## Miguel Mariscal-Arcas

List of Publications by Year in descending order

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| #  | Article   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | Influence of Cooking Methods on Antioxidant Activity of Vegetables. Journal of Food Science, 2009,<br>74, H97-H103.   | 1.5 | 214       |
| 2  | Evaluation of the Mediterranean Diet Quality Index (KIDMED) in children and adolescents in Southern<br>Spain. Public Health Nutrition, 2009, 12, 1408-1412.                                   | 1.1 | 113       |
| 3  | Exposure of young men to organochlorine pesticides in Southern Spain. Environmental Research, 2007, 103, 55-61.   | 3.7 | 99        |
| 4  | Proposal of a Mediterranean Diet Serving Score. PLoS ONE, 2015, 10, e0128594.   | 1.1 | 87        |
| 5  | Mediterranean diet and bone mineral density in two age groups of women. International Journal of<br>Food Sciences and Nutrition, 2013, 64, 155-161.   | 1.3 | 85        |
| 6  | Organochlorine pesticides in serum and adipose tissue of pregnant women in Southern Spain giving birth by cesarean section. Science of the Total Environment, 2006, 372, 32-38.               | 3.9 | 55        |
| 7  | Dietary exposure assessment of pregnant women to bisphenol-A from cans and microwave containers<br>in Southern Spain. Food and Chemical Toxicology, 2009, 47, 506-510.                        | 1.8 | 51        |
| 8  | Diet quality of young people in southern Spain evaluated by a Mediterranean adaptation of the Diet<br>Quality Index-International (DQI-I). British Journal of Nutrition, 2007, 98, 1267-1273. | 1.2 | 48        |
| 9  | Association between dietary antioxidant quality score (DAQs) and bone mineral density in Spanish women. Nutricion Hospitalaria, 2012, 27, 1886-93.  | 0.2 | 42        |
| 10 | Pesticide exposure of two age groups of women and its relationship with their diet. Science of the<br>Total Environment, 2007, 382, 14-21.  | 3.9 | 40        |
| 11 | Proposal for a Breakfast Quality Index (BQI) for children and adolescents. Public Health Nutrition, 2013, 16, 639-644.  | 1.1 | 40        |
| 12 | Organochlorine pesticides in umbilical cord blood serum of women from Southern Spain and adherence to the Mediterranean diet. Food and Chemical Toxicology, 2010, 48, 1311-1315.              | 1.8 | 38        |
| 13 | Comparison of Mediterranean diet compliance between European and non-European populations in the<br>Mediterranean basin. Appetite, 2016, 107, 521-526.  | 1.8 | 38        |
| 14 | Proposal of a Mediterranean diet index for pregnant women. British Journal of Nutrition, 2009, 102,<br>744-749.   | 1.2 | 35        |
| 15 | Development and validation of a nutritional questionnaire for the Palestine population. Public Health<br>Nutrition, 2014, 17, 2512-2518.  | 1.1 | 32        |
| 16 | Influence of circadian rhythms on sports performance. Chronobiology International, 2021, 38, 1522-1536.   | 0.9 | 29        |
| 17 | Assessment of antimicrobial activity of coffee brewed in three different ways from different origins.<br>European Food Research and Technology, 2011, 233, 497-505.                           | 1.6 | 23        |
| 18 | Effects of maternal diet and environmental exposure to organochlorine pesticides on newborn weight in Southern Spain. Chemosphere, 2016, 156, 135-142.  | 4.2 | 22        |

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| 19 | Physical Self-Concept Changes in Adults and Older Adults: Influence of Emotional Intelligence,<br>Intrinsic Motivation and Sports Habits. International Journal of Environmental Research and Public<br>Health, 2021, 18, 1711.                   | 1.2 | 22        |
| 20 | Validation of questionnaires to estimate adherence to the Mediterranean Diet and life habits in older individuals in Southern Spain. Journal of Nutrition, Health and Aging, 2011, 15, 739-743.   | 1.5 | 17        |
| 21 | Estimation of the intake of phenol compounds from virgin olive oil of a population from southern<br>Spain. Food Additives and Contaminants - Part A Chemistry, Analysis, Control, Exposure and Risk<br>Assessment, 2014, 31, 1460-1469.           | 1.1 | 16        |
| 22 | Comparison of methods to evaluate the quality of the Mediterranean diet in a large representative sample of young people in Southern Spain. Nutricion Hospitalaria, 2010, 25, 1006-13.  | 0.2 | 16        |
| 23 | Estimation of dietary folic acid intake in three generations of females in Southern Spain. Appetite, 2013, 67, 114-118.   | 1.8 | 14        |
| 24 | Association of bisphenol A exposure with dietary quality indices in Spanish schoolchildren. Food and Chemical Toxicology, 2016, 94, 25-30.  | 1.8 | 13        |
| 25 | The relationship of obesity with lifestyle and dietary exposure to endocrine-disrupting chemicals.<br>Food and Chemical Toxicology, 2020, 136, 110983.  | 1.8 | 12        |
| 26 | Proposal of a Nutritional Quality Index (NQI) to Evaluate the Nutritional Supplementation of Sportspeople. PLoS ONE, 2015, 10, e0125630.  | 1.1 | 11        |
| 27 | Evaluation of antioxidant activity and nutritional composition of flavoured dehydrated soups<br>packaged in different formats. Reducing the sodium content. Journal of Food Science and Technology,<br>2015, 52, 7850-7860.                       | 1.4 | 10        |
| 28 | Effect of Light Exposure on the Quality and Phenol Content of Commercial Extra Virgin Olive Oil<br>during 12â€Month Storage. JAOCS, Journal of the American Oil Chemists' Society, 2019, 96, 381-389.   | 0.8 | 9         |
| 29 | Adherence to a Mediterranean Diet Pattern, Physical Activity, and Physical Self-Concept in Spanish<br>Older Adults. Nutrients, 2022, 14, 2404.  | 1.7 | 9         |
| 30 | Use of Social Media, Network Avenues, Blog and Scientific Information Systems Through the Website<br>Promoting the Mediterranean Diet as a Method of a Health Safeguarding. Frontiers in Communication,<br>2021, 6, .                             | 0.6 | 6         |
| 31 | Sugar consumption in schoolchildren from southern Spain and influence on the prevalence of obesity. PLoS ONE, 2020, 15, e0242602.   | 1.1 | 5         |
| 32 | SCHOOL DIETARY HABITS AND INCIDENCE OF DENTAL CARIES. Nutricion Hospitalaria, 2015, 32, 383-8.  | 0.2 | 5         |
| 33 | Association between Functional Fitness and Health-Related Quality of Life in the Balearic Islands' Old<br>Adults with Metabolic Syndrome. Nutrients, 2022, 14, 1798.  | 1.7 | 5         |
| 34 | Differences in food intake and nutritional habits between Spanish adolescents who engage in ski<br>activity and those who do not. Nutricion Hospitalaria, 2014, 31, 936-43.   | 0.2 | 4         |
| 35 | Assessment of the estrogenicity of the diet of a healthy female Spanish population based on its<br>isoflavone content. Food Additives and Contaminants - Part A Chemistry, Analysis, Control, Exposure<br>and Risk Assessment, 2013, 30, 627-633. | 1.1 | 2         |
| 36 | Comparison of diet quality between young children and adolescents in the Mediterranean basin and the influence of life habits. Nutricion Hospitalaria, 2018, 36, 387-393.   | 0.2 | 2         |

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|----|--|-----|-----------|
| 37 | Evolution of Nutritional Habits Behaviour of Spanish Population Confined Through Social Media.<br>Frontiers in Nutrition, 2021, 8, 794592.                                   | 1.6 | 2         |
| 38 | Variedad en la calidad de la dieta en adultos españoles y mexicanos. Archivos Latinoamericanos De<br>Nutricion, 2021, 71, 127-137.   | 0.3 | 1         |
| 39 | Diet Quality in Pregnancy: A Focus on Requirements and the Protective Effects of the Mediterranean Diet. , 2013, , 81-92.  |     | 1         |
| 40 | Analysis of the drinks that contribute to the hydration of andalusian sportspeople. Revista Andaluza<br>De Medicina Del Deporte, 2013, 6, 12-16.                             | 0.1 | 0         |
| 41 | Different Methods to Assess the Nutritional Status of Alzheimer Patients. Journal of the American<br>College of Nutrition, 2021, 40, 86-93.                                  | 1.1 | 0         |
| 42 | Relación de la grasa corporal con la alimentación emocional y calidad de la dieta en universitarios de<br>México. Archivos Latinoamericanos De Nutricion, 2020, 70, 164-173. | 0.3 | 0         |
| 43 | Papel de la alimentación en la respuesta a infecciones respiratorias altas en atletas de élite. Archivos<br>Latinoamericanos De Nutricion, 2021, 71, 61-78.                  | 0.3 | 0         |
| 44 | Sugar consumption in schoolchildren from southern Spain and influence on the prevalence of obesity. , 2020, 15, e0242602.  |     | 0         |
| 45 | Sugar consumption in schoolchildren from southern Spain and influence on the prevalence of obesity. , 2020, 15, e0242602.  |     | 0         |
| 46 | Sugar consumption in schoolchildren from southern Spain and influence on the prevalence of obesity. , 2020, 15, e0242602.  |     | 0         |
| 47 | Sugar consumption in schoolchildren from southern Spain and influence on the prevalence of obesity. , 2020, 15, e0242602.  |     | 0         |
| 48 | Sugar consumption in schoolchildren from southern Spain and influence on the prevalence of obesity. , 2020, 15, e0242602.  |     | 0         |
| 49 | Sugar consumption in schoolchildren from southern Spain and influence on the prevalence of obesity. , 2020, 15, e0242602.  |     | 0         |