

Nicholas L Holt

List of Publications by Year in descending order

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Version: 2024-02-01

119
papers

4,680
citations

109264

35
h-index

123376

61
g-index

122
all docs

122
docs citations

122
times ranked

3373
citing authors

#	ARTICLE	IF	CITATIONS
1	A grounded theory of positive youth development through sport based on results from a qualitative meta-study. <i>International Review of Sport and Exercise Psychology</i> , 2017, 10, 1-49.	3.1	388
2	Toward a Grounded Theory of the Psychosocial Competencies and Environmental Conditions Associated with Soccer Success. <i>Journal of Applied Sport Psychology</i> , 2004, 16, 199-219.	1.4	222
3	Benefits and challenges associated with sport participation by children and parents from low-income families. <i>Psychology of Sport and Exercise</i> , 2011, 12, 490-499.	1.1	159
4	Parental involvement in competitive youth sport settings. <i>Psychology of Sport and Exercise</i> , 2008, 9, 663-685.	1.1	148
5	Talent Development in Elite Junior Tennis: Perceptions of Players, Parents, and Coaches. <i>Journal of Applied Sport Psychology</i> , 2005, 17, 108-126.	1.4	147
6	Attrition and the Management of Pediatric Obesity: An Integrative Review. <i>Childhood Obesity</i> , 2014, 10, 461-473.	0.8	125
7	Youth Sport Parenting Styles and Practices. <i>Journal of Sport and Exercise Psychology</i> , 2009, 31, 37-59.	0.7	106
8	Neighborhood and developmental differences in children's perceptions of opportunities for play and physical activity. <i>Health and Place</i> , 2008, 14, 2-14.	1.5	97
9	Stress and Coping Among International Adolescent Golfers. <i>Journal of Applied Sport Psychology</i> , 2005, 17, 333-340.	1.4	96
10	Expanding the Teaching Games for Understanding Model: New Avenues for Future Research and Practice. <i>Journal of Teaching in Physical Education</i> , 2002, 21, 162-176.	0.9	95
11	Stressors, Coping, and Coping Effectiveness among Professional Rugby Union Players. <i>Sport Psychologist</i> , 2006, 20, 314-329.	0.4	94
12	Perceptions of Stress and Coping during Preparations for the 1999 Women's Soccer World Cup Finals. <i>Sport Psychologist</i> , 2002, 16, 251-271.	0.4	93
13	Parenting in youth tennis: Understanding and enhancing children's experiences. <i>Psychology of Sport and Exercise</i> , 2014, 15, 155-164.	1.1	92
14	A Phenomenological Analysis of Coping Effectiveness in Golf. <i>Sport Psychologist</i> , 2005, 19, 111-130.	0.4	91
15	A meta-study of qualitative research examining determinants of children's independent active free play. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 5.	2.0	87
16	Exploring adversity and the potential for growth among elite female athletes. <i>Psychology of Sport and Exercise</i> , 2013, 14, 28-36.	1.1	78
17	An interpretive analysis of life skills associated with sport participation. <i>Qualitative Research in Sport, Exercise and Health</i> , 2009, 1, 160-175.	1.5	76
18	"Eyes on where children play": a retrospective study of active free play. <i>Children's Geographies</i> , 2015, 13, 73-88.	1.6	75

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19	Meanings of play among children. <i>Childhood</i> , 2013, 20, 185-199.	0.6	71
20	An Ethnographic Study of Cohesiveness in a College Soccer Team Over a Season. <i>Sport Psychologist</i> , 2001, 15, 237-259.	0.4	67
21	Junior Tennis Players' Preferences for Parental Behaviors. <i>Journal of Applied Sport Psychology</i> , 2010, 22, 377-391.	1.4	67
22	Parental Behaviors in Team Sports: How do Female Athletes Want Parents to Behave?. <i>Journal of Applied Sport Psychology</i> , 2011, 23, 76-92.	1.4	65
23	Physical education and sport programs at an inner city school: exploring possibilities for positive youth development. <i>Physical Education and Sport Pedagogy</i> , 2012, 17, 97-113.	1.8	65
24	Parents' Perspectives on the Benefits of Sport Participation for Young Children. <i>Sport Psychologist</i> , 2014, 28, 255-268.	0.4	61
25	Neighborhood physical activity opportunities for inner-city children and youth. <i>Health and Place</i> , 2009, 15, 1022-1028.	1.5	59
26	Implicit Transfer of Life Skills Through Participation in Brazilian Jiu-Jitsu. <i>Journal of Applied Sport Psychology</i> , 2016, 28, 139-153.	1.4	59
27	Children's motivational experiences following autonomy-supportive games lessons. <i>European Physical Education Review</i> , 2008, 14, 407-425.	1.2	58
28	Perfectionism and Perceptions of Parenting Styles in Male Youth Soccer. <i>Journal of Sport and Exercise Psychology</i> , 2011, 33, 20-39.	0.7	57
29	Adolescent athletes' learning about coping and the roles of parents and coaches. <i>Psychology of Sport and Exercise</i> , 2012, 13, 69-79.	1.1	56
30	Improving grounded theory research in sport and exercise psychology: Further reflections as a response to Mike Weed. <i>Psychology of Sport and Exercise</i> , 2010, 11, 405-413.	1.1	46
31	Uptake and effectiveness of the Children's Fitness Tax Credit in Canada: the rich get richer. <i>BMC Public Health</i> , 2010, 10, 356.	1.2	44
32	Moving forward with grounded theory in sport and exercise psychology. <i>Psychology of Sport and Exercise</i> , 2010, 11, 419-422.	1.1	43
33	Levels of Social Complexity and Dimensions of Peer Experiences in Youth Sport. <i>Journal of Sport and Exercise Psychology</i> , 2008, 30, 411-431.	0.7	40
34	How does coping change with development? A review of childhood and adolescence sport coping research. <i>European Journal of Sport Science</i> , 2005, 5, 25-39.	1.4	38
35	Exploring Experiences of Running an Ultramarathon. <i>Sport Psychologist</i> , 2014, 28, 22-35.	0.4	38
36	Why don't families initiate treatment? A qualitative multicentre study investigating parents' reasons for declining paediatric weight management. <i>Paediatrics and Child Health</i> , 2015, 20, 179-184.	0.3	36

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37	Athletes and parents coping with deselection in competitive youth sport: A communal coping perspective. <i>Psychology of Sport and Exercise</i> , 2017, 30, 1-9.	1.1	36
38	A meta-study of qualitative research examining stressor appraisals and coping among adolescents in sport. <i>Journal of Sports Sciences</i> , 2010, 28, 1563-1580.	1.0	35
39	A qualitative examination of the perceptions of parents on the Canadian Sedentary Behaviour Guidelines for the early years. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 65.	2.0	35
40	PYDSportNET: A knowledge translation project bridging gaps between research and practice in youth sport. <i>Journal of Sport Psychology in Action</i> , 2018, 9, 132-146.	0.6	35
41	Treatment Preferences of Overweight Youth and Their Parents in Western Canada. <i>Qualitative Health Research</i> , 2008, 18, 1206-1219.	1.0	34
42	In the shoes of young adolescent girls: understanding physical activity experiences through interpretive description. <i>Qualitative Research in Sport, Exercise and Health</i> , 2011, 3, 193-210.	3.3	33
43	Parents as Agents of Change (PAC) in pediatric weight management: The protocol for the PAC randomized clinical trial. <i>BMC Pediatrics</i> , 2012, 12, 114.	0.7	33
44	Factors that influence parents' experiences at junior tennis tournaments and suggestions for improvement.. <i>Sport, Exercise, and Performance Psychology</i> , 2013, 2, 173-189.	0.6	33
45	Associations between exercise and posttraumatic growth in gynecologic cancer survivors. <i>Supportive Care in Cancer</i> , 2015, 23, 705-714.	1.0	33
46	Should I stay or should I go? Understanding families' decisions regarding initiating, continuing, and terminating health services for managing pediatric obesity: the protocol for a multi-center, qualitative study. <i>BMC Health Services Research</i> , 2012, 12, 486.	0.9	32
47	The Development of Self-Compassion Among Women Varsity Athletes. <i>Sport Psychologist</i> , 2017, 31, 317-331.	0.4	31
48	Longitudinal idiographic analyses of appraisal and coping responses in sport. <i>Psychology of Sport and Exercise</i> , 2004, 5, 213-222.	1.1	30
49	Developing sport-based after-school programmes using a participatory action research approach. <i>Qualitative Research in Sport, Exercise and Health</i> , 2013, 5, 332-355.	3.3	30
50	Strategies Used and Assistance Required to Facilitate Children's Involvement in Tennis: Parents' Perspectives. <i>Sport Psychologist</i> , 2013, 27, 281-291.	0.4	30
51	"Sport is community": An exploration of urban Aboriginal peoples' meanings of community within the context of sport. <i>Psychology of Sport and Exercise</i> , 2015, 18, 75-84.	1.1	29
52	Sustaining places and participatory sport tourism events. <i>Journal of Sustainable Tourism</i> , 2017, 25, 1084-1099.	5.7	29
53	Future Directions for Positive Youth Development through Sport. , 2016, , 229-240.		29
54	Exploring collaboration between clinicians and parents to optimize pediatric weight management. <i>Patient Education and Counseling</i> , 2012, 87, 10-17.	1.0	28

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55	Factors associated with using research evidence in national sport organisations. <i>Journal of Sports Sciences</i> , 2018, 36, 1111-1117.	1.0	28
56	Putting Theory into Practice: How Cognitive Evaluation Theory Can Help Us Motivate Children in Physical Activity Environments. <i>Journal of Physical Education, Recreation and Dance</i> , 2000, 71, 44-49.	0.1	27
57	Collegiate Ice Hockey Players's Perceptions of the Delivery of an Applied Sport Psychology Program. <i>Sport Psychologist</i> , 2003, 17, 351-368.	0.4	25
58	An intergenerational study of perceptions of changes in active free play among families from rural areas of Western Canada. <i>BMC Public Health</i> , 2016, 16, 829.	1.2	25
59	Youth Sport Experiences of Individuals With Attention Deficit/Hyperactivity Disorder. <i>Adapted Physical Activity Quarterly</i> , 2014, 31, 343-361.	0.6	24
60	A new paradigm for examining the correlates of aerobic, strength, and combined exercise: an application to gynecologic cancer survivors. <i>Supportive Care in Cancer</i> , 2016, 24, 3533-3541.	1.0	23
61	Peer Telephone Counseling for Adults With Type 2 Diabetes Mellitus. <i>The Diabetes Educator</i> , 2010, 36, 717-729.	2.6	22
62	Gender Differences in Adolescent Athletes' Coping with Interpersonal Stressors in Sport: More Similarities than Differences?. <i>Journal of Applied Sport Psychology</i> , 2010, 22, 134-149.	1.4	22
63	Female adolescent athletes' coping: A season-long investigation. <i>Journal of Sports Sciences</i> , 2010, 28, 101-114.	1.0	22
64	An intergenerational qualitative study of the good parenting ideal and active free play during middle childhood. <i>Children's Geographies</i> , 2019, 17, 266-277.	1.6	22
65	A Meta-Study of Qualitative Research Examining Sport and Recreation Experiences of Indigenous Youth. <i>Qualitative Health Research</i> , 2019, 29, 42-54.	1.0	22
66	A qualitative study of research priorities among representatives of Canadian Provincial Sport Organizations. <i>Psychology of Sport and Exercise</i> , 2018, 36, 8-16.	1.1	21
67	An ethnographic study of issues surrounding the provision of sport opportunities to young men from a western Canadian inner-city. <i>Psychology of Sport and Exercise</i> , 2013, 14, 538-548.	1.1	20
68	Why do parents discontinue health services for managing paediatric obesity? A multi-centre, qualitative study. <i>Obesity Research and Clinical Practice</i> , 2017, 11, 335-343.	0.8	20
69	Children's perceptions of attending a residential weight-loss camp in the UK. <i>Child: Care, Health and Development</i> , 2005, 31, 223-231.	0.8	19
70	Feasibility study of asset mapping with children: identifying how the community environment shapes activity and food choices in Alexander First Nation. <i>Rural and Remote Health</i> , 2013, 13, 2289.	0.4	19
71	Multiple Learning Contexts and the Development of Life Skills Among Canadian Junior National Team Biathletes. <i>Journal of Applied Sport Psychology</i> , 2020, 32, 392-415.	1.4	18
72	Parent Recommendations to Enhance Enrollment in Multidisciplinary Clinical Care for Pediatric Weight Management. <i>Journal of Pediatrics</i> , 2018, 192, 122-129.	0.9	17

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73	Working With Parents to Prevent Childhood Obesity: Protocol for a Primary Care-Based eHealth Study. <i>JMIR Research Protocols</i> , 2015, 4, e35.	0.5	17
74	Adolescent athletes. <i>Current Opinion in Psychiatry</i> , 2012, 25, 293-300.	3.1	16
75	Athlete Development in Ski Racing: Perceptions of Coaches and Parents. <i>International Journal of Sports Science and Coaching</i> , 2009, 4, 245-260.	0.7	15
76	Recommendations From Parents to Improve Health Services for Managing Pediatric Obesity in Canada. <i>Academic Pediatrics</i> , 2016, 16, 587-593.	1.0	15
77	Predictors of Short- and Long-Term Attrition From the Parents as Agents of Change Randomized Controlled Trial for Managing Pediatric Obesity. <i>Journal of Pediatric Health Care</i> , 2017, 31, 293-301.	0.6	15
78	Tales of the Unexpected. <i>Research Quarterly for Exercise and Sport</i> , 2007, 78, 117-132.	0.8	14
79	Using First Nations Children's Perceptions of Food and Activity to Inform an Obesity Prevention Strategy. <i>Qualitative Health Research</i> , 2012, 22, 986-996.	1.0	14
80	Non-refundable Tax Credits Are an Inequitable Policy Instrument for Promoting Physical Activity Among Canadian Children. <i>Canadian Journal of Public Health</i> , 2012, 103, 175-177.	1.1	14
81	The Development and Refinement of an e-Health Screening, Brief Intervention, and Referral to Treatment for Parents to Prevent Childhood Obesity in Primary Care. <i>Telemedicine Journal and E-Health</i> , 2016, 22, 385-394.	1.6	14
82	Female Athletes' Perceptions of a Coach's Speeches. <i>International Journal of Sports Science and Coaching</i> , 2009, 4, 489-504.	0.7	13
83	Families' Perceptions of and Experiences Related to a Pediatric Weight Management Intervention: A Qualitative Study. <i>Journal of Nutrition Education and Behavior</i> , 2015, 47, 427-431.e1.	0.3	13
84	Female Athletes' Experiences of Positive Growth Following Deselection in Sport. <i>Journal of Sport and Exercise Psychology</i> , 2018, 40, 173-185.	0.7	12
85	A mixed methods analysis of disciplinary incidents in men's soccer. <i>Sport Management Review</i> , 2018, 21, 72-85.	1.9	11
86	Mental health protective factors among flourishing Canadian women university student-athletes. <i>Psychology of Sport and Exercise</i> , 2021, 52, 101847.	1.1	11
87	Factors that influence fatigue status in Canadian university swimmers. <i>Journal of Sports Sciences</i> , 2013, 31, 554-564.	1.0	10
88	Physical Activity Perceptions and Influences among Older Adults in Rural Nova Scotia. <i>Canadian Journal on Aging</i> , 2016, 35, 115-129.	0.6	10
89	Talent Identification in Youth Ice Hockey: Exploring "Intangible" Player Characteristics. <i>Sport Psychologist</i> , 2019, 33, 323-333.	0.4	10
90	Using Masculine Capital to Understand the Role of a Sport Program in the Lives of Men From a Western Canadian Inner City. <i>Journal of Sport and Exercise Psychology</i> , 2015, 37, 523-533.	0.7	9

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91	The readiness and motivation interview for families (RMI-Family) managing pediatric obesity: study protocol. <i>BMC Health Services Research</i> , 2017, 17, 261.	0.9	9
92	Mediating Effects of Parentsâ€™ Coping Strategies on the Relationship Between Parentsâ€™ Emotional Intelligence and Sideline Verbal Behaviors in Youth Soccer. <i>Journal of Sport and Exercise Psychology</i> , 2018, 40, 153-162.	0.7	9
93	A qualitative study of exemplary parenting in competitive female youth team sport.. <i>Sport, Exercise, and Performance Psychology</i> , 2019, 8, 163-178.	0.6	9
94	Stress and Coping Among Adolescents Across a Competitive Swim Season. <i>Sport Psychologist</i> , 2013, 27, 143-155.	0.4	8
95	Continued attendance for paediatric weight management: A multicentre, qualitative study of parents' reasons and facilitators. <i>Clinical Obesity</i> , 2019, 9, e12304.	1.1	8
96	Examining correlates of outdoor play in childcare centres. <i>Canadian Journal of Public Health</i> , 2021, 112, 292-303.	1.1	8
97	Parental perceptions of a national program that funds sport participation for low-income children and youth in Canada. <i>Leisure Sciences</i> , 2022, 44, 1082-1098.	2.2	7
98	Join the Conversation! The Development and Preliminary Application of Conversation Cards in Pediatric Weight Management. <i>Journal of Nutrition Education and Behavior</i> , 2013, 45, 476-478.	0.3	6
99	How Do Sport Parents Engage in Autonomy-Supportive Parenting in the Family Home Setting? A Theoretically Informed Qualitative Analysis. <i>Journal of Sport and Exercise Psychology</i> , 2021, 43, 61-70.	0.7	6
100	Interpreting and Implementing the Long Term Athlete Development Model: English Swimming Coaches' Views on the (Swimming) LTAD in Practice. <i>International Journal of Sports Science and Coaching</i> , 2010, 5, 421-424.	0.7	5
101	Slap Shot! Sport, Masculinities, and Homelessness in the Downtown Core of a Divided Western Canadian Inner City. <i>Journal of Sport and Social Issues</i> , 2018, 42, 270-294.	2.0	5
102	Types of evidence used in Canadian provincial sport organisations. <i>International Journal of Sports Science and Coaching</i> , 2019, 14, 162-168.	0.7	5
103	Supporting Indigenous youth activity programmes: a community-based participatory research approach. <i>Qualitative Research in Sport, Exercise and Health</i> , 2020, 12, 319-335.	3.3	5
104	A retrospective analysis of the development of psychological skills and characteristics among National Hockey League players. <i>International Journal of Sport and Exercise Psychology</i> , 2021, 19, 988-1004.	1.1	5
105	A phase I/II pilot study assessing the preliminary efficacy of wall climbing for improving posttraumatic growth and quality of life in gynecologic cancer survivors. <i>Mental Health and Physical Activity</i> , 2016, 11, 60-66.	0.9	4
106	Familiesâ€™ perceived benefits of home visits for managing paediatric obesity outweigh the potential costs and barriers. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2018, 107, 315-321.	0.7	4
107	Urban Outcasts, Disposable Bodies, and Embodied Research in a Western Canadian â€œArrivisteâ€•City. <i>Cultural Studies - Critical Methodologies</i> , 2015, 15, 32-44.	0.5	3
108	Tools and resources for preventing childhood obesity in primary care: A method of evaluation and preliminary assessment. <i>Patient Education and Counseling</i> , 2016, 99, 769-775.	1.0	3

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109	Female Varsity Athletes' Perceptions of How They Became Optimistic in Sport. <i>Sport Psychologist</i> , 2017, 31, 30-41.	0.4	3
110	Pediatric ambulatory appointment scheduling: a qualitative study of stakeholders' perceptions and experiences. <i>International Journal for Quality in Health Care</i> , 2020, 32, 643-648.	0.9	3
111	Extreme Sport/Adventure Activity Correlates in Gynecologic Cancer Survivors. <i>American Journal of Health Behavior</i> , 2016, 40, 172-181.	0.6	2
112	How women varsity athletes high in self-compassion experience unexpected stressors. <i>Journal of Applied Sport Psychology</i> , 0, , 1-21.	1.4	2
113	Coaches' perspectives on contribution. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 1225-1244.	1.1	1
114	Recommendations from parents, administrative staff and clinicians to improve paediatric ambulatory appointment scheduling. <i>Child: Care, Health and Development</i> , 2021, 47, 834-843.	0.8	1
115	Parents as Agents of Change in Managing Pediatric Obesity: A Randomized Controlled Trial Comparing Cognitive Behavioral Therapy versus Psychoeducation Interventions. <i>Childhood Obesity</i> , 2022, , .	0.8	1
116	Tales of the Unexpected: Coping Among Female Collegiate Volleyball Players. <i>Research Quarterly for Exercise and Sport</i> , 2007, 78, .	0.8	0
117	Life skills development and learning contexts among members of China women's national soccer teams. <i>International Journal of Sport and Exercise Psychology</i> , 0, , 1-18.	1.1	0
118	Harmonious or Conflicted? A Qualitative Study of Father-Coach and Daughter Relationships in Youth Sport. <i>Journal of Amateur Sport</i> , 2022, 7, .	0.2	0
119	Coaches' and Researchers' Perceptions of the Factors That Influence Knowledge Translation for Coaching in Portugal and Brazil. <i>International Sport Coaching Journal</i> , 2022, , 1-10.	0.5	0