

# Adilson Marques

## List of Publications by Citations

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157  
papers

1,787  
citations

20  
h-index

36  
g-index

205  
ext. papers

2,596  
ext. citations

3.8  
avg, IF

5.41  
L-index

#	Paper	IF	Citations
157	Adolescents' perspectives on the barriers and facilitators of physical activity: a systematic review of qualitative studies. <i>Health Education Research</i> , <b>2015</b> , 30, 742-55	1.8	132
156	Associations between organized sports participation and objectively measured physical activity, sedentary time and weight status in youth. <i>Journal of Science and Medicine in Sport</i> , <b>2016</b> , 19, 154-7	4.4	120
155	Prevalence of adult overweight and obesity in 20 European countries, 2014. <i>European Journal of Public Health</i> , <b>2018</b> , 28, 295-300	2.1	112
154	How does academic achievement relate to cardiorespiratory fitness, self-reported physical activity and objectively reported physical activity: a systematic review in children and adolescents aged 6-18 years. <i>British Journal of Sports Medicine</i> , <b>2018</b> , 52, 1039	10.3	88
153	Prevalence and trends of overweight and obesity in older adults from 10 European countries from 2005 to 2013. <i>Scandinavian Journal of Public Health</i> , <b>2018</b> , 46, 522-529	3	61
152	Prevalence of physical activity in European adults - Compliance with the World Health Organization's physical activity guidelines. <i>Preventive Medicine</i> , <b>2015</b> , 81, 333-8	4.3	56
151	Association between physical activity, sedentary time, and healthy fitness in youth. <i>Medicine and Science in Sports and Exercise</i> , <b>2015</b> , 47, 575-80	1.2	46
150	Longitudinal Relationship between Cardiorespiratory Fitness and Academic Achievement. <i>Medicine and Science in Sports and Exercise</i> , <b>2016</b> , 48, 839-44	1.2	44
149	Fitness, fatness, and academic performance in seventh-grade elementary school students. <i>BMC Pediatrics</i> , <b>2014</b> , 14, 176	2.6	42
148	Cross-sectional and prospective associations between moderate to vigorous physical activity and sedentary time with adiposity in children. <i>International Journal of Obesity</i> , <b>2016</b> , 40, 28-33	5.5	39
147	The association between physical activity and chronic diseases in European adults. <i>European Journal of Sport Science</i> , <b>2018</b> , 18, 140-149	3.9	37
146	Prevalence of Risk for Exercise Dependence: A Systematic Review. <i>Sports Medicine</i> , <b>2019</b> , 49, 319-330	10.6	30
145	Health complaints among adolescents: Associations with more screen-based behaviours and less physical activity. <i>Journal of Adolescence</i> , <b>2015</b> , 44, 150-7	3.4	29
144	Worldwide surveillance of self-reported sitting time: a scoping review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2020</b> , 17, 111	8.4	25
143	Cross-sectional and prospective impact of reallocating sedentary time to physical activity on children's body composition. <i>Pediatric Obesity</i> , <b>2017</b> , 12, 373-379	4.6	23
142	Prevalence of Physical Activity among Adolescents from 105 Low, Middle, and High-income Countries. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	23
141	Patterns of Play in the Counterattack of Elite Football Teams - A Mixed Method Approach. <i>International Journal of Performance Analysis in Sport</i> , <b>2014</b> , 14, 411-427	1.8	23

140	Associations between physical activity and self-rated wellbeing in European adults: A population-based, cross-sectional study. <i>Preventive Medicine</i> , <b>2016</b> , 91, 18-23	4.3	23
139	Associations between self-reported fitness and self-rated health, life-satisfaction and health-related quality of life among adolescents. <i>Journal of Exercise Science and Fitness</i> , <b>2017</b> , 15, 8-11	3.1	22
138	Self-rated health and health-related quality of life are related with adolescents' healthy lifestyle. <i>Public Health</i> , <b>2019</b> , 170, 89-94	4	21
137	Unemployment, Parental Distress and Youth Emotional Well-Being: The Moderation Roles of Parent-Youth Relationship and Financial Deprivation. <i>Child Psychiatry and Human Development</i> , <b>2016</b> , 47, 751-8	3.3	20
136	Effectiveness on hospital-acquired pressure ulcers prevention: a systematic review. <i>International Wound Journal</i> , <b>2019</b> , 16, 1087-1102	2.6	20
135	Correlates of urban children's leisure-time physical activity and sedentary behaviors during school days. <i>American Journal of Human Biology</i> , <b>2014</b> , 26, 407-12	2.7	19
134	Prevalence of barriers for physical activity in adults according to gender and socioeconomic status. <i>British Journal of Sports Medicine</i> , <b>2011</b> , 45, A18-A19	10.3	19
133	Trends in Physical Fitness Among School-Aged Children and Adolescents: A Systematic Review. <i>Frontiers in Pediatrics</i> , <b>2020</b> , 8, 627529	3.4	19
132	Cross-sectional and prospective relationship between physical activity and chronic diseases in European older adults. <i>International Journal of Public Health</i> , <b>2017</b> , 62, 495-502	4	18
131	Adolescents' physical activity trends over the years: a three-cohort study based on the Health Behaviour in School-aged Children (HBSC) Portuguese survey. <i>BMJ Open</i> , <b>2014</b> , 4, e006012	3	18
130	European adults' physical activity socio-demographic correlates: a cross-sectional study from the European Social Survey. <i>PeerJ</i> , <b>2016</b> , 4, e2066	3.1	18
129	Distress and unemployment: the related economic and noneconomic factors in a sample of unemployed adults. <i>International Journal of Public Health</i> , <b>2016</b> , 61, 821-8	4	17
128	Recreational football is medicine against non-communicable diseases: A systematic review. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2020</b> , 30, 618-637	4.6	15
127	Factors affecting the well-being of adolescents living with unemployed parents in times of economic recession: findings from the Portuguese HBSC study. <i>Public Health</i> , <b>2017</b> , 143, 17-24	4	14
126	Active Commuting to School and Physical Activity Levels among 11 to 16 Year-Old Adolescents from 63 Low- and Middle-Income Countries. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	14
125	The Effect of Muscular Strength on Depression Symptoms in Adults: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	14
124	Healthy Lifestyle in Children and Adolescents and Its Association with Subjective Health Complaints: Findings from 37 Countries and Regions from the HBSC Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	13
123	Active Commuting and Physical Fitness: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	13

122	Regular physical activity eliminates the harmful association of television watching with multimorbidity. A cross-sectional study from the European Social Survey. <i>Preventive Medicine</i> , <b>2018</b> , 109, 28-33	4.3	13
121	Physical activity buffers the negative relationship between multimorbidity, self-rated health and life satisfaction. <i>Journal of Public Health</i> , <b>2018</b> , 40, e328-e335	3.5	13
120	Exploring the perspectives of physically active and inactive adolescents: how does physical education influence their lifestyles?. <i>Sport, Education and Society</i> , <b>2018</b> , 23, 505-519	2.6	13
119	Trends in prevalence of overweight and obesity: are Portuguese adolescents still increasing weight?. <i>International Journal of Public Health</i> , <b>2016</b> , 61, 49-56	4	13
118	HIV risky sexual behaviors and HIV infection among immigrants: a cross-sectional study in Lisbon, Portugal. <i>International Journal of Environmental Research and Public Health</i> , <b>2014</b> , 11, 8552-66	4.6	13
117	The correlates of meeting physical activity recommendations: a population-based cross-sectional study. <i>European Journal of Sport Science</i> , <b>2014</b> , 14 Suppl 1, S462-70	3.9	13
116	Test-retest reliability of physical fitness tests among young athletes: The FITescola battery. <i>Clinical Physiology and Functional Imaging</i> , <b>2020</b> , 40, 173-182	2.4	12
115	Adolescent's subjective perceptions of chronic disease and related psychosocial factors: highlights from an outpatient context study. <i>BMC Pediatrics</i> , <b>2016</b> , 16, 211	2.6	12
114	Self-rated wellbeing and physical activity associations in European older adults. <i>European Journal of Sport Science</i> , <b>2018</b> , 18, 1038-1044	3.9	12
113	Few European Adults are Living a Healthy Lifestyle. <i>American Journal of Health Promotion</i> , <b>2019</b> , 33, 391-398	3.9	12
112	Associations between vigorous physical activity and chronic diseases in older adults: a study in 13 European countries. <i>European Journal of Public Health</i> , <b>2018</b> , 28, 950-955	2.1	12
111	Trends and correlates of overweight and obesity among adolescents from 2002 to 2010: a three-cohort study based on a representative sample of Portuguese adolescents. <i>American Journal of Human Biology</i> , <b>2014</b> , 26, 844-9	2.7	11
110	Strategies and effects of promising school-based interventions to promote active school transportation by bicycle among children and adolescents: protocol for a systematic review. <i>Systematic Reviews</i> , <b>2019</b> , 8, 296	3	11
109	Cross-sectional and prospective relationship between physical activity and depression symptoms. <i>Scientific Reports</i> , <b>2020</b> , 10, 16114	4.9	10
108	Promoting health-related cardiorespiratory fitness in physical education: A systematic review. <i>PLoS ONE</i> , <b>2020</b> , 15, e0237019	3.7	10
107	A composite measure of healthy lifestyle: A study from 38 countries and regions from Europe and North America, from the Health Behavior in School-Aged Children survey. <i>American Journal of Human Biology</i> , <b>2020</b> , 32, e23419	2.7	9
106	The relationship between physical activity, fitness, physical complaints and BMI in German adults - results of a longitudinal study. <i>European Journal of Sport Science</i> , <b>2017</b> , 17, 1090-1099	3.9	9
105	Is the perceived neighborhood built environment associated with domain-specific physical activity in Latin American adults? An eight-country observational study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2020</b> , 17, 125	8.4	9

104	Adolescents' healthy lifestyle. <i>Jornal De Pediatria</i> , <b>2020</b> , 96, 217-224	2.6	9
103	A cross-sectional and prospective analyse of reallocating sedentary time to physical activity on children's cardiorespiratory fitness. <i>Journal of Sports Sciences</i> , <b>2018</b> , 36, 1720-1726	3.6	9
102	Prevalence and Preferences of Self-Reported Physical Activity and Nonsedentary Behaviors in Portuguese Adults. <i>Journal of Physical Activity and Health</i> , <b>2019</b> , 16, 251-258	2.5	8
101	Socio-demographic correlates of physical activity among European older people. <i>European Journal of Ageing</i> , <b>2018</b> , 15, 5-13	3.6	8
100	Perception and reality - Portuguese adults' awareness of active lifestyle. <i>European Journal of Sport Science</i> , <b>2014</b> , 14, 468-74	3.9	8
99	Leisure-time physical activity is negatively associated with depression symptoms independently of the socioeconomic status. <i>European Journal of Sport Science</i> , <b>2020</b> , 20, 1268-1276	3.9	8
98	Grip Strength and Depression Symptoms Among Middle-Age and Older Adults. <i>Mayo Clinic Proceedings</i> , <b>2020</b> , 95, 2134-2143	6.4	8
97	Different levels of physical activity and depression symptoms among older adults from 18 countries: A population-based study from the Survey of Health, Ageing and Retirement in Europe (SHARE). <i>European Journal of Sport Science</i> , <b>2021</b> , 21, 887-894	3.9	8
96	Adolescents' Perspectives on the Barriers and Facilitators of Physical Activity: An Updated Systematic Review of Qualitative Studies. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	8
95	Predictors of Metabolic Syndrome in Adults and Older Adults from Amazonas, Brazil. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	8
94	Active Commuting and Depression Symptoms in Adults: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	7
93	The association between physical activity and mental health during the first year of the COVID-19 pandemic: a systematic review.. <i>BMC Public Health</i> , <b>2022</b> , 22, 209	4.1	7
92	Sleep in adolescence: sex matters?. <i>Sleep Science</i> , <b>2019</b> , 12, 138-146	1.8	7
91	Balance and mobility relationships in older adults: A representative population-based cross-sectional study in Madeira, Portugal. <i>Archives of Gerontology and Geriatrics</i> , <b>2019</b> , 80, 65-69	4	7
90	Cardiorespiratory fitness and telomere length: a systematic review. <i>Journal of Sports Sciences</i> , <b>2020</b> , 38, 1690-1697	3.6	7
89	Trends and Age-Related Changes of Physical Activity Among Portuguese Adolescent Girls From 2002-2014: Highlights From the Health Behavior in School-Aged Children Study. <i>Journal of Physical Activity and Health</i> , <b>2019</b> , 16, 281-287	2.5	6
88	Exploring psychosocial correlates of physical activity among children and adolescents with spina bifida. <i>Disability and Health Journal</i> , <b>2015</b> , 8, 123-9	4.2	6
87	The influence of opponents's offensive play on the performance of professional rink hockey goalkeepers. <i>International Journal of Performance Analysis in Sport</i> , <b>2020</b> , 20, 53-63	1.8	6

86	Bidirectional Association between Physical Activity and Dopamine Across Adulthood-A Systematic Review. <i>Brain Sciences</i> , <b>2021</b> , 11,	3.4	6
85	Do students know the physical activity recommendations for health promotion?. <i>Journal of Physical Activity and Health</i> , <b>2015</b> , 12, 253-6	2.5	5
84	Muscle Mass and Muscle Strength Relationships to Balance: The Role of Age and Physical Activity. <i>Journal of Aging and Physical Activity</i> , <b>2020</b> , 28, 262-268	1.6	5
83	Associations Between Physical Activity and Perceived School Performance of Young Adolescents in Health Behavior in School-Aged Children Countries. <i>Journal of Physical Activity and Health</i> , <b>2020</b> , 17, 698-708	2.5	5
82	Adolescents' Experiences and Perspectives on Physical Activity and Friend Influences Over Time. <i>Research Quarterly for Exercise and Sport</i> , <b>2021</b> , 92, 399-410	1.9	5
81	The Association of Grip Strength with Depressive Symptoms among Middle-Aged and Older Adults with Different Chronic Diseases. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	5
80	Strategies and effects of school-based interventions to promote active school transportation by bicycle among children and adolescents: a systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2020</b> , 17, 138	8.4	5
79	Girls' physical activity and sedentary behaviors: Does sexual maturation matter? A cross-sectional study with HBSC 2010 Portuguese survey. <i>American Journal of Human Biology</i> , <b>2016</b> , 28, 471-5	2.7	5
78	Agreement Between Self-Reported and Device-Based Sedentary Time among Eight Countries: Findings from the ELANS. <i>Prevention Science</i> , <b>2021</b> , 22, 1036-1047	4	5
77	Unemployment, life satisfaction and deprivation: Gender and partnership differences in the context of economic recession. <i>Work</i> , <b>2017</b> , 57, 79-86	1.6	4
76	Correlates of school sport participation: A cross-sectional study in urban Portuguese students. <i>Science and Sports</i> , <b>2014</b> , 29, e31-e38	0.8	4
75	Students' Attitude Toward Physical Education: Relations With Physical Activity, Physical Fitness, and Self-Concept. <i>Physical Educator: A Magazine for the Profession</i> , <b>2019</b> , 76, 945-963	1.3	4
74	Physical Activity Promotion Tools in the Portuguese Primary Health Care: An Implementation Research. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	4
73	Potential correlates and outcomes of active commuting to school among adolescents. <i>Motricidade</i> , <b>2017</b> , 12, 62	0	4
72	A Comparative Study of Participation in Physical Education Classes among 170,347 Adolescents from 54 Low-, Middle-, and High-Income Countries. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	4
71	Socio-Demographic Correlates of Cycling to School among 12- to 15-Year Olds in Southern Germany. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	4
70	Field-Based Health-Related Physical Fitness Tests in Children and Adolescents: A Systematic Review. <i>Frontiers in Pediatrics</i> , <b>2021</b> , 9, 640028	3.4	4
69	Positive Youth Development: Interactions Between Healthy Lifestyle Behaviours and Psychosocial Variables. <i>Global Journal of Health Science</i> , <b>2018</b> , 10, 68	1.3	4



68	Towards an In-Depth Understanding of Physical Activity and Eating Behaviours during COVID-19 Social Confinement: A Combined Approach from a Portuguese National Survey. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	4
67	Speed and Agility Predictors among Adolescent Male Football Players.. <i>International Journal of Environmental Research and Public Health</i> , <b>2022</b> , 19,	4.6	4
66	Adolescentsâ healthy lifestyle. <i>Jornal De Pediatria (Verso Em Portugus)</i> , <b>2020</b> , 96, 217-224	0.2	3
65	Socio-demographic correlates of leisure time physical activity among Portuguese adults. <i>Cadernos De Saude Publica</i> , <b>2015</b> , 31, 1061-70	3.2	3
64	Prevalence of barriers for physical activity in Portuguese adolescents. <i>British Journal of Sports Medicine</i> , <b>2011</b> , 45, A19-A19	10.3	3
63	Motivation and Perceived Motivational Climate by Adolescents in Face-to-Face Physical Education during the COVID-19 Pandemic. <i>Sustainability</i> , <b>2021</b> , 13, 13051	3.6	3
62	Adolescentsâ physical activity profile according to parental physical activity participation. <i>Journal of Human Sport and Exercise</i> , <b>2014</b> , 9, 81-90	1.5	3
61	Association between Perceived Neighborhood Built Environment and Walking and Cycling for Transport among Inhabitants from Latin America: The ELANS Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	3
60	A school-based intervention for a better future: study protocol of Sintra Grows Healthy. <i>BMC Public Health</i> , <b>2020</b> , 20, 1615	4.1	3
59	Active Transportation and Obesity Indicators in Adults from Latin America: ELANS Multi-Country Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	3
58	The Effects of Exclusively Resistance Training-Based Supervised Programs in People with Depression: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	3
57	Accelerometer-Measured Daily Step Counts and Adiposity Indicators among Latin American Adults: A Multi-Country Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	3
56	Psychosocial Profile in Portuguese Adolescents with Chronic Disease Attending an Outpatient Department in a Hospital Setting. <i>International Journal of Pediatrics (United Kingdom)</i> , <b>2018</b> , 2018, 9382648	2.1	3
55	Impact of Sports Education Model in Physical Education on Students' Motivation: A Systematic Review. <i>Children</i> , <b>2021</b> , 8,	2.8	3
54	The Efficacy of a Multicomponent Functional Fitness Program Based on Exergaming on Cognitive Functioning of Healthy Older Adults: A Randomized Controlled Trial. <i>Journal of Aging and Physical Activity</i> , <b>2020</b> , 29, 586-594	1.6	3
53	Tactical analysis of the Barcelona counter-attack. <i>British Journal of Sports Medicine</i> , <b>2011</b> , 45, A4-A4	10.3	2
52	Relationship between physical fitness, physical activity and body mass index of adolescents. <i>British Journal of Sports Medicine</i> , <b>2011</b> , 45, A8-A9	10.3	2
51	Playing tactics in the English premier league, Spain's La Liga and Italy's Serie A. <i>British Journal of Sports Medicine</i> , <b>2011</b> , 45, A6-A7	10.3	2

50	Cross-Sectional and Prospective Relationship Between Low-to-Moderate-Intensity Physical Activity and Chronic Diseases in Older Adults From 13 European Countries. <i>Journal of Aging and Physical Activity</i> , <b>2018</b> , 1-9	1.6	2
49	Effects of obesity on perception of ability and perception of body image in Portuguese children and adolescents. <i>Journal of Human Sport and Exercise</i> , <b>2016</b> , 11,	1.5	2
48	PORTUGUESE VALIDATION OF THE POSITIVE YOUTH DEVELOPMENT SHORT FORM (PYD-SF): A SHORTEN VERSION. <i>Psicologia, Saúde &amp; Doenças</i> , <b>2018</b> , 19, 477-489	1.3	2
47	Perception of quantity and quality of sleep and their association with health related quality of life and life satisfaction during adolescence <b>2017</b> , 2,		2
46	Psychosocial correlates of organized physical activity in Portuguese urban youth. <i>Motriz Revista De Educacao Fisica</i> , <b>2016</b> , 22, 327-334	0.9	2
45	Prevalence and co-occurrence of lifestyle risk factors for non-communicable diseases according to sociodemographic characteristics among adults Chilean residents. <i>Scientific Reports</i> , <b>2021</b> , 11, 21702	4.9	2
44	The Role of Blue and Green Exercise in Planetary Health and Well-Being. <i>Sustainability</i> , <b>2021</b> , 13, 10829	3.6	2
43	Mediating role of physical fitness and fat mass on the associations between physical activity and bone health in youth. <i>Journal of Sports Sciences</i> , <b>2020</b> , 38, 2811-2818	3.6	2
42	Longitudinal Association between Sport Participation and Depressive Symptoms after a Two-Year Follow-Up in Mid-Adolescence. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2
41	Promoting Health-Related Cardiorespiratory Fitness in Physical Education: The Role of Class Intensity and Habitual Physical Activity. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2
40	BDNF Impact on Biological Markers of Depression-Role of Physical Exercise and Training. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	2
39	Socio-demographic factors associated with physical activity and sitting time patterns in adults: An analysis based on the Portuguese Food, Nutrition and Physical Activity Survey. <i>European Journal of Sport Science</i> , <b>2021</b> , 21, 250-260	3.9	2
38	The Association of Healthy Lifestyle Behaviors with Overweight and Obesity among Older Adults from 21 Countries. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	2
37	The Prevalence of Overweight and Obesity in Adolescents from 1988 to 2014: Results from the HBSC Portuguese Survey. <i>Portuguese Journal of Public Health</i> , <b>2018</b> , 36, 134-140	1.5	2
36	Exploring grip strength as a predictor of depression in middle-aged and older adults. <i>Scientific Reports</i> , <b>2021</b> , 11, 15946	4.9	2
35	Translation and Validation of the Basic Psychological Need Satisfaction in Active Commuting to and from School (BPNS-ACS) Scale in Young Portuguese Students.. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	2
34	Physical Fitness Predicts Subsequent Improvement in Academic Achievement: Differential Patterns Depending on Pupils' Age. <i>Sustainability</i> , <b>2020</b> , 12, 8874	3.6	1
33	Do Clinical And Psychosocial Factors Affect Health-Related Quality of Life in Adolescents with Chronic Diseases?. <i>Global Journal of Health Science</i> , <b>2017</b> , 10, 60	1.3	1



32	Health-related fitness in physical education 45 versus 90 minutes classes. <i>British Journal of Sports Medicine</i> , <b>2011</b> , 45, A11-A11	10.3	1
31	Influence of presence of the coach on the behaviour of the athlete in training. <i>British Journal of Sports Medicine</i> , <b>2011</b> , 45, A4-A4	10.3	1
30	Prevalence and sociodemographic correlates of meeting the Canadian 24-hour movement guidelines among latin american adults: a multi-national cross-sectional study.. <i>BMC Public Health</i> , <b>2022</b> , 22, 217	4.1	1
29	Heart rate as an indicator for exercise prescription for normal, overweight, and obese adolescents. <i>Motriz Revista De Educacao Fisica</i> , <b>2016</b> , 22, 27-35	0.9	1
28	Active Transportation to School. Utopia or a Strategy for a Healthy Life in Adolescence. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	1
27	Trends of Healthy Lifestyles Among Adolescents: An Analysis of More Than Half a Million Participants From 32 Countries Between 2006 and 2014. <i>Frontiers in Pediatrics</i> , <b>2021</b> , 9, 645074	3.4	1
26	Pressure ulcers: The challenge of monitoring in hospital context. <i>Applied Nursing Research</i> , <b>2020</b> , 53, 151266	1.8	1
25	Estimation of Engagement in Moderate-to-Vigorous Physical Activity from Direct Observation: A Proposal for School Physical Education. <i>Children</i> , <b>2021</b> , 8,	2.8	1
24	Performance analysis of both sex marathon runners ranked by IAAF. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , <b>2018</b> , 20, 182-189	0.1	1
23	A Systematic Review of the Association Between Muscular Fitness and Telomere Length Across the Adult Lifespan. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 706189	4.6	1
22	Sociodemographic inequities and active transportation in adults from Latin America: an eight-country observational study. <i>International Journal for Equity in Health</i> , <b>2021</b> , 20, 190	4.6	1
21	Study Protocol of a School-Based Randomized Controlled Trial to Promote Cycling to School Among Students in Germany Using Intervention Mapping: The ACTS Project. <i>Frontiers in Public Health</i> , <b>2021</b> , 9, 661119	6	1
20	Sleep Quality and Training Intensity in Soccer Players: Exploring Weekly Variations and Relationships. <i>Applied Sciences (Switzerland)</i> , <b>2022</b> , 12, 2791	2.6	1
19	Associations of Physical Activity and Television Viewing With Depressive Symptoms of the European Adults.. <i>Frontiers in Public Health</i> , <b>2021</b> , 9, 799870	6	1
18	Cognitive Functioning Mediates the Association of Cognitive Reserve with Health-Related Quality of Life. <i>Sustainability</i> , <b>2022</b> , 14, 826	3.6	0
17	Grip strength as a predictor of depressive symptoms among vulnerable elderly Europeans with musculoskeletal conditions. <i>Scientific Reports</i> , <b>2021</b> , 11, 21329	4.9	0
16	A Comparison of Associations Between Self-Reported and Device-Based Sedentary Behavior and Obesity Markers in Adults: A Multi-National Cross-Sectional Study. <i>Assessment</i> , <b>2021</b> , 10731911211017637	3.7	0
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14	Achievement goals and self-determination in adult football players â cluster analysis. <i>Kinesiology</i> , <b>2018</b> , 50, 43-51	1	0
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12	Cross-sectional and prospective associations of lifestyle risk behaviors clustering with elevated depressive symptoms among middle-aged and older adults. <i>Maturitas</i> , <b>2022</b> , 155, 8-13	5	0
11	Importance of the perceived barriers about psychosocial variables in the active commuters: A cross-sectional study in youths. <i>Journal of Transport and Health</i> , <b>2021</b> , 22, 101076	3	0
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9	The effect of school year and summer break in health-related cardiorespiratory fitness: A 2-year longitudinal analysis.. <i>Journal of Sports Sciences</i> , <b>2022</b> , 1-8	3.6	0
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7	ATIVIDADE FÍSICA NA SPINA BIFIDA. <i>Journal of Research in Special Educational Needs</i> , <b>2016</b> , 16, 216-220	1.7	
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1	Identificao de padres de atividade fsica e comportamentos sedentrios em adolescentes, com recurso  avaliao momentnea ecolgica. <i>Revista Portuguesa De Saude Publica</i> , <b>2016</b> , 34, 38-45		