Adilson Marques

List of Publications by Year
in descending order

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		172443	214788
202	3,487	29	47
papers	citations	h-index	g-index

207	207	207	4658
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	Adolescentsâ€™ perspectives on the barriers and facilitators of physical activity: a systematic review of qualitative studies. Health Education Research, 2015, 30, 742-755.	1.9	197
2	Prevalence of adult overweight and obesity in 20 European countries, 2014. European Journal of Public Health, 2018, 28, 295-300.	0.3	172
3	Associations between organized sports participation and objectively measured physical activity, sedentary time and weight status in youth. Journal of Science and Medicine in Sport, 2016, 19, 154-157.	1.3	154
4	How does academic achievement relate to cardiorespiratory fitness, self-reported physical activity and objectively reported physical activity: a systematic review in children and adolescents aged 6â€“18 years. British Journal of Sports Medicine, 2018, 52, 1039-1039.	6.7	130
5	Prevalence and trends of overweight and obesity in older adults from 10 European countries from 2005 to 2013. Scandinavian Journal of Public Health, 2018, 46, 522-529.	2.3	100
6	The association between physical activity and mental health during the first year of the COVID-19 pandemic: a systematic review. BMC Public Health, 2022, 22, 209.	2.9	86
7	Prevalence of physical activity in European adults â€” Compliance with the World Health Organization's physical activity guidelines. Preventive Medicine, 2015, 81, 333-338.	3.4	79
8	The association between physical activity and chronic diseases in European adults. European Journal of Sport Science, 2018, 18, 140-149.	2.7	71
9	Longitudinal Relationship between Cardiorespiratory Fitness and Academic Achievement. Medicine and Science in Sports and Exercise, 2016, 48, 839-844.	0.4	60
10	Prevalence of Physical Activity among Adolescents from 105 Low, Middle, and High-Income Countries. International Journal of Environmental Research and Public Health, 2020, 17, 3145.	2.6	60
11	Association between Physical Activity, Sedentary Time, and Healthy Fitness in Youth. Medicine and Science in Sports and Exercise, 2015, 47, 575-580.	0.4	59
12	Effectiveness on hospitalâ€acquired pressure ulcers prevention: a systematic review. International Wound Journal, 2019, 16, 1087-1102.	2.9	59
13	Prevalence of Risk for Exercise Dependence: A Systematic Review. Sports Medicine, 2019, 49, 319-330.	6.5	58
14	Trends in Physical Fitness Among School-Aged Children and Adolescents: A Systematic Review. Frontiers in Pediatrics, 2020, 8, 627529.	1.9	53
15	Worldwide surveillance of self-reported sitting time: a scoping review. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 111.	4.6	52
16	Fitness, fatness, and academic performance in seventh-grade elementary school students. BMC Pediatrics, 2014, 14, 176.	1.7	50
17	Active Commuting and Physical Fitness: A Systematic Review. International Journal of Environmental Research and Public Health, 2020, 17, 2721.	2.6	50
18	Self-rated health and health-related quality of life are related with adolescents' healthy lifestyle. Public Health, 2019, 170, 89-94.	2.9	48

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19	Cross-sectional and prospective associations between moderate to vigorous physical activity and sedentary time with adiposity in children. International Journal of Obesity, 2016, 40, 28-33.	3.4	46
20	Cross-sectional and prospective relationship between physical activity and depression symptoms. Scientific Reports, 2020, 10, 16114.	3.3	44
21	Health complaints among adolescents: Associations with more screenâ€based behaviours and less physical activity. Journal of Adolescence, 2015, 44, 150-157.	2.4	42
22	Associations between self-reported fitness and self-rated health, life-satisfaction and health-related quality of life among adolescents. Journal of Exercise Science and Fitness, 2017, 15, 8-11.	2.2	40
23	Adolescentsâ€™ Perspectives on the Barriers and Facilitators of Physical Activity: An Updated Systematic Review of Qualitative Studies. International Journal of Environmental Research and Public Health, 2021, 18, 4954.	2.6	40
24	The Effect of Muscular Strength on Depression Symptoms in Adults: A Systematic Review and Meta-Analysis. International Journal of Environmental Research and Public Health, 2020, 17, 5674.	2.6	37
25	Associations between physical activity and self-rated wellbeing in European adults: A population-based, cross-sectional study. Preventive Medicine, 2016, 91, 18-23.	3.4	36
26	Adolescentsâ€™ healthy lifestyle. Jornal De Pediatria, 2020, 96, 217-224.	2.0	36
27	Patterns of Play in the Counterattack of Elite Football Teams - A Mixed Method Approach. International Journal of Performance Analysis in Sport, 2014, 14, 411-427.	1.1	34
28	Crossâ€sectional and prospective impact of reallocating sedentary time to physical activity on children's body composition. Pediatric Obesity, 2017, 12, 373-379.	2.8	33
29	Healthy Lifestyle in Children and Adolescents and Its Association with Subjective Health Complaints: Findings from 37 Countries and Regions from the HBSC Study. International Journal of Environmental Research and Public Health, 2019, 16, 3292.	2.6	32
30	Prevalence of barriers for physical activity in adults according to gender and socioeconomic status. British Journal of Sports Medicine, 2011, 45, A18-A19.	6.7	31
31	BDNF Impact on Biological Markers of Depressionâ€”Role of Physical Exercise and Training. International Journal of Environmental Research and Public Health, 2021, 18, 7553.	2.6	30
32	Predictors of Metabolic Syndrome in Adults and Older Adults from Amazonas, Brazil. International Journal of Environmental Research and Public Health, 2021, 18, 1303.	2.6	29
33	Unemployment, Parental Distress and Youth Emotional Well-Being: The Moderation Roles of Parentâ€“Youth Relationship and Financial Deprivation. Child Psychiatry and Human Development, 2016, 47, 751-758.	1.9	28
34	Different levels of physical activity and depression symptoms among older adults from 18 countries: A populationâ€based study from the Survey of Health, Ageing and Retirement in Europe (SHARE). European Journal of Sport Science, 2021, 21, 887-894.	2.7	27
35	Testâ€“retest reliability of physical fitness tests among young athletes: The FITescola^{Â®} battery. Clinical Physiology and Functional Imaging, 2020, 40, 173-182.	1.2	27
36	Cross-sectional and prospective relationship between physical activity and chronic diseases in European older adults. International Journal of Public Health, 2017, 62, 495-502.	2.3	26

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37	The relationship between physical activity, fitness, physical complaints and BMI in German adults â€“ results of a longitudinal study. European Journal of Sport Science, 2017, 17, 1090-1099.	2.7	26
38	Recreational football is medicine against nonâ€communicable diseases: A systematic review. Scandinavian Journal of Medicine and Science in Sports, 2020, 30, 618-637.	2.9	26
39	Correlates of urban children's leisureâ€time physical activity and sedentary behaviors during school days. American Journal of Human Biology, 2014, 26, 407-412.	1.6	25
40	Grip Strength and Depression Symptoms Among Middle-Age and Older Adults. Mayo Clinic Proceedings, 2020, 95, 2134-2143.	3.0	25
41	Is the perceived neighborhood built environment associated with domain-specific physical activity in Latin American adults? An eight-country observational study. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 125.	4.6	25
42	Adolescentsâ€™ physical activity trends over the years: a three-cohort study based on the Health Behaviour in School-aged Children (HBSC) Portuguese survey. BMJ Open, 2014, 4, e006012.	1.9	24
43	Associations between vigorous physical activity and chronic diseases in older adults: a study in 13 European countries. European Journal of Public Health, 2018, 28, 950-955.	0.3	24
44	Promoting health-related cardiorespiratory fitness in physical education: A systematic review. PLoS ONE, 2020, 15, e0237019.	2.5	24
45	Field-Based Health-Related Physical Fitness Tests in Children and Adolescents: A Systematic Review. Frontiers in Pediatrics, 2021, 9, 640028.	1.9	24
46	Active Commuting to School and Physical Activity Levels among 11 to 16 Year-Old Adolescents from 63 Low- and Middle-Income Countries. International Journal of Environmental Research and Public Health, 2020, 17, 1276.	2.6	23
47	Active Commuting and Depression Symptoms in Adults: A Systematic Review. International Journal of Environmental Research and Public Health, 2020, 17, 1041.	2.6	23
48	Distress and unemployment: the related economic and noneconomic factors in a sample of unemployed adults. International Journal of Public Health, 2016, 61, 821-828.	2.3	22
49	Physical activity buffers the negative relationship between multimorbidity, self-rated health and life satisfaction. Journal of Public Health, 2018, 40, e328-e335.	1.8	22
50	Adolescentâ€™s subjective perceptions of chronic disease and related psychosocial factors: highlights from an outpatient context study. BMC Pediatrics, 2016, 16, 211.	1.7	21
51	Exploring the perspectives of physically active and inactive adolescents: how does physical education influence their lifestyles?. Sport, Education and Society, 2018, 23, 505-519.	2.1	21
52	Few European Adults are Living a Healthy Lifestyle. American Journal of Health Promotion, 2019, 33, 391-398.	1.7	21
53	Bidirectional Association between Physical Activity and Dopamine Across Adulthoodâ€”A Systematic Review. Brain Sciences, 2021, 11, 829.	2.3	21
54	Factors affecting the well-being of adolescents living with unemployed parents in times of economic recession: findings from the Portuguese HBSC study. Public Health, 2017, 143, 17-24.	2.9	20

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55	European adultsâ€™ physical activity socio-demographic correlates: a cross-sectional study from the European Social Survey. PeerJ, 2016, 4, e2066.	2.0	20
56	HIV Risky Sexual Behaviors and HIV Infection Among Immigrants: A Cross-Sectional Study in Lisbon, Portugal. International Journal of Environmental Research and Public Health, 2014, 11, 8552-8566.	2.6	19
57	Strategies and effects of promising school-based interventions to promote active school transportation by bicycle among children and adolescents: protocol for a systematic review. Systematic Reviews, 2019, 8, 296.	5.3	19
58	Speed and Agility Predictors among Adolescent Male Football Players. International Journal of Environmental Research and Public Health, 2022, 19, 2856.	2.6	17
59	Trends in prevalence of overweight and obesity: are Portuguese adolescents still increasing weight?. International Journal of Public Health, 2016, 61, 49-56.	2.3	16
60	Regular physical activity eliminates the harmful association of television watching with multimorbidity. A cross-sectional study from the European Social Survey. Preventive Medicine, 2018, 109, 28-33.	3.4	16
61	Trends and Age-Related Changes of Physical Activity Among Portuguese Adolescent Girls From 2002â€“2014: Highlights From the Health Behavior in School-Aged Children Study. Journal of Physical Activity and Health, 2019, 16, 281-287.	2.0	16
62	Strategies and effects of school-based interventions to promote active school transportation by bicycle among children and adolescents: a systematic review. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 138.	4.6	16
63	The Effects of Exclusively Resistance Training-Based Supervised Programs in People with Depression: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. International Journal of Environmental Research and Public Health, 2020, 17, 6715.	2.6	16
64	Muscle Mass and Muscle Strength Relationships to Balance: The Role of Age and Physical Activity. Journal of Aging and Physical Activity, 2020, 28, 262-268.	1.0	16
65	The correlates of meeting physical activity recommendations: A populationâ€based crossâ€sectional study. European Journal of Sport Science, 2014, 14, S462-70.	2.7	15
66	Sleep in adolescence: sex matters?. Sleep Science, 2019, 12, 138-146.	1.0	15
67	Association between Perceived Neighborhood Built Environment and Walking and Cycling for Transport among Inhabitants from Latin America: The ELANS Study. International Journal of Environmental Research and Public Health, 2020, 17, 6858.	2.6	14
68	Physical Activity Promotion Tools in the Portuguese Primary Health Care: An Implementation Research. International Journal of Environmental Research and Public Health, 2020, 17, 815.	2.6	14
69	A cross-sectional and prospective analyse of reallocating sedentary time to physical activity on childrenâ€™s cardiorespiratory fitness. Journal of Sports Sciences, 2018, 36, 1720-1726.	2.0	13
70	Selfâ€rated wellbeing and physical activity associations in European older adults. European Journal of Sport Science, 2018, 18, 1038-1044.	2.7	13
71	Prevalence and Preferences of Self-Reported Physical Activity and Nonsedentary Behaviors in Portuguese Adults. Journal of Physical Activity and Health, 2019, 16, 251-258.	2.0	13
72	Leisureâ€time physical activity is negatively associated with depression symptoms independently of the socioeconomic status. European Journal of Sport Science, 2020, 20, 1268-1276.	2.7	13

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73	A composite measure of healthy lifestyle: A study from 38 countries and regions from Europe and North America, from the Health Behavior in Schoolâ€Aged Children survey. American Journal of Human Biology, 2020, 32, e23419.	1.6	13
74	Towards an In-Depth Understanding of Physical Activity and Eating Behaviours during COVID-19 Social Confinement: A Combined Approach from a Portuguese National Survey. Nutrients, 2021, 13, 2685.	4.1	13
75	Agreement Between Self-Reported and Device-Based Sedentary Time among Eight Countries: Findings from the ELANS. Prevention Science, 2021, 22, 1036-1047.	2.6	13
76	Balance and mobility relationships in older adults: A representative population-based cross-sectional study in Madeira, Portugal. Archives of Gerontology and Geriatrics, 2019, 80, 65-69.	3.0	12
77	The Association of Grip Strength with Depressive Symptoms among Middle-Aged and Older Adults with Different Chronic Diseases. International Journal of Environmental Research and Public Health, 2020, 17, 6942.	2.6	12
78	Cardiorespiratory fitness and telomere length: a systematic review. Journal of Sports Sciences, 2020, 38, 1690-1697.	2.0	12
79	The Association of Healthy Lifestyle Behaviors with Overweight and Obesity among Older Adults from 21 Countries. Nutrients, 2021, 13, 315.	4.1	12
80	Prevalence and sociodemographic correlates of meeting the Canadian 24-hour movement guidelines among latin american adults: a multi-national cross-sectional study. BMC Public Health, 2022, 22, 217.	2.9	12
81	Trends and correlates of overweight and Obesity among adolescents from 2002 to 2010: A threeâ€cohort study based on a representative sample of <scp>P</scp>ortuguese adolescents. American Journal of Human Biology, 2014, 26, 844-849.	1.6	11
82	Trends of Healthy Lifestyles Among Adolescents: An Analysis of More Than Half a Million Participants From 32 Countries Between 2006 and 2014. Frontiers in Pediatrics, 2021, 9, 645074.	1.9	11
83	Impact of Sports Education Model in Physical Education on Studentsâ€™ Motivation: A Systematic Review. Children, 2021, 8, 588.	1.5	11
84	The Efficacy of a Multicomponent Functional Fitness Program Based on Exergaming on Cognitive Functioning of Healthy Older Adults: A Randomized Controlled Trial. Journal of Aging and Physical Activity, 2021, 29, 586-594.	1.0	11
85	Adolescentsâ€™ Experiences and Perspectives on Physical Activity and Friend Influences Over Time. Research Quarterly for Exercise and Sport, 2021, 92, 399-410.	1.4	11
86	Prevalence and co-occurrence of lifestyle risk factors for non-communicable diseases according to sociodemographic characteristics among adults Chilean residents. Scientific Reports, 2021, 11, 21702.	3.3	11
87	Perception and reality â€“ Portuguese adults' awareness of active lifestyle. European Journal of Sport Science, 2014, 14, 468-474.	2.7	10
88	Do Students Know the Physical Activity Recommendations for Health Promotion?. Journal of Physical Activity and Health, 2015, 12, 253-256.	2.0	10
89	Exploring psychosocial correlates of physical activity among children and adolescents with spina bifida. Disability and Health Journal, 2015, 8, 123-129.	2.8	10
90	Socio-demographic correlates of physical activity among European older people. European Journal of Ageing, 2018, 15, 5-13.	2.8	10

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91	The influence of opponentsâ€™ offensive play on the performance of professional rink hockey goalkeepers. International Journal of Performance Analysis in Sport, 2020, 20, 53-63.	1.1	10
92	Longitudinal Association between Sport Participation and Depressive Symptoms after a Two-Year Follow-Up in Mid-Adolescence. International Journal of Environmental Research and Public Health, 2020, 17, 7469.	2.6	10
93	Socio-Demographic Correlates of Cycling to School among 12- to 15-Year Olds in Southern Germany. International Journal of Environmental Research and Public Health, 2020, 17, 9269.	2.6	10
94	Studentsâ€™ Attitude Toward Physical Education: Relations With Physical Activity, Physical Fitness, and Self-Concept. Physical Educator: A Magazine for the Profession, 2019, 76, 945-963.	0.2	10
95	A Comparative Study of Participation in Physical Education Classes among 170,347 Adolescents from 54 Low-, Middle-, and High-Income Countries. International Journal of Environmental Research and Public Health, 2020, 17, 5579.	2.6	9
96	Active Transportation and Obesity Indicators in Adults from Latin America: ELANS Multi-Country Study. International Journal of Environmental Research and Public Health, 2020, 17, 6974.	2.6	9
97	Sociodemographic inequities and active transportation in adults from Latin America: an eight-country observational study. International Journal for Equity in Health, 2021, 20, 190.	3.5	9
98	Cross-Sectional and Prospective Relationship Between Low-to-Moderateâ€“Intensity Physical Activity and Chronic Diseases in Older Adults From 13 European Countries. Journal of Aging and Physical Activity, 2019, 27, 93-101.	1.0	9
99	Depressive Symptoms and Burnout in Football Players: A Systematic Review. Brain Sciences, 2021, 11, 1351.	2.3	9
100	Perceived Urban Environment Attributes and Device-Measured Physical Activity in Latin America: An 8-Nation Study. American Journal of Preventive Medicine, 2021, , .	3.0	9
101	Risk Behaviors, Family Support, and Emotional Health among Adolescents during the COVID-19 Pandemic in Israel. International Journal of Environmental Research and Public Health, 2022, 19, 3850.	2.6	9
102	Active Transportation to School. Utopia or a Strategy for a Healthy Life in Adolescence. International Journal of Environmental Research and Public Health, 2021, 18, 4503.	2.6	8
103	Accelerometer-Measured Daily Step Counts and Adiposity Indicators among Latin American Adults: A Multi-Country Study. International Journal of Environmental Research and Public Health, 2021, 18, 4641.	2.6	8
104	Exploring grip strength as a predictor of depression in middle-aged and older adults. Scientific Reports, 2021, 11, 15946.	3.3	8
105	The Role of Blue and Green Exercise in Planetary Health and Well-Being. Sustainability, 2021, 13, 10829.	3.2	8
106	Motivation and Perceived Motivational Climate by Adolescents in Face-to-Face Physical Education during the COVID-19 Pandemic. Sustainability, 2021, 13, 13051.	3.2	8
107	Participation in Physical Education Classes and Health-Related Behaviours among Adolescents from 67 Countries. International Journal of Environmental Research and Public Health, 2022, 19, 955.	2.6	8
108	Associations of Physical Activity and Television Viewing With Depressive Symptoms of the European Adults. Frontiers in Public Health, 2021, 9, 799870.	2.7	8

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109	Girlsâ€™ physical activity and sedentary behaviors: Does sexual maturation matter? A crossâ€sectional study with HBSC 2010 Portuguese survey. American Journal of Human Biology, 2016, 28, 471-475.	1.6	7
110	Mediating role of physical fitness and fat mass on the associations between physical activity and bone health in youth. Journal of Sports Sciences, 2020, 38, 2811-2818.	2.0	7
111	Influence of Physical Activity and Socio-Economic Status on Depression and Anxiety Symptoms in Patients after Stroke. International Journal of Environmental Research and Public Health, 2021, 18, 8058.	2.6	7
112	Associations Between Physical Activity and Perceived School Performance of Young Adolescents in Health Behavior in School-Aged Children Countries. Journal of Physical Activity and Health, 2020, 17, 698-708.	2.0	7
113	Effects of Exercise during Pregnancy on Postpartum Depression: A Systematic Review of Meta-Analyses. Biology, 2021, 10, 1331.	2.8	7
114	Primiparous and Multiparous Womenâ€™s Mode of Birth and Negative Emotions. International Journal of Environmental Research and Public Health, 2022, 19, 5189.	2.6	7
115	Tactical analysis of the Barcelona counter-attack. British Journal of Sports Medicine, 2011, 45, A4-A4.	6.7	6
116	Unemployment, life satisfaction andÂdeprivation: Gender and partnership differences in the context of economic recession. Work, 2017, 57, 79-86.	1.1	6
117	Positive Youth Development: Interactions Between Healthy Lifestyle Behaviours and Psychosocial Variables. Global Journal of Health Science, 2018, 10, 68.	0.2	6
118	Adolescentsâ€™ healthy lifestyle. Jornal De Pediatria (VersÃ£o Em PortuguÃªs), 2020, 96, 217-224.	0.2	6
119	Socioâ€demographic factors associated with physical activity and sitting time patterns in adults: An analysis based on the Portuguese Food, Nutrition and Physical Activity Survey. European Journal of Sport Science, 2021, 21, 250-260.	2.7	6
120	A Comparison of Associations Between Self-Reported and Device-Based Sedentary Behavior and Obesity Markers in Adults: A Multi-National Cross-Sectional Study. Assessment, 2022, 29, 1441-1457.	3.1	6
121	Cross-sectional and prospective associations of lifestyle risk behaviors clustering with elevated depressive symptoms among middle-aged and older adults. Maturitas, 2022, 155, 8-13.	2.4	6
122	Perception of quantity and quality of sleep and their association with health related quality of life and life satisfaction during adolescence. Health Education and Care, 2017, 2, .	0.2	6
123	Potential correlates and outcomes of active commuting to school among adolescents. Motricidade, 2017, 12, 62.	0.2	6
124	Identifying Cardiovascular Risk Profiles Clusters among Mediterranean Adolescents across Seven Countries. Healthcare (Switzerland), 2022, 10, 268.	2.0	6
125	Relationship between physical fitness, physical activity and body mass index of adolescents. British Journal of Sports Medicine, 2011, 45, A8-A9.	6.7	5
126	Correlates of school sport participation: A cross-sectional study in urban Portuguese students. Science and Sports, 2014, 29, e31-e38.	0.5	5

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127	Socio-demographic correlates of leisure time physical activity among Portuguese adults. Cadernos De Saude Publica, 2015, 31, 1061-1070.	1.0	5
128	Psychosocial Profile in Portuguese Adolescents with Chronic Disease Attending an Outpatient Department in a Hospital Setting. International Journal of Pediatrics (United Kingdom), 2018, 2018, 1-10.	0.8	5
129	A school-based intervention for a better future: study protocol of Sintra Grows Healthy. BMC Public Health, 2020, 20, 1615.	2.9	5
130	Sleep Quality and Training Intensity in Soccer Players: Exploring Weekly Variations and Relationships. Applied Sciences (Switzerland), 2022, 12, 2791.	2.5	5
131	Health-related fitness in physical education - 45 versus 90 minutes classes. British Journal of Sports Medicine, 2011, 45, A11-A11.	6.7	4
132	Prevalence of barriers for physical activity in Portuguese adolescents. British Journal of Sports Medicine, 2011, 45, A19-A19.	6.7	4
133	Promoting Health-Related Cardiorespiratory Fitness in Physical Education: The Role of Class Intensity and Habitual Physical Activity. International Journal of Environmental Research and Public Health, 2020, 17, 6852.	2.6	4
134	Participation in Physical Activity is Associated with Well-being in European University Students. Montenegrin Journal of Sports Science and Medicine, 2021, 10, 41-46.	0.9	4
135	Adolescentsâ€™ physical activity profile according to parental physical activity participation. Journal of Human Sport and Exercise, 2014, 9, 81-90.	0.4	4
136	RepresentaÃ§Ãµes, estÃmulos e constrangimentos do Ã¡rbitro de futebol de 11. Motricidade, 2016, 11, 15.	0.2	4
137	Adolescentsâ€™ eating behaviours and its relationship with family meals, body mass index and body weight perception Comportamiento alimenticio de los adolescentes y su relaciÃ³n con comidas familiares, Ãndice de masa corporal y percepciÃ³n del peso corporal. Nutricion Hospitalaria, 2018, 35, 550-556.	0.3	4
138	Translation and Validation of the Basic Psychological Need Satisfaction in Active Commuting to and from School (BPNS-ACS) Scale in Young Portuguese Students. International Journal of Environmental Research and Public Health, 2021, 18, 13091.	2.6	4
139	Impact of Exercise Training on Depressive Symptoms in Cancer Patients: A Critical Analysis. Biology, 2022, 11, 614.	2.8	4
140	Meeting 24-h movement guidelines and markers of adiposity in adults from eight Latin America countries: the ELANS study. Scientific Reports, 2022, 12, .	3.3	4
141	Playing tactics in the English premier league, Spain's La Liga and Italy's Serie A. British Journal of Sports Medicine, 2011, 45, A6-A7.	6.7	3
142	The Prevalence of Overweight and Obesity in Adolescents from 1988 to 2014: Results from the HBSC Portuguese Survey. Portuguese Journal of Public Health, 2018, 36, 134-140.	0.5	3
143	Performance analysis of both sex marathon runners ranked by IAAF. Revista Brasileira De Cineantropometria E Desempenho Humano, 2018, 20, 182-189.	0.5	3
144	Physical Fitness Predicts Subsequent Improvement in Academic Achievement: Differential Patterns Depending on Pupilsâ€™ Age. Sustainability, 2020, 12, 8874.	3.2	3

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145	The influence of socioeconomic status and age on the prevalence of overweight and obesity among 5 to 10â€yearâ€old children in Curitiba, Brazil. American Journal of Human Biology, 2020, 32, e23424.	1.6	3
146	Pressure ulcers: The challenge of monitoring in hospital context. Applied Nursing Research, 2020, 53, 151266.	2.2	3
147	Estimation of Engagement in Moderate-to-Vigorous Physical Activity from Direct Observation: A Proposal for School Physical Education. Children, 2021, 8, 67.	1.5	3
148	Physical Activity and Body-Mass-Index: Do Family, Friends and Teachers Restrain the Risk for Physical Inactivity in Adolescents?. Sustainability, 2021, 13, 6992.	3.2	3
149	A Systematic Review of the Association Between Muscular Fitness and Telomere Length Across the Adult Lifespan. Frontiers in Physiology, 2021, 12, 706189.	2.8	3
150	Study Protocol of a School-Based Randomized Controlled Trial to Promote Cycling to School Among Students in Germany Using Intervention Mapping: The ACTS Project. Frontiers in Public Health, 2021, 9, 661119.	2.7	3
151	Can Health-Promoting Schools Contribute to Better Health Behaviors? Physical Activity, Sedentary Behavior, and Dietary Habits among Israeli Adolescents. International Journal of Environmental Research and Public Health, 2021, 18, 1183.	2.6	3
152	Effects of obesity on perception of ability and perception of body image in Portuguese children and adolescents. Journal of Human Sport and Exercise, 2016, 11, .	0.4	3
153	PORTUGUESE VALIDATION OF THE POSITIVE YOUTH DEVELOPMENT SHORT FORM (PYD-SF): A SHORTEN VERSION. Psicologia, SaÃºde & DoenÃ§as, 2018, 19, 477-489.	0.1	3
154	Grip strength as a predictor of depressive symptoms among vulnerable elderly Europeans with musculoskeletal conditions. Scientific Reports, 2021, 11, 21329.	3.3	3
155	Cognitive Functioning Mediates the Association of Cognitive Reserve with Health-Related Quality of Life. Sustainability, 2022, 14, 826.	3.2	3
156	Adaptation of the Behavioural Regulation in Active Commuting to School (BR-ACS) Questionnaire in Portuguese Youth. Children, 2022, 9, 182.	1.5	3
157	Gait Speed as a Biomarker of Cognitive Vulnerability: A Population-Based Study with Cognitively Normal Older Adults. Sustainability, 2022, 14, 7348.	3.2	3
158	THE RELATIONSHIP BETWEEN FORMAL AND INFORMAL PHYSICAL ACTIVITY AND THE BODY MASS INDEX. British Journal of Sports Medicine, 2013, 47, e4.24-e4.	6.7	2
159	Do Clinical And Psychosocial Factors Affect Health-Related Quality of Life in Adolescents with Chronic Diseases?. Global Journal of Health Science, 2017, 10, 60.	0.2	2
160	Achievement goals and self-determination in adult football players â€“ a cluster analysis. Kinesiology, 2018, 50, 43-51.	0.6	2
161	Trends in Tobacco Use among Children and Adolescents in Israel, 1998â€“2015. International Journal of Environmental Research and Public Health, 2020, 17, 1354.	2.6	2
162	Editorial: Monitoring and Promoting Physical Activity and Physical Fitness in Children. Frontiers in Public Health, 2021, 9, 633457.	2.7	2

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163	A combined training program's effect on anthropometry, body composition, physical fitness and blood pressure in elite police. Journal of Sports Medicine and Physical Fitness, 2022, 62, .	0.7	2
164	Physical fitness and anthropometrical profile for the recruits of the elite close protection unit of the Portuguese public security police. Police Practice and Research, 0, , 1-14.	1.5	2
165	Psychosocial correlates of organized physical activity in Portuguese urban youth. Motriz Revista De Educacao Fisica, 2016, 22, 327-334.	0.2	2
166	THE IMPACT OF OSTEOARTHRITIS SYMPTOMS ON COPING STRATEGIES IN THE ELDERLY. Psicologia, SaÃºde & DoenÃ§as, 2019, 20, 160-169.	0.1	2
167	The Influence of Small-Sided Football Games with Numerical Variability in External Training Load. Sustainability, 2022, 14, 1000.	3.2	2
168	Parentsâ€™ Inadequate Estimate of Their Childrenâ€™s Objectively Physical Activity Level. Children, 2022, 9, 392.	1.5	2
169	The Relationship between Different Large-Sided Games and Official Matches on Professional Football Playersâ€™ Locomotor Intensity. International Journal of Environmental Research and Public Health, 2022, 19, 4214.	2.6	2
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