

Peta Berenice Stapleton

List of Publications by Year in descending order

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Version: 2024-02-01

55
papers

686
citations

643344

15
h-index

759306

22
g-index

57
all docs

57
docs citations

57
times ranked

671
citing authors

#	ARTICLE	IF	CITATIONS
1	Videoconferencing and Appearance-Related Anxiety™s Impact on Body Dissatisfaction: An Australian Investigation. <i>Psychological Reports</i> , 2023, 126, 1725-1741.	0.9	1
2	Corrigendum Supports Therapeutic Contribution of Acupoint Tapping to EFTs' Observed Effects. <i>Journal of Nervous and Mental Disease</i> , 2022, 210, 143-147.	0.5	0
3	Neural correlates associated with processing food stimuli in anorexia nervosa and bulimia nervosa: an activation likelihood estimation meta-analysis of fMRI studies. <i>Eating and Weight Disorders</i> , 2022, 27, 2309-2320.	1.2	8
4	Alexithymia and binge eating: Maladaptive emotion regulation strategy or deficient interoception?. <i>Appetite</i> , 2022, 175, 106073.	1.8	2
5	Disordered eating measures validated in pregnancy samples: a systematic review. <i>Eating Disorders</i> , 2021, 29, 421-446.	1.9	12
6	Understanding female-perpetrated stalking.. <i>Journal of Threat Assessment and Management</i> , 2021, 8, 65-76.	0.8	8
7	Australian Community and Health Professionals Perceptions of Equine-Assisted Psychotherapy. <i>Evidence-based Complementary and Alternative Medicine</i> , 2021, 2021, 1-16.	0.5	0
8	Delineating the psychological and behavioural factors of successful weight loss maintenance. <i>Heliyon</i> , 2020, 6, e03100.	1.4	5
9	Online Delivery of Emotional Freedom Techniques for Food Cravings and Weight Management: 2-Year Follow-Up. <i>Journal of Alternative and Complementary Medicine</i> , 2020, 26, 98-106.	2.1	6
10	Portion perfection and Emotional Freedom Techniques to assist bariatric patients post surgery: A randomised control trial. <i>Heliyon</i> , 2020, 6, e04058.	1.4	3
11	Psychological Determinants of Continued Obesity One-Year Postbariatric Surgery. <i>Psychological Reports</i> , 2020, 123, 1044-1063.	0.9	1
12	Large effects of brief meditation intervention on EEG spectra in meditation novices. <i>IBRO Reports</i> , 2020, 9, 290-301.	0.3	21
13	Psychological distress and coping styles in teachers: A preliminary study. <i>Australian Journal of Education</i> , 2020, 64, 127-146.	0.9	36
14	Making sense of chronic disease using Emotional Freedom Techniques (EFT): An existential view of illness. <i>Explore: the Journal of Science and Healing</i> , 2020, 16, 214-224.	0.4	3
15	Brief EcoMeditation Associated With Psychological Improvements: A Preliminary Study. <i>Global Advances in Health and Medicine</i> , 2020, 9, 216495612098414.	0.7	3
16	App-Based Delivery of Clinical Emotional Freedom Techniques: Cross-Sectional Study of App User Self-Ratings. <i>JMIR MHealth and UHealth</i> , 2020, 8, e18545.	1.8	9
17	Reexamining the effect of emotional freedom techniques on stress biochemistry: A randomized controlled trial.. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2020, 12, 869-877.	1.4	10
18	Clinical EFT (Emotional Freedom Techniques) Improves Multiple Physiological Markers of Health. <i>Journal of Evidence-based Integrative Medicine</i> , 2019, 24, 2515690X1882369.	1.4	37

#	ARTICLE	IF	CITATIONS
19	Delphi Expert Parent Study: Factors Needed for 21st Century Pre- and Perinatal Parenting Programs. <i>Journal of Perinatal Education</i> , 2019, 28, 163-179.	0.3	0
20	Online Delivery of Emotional Freedom Techniques in the Treatment of Food Cravings and Weight Management: A Randomised Controlled Trial. <i>OBM Integrative and Complementary Medicine</i> , 2019, 4, 1-1.	0.1	1
21	Naturally Thin You: Weight Loss and Psychological Symptoms After a Six-Week Online Clinical EFT (Emotional Freedom Techniques) Course. <i>Explore: the Journal of Science and Healing</i> , 2018, 14, 131-136.	0.4	5
22	Consensus on the assessment of disordered eating in pregnancy: an international Delphi study. <i>Archives of Women's Mental Health</i> , 2018, 21, 383-390.	1.2	7
23	Eating Disorder Patient Experiences of Volitional Stigma Within the Healthcare System and Views on Biogenetic Framing: A Qualitative Perspective. <i>Australian Psychologist</i> , 2018, 53, 325-338.	0.9	5
24	Emotional freedom techniques (EFT) as a practice for supporting chronic disease healthcare: a practitionersâ€™ perspective. <i>Disability and Rehabilitation</i> , 2018, 40, 1654-1662.	0.9	5
25	Guidelines for the Treatment of PTSD Using Clinical EFT (Emotional Freedom Techniques). <i>Healthcare (Switzerland)</i> , 2018, 6, 146.	1.0	12
26	The Interrelated Physiological and Psychological Effects of EcoMeditation. <i>Journal of Evidence-based Integrative Medicine</i> , 2018, 23, 2515690X1875962.	1.4	8
27	Is Tapping on Acupuncture Points an Active Ingredient in Emotional Freedom Techniques? A Systematic Review and Meta-analysis of Comparative Studies. <i>Journal of Nervous and Mental Disease</i> , 2018, 206, 783-793.	0.5	27
28	Signs and symptoms of disordered eating in pregnancy: a Delphi consensus study. <i>BMC Pregnancy and Childbirth</i> , 2018, 18, 262.	0.9	15
29	Effectiveness of a School-Based Emotional Freedom Techniques Intervention for Promoting Student Wellbeing. <i>Adolescent Psychiatry (Hilversum, Netherlands)</i> , 2018, 7, .	0.1	4
30	Emotional Freedom Techniques for Food Cravings in Overweight Adults: A Comparison of Treatment Length. <i>OBM Integrative and Complementary Medicine</i> , 2018, 3, 1-1.	0.1	1
31	An Initial Investigation of Neural Changes in Overweight Adults with Food Cravings after Emotional Freedom Techniques. <i>OBM Integrative and Complementary Medicine</i> , 2018, 4, 1-1.	0.1	12
32	Attitudes towards anorexia nervosa: volitional stigma differences in a sample of pre-clinical medicine and psychology students. <i>Journal of Mental Health</i> , 2017, 26, 442-448.	1.0	11
33	Generation Validation: The Role of Social Comparison in Use of Instagram Among Emerging Adults. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2017, 20, 142-149.	2.1	79
34	Secondary psychological outcomes in a controlled trial of Emotional Freedom Techniques and cognitive behaviour therapy in the treatment of food cravings. <i>Complementary Therapies in Clinical Practice</i> , 2017, 28, 136-145.	0.7	13
35	Self-esteem and body image in females: The mediating role of self-compassion and appearance contingent self-worth.. <i>Humanistic Psychologist</i> , 2017, 45, 238-257.	0.2	16
36	The self-regulatory model of illness and adjustment outcomes in hepatitis C.. <i>Professional Psychology: Research and Practice</i> , 2017, 48, 317-326.	0.6	2

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37	Determining Highly Desirable Traits of an Effective Emotional Freedom Techniques Practitioner: A Delphi Study. <i>Energy Psychology Journal</i> , 2017, 9, 13-25.	0.2	0
38	Food for Thought: A Randomised Controlled Trial of Emotional Freedom Techniques and Cognitive Behavioural Therapy in the Treatment of Food Cravings. <i>Applied Psychology: Health and Well-Being</i> , 2016, 8, 232-257.	1.6	18
39	Body Image Avoidance, Body Dissatisfaction, and Eating Pathology. <i>American Journal of Men's Health</i> , 2016, 10, 100-109.	0.7	24
40	Emotional Freedom Techniques in the Treatment of Unhealthy Eating Behaviors and Related Psychological Constructs in Adolescents: A Randomized Controlled Pilot Trial. <i>Explore: the Journal of Science and Healing</i> , 2016, 12, 113-122.	0.4	4
41	The Lived Experience of Chronic Pain and the Impact of Brief Emotional Freedom Techniques (EFT) Group Therapy on Coping. <i>Energy Psychology Journal</i> , 2016, 8, 18-28.	0.2	2
42	The Effectiveness of Cognitive Behavioral Therapy and Emotional Freedom Techniques in Reducing Depression and Anxiety Among Adults: A Pilot Study. <i>Integrative Medicine</i> , 2016, 15, 27-34.	0.1	5
43	Use of complementary therapies by registered psychologists: An international study.. <i>Professional Psychology: Research and Practice</i> , 2015, 46, 190-196.	0.6	18
44	Building skills, knowledge and confidence in eating and exercise behavior change: Brief motivational interviewing training for healthcare providers. <i>Patient Education and Counseling</i> , 2015, 98, 674-676.	1.0	26
45	Educating Medical Students About Anorexia Nervosa: A Potential Method for Reducing the Volitional Stigma Associated With the Disorder. <i>Eating Disorders</i> , 2015, 23, 115-133.	1.9	17
46	Cross-Cultural Differences in Coping, Connectedness and Psychological Distress among University Students. <i>International Journal for Innovation Education and Research</i> , 2015, 3, 114-125.	0.0	2
47	Clinical data warehousing for evidence based decision making. <i>Studies in Health Technology and Informatics</i> , 2015, 210, 329-33.	0.2	0
48	Dysfunctional Eating in an Australian Community Sample: The Role of Emotion Regulation, Impulsivity, and Reward and Punishment Sensitivity. <i>Australian Psychologist</i> , 2014, 49, 358-368.	0.9	14
49	Depression Symptoms Improve after Successful Weight Loss with Emotional Freedom Techniques. , 2013, 2013, 1-7.		11
50	Clinical Benefits of Emotional Freedom Techniques on Food Cravings at 12-Months Follow-Up: A Randomized Controlled Trial. <i>Energy Psychology Journal</i> , 2012, 4, 13-24.	0.2	18
51	A Randomised Clinical Trial of a Meridian-Based Intervention for Food Cravings With Six-Month Follow-Up. <i>Behaviour Change</i> , 2011, 28, 1-16.	0.6	29
52	Promoting and Providing Expert Guidance in Work-intensive Clinical Settings. <i>Vocations and Learning</i> , 2010, 3, 141-156.	0.9	16
53	Creating supportive clinical learning environments: an intervention study. <i>Journal of Clinical Nursing</i> , 2010, 19, 177-182.	1.4	65
54	Boosting morale and improving performance in the nursing setting. <i>Journal of Nursing Management</i> , 2007, 15, 811-816.	1.4	21

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55	Factor structure for the Food Cravings Inventory in an Australian sample. Australian Psychologist, 0, 1-9.	0.9	0