

Filipe Manuel Clemente

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

328 papers	2,814 citations	26 h-index	38 g-index
421 ext. papers	4,152 ext. citations	2.7 avg, IF	6.24 L-index

#	Paper	IF	Citations
328	Practical Applications for Designing Soccer Training Tasks from Multivariate Data Analysis: A Systematic Review Emphasizing Tactical Training.. <i>Perceptual and Motor Skills</i> , 2022 , 315125211073404	2.2	2
327	Wearable Inertial Measurement Unit to Measure External Load: A Full-Season Study in Professional Soccer Players. <i>Applied Sciences (Switzerland)</i> , 2022 , 12, 1140	2.6	1
326	Relationships of Final Velocity at 30-15 Intermittent Fitness Test and Anaerobic Speed Reserve with Body Composition, Sprinting, Change-of-Direction and Vertical Jumping Performances: A Cross-Sectional Study in Youth Soccer Players.. <i>Biology</i> , 2022 , 11,	4.9	2
325	Variations of the Locomotor Profile, Sprinting, Change-of-Direction, and Jumping Performances in Youth Soccer Players: Interactions between Playing Positions and Age-Groups.. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19,	4.6	1
324	Day-to-day Variation of The Heart Rate, Heart Rate Variability, and Energy Expenditure During FIFA 11+ and Dynamic Warm-up Exercises.. <i>Journal of Human Kinetics</i> , 2022 , 81, 73-84	2.6	1
323	Seasonal Training Load Monitoring Among Elite Level Soccer Players: Perceived Exertion and Creatine Kinase Variations Between Microcycles.. <i>Journal of Human Kinetics</i> , 2022 , 81, 85-95	2.6	0
322	Effects of congested fixture and matches' participation on internal and external workload indices in professional soccer players.. <i>Scientific Reports</i> , 2022 , 12, 1864	4.9	1
321	Paralympic Powerlifting as a Sustainable Way to Improve Strength in Athletes with Spinal Cord Injury and Other Disabilities. <i>Sustainability</i> , 2022 , 14, 2017	3.6	1
320	Guidelines for performing systematic reviews in sports science.. <i>Biology of Sport</i> , 2022 , 39, 463-471	4.3	12
319	Body composition adaptations to lower-body plyometric training: a systematic review and meta-analysis.. <i>Biology of Sport</i> , 2022 , 39, 273-287	4.3	2
318	Cognitive and Physical Effects of Warm-Up on Young Soccer Players.. <i>Motor Control</i> , 2022 , 1-19	1.3	2
317	Variations in the physical demands and technical performance of professional soccer teams over three consecutive seasons.. <i>Scientific Reports</i> , 2022 , 12, 2412	4.9	2
316	Are sEMG, Velocity and Power Influenced by Athletes' Fixation in Paralympic Powerlifting?. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19,	4.6	1
315	Body Composition Interactions with Physical Fitness: A Cross-Sectional Study in Youth Soccer Players.. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19,	4.6	4
314	Reliability and validity of the multi-point method and the 2-point method's variations of estimating the one-repetition maximum for deadlift and back squat exercises.. <i>PeerJ</i> , 2022 , 10, e13013	3.1	0
313	Sleep Quality and Training Intensity in Soccer Players: Exploring Weekly Variations and Relationships. <i>Applied Sciences (Switzerland)</i> , 2022 , 12, 2791	2.6	1
312	Exploring interactions between maturity status and playing time with fluctuations in physical fitness and hormonal markers in youth soccer players.. <i>Scientific Reports</i> , 2022 , 12, 4463	4.9	2

311	Exploring the Y-Balance-Test scores and inter-limb asymmetry in soccer players: differences between competitive level and field positions.. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2022 , 14, 45	2.4	1
310	Relationships between perceived measures of internal load and wellness status during overseas futsal training camps.. <i>PLoS ONE</i> , 2022 , 17, e0267227	3.7	1
309	Relationships between Fitness Status and Blood Biomarkers in Professional Soccer Players.. <i>Journal of Healthcare Engineering</i> , 2022 , 2022, 5135817	3.7	0
308	Associations between match participation, maturation, physical fitness, and hormonal levels in elite male soccer player U15: a prospective study with observational cohort.. <i>BMC Pediatrics</i> , 2022 , 22, 196	2.6	1
307	Does the Level of Training Interfere with the Sustainability of Static and Dynamic Strength in Paralympic Powerlifting Athletes?. <i>Sustainability</i> , 2022 , 14, 5049	3.6	0
306	Pre- and Post-Activity Anxiety for Sustainable Rafting. <i>Sustainability</i> , 2022 , 14, 5075	3.6	
305	Effects of Maturation Stage on Sprinting Speed Adaptations to Plyometric Jump Training in Youth Male Team Sports Players: A Systematic Review and Meta-Analysis.. <i>Open Access Journal of Sports Medicine</i> , 2022 , 13, 41-54	2.9	
304	A Practical Approach to Assessing Physical Freshness: Utility of a Simple Perceived Physical Freshness Status Scale. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19, 5836	4.6	0
303	Effects of Core Training in Physical Fitness of Youth Karate Athletes: A Controlled Study Design. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19, 5816	4.6	0
302	Match Analysis in Team Ball Sports: An Umbrella Review of Systematic Reviews and Meta-Analyses.. <i>Sports Medicine - Open</i> , 2022 , 8, 66	6.1	3
301	The Most Demanding Exercise in Different Training Tasks in Professional Female Futsal: A Mid-Season Study through Principal Component Analysis. <i>Healthcare (Switzerland)</i> , 2022 , 10, 838	3.4	0
300	The influence of maturation, fitness, and hormonal indices on minutes played in elite youth soccer players: a cross-sectional study.. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2022 , 14, 89	2.4	1
299	Resistance Training before, during, and after COVID-19 Infection: What Have We Learned So Far?. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19, 6323	4.6	0
298	Comparisons between Bioelectrical Impedance Variables, Functional Tests and Blood Markers Based on BMI in Older Women and Their Association with Phase Angle. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19, 6851	4.6	1
297	Quantification of Respiratory and Muscular Perceived Exertions as Perceived Measures of Internal Loads During Domestic and Overseas Training Camps in Elite Futsal Players.. <i>Frontiers in Psychology</i> , 2021 , 12, 751030	3.4	
296	Effects of Plyometric Jump Training on Balance Performance in Healthy Participants: A Systematic Review With Meta-Analysis. <i>Frontiers in Physiology</i> , 2021 , 12, 730945	4.6	1
295	Effect of Physical Exercise Program Based on Active Breaks on Physical Fitness and Vigilance Performance. <i>Biology</i> , 2021 , 10,	4.9	2
294	The Differentiate Effects of Resistance Training With or Without External Load on Young Soccer Players' Performance and Body Composition. <i>Frontiers in Physiology</i> , 2021 , 12, 771684	4.6	0

293	Web-based exercise interventions for patients with depressive and anxiety disorders: a systematic review of randomized controlled trials. <i>Revista Brasileira De Psiquiatria</i> , 2021 ,	2.6	1
292	Reference Values for External and Internal Training Intensity Monitoring in Young Male Soccer Players: A Systematic Review. <i>Healthcare (Switzerland)</i> , 2021 , 9,	3.4	4
291	In-Season Body Composition Effects in Professional Women Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	2
290	The Effects of Exercise Order on the Psychophysiological Responses, Physical and Technical Performances of Young Soccer Players: Combined Small-Sided Games and High-Intensity Interval Training. <i>Biology</i> , 2021 , 10,	4.9	2
289	Manipulating the Pitch Size Constrains the PlayersâPositioning during Unbalanced Soccer Small-Sided Games Played by Different Age Groups. <i>Kinesiology</i> , 2021 , 53, 206-214	1	
288	The effect of two types of combined training on bio-motor ability adaptations in sedentary females. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021 , 61, 1317-1325	1.4	14
287	Quantification of training and match load in elite youth soccer players: a full-season study. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021 ,	1.4	12
286	Influence of 2D:4D ratio on fitness parameters and accumulated training load in elite youth soccer players. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021 , 13, 125	2.4	5
285	Analysis of Grip Amplitude on Velocity in Paralympic Powerlifting. <i>Journal of Functional Morphology and Kinesiology</i> , 2021 , 6,	2.4	1
284	The Role of Satellite Cells in Skeletal Muscle Regeneration-The Effect of Exercise and Age. <i>Biology</i> , 2021 , 10,	4.9	3
283	In-season monotony, strain and acute/chronic workload of perceived exertion, global positioning system running based variables between player positions of a top elite soccer team. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021 , 13, 126	2.4	4
282	Sprint Variables Are Associated with the Odds Ratios of Non-Contact Injuries in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	2
281	Evaluation of Training with Elastic Bands on Strength and Fatigue Indicators in Paralympic Powerlifting. <i>Sports</i> , 2021 , 9,	3	1
280	Relationships between ball speed and arm speed during the volleyball serve in youth elite male players, and why statistical significance might be misleading. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 2021 , 235, 122-130	0.7	0
279	Effects of Small-Sided Games vs. Running-Based High-Intensity Interval Training on Physical Performance in Soccer Players: A Meta-Analytical Comparison. <i>Frontiers in Physiology</i> , 2021 , 12, 642703	4.6	4
278	Relationship Between Passing and Ball Control in Soccer: Analysis of Variations of Kinematic Measures. <i>Polish Journal of Sport and Tourism</i> , 2021 , 28, 3-7	0.4	
277	A Meta-Analytical Comparison of the Effects of Small-Sided Games vs. Running-Based High-Intensity Interval Training on Soccer Players' Repeated-Sprint Ability. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	2
276	Effects of Mental Fatigue in Total Running Distance and Tactical Behavior During Small-Sided Games: A Systematic Review With a Meta-Analysis in Youth and Young Adult's Soccer Players. <i>Frontiers in Psychology</i> , 2021 , 12, 656445	3.4	4

275	Running-related injuries in Portuguese trail runners: a retrospective cohort study. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021 , 61, 420-427	1.4	5
274	Part I: Relationship among Training Load Management, Salivary Immunoglobulin A, and Upper Respiratory Tract Infection in Team Sport: A Systematic Review. <i>Healthcare (Switzerland)</i> , 2021 , 9,	3.4	1
273	Associations Between Variations in Accumulated Workload and Physiological Variables in Young Male Soccer Players Over the Course of a Season. <i>Frontiers in Physiology</i> , 2021 , 12, 638180	4.6	25
272	Influence of Pitch Size on Short-Term High Intensity Actions and Body Impacts in Soccer Sided Games. <i>Journal of Human Kinetics</i> , 2021 , 78, 187-196	2.6	3
271	Exploring Relationships Between Anthropometry, Body Composition, Maturation, and Selection for Competition: A Study in Youth Soccer Players. <i>Frontiers in Physiology</i> , 2021 , 12, 651735	4.6	3
270	Dose-Response Relationships between Training Load Measures and Physical Fitness in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	2
269	Strength Training versus Stretching for Improving Range of Motion: A Systematic Review and Meta-Analysis. <i>Healthcare (Switzerland)</i> , 2021 , 9,	3.4	7
268	Weekly Variations in the Workload of Turkish National Youth Wrestlers: A Season of Complete Preparation. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	5
267	Effect of four different forms of high intensity training on BDNF response to Wingate and Graded Exercise Test. <i>Scientific Reports</i> , 2021 , 11, 8599	4.9	3
266	Association between Training Load and Well-Being Measures in Young Soccer Players during a Season. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	7
265	Validity and Reliability of Mobile Applications for Assessing Strength, Power, Velocity, and Change-of-Direction: A Systematic Review. <i>Sensors</i> , 2021 , 21,	3.8	3
264	Validity and Reliability of the Inertial Measurement Unit for Barbell Velocity Assessments: A Systematic Review. <i>Sensors</i> , 2021 , 21,	3.8	8
263	Exploring the Determinants of Repeated-Sprint Ability in Adult Women Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	2
262	Effects of Recreational Small-Sided Soccer Games on Bone Mineral Density in Untrained Adults: A Systematic Review and Meta-Analysis. <i>Healthcare (Switzerland)</i> , 2021 , 9,	3.4	2
261	Weekly Wellness Variations to Identify Non-Functional Overreaching Syndrome in Turkish National Youth Wrestlers: A Pilot Study. <i>Sustainability</i> , 2021 , 13, 4667	3.6	5
260	The Influence of Antenna Height on the Measurement of Collective Variables Using an Ultra-Wide Band Based Local Positioning System in Team Sports. <i>Sensors</i> , 2021 , 21,	3.8	1
259	Intra- and Inter-week Variations of Well-Being Across a Season: A Cohort Study in Elite Youth Male Soccer Players. <i>Frontiers in Psychology</i> , 2021 , 12, 671072	3.4	9
258	The Effectiveness of Post-exercise Stretching in Short-Term and Delayed Recovery of Strength, Range of Motion and Delayed Onset Muscle Soreness: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Frontiers in Physiology</i> , 2021 , 12, 677581	4.6	8

257	Acute, chronic and acute/chronic ratio between starters and non-starters professional soccer players across a competitive season. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 2021 , 175433712110165	0.7	11
256	Active School Breaks and Students' Attention: A Systematic Review with Meta-Analysis. <i>Brain Sciences</i> , 2021 , 11,	3.4	4
255	The Effect of Contextual Variables on Match Performance across Different Playing Positions in Professional Portuguese Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	10
254	Somatotype, Accumulated Workload, and Fitness Parameters in Elite Youth Players: Associations with Playing Position. <i>Children</i> , 2021 , 8,	2.8	7
253	Evaluation of Strength and Muscle Activation Indicators in Sticking Point Region of National-Level Paralympic Powerlifting Athletes. <i>Journal of Functional Morphology and Kinesiology</i> , 2021 , 6,	2.4	2
252	Static and Dynamic Strength Indicators in Paralympic Power-Lifters with and without Spinal Cord Injury. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	5
251	An Agility Training Continuum for Team Sports. <i>Strength and Conditioning Journal</i> , 2021 , Publish Ahead of Print,	2	2
250	Effects of Small-Sided Game Interventions on the Technical Execution and Tactical Behaviors of Young and Youth Team Sports Players: A Systematic Review and Meta-Analysis. <i>Frontiers in Psychology</i> , 2021 , 12, 667041	3.4	4
249	A Novel Approach to Training Monotony and Acute-Chronic Workload Index: A Comparative Study in Soccer. <i>Frontiers in Sports and Active Living</i> , 2021 , 3, 661200	2.3	2
248	Effects of Training Programs on Decision-Making in Youth Team Sports Players: A Systematic Review and Meta-Analysis. <i>Frontiers in Psychology</i> , 2021 , 12, 663867	3.4	3
247	Relationships between Fitness Status and Match Running Performance in Adult Women Soccer Players: A Cohort Study. <i>Medicina (Lithuania)</i> , 2021 , 57,	3.1	1
246	In-Season Internal and External Workload Variations between Starters and Non-Starters-A Case Study of a Top Elite European Soccer Team. <i>Medicina (Lithuania)</i> , 2021 , 57,	3.1	6
245	Effects of 8-Week FIFA 11+ for Kids Intervention on Physical Fitness and Attention in Elementary School Children. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 686-693	2.5	0
244	Relationships between Sleep, Athletic and Match Performance, Training Load, and Injuries: A Systematic Review of Soccer Players. <i>Healthcare (Switzerland)</i> , 2021 , 9,	3.4	2
243	Effects of Congested Fixture on Men's Volleyball Load Demands: Interactions with Sets Played. <i>Journal of Functional Morphology and Kinesiology</i> , 2021 , 6,	2.4	2
242	Relationship between Training Load Management and Immunoglobulin A to Avoid Immunosuppression after Soccer Training and Competition: A Theoretical Framework Based on COVID-19 for Athletes' Healthcare. <i>Healthcare (Switzerland)</i> , 2021 , 9,	3.4	2
241	Longitudinal differences in the injury profile of professional male handball players according to competitive-level. <i>Research in Sports Medicine</i> , 2021 , 29, 90-102	3.8	5
240	Comparisons of new body load and metabolic power average workload indices between starters and non-starters: A full-season study in professional soccer players. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 2021 , 235, 105-113	0.7	21

239	Effects of including endurance and speed sessions within small-sided soccer games periodization on physical fitness. <i>Biology of Sport</i> , 2021 , 38, 291-299	4.3	6
238	The effects of congested fixture periods on distance-based workload indices: A full-season study in professional soccer players. <i>Biology of Sport</i> , 2021 , 38, 37-44	4.3	9
237	Session-to-session variations in external load measures during small-sided games in professional soccer players. <i>Biology of Sport</i> , 2021 , 38, 185-193	4.3	4
236	A systematic review of collective tactical behaviour in futsal using positional data. <i>Biology of Sport</i> , 2021 , 38, 23-36	4.3	7
235	The effects of defensive style and final game outcome on the external training load of professional basketball players. <i>Biology of Sport</i> , 2021 , 38, 483-490	4.3	2
234	Accelerometry-Workload Indices Concerning Different Levels of Participation during Congested Fixture Periods in Professional Soccer: A Pilot Study Conducted over a Full Season. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	9
233	Effects of self-paced high-intensity interval training and moderate-intensity continuous training on the physical performance and psychophysiological responses in recreationally active young adults.. <i>Biology of Sport</i> , 2021 , 38, 555-562	4.3	6
232	Basketball small-sided games. <i>Kinesiology</i> , 2021 , 53, 28-36	1	0
231	Analyzing the Magnitude of Interlimb Asymmetries in Young Female Soccer Players: A Preliminary Study. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	4
230	Detrimental Effects of the Off-Season in Soccer Players: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , 2021 , 51, 795-814	10.6	6
229	Effects of high-intensity interval training in men soccer player's physical fitness: A systematic review with meta-analysis of randomized-controlled and non-controlled trials. <i>Journal of Sports Sciences</i> , 2021 , 39, 1202-1222	3.6	6
228	Physical fitness changes among amateur soccer players: effects of the pre-season period. <i>Biomedical Human Kinetics</i> , 2021 , 13, 63-72	0.8	1
227	Combining small-sided soccer games and running-based methods: A systematic review.. <i>Biology of Sport</i> , 2021 , 38, 617-627	4.3	3
226	Short-term effects of on-field combined core strength and small-sided games training on physical performance in young soccer players.. <i>Biology of Sport</i> , 2021 , 38, 609-616	4.3	5
225	Small-sided games: An umbrella review of systematic reviews and meta-analyses. <i>PLoS ONE</i> , 2021 , 16, e0247067	3.7	14
224	Relationships Between Aerobic Performance, Hemoglobin Levels, and Training Load During Small-Sided Games: A Study in Professional Soccer Players. <i>Frontiers in Physiology</i> , 2021 , 12, 649870	4.6	2
223	Comparison of Running Distance Variables and Body Load in Competitions Based on Their Results: A Full-Season Study of Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	10
222	Session-to-session variations of internal load during different small-sided games: a study in professional soccer players. <i>Research in Sports Medicine</i> , 2021 , 29, 462-474	3.8	1

221	Internal and External Load Variations in Young Students: Comparisons between Small-Sided Games and Small-Sided Games Combined with Strength Training during Physical Education Classes. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	1
220	Agreement of Ultra-Short-Term Heart Rate Variability Recordings During Overseas Training Camps in Under-20 National Futsal Players. <i>Frontiers in Psychology</i> , 2021 , 12, 621399	3.4	2
219	The Hamstrings: Anatomic and Physiologic Variations and Their Potential Relationships With Injury Risk. <i>Frontiers in Physiology</i> , 2021 , 12, 694604	4.6	2
218	Are Strength Indicators and Skin Temperature Affected by the Type of Warm-Up in Paralympic Powerlifting Athletes?. <i>Healthcare (Switzerland)</i> , 2021 , 9,	3.4	2
217	Peak running speed can be used to monitor neuromuscular fatigue from a standardized running test in team sport athletes. <i>Research in Sports Medicine</i> , 2021 , 1-12	3.8	0
216	Unilateral versus Bilateral Landing after Spike Jumps in Male and Female Volleyball: A Systematic Review. <i>Symmetry</i> , 2021 , 13, 1505	2.7	0
215	Weekly Variations of Short-Duration Maximal Jumping Performance in Soccer Players: Exploring Relationships With Accumulated Training Load and Match Demands. <i>Frontiers in Physiology</i> , 2021 , 12, 690353	4.6	2
214	Lateral Preference and Inter-limb Asymmetry in Completing Technical Tasks During Official Professional Futsal Matches: The Role of Playing Position and Opponent Quality. <i>Frontiers in Psychology</i> , 2021 , 12, 725097	3.4	
213	Wearables and Internet of Things (IoT) Technologies for Fitness Assessment: A Systematic Review. <i>Sensors</i> , 2021 , 21,	3.8	3
212	Variations of external workload across a soccer season for starters and non-starters. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 2021 , 1754337121140392	0.7	1
211	Passion, grit, and mindset in undergraduate sport sciences students. <i>New Ideas in Psychology</i> , 2021 , 62, 100870	2.5	2
210	Methodological Characteristics, Physiological and Physical Effects, and Future Directions for Combined Training in Soccer: A Systematic Review. <i>Healthcare (Switzerland)</i> , 2021 , 9,	3.4	1
209	Effects of Ibuprofen Use on Lymphocyte Count and Oxidative Stress in Elite Paralympic Powerlifting. <i>Biology</i> , 2021 , 10,	4.9	1
208	Comparisons of accelerometer variables acute, chronic and acute/chronic workload ratio between starters and non-starters: A full-season study in professional soccer players. <i>Science and Sports</i> , 2021 ,	0.8	2
207	Internal training load and fitness profile between adult team versus junior team soccer players. <i>Kinesiology</i> , 2021 , 53, 71-77	1	
206	Effects of bodyweight neuromuscular training with and without instability on balance control in active universitarians. <i>Research in Sports Medicine</i> , 2020 , 1-17	3.8	
205	Effect of the Verbal Encouragement on Psychophysiological and Affective Responses during Small-Sided Games. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	5
204	Decision-Making in Youth Team-Sports Players: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	11

203	Weekly Load Variations of Distance-Based Variables in Professional Soccer Players: A Full-Season Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	33
202	Running-based high-intensity interval training vs. small-sided game training programs: effects on the physical performance, psychophysiological responses and technical skills in young soccer players. <i>Biology of Sport</i> , 2020 , 37, 165-173	4.3	25
201	Effects of combined plyometric and speed training on change of direction, linear speed, and repeated sprint ability in young soccer players. <i>Kinesiology</i> , 2020 , 52, 85-93	1	5
200	Variations of Workload Indices Prior to Injuries: A Study in Trail Runners. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	3
199	The effects of foam roll on perceptual and performance recovery during a futsal tournament. <i>Physiology and Behavior</i> , 2020 , 223, 112981	3.5	4
198	Post-Exercise Recovery of Ultra-Short-Term Heart Rate Variability after Yo-Yo Intermittent Recovery Test and Repeated Sprint Ability Test. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	4
197	Relationships between wellness status and perceived training load on daily and weekly bases over a basketball season. <i>Kinesiology</i> , 2020 , 52, 151-156	1	0
196	Injury Profile of Male and Female Senior and Youth Handball Players: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	8
195	Psychobiological Changes during National Futsal Team Training Camps and Their Relationship with Training Load. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	5
194	The influence of offside rule and pitch sizes on the youth soccer players' small-sided games external loads. <i>Research in Sports Medicine</i> , 2020 , 28, 324-338	3.8	8
193	Tactical Analysis According to Age-level Groups during a 4 vs. 4 Plus Goalkeepers Small-sided Game. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	7
192	The effects of small-sided soccer games on tactical behavior and collective dynamics: A systematic review. <i>Chaos, Solitons and Fractals</i> , 2020 , 134, 109710	9.3	27
191	Variations of estimated maximal aerobic speed in children soccer players and its associations with the accumulated training load: Comparisons between non, low and high responders. <i>Physiology and Behavior</i> , 2020 , 224, 113030	3.5	4
190	Physical Fitness and Somatic Characteristics of the Only Child. <i>Frontiers in Pediatrics</i> , 2020 , 8, 324	3.4	3
189	Analysis of the offensive process of AS Monaco professional soccer team: A mixed-method approach. <i>Chaos, Solitons and Fractals</i> , 2020 , 133, 109676	9.3	8
188	External and internal Load and their Effects on Professional Volleyball Training. <i>International Journal of Sports Medicine</i> , 2020 , 41, 468-474	3.6	9
187	Player position relationships with centrality in the passing network of world cup soccer teams: Win/loss match comparisons. <i>Chaos, Solitons and Fractals</i> , 2020 , 133, 109625	9.3	17
186	Teaching and Learning Process of Decision-Making Units in Talented Young Players From U-10 to U-14. <i>Frontiers in Psychology</i> , 2020 , 11, 600	3.4	2

185	Effects of plyometric jump training in female soccer player's vertical jump height: A systematic review with meta-analysis. <i>Journal of Sports Sciences</i> , 2020 , 38, 1475-1487	3.6	18
184	A Survey to Assess the Quality of the Data Obtained by Radio-Frequency Technologies and Microelectromechanical Systems to Measure External Workload and Collective Behavior Variables in Team Sports. <i>Sensors</i> , 2020 , 20,	3.8	40
183	Analyzing the Seasonal Changes and Relationships in Training Load and Wellness in Elite Volleyball Players. <i>International Journal of Sports Physiology and Performance</i> , 2020 , 15, 731-740	3.5	14
182	Changes in jump and sprint performances during 14 preseasons in a Spanish reserve elite soccer team. <i>Kinesiology</i> , 2020 , 52, 224-231	1	
181	Effects of Plyometric Jump Training on Vertical Jump Height of Volleyball Players: A Systematic Review with Meta-Analysis of Randomized-Controlled Trial. <i>Journal of Sports Science and Medicine</i> , 2020 , 19, 489-499	2.7	6
180	Analyzing the effects of combined small-sided games and strength and power training on the fitness status of under-19 elite football players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020 , 60, 1-10	1.4	5
179	Technical Performance and Perceived Exertion Variations Between Small-Sided Basketball Games in Under-14 and Under-16 Competitive Levels. <i>Journal of Human Kinetics</i> , 2020 , 71, 179-189	2.6	4
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