

Justin W Keogh

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

217
papers

4,493
citations

39
h-index

56
g-index

238
ext. papers

5,294
ext. citations

2.9
avg, IF

5.96
L-index

#	Paper	IF	Citations
217	Physical fitness profiles of female Australian football players across five competition levels.. <i>Science and Medicine in Football</i> , 2022 , 6, 105-126	2.7	1
216	Profiling the kicking and handballing accuracy of female Australian football players across five competition levels.. <i>Science and Medicine in Football</i> , 2022 , 6, 72-81	2.7	0
215	Effects of supervised high-intensity hardstyle kettlebell training on grip strength and health-related physical fitness in insufficiently active older adults: the BELL pragmatic controlled trial.. <i>BMC Geriatrics</i> , 2022 , 22, 354	4.1	2
214	Effects of Equal Volume But Different Plyometric Jump Training Intensities on Components of Physical Fitness in Physically Active Young Males. <i>Journal of Strength and Conditioning Research</i> , 2021 , 35, 1916-1923	3.2	5
213	Eccentric Exercise: Adaptations and Applications for Health and Performance. <i>Journal of Functional Morphology and Kinesiology</i> , 2021 , 6,	2.4	1
212	Application of Leg, Vertical, and Joint Stiffness in Running Performance: A Literature Overview. <i>Applied Bionics and Biomechanics</i> , 2021 , 2021, 9914278	1.6	3
211	Relationship between echocardiogram and physical parameters in experienced resistance trainers: a pilot study. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021 , 61, 1290-1300	1.4	
210	On-block mechanistic determinants of start performance in high performance swimmers. <i>Sports Biomechanics</i> , 2021 , 1-13	2.2	3
209	Acceleration and High-Speed Running Profiles of Women's International and Domestic Football Matches. <i>Frontiers in Sports and Active Living</i> , 2021 , 3, 604605	2.3	1
208	Posterior-Chain Resistance Training Compared to General Exercise and Walking Programmes for the Treatment of Chronic Low Back Pain in the General Population: A Systematic Review and Meta-Analysis. <i>Sports Medicine - Open</i> , 2021 , 7, 17	6.1	1
207	The Biomechanical Characteristics of the Strongman Yoke Walk. <i>Frontiers in Sports and Active Living</i> , 2021 , 3, 670297	2.3	
206	Effects of a specific injury prevention neuromuscular training program for young female dancers. A randomized-controlled trial. <i>Research in Sports Medicine</i> , 2021 , 1-11	3.8	
205	Long-term effects of school barefoot running program on sprinting biomechanics in children: A case-control study. <i>Gait and Posture</i> , 2021 , 83, 9-14	2.6	3
204	Sex Differences in Adaptations in Muscle Strength and Size Following Resistance Training in Older Adults: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , 2021 , 51, 503-517	10.6	14
203	Pushing up or pushing out-an initial investigation into horizontal- versus vertical-force training on swimming start performance: a pilot study. <i>PeerJ</i> , 2021 , 9, e10937	3.1	
202	Contextual factors influencing the characteristics of female football players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021 , 61, 218-232	1.4	1
201	Inertial-Based Human Motion Capture: A Technical Summary of Current Processing Methodologies for Spatiotemporal and Kinematic Measures. <i>Applied Bionics and Biomechanics</i> , 2021 , 2021, 6628320	1.6	5

200	The Minimum Effective Training Dose Required for 1RM Strength in Powerlifters. <i>Frontiers in Sports and Active Living</i> , 2021 , 3, 713655	2.3	2
199	Isokinetic force-power profile of the shoulder joint in males participating in CrossFit training and competing at different levels. <i>PeerJ</i> , 2021 , 9, e11643	3.1	0
198	The biomechanical characteristics of the strongman atlas stone lift. <i>PeerJ</i> , 2021 , 9, e12066	3.1	
197	Barriers to physical activity in prostate cancer survivors. <i>New Zealand Medical Journal</i> , 2021 , 134, 60-67	0.8	
196	Effects of jump training on jumping performance of handball players: A systematic review with meta-analysis of randomised controlled trials. <i>International Journal of Sports Science and Coaching</i> , 2020 , 15, 584-594	1.8	8
195	Tapering practices of elite CrossFit athletes. <i>International Journal of Sports Science and Coaching</i> , 2020 , 15, 753-761	1.8	3
194	Sport Biomechanics Applications Using Inertial, Force, and EMG Sensors: A Literature Overview. <i>Applied Bionics and Biomechanics</i> , 2020 , 2020, 2041549	1.6	19
193	Women's Football: An Examination of Factors That Influence Movement Patterns. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 2384-2393	3.2	6
192	A multi-targeted treatment approach to cancer cachexia: Auckland's Cancer Cachexia evaluating Resistance Training (ACCeRT) trial. <i>JCSM Rapid Communications</i> , 2020 , 3, 11-24	2.6	1
191	The Effect of High Volume Power Training on Repeated High-Intensity Performance and the Assessment of Repeat Power Ability: A Systematic Review. <i>Sports Medicine</i> , 2020 , 50, 1317-1339	10.6	6
190	The Relationship Between Physical Fitness Qualities and Sport-Specific Technical Skills in Female, Team-Based Ball Players: A Systematic Review. <i>Sports Medicine - Open</i> , 2020 , 6, 18	6.1	4
189	Older adults' evaluations of the standard and modified pedometer-based Green Prescription. <i>Journal of Primary Health Care</i> , 2020 , 12, 41-48	0.8	2
188	Exercise versus no exercise for the occurrence, severity, and duration of acute respiratory infections. <i>The Cochrane Library</i> , 2020 , 4, CD010596	5.2	20
187	The relationship between physical fitness attributes and sports injury in female, team ball sport players: a systematic review. <i>Sports Medicine - Open</i> , 2020 , 6, 45	6.1	4
186	Effects of 4 Weeks of Active Exergames Training on Muscular Fitness in Elderly Women. <i>Journal of Strength and Conditioning Research</i> , 2020 ,	3.2	1
185	The Effects of Endurance-Based Skills-Specific Running Loads on Same-Day Resistance-Training Performance in Professional Australian Rules Football Players. <i>International Journal of Sports Physiology and Performance</i> , 2020 , 1-8	3.5	3
184	Utilising one minute and four minute recovery when employing the resistance training contrast method does not negatively affect subsequent jump performance in the presence of concurrent training. <i>PeerJ</i> , 2020 , 8, e10031	3.1	1
183	Sarcopenia in male patients with head and neck cancer receiving chemoradiotherapy: a longitudinal pilot study. <i>PeerJ</i> , 2020 , 8, e8617	3.1	10

182	Reliability of the velocity achieved during the last repetition of sets to failure and its association with the velocity of the 1-repetition maximum. <i>PeerJ</i> , 2020 , 8, e8760	3.1	10
181	The prediction of swim start performance based on squat jump force-time characteristics. <i>PeerJ</i> , 2020 , 8, e9208	3.1	9
180	Effect of Training Phase on Physical and Physiological Parameters of Male Powerlifters. <i>Sports</i> , 2020 , 8,	3	2
179	Validation of Spatiotemporal and Kinematic Measures in Functional Exercises Using a Minimal Modeling Inertial Sensor Methodology. <i>Sensors</i> , 2020 , 20,	3.8	5
178	Hamstring Myoelectrical Activity During Three Different Kettlebell Swing Exercises. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 1953-1958	3.2	8
177	A systematic review of the biomechanical research methods used in strongman studies. <i>Sports Biomechanics</i> , 2020 , 19, 90-119	2.2	6
176	Kettlebell training in clinical practice: a scoping review. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2019 , 11, 19	2.4	9
175	Relationships Between Dry-land Resistance Training and Swim Start Performance and Effects of Such Training on the Swim Start: A Systematic Review. <i>Sports Medicine</i> , 2019 , 49, 1957-1973	10.6	6
174	Motor imagery training improves balance and mobility outcomes in older adults: a systematic review. <i>Journal of Physiotherapy</i> , 2019 , 65, 200-207	2.9	25
173	Can Resistance Training Improve Upper Limb Postural Tremor, Force Steadiness and Dexterity in Older Adults? A Systematic Review. <i>Sports Medicine</i> , 2019 , 49, 1199-1216	10.6	3
172	Reliability and validity of clinically accessible smartphone applications to measure joint range of motion: A systematic review. <i>PLoS ONE</i> , 2019 , 14, e0215806	3.7	45
171	Progressive Resistance Plus Balance Training for Older Australians Receiving In-Home Care Services: Cost-Effectiveness Analyses Alongside the Muscling Up Against Disability Stepped-Wedge Randomized Control Trial. <i>Journal of Aging and Physical Activity</i> , 2019 , 1-8	1.6	3
170	Body composition of male and female Chilean powerlifters of varying body mass. <i>Motriz Revista De Educacao Fisica</i> , 2019 , 25,	0.9	1
169	Investigating How Bowel Cancer Survivors Discuss Exercise and Physical Activity Within Web-Based Discussion Forums: Qualitative Analysis. <i>Journal of Medical Internet Research</i> , 2019 , 21, e13929	7.6	2
168	Exploring the feasibility, sustainability and the benefits of the GrACE + GAIT exercise programme in the residential aged care setting. <i>PeerJ</i> , 2019 , 7, e6973	3.1	6
167	Sarc-F and muscle function in community dwelling adults with aged care service needs: baseline and post-training relationship. <i>PeerJ</i> , 2019 , 7, e8140	3.1	1
166	The Biomechanics and Applications of Strongman Exercises: a Systematic Review. <i>Sports Medicine - Open</i> , 2019 , 5, 49	6.1	8
165	The Competition-Day Preparation Strategies of Strongman Athletes. <i>Journal of Strength and Conditioning Research</i> , 2019 , 33, 2308-2320	3.2	5

164	Exercise and Nutritional Benefits for Individuals With a Spinal Cord Injury or Amputation 2019 , 175-188		
163	Higher- Versus Lower-Intensity Strength-Training Taper: Effects on Neuromuscular Performance. <i>International Journal of Sports Physiology and Performance</i> , 2019 , 14, 458-463	3.5	13
162	A profile of health, lifestyle and training habits of 4720 Australian recreational runners-The case for promoting running for health benefits. <i>Health Promotion Journal of Australia</i> , 2019 , 30, 172-179	1.7	16
161	The association between fundamental athletic movements and physical fitness in elite junior Australian footballers. <i>Journal of Sports Sciences</i> , 2018 , 36, 445-450	3.6	7
160	Engineering Improved Balance Confidence in Older Adults With Complex Health Care Needs: Learning From the Muscling Up Against Disability Study. <i>Archives of Physical Medicine and Rehabilitation</i> , 2018 , 99, 1525-1532	2.8	1
159	Tapering Practices of Strongman Athletes. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 1181-1196	3.1	11
158	Physique Assessment for Sports Ergonomics Applications 2018 , 37-44		
157	Short-Term Training Cessation as a Method of Tapering to Improve Maximal Strength. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 458-465	3.2	9
156	The Association of Sitting Time With Sarcopenia Status and Physical Performance at Baseline and 18-Month Follow-Up in the Residential Aged Care Setting. <i>Journal of Aging and Physical Activity</i> , 2018 , 26, 445-450	1.6	7
155	Can a single session of motor imagery promote motor learning of locomotion in older adults? A randomized controlled trial. <i>Clinical Interventions in Aging</i> , 2018 , 13, 713-722	4	9
154	Joint-level energetics differentiate isoinertial from speed-power resistance training-a Bayesian analysis. <i>PeerJ</i> , 2018 , 6, e4620	3.1	1
153	Effect of acute augmented feedback on between limb asymmetries and eccentric knee flexor strength during the Nordic hamstring exercise. <i>PeerJ</i> , 2018 , 6, e4972	3.1	4
152	Kinematic characteristics of barefoot sprinting in habitually shod children. <i>PeerJ</i> , 2018 , 6, e5188	3.1	2
151	Using stiffness to assess injury risk: comparison of methods for quantifying stiffness and their reliability in triathletes. <i>PeerJ</i> , 2018 , 6, e5845	3.1	6
150	The validity and intra-tester reliability of markerless motion capture to analyse kinematics of the BMX Supercross gate start. <i>Sports Biomechanics</i> , 2018 , 17, 383-401	2.2	19
149	Reliability and concurrent validity of the iPhone Compass application to measure thoracic rotation range of motion (ROM) in healthy participants. <i>PeerJ</i> , 2018 , 6, e4431	3.1	20
148	Is high-intensity interval cycling feasible and more beneficial than continuous cycling for knee osteoarthritic patients? Results of a randomised control feasibility trial. <i>PeerJ</i> , 2018 , 6, e4738	3.1	12
147	Strongman Log Push Press: The Effect Log Diameter has on Force-Time Characteristics. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 2693-2700	3.2	7

146	Influences on health-care practitioners' promotion of physical activity to their patients with prostate cancer: a qualitative study. <i>Journal of Primary Health Care</i> , 2018 , 10, 31-38	0.8	6
145	Benefits and Barriers of Cancer Practitioners Discussing Physical Activity with their Cancer Patients. <i>Journal of Cancer Education</i> , 2017 , 32, 11-15	1.8	13
144	The Epidemiology of Injuries Across the Weight-Training Sports. <i>Sports Medicine</i> , 2017 , 47, 479-501	10.6	73
143	Consequences of sarcopenia among nursing home residents at long-term follow-up. <i>Geriatric Nursing</i> , 2017 , 38, 406-411	2.1	22
142	Is Home-Based, High-Intensity Interval Training Cycling Feasible and Safe for Patients With Knee Osteoarthritis?: Study Protocol for a Randomized Pilot Study. <i>Orthopaedic Journal of Sports Medicine</i> , 2017 , 5, 2325967117694334	3.5	8
141	Perceptions of sport science students on the potential applications and limitations of blended learning in their education: a qualitative study. <i>Sports Biomechanics</i> , 2017 , 16, 297-312	2.2	7
140	External kinetics of the kettlebell snatch in amateur lifters. <i>PeerJ</i> , 2017 , 5, e3111	3.1	7
139	Anthropometric, physical function and general health markers of Masters athletes: a cross-sectional study. <i>PeerJ</i> , 2017 , 5, e3768	3.1	12
138	Effect of defensive pressure on international women's rugby sevens attacking skills frequency and execution. <i>International Journal of Sports Science and Coaching</i> , 2017 , 12, 716-724	1.8	3
137	Examining evidence based resistance plus balance training in community-dwelling older adults with complex health care needs: Trial protocol for the Muscling Up Against Disability project. <i>Archives of Gerontology and Geriatrics</i> , 2017 , 68, 97-105	4	4
136	Quantifying the movement patterns of international women's rugby sevens preparation training camp sessions. <i>International Journal of Sports Science and Coaching</i> , 2017 , 12, 677-684	1.8	3
135	Physical Activity Promotion, Beliefs, and Barriers Among Australasian Oncology Nurses. <i>Oncology Nursing Forum</i> , 2017 , 44, 235-245	1.7	18
134	Tapering Practices of Strongman Athletes: Test-Retest Reliability Study. <i>JMIR Research Protocols</i> , 2017 , 6, e211	2	4
133	Correlates Between Force and Postural Tremor in Older Individuals with Essential Tremor. <i>Cerebellum</i> , 2016 , 15, 688-695	4.3	2
132	A Cross-Sectional Comparison of Quality of Life Between Physically Active and Underactive Older Men With Prostate Cancer. <i>Journal of Aging and Physical Activity</i> , 2016 , 24, 642-648	1.6	6
131	Effects of two neuromuscular training programs on running biomechanics with load carriage: a study protocol for a randomised controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2016 , 17, 445	2.8	5
130	Quality of life effects of androgen deprivation therapy in a prostate cancer cohort in New Zealand: can we minimize effects using a stratification based on the aldo-keto reductase family 1, member C3 rs12529 gene polymorphism?. <i>BMC Urology</i> , 2016 , 16, 48	2.2	13
129	The effect of a seven-week exercise program on golf swing performance and musculoskeletal measures. <i>International Journal of Sports Science and Coaching</i> , 2016 , 11, 610-618	1.8	10

128	Psychometric viability of measures of functional performance commonly used for people with dementia: a systematic review of measurement properties. <i>JBI Database of Systematic Reviews and Implementation Reports</i> , 2016 , 14, 115-71	1.6	8
127	Impact of resistance training on sarcopenia in nursing care facilities: A pilot study. <i>Geriatric Nursing</i> , 2016 , 37, 116-21	2.1	46
126	Resistance Training Reduces Force Tremor and Improves Manual Dexterity in Older Individuals With Essential Tremor. <i>Journal of Motor Behavior</i> , 2016 , 48, 20-30	1.4	11
125	Comparisons of eccentric knee flexor strength and asymmetries across elite, sub-elite and school level cricket players. <i>PeerJ</i> , 2016 , 4, e1594	3.1	6
124	Feasibility and benefits of group-based exercise in residential aged care adults: a pilot study for the GrACE programme. <i>PeerJ</i> , 2016 , 4, e2018	3.1	27
123	The effects of two equal-volume training protocols upon strength, body composition and salivary hormones in male rugby union players. <i>Biology of Sport</i> , 2016 , 33, 111-6	4.3	8
122	Advances in Rehabilitation and Assistive Robots for Restoring Limb Function in Persons with Movement Disorders. <i>Applied Bionics and Biomechanics</i> , 2016 , 2016, 3864728	1.6	
121	Acute Physiological Responses to Strongman Training Compared to Traditional Strength Training. <i>Journal of Strength and Conditioning Research</i> , 2016 , 30, 1397-408	3.2	7
120	The Acute Potentiating Effects of Heavy Sled Pulls on Sprint Performance. <i>Journal of Strength and Conditioning Research</i> , 2016 , 30, 1248-54	3.2	26
119	Tapering Practices of New Zealand's Elite Raw Powerlifters. <i>Journal of Strength and Conditioning Research</i> , 2016 , 30, 1796-804	3.2	29
118	Perceptions towards aqua-based exercise among older adults with osteoarthritis who have discontinued participation in this exercise mode. <i>Australasian Journal on Ageing</i> , 2016 , 35, 12-7	1.5	6
117	Perceived benefits, motives, and barriers to aqua-based exercise among older adults with and without osteoarthritis. <i>Journal of Applied Gerontology</i> , 2015 , 34, 377-96	3.3	21
116	Effects and Mechanisms of Tapering in Maximizing Muscular Strength. <i>Strength and Conditioning Journal</i> , 2015 , 37, 72-83	2	30
115	Comparative effects of 2 aqua exercise programs on physical function, balance, and perceived quality of life in older adults with osteoarthritis. <i>Journal of Geriatric Physical Therapy</i> , 2015 , 38, 17-27	3.2	20
114	Prevalence and risk factors of sarcopenia among adults living in nursing homes. <i>Maturitas</i> , 2015 , 82, 418-23	3.3	82
113	Prevalence and Risk Factors for Low Habitual Walking Speed in Nursing Home Residents: An Observational Study. <i>Archives of Physical Medicine and Rehabilitation</i> , 2015 , 96, 1993-9	2.8	18
112	A Biomechanical Analysis of the Heavy Sprint-Style Sled Pull and Comparison with the Back Squat. <i>International Journal of Sports Science and Coaching</i> , 2015 , 10, 851-868	1.8	8
111	On the Use of Inertial Sensors in Educational Engagement Activities. <i>Procedia Engineering</i> , 2015 , 112, 262-266		5

110	Exercise versus no exercise for the occurrence, severity and duration of acute respiratory infections. <i>The Cochrane Library</i> , 2015 , CD010596	5.2	15
109	Pumping iron in residential aged adults: Why isn't this more commonly available?. <i>Australasian Journal on Ageing</i> , 2015 , 34, 202	1.5	
108	Strongman vs. traditional resistance training effects on muscular function and performance. <i>Journal of Strength and Conditioning Research</i> , 2015 , 29, 429-39	3.2	17
107	Dance mobility: a somatic and dance programme for older adults in New Zealand. <i>Body, Movement and Dance in Psychotherapy</i> , 2015 , 10, 169-180	0.6	2
106	A Biomechanical Analysis of the Strongman Log Lift and Comparison with Weightlifting's Clean and Jerk. <i>International Journal of Sports Science and Coaching</i> , 2015 , 10, 869-886	1.8	11
105	Snatch Trajectory of Elite Level Girevoy (Kettlebell) Sport Athletes and its Implications to Strength and Conditioning Coaching. <i>International Journal of Sports Science and Coaching</i> , 2015 , 10, 439-452	1.8	5
104	The psychometric viability of measures of functional performance commonly employed for older adults with dementia: a systematic review of measurement properties protocol. <i>JBI Database of Systematic Reviews and Implementation Reports</i> , 2015 , 13, 136-158	1.6	1
103	Exercise-Induced Tendon and Bone Injury in Recreational Runners: A Test-Retest Reliability Study. <i>JMIR Research Protocols</i> , 2015 , 4, e117	2	3
102	Current nutrition promotion, beliefs and barriers among cancer nurses in Australia and New Zealand. <i>PeerJ</i> , 2015 , 3, e1396	3.1	8
101	ACE and UCP2 gene polymorphisms and their association with baseline and exercise-related changes in the functional performance of older adults. <i>PeerJ</i> , 2015 , 3, e980	3.1	12
100	Community integration after traumatic brain injury: a systematic review of the clinical implications of measurement and service provision for older adults. <i>Archives of Physical Medicine and Rehabilitation</i> , 2014 , 95, 163-74	2.8	43
99	Assessing sarcopenic prevalence and risk factors in residential aged care: methodology and feasibility. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2014 , 5, 229-36	10.3	20
98	Physical and psychosocial function in residential aged-care elders: effect of Nintendo Wii Sports games. <i>Journal of Aging and Physical Activity</i> , 2014 , 22, 235-44	1.6	47
97	A Biomechanical Analysis of the Farmers Walk, and Comparison with the Deadlift and Unloaded Walk. <i>International Journal of Sports Science and Coaching</i> , 2014 , 9, 1127-1143	1.8	13
96	Assessing the variation in the load that produces maximal upper-body power. <i>Journal of Strength and Conditioning Research</i> , 2014 , 28, 240-4	3.2	15
95	A Preliminary Kinematic Gait Analysis of a Strongman Event: The Farmers Walk. <i>Sports</i> , 2014 , 2, 24-33	3	9
94	How Coaches Use Strongman Implements in Strength and Conditioning Practice. <i>International Journal of Sports Science and Coaching</i> , 2014 , 9, 1107-1125	1.8	10
93	Relative and absolute reliability of functional performance measures for adults with dementia living in residential aged care. <i>International Psychogeriatrics</i> , 2014 , 26, 1659-67	3.4	39

92	Perceived barriers and facilitators to physical activity in men with prostate cancer: possible influence of androgen deprivation therapy. <i>European Journal of Cancer Care</i> , 2014 , 23, 263-73	2.4	37
91	Retrospective injury epidemiology of strongman athletes. <i>Journal of Strength and Conditioning Research</i> , 2014 , 28, 28-42	3.2	48
90	The Physiology of Strongman Training. <i>Strength and Conditioning Journal</i> , 2014 , 36, 84-95	2	5
89	Regression models of sprint, vertical jump, and change of direction performance. <i>Journal of Strength and Conditioning Research</i> , 2014 , 28, 1839-48	3.2	38
88	The lived experience of physically active older prostate cancer survivors on androgen deprivation therapy. <i>Aging Male</i> , 2014 , 17, 57-62	2.1	14
87	Perception and Responses to Different Forms of Aqua-Based Exercise Among Older Adults With Osteoarthritis. <i>International Journal of Aquatic Research and Education</i> , 2014 , 8, 32-52	1.1	5
86	Objective benefits, participant perceptions and retention rates of a New Zealand community-based, older-adult exercise programme. <i>Journal of Primary Health Care</i> , 2014 , 6, 114	0.8	11
85	General practitioners' views on the role of pedometers in health promotion. <i>Journal of Primary Health Care</i> , 2014 , 6, 152	0.8	2
84	Objective benefits, participant perceptions and retention rates of a New Zealand community-based, older-adult exercise programme. <i>Journal of Primary Health Care</i> , 2014 , 6, 114-22	0.8	7
83	General practitioners' views on the role of pedometers in health promotion. <i>Journal of Primary Health Care</i> , 2014 , 6, 152-6	0.8	3
82	Falling through the cracks: New Zealand prostate cancer survivors' experiences and views regarding PSA testing. <i>New Zealand Medical Journal</i> , 2014 , 127, 106-9	0.8	
81	Constraints influencing sports wheelchair propulsion performance and injury risk. <i>The Sports Medicine, Arthroscopy, Rehabilitation and Technology</i> , 2013 , 5, 3		15
80	Perceptions of physically active men with prostate cancer on the role of physical activity in maintaining their quality of life: possible influence of androgen deprivation therapy. <i>Psycho-Oncology</i> , 2013 , 22, 2869-75	3.9	18
79	Exercise and Nutritional Benefits for Individuals with a Spinal Cord Injury or Amputation 2013 , 171-181		
78	The long-term effects of a primary care physical activity intervention on mental health in low-active, community-dwelling older adults. <i>Aging and Mental Health</i> , 2013 , 17, 766-72	3.5	16
77	Perceived barriers, benefits, and motives for physical activity: two primary-care physical activity prescription programs. <i>Journal of Aging and Physical Activity</i> , 2013 , 21, 85-99	1.6	27
76	Exercise for acute respiratory infections 2013 ,		4
75	Objectively measured activity patterns among adults in residential aged care. <i>International Journal of Environmental Research and Public Health</i> , 2013 , 10, 6783-98	4.6	52

74	Body composition, physical fitness, functional performance, quality of life, and fatigue benefits of exercise for prostate cancer patients: a systematic review. <i>Journal of Pain and Symptom Management</i> , 2012 , 43, 96-110	4.8	140
73	Effects of two contrast training programs on jump performance in rugby union players during a competition phase. <i>International Journal of Sports Physiology and Performance</i> , 2012 , 7, 68-75	3.5	20
72	Evidence for biomechanics and motor learning research improving golf performance. <i>Sports Biomechanics</i> , 2012 , 11, 288-309	2.2	27
71	Development of a clinical Multiple-Lunge Test to predict falls in older adults. <i>Archives of Physical Medicine and Rehabilitation</i> , 2012 , 93, 458-65	2.8	4
70	Resistance training can improve fine manual dexterity in essential tremor patients: a preliminary study. <i>Archives of Physical Medicine and Rehabilitation</i> , 2012 , 93, 1466-8	2.8	18
69	A biomechanical comparison of the traditional squat, powerlifting squat, and box squat. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 1805-16	3.2	77
68	Effect of load positioning on the kinematics and kinetics of weighted vertical jumps. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 906-13	3.2	30
67	Characterization of the differences in strength and power between different levels of competition in rugby union athletes. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 2698-704	3.2	59
66	Interrelationships between strength, anthropometrics, and strongman performance in novice strongman athletes. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 513-22	3.2	19
65	The Green Prescription and older adults: what do general practitioners see as barriers?. <i>Journal of Primary Health Care</i> , 2012 , 4, 320	0.8	8
64	Exercise to reduce effects of sarcopenia. <i>Australian Nursing Journal</i> , 2012 , 19, 39-40		
63	Paralympic sport: an emerging area for research and consultancy in sports biomechanics. <i>Sports Biomechanics</i> , 2011 , 10, 234-53	2.2	36
62	Assessing lower-body peak power in elite rugby-union players. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 1616-21	3.2	24
61	A biomechanical analysis of straight and hexagonal barbell deadlifts using submaximal loads. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 2000-9	3.2	52
60	Kinetic and training comparisons between assisted, resisted, and free countermovement jumps. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 2219-27	3.2	43
59	Effect of instantaneous performance feedback during 6 weeks of velocity-based resistance training on sport-specific performance tests. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 87-93	3.2	56
58	The strength and conditioning practices of strongman competitors. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 3118-28	3.2	43
57	Acute effects of verbal feedback on upper-body performance in elite athletes. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 3282-7	3.2	39

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