Journal of Sports Sciences</i> , 2019 , 37, 2720-2725	3.6	2
9	Gymnastics 2009 , 144-160		2
8	A Time-based Visualization for Web User Classification in Social Networks 2014 ,		2

7	Using psychology in the physical and manual therapies 2004 , 3-8		2
6	Use of complementary medicines and lifestyle approaches by people living with dementia: Exploring experiences, motivations and attitudes. <i>International Journal of Older People Nursing</i> , 2021 , 16, e12378	2.3	2
5	Systematic review of randomised control trial health promotion intervention studies in the fire services: study characteristics, intervention design and impacts on health. <i>Occupational and Environmental Medicine</i> , 2020 ,	2.1	1
4	Behavioural mediators of reduced energy intake in a physical activity, diet, and sleep behaviour weight loss intervention in adults. <i>Appetite</i> , 2021 , 165, 105273	4.5	0
3	Validity and reliability of measures assessing social-cognitive determinants of physical activity in low-active Australian adults. <i>Measurement in Physical Education and Exercise Science</i> , 2018 , 22, 322-331	1.9	
2	New partnerships between the BJSM and Sports Medicine Australia (SMA). <i>British Journal of Sports Medicine</i> , 2013 , 47, 339-339	10.3	
1	Feasibility and acceptability of a culturally tailored physical activity intervention for Arab-Australian women. <i>BMC Women's Health</i> , 2021 , 21, 131	2.9	