

# Ulrich Schweiger

## List of Publications by Year in descending order

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119  
papers

5,100  
citations

81900

39  
h-index

98798

67  
g-index

129  
all docs

129  
docs citations

129  
times ranked

5318  
citing authors

#	ARTICLE	IF	CITATIONS
1	Diurnal Activity and Pulsatility of the Hypothalamus-Pituitary-Adrenal System in Male Depressed Patients and Healthy Controls. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1997, 82, 234-238.	3.6	300
2	The third wave of cognitive behavioural therapies. <i>Current Opinion in Psychiatry</i> , 2012, 25, 522-528.	6.3	213
3	With aging in humans the activity of the hypothalamus-pituitary-adrenal system increases and its diurnal amplitude flattens. <i>Life Sciences</i> , 1997, 61, 2239-2246.	4.3	200
4	Testosterone, Gonadotropin, and Cortisol Secretion in Male Patients With Major Depression. <i>Psychosomatic Medicine</i> , 1999, 61, 292-296.	2.0	193
5	Hypoxia Causes Glucose Intolerance in Humans. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2004, 169, 1231-1237.	5.6	189
6	Metabolic and endocrine indices of starvation in Bulimia: A comparison with anorexia nervosa. <i>Psychiatry Research</i> , 1985, 15, 33-39.	3.3	154
7	The Influence of Dieting on the Menstrual Cycle of Healthy Young Women. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1985, 60, 1174-1179.	3.6	135
8	Increased Diurnal Plasma Concentrations of Dehydroepiandrosterone in Depressed Patients. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1998, 83, 3130-3133.	3.6	132
9	Elevated Physical Activity and Low Leptin Levels Co-occur in Patients with Anorexia Nervosa. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2003, 88, 5169-5174.	3.6	124
10	Increased diurnal salivary cortisol in women with borderline personality disorder. <i>Journal of Psychiatric Research</i> , 2004, 38, 559-565.	3.1	109
11	Lumbar Bone Mineral Density in Patients With Major Depression: Evidence of Increased Bone Loss at Follow-Up. <i>American Journal of Psychiatry</i> , 2000, 157, 118-120.	7.2	95
12	Angiogenic factors in patients with current major depressive disorder comorbid with borderline personality disorder. <i>Psychoneuroendocrinology</i> , 2009, 34, 353-357.	2.7	95
13	Mood changes and physical complaints during the normal menstrual cycle in healthy young women. <i>Psychoneuroendocrinology</i> , 1990, 15, 131-138.	2.7	88
14	Cortisol correlates with metabolic disturbances in a population study of type 2 diabetic patients. <i>European Journal of Endocrinology</i> , 2006, 154, 325-331.	3.7	85
15	Cortisol, the Cortisol-Dehydroepiandrosterone Ratio, and Pro-Inflammatory Cytokines in Patients with Current Major Depressive Disorder Comorbid with Borderline Personality Disorder. <i>Biological Psychiatry</i> , 2006, 59, 667-671.	1.3	82
16	Diet-induced menstrual irregularities: effects of age and weight loss. <i>Fertility and Sterility</i> , 1987, 48, 746-751.	1.0	81
17	Bone Mineral Density, Markers of Bone Turnover, and Cytokines in Young Women With Borderline Personality Disorder With and Without Comorbid Major Depressive Disorder. <i>American Journal of Psychiatry</i> , 2005, 162, 168-174.	7.2	81
18	Effectiveness of dialectical behaviour therapy for borderline personality disorder in an inpatient setting. <i>Behaviour Research and Therapy</i> , 2006, 44, 1211-1217.	3.1	81

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19	Effects of adjunctive exercise on physiological and psychological parameters in depression: A randomized pilot trial. <i>Journal of Affective Disorders</i> , 2015, 177, 1-6.	4.1	77
20	Dieting causes menstrual irregularities in normal weight young women through impairment of episodic luteinizing hormone secretion. <i>Fertility and Sterility</i> , 1989, 51, 263-268.	1.0	76
21	Repetitive electric brain stimulation reduces food intake in humans. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 1003-1009.	4.7	76
22	Insulin-like growth factor-I (IGF-I) plasma concentrations are increased in depressed patients. <i>Psychoneuroendocrinology</i> , 1997, 22, 493-503.	2.7	72
23	Evidence for a Relationship between VEGF and BMI Independent of Insulin Sensitivity by Glucose Clamp Procedure in a Homogenous Group Healthy Young Men. <i>PLoS ONE</i> , 2010, 5, e12610.	2.5	72
24	Depression, anxiety disorders, and metabolic syndrome in a population at risk for type 2 diabetes mellitus. <i>Brain and Behavior</i> , 2015, 5, e00306.	2.2	70
25	Everyday eating behavior and menstrual function in young women. <i>Fertility and Sterility</i> , 1992, 57, 771-775.	1.0	68
26	Emotion Regulation in Schema Therapy and Dialectical Behavior Therapy. <i>Frontiers in Psychology</i> , 2016, 7, 1373.	2.1	67
27	Dialectical behaviour therapy and an added cognitive behavioural treatment module for eating disorders in women with borderline personality disorder and anorexia nervosa or bulimia nervosa who failed to respond to previous treatments. An open trial with a 15-month follow-up. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2010, 41, 381-388.	1.2	66
28	Prevalence of the metabolic syndrome in unipolar major depression. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2012, 262, 313-320.	3.2	66
29	Effects of carbohydrate and protein meals on plasma large neutral amino acids, glucose, and insulin plasma levels of anorectic patients. <i>Metabolism: Clinical and Experimental</i> , 1986, 35, 938-943.	3.4	62
30	Brain Energy Consumption Induced by Electrical Stimulation Promotes Systemic Glucose Uptake. <i>Biological Psychiatry</i> , 2011, 70, 690-695.	1.3	61
31	Elevated IL-6 levels in patients with atypical depression but not in patients with typical depression. <i>Psychiatry Research</i> , 2014, 217, 34-38.	3.3	61
32	Prevalence of the metabolic syndrome in patients with borderline personality disorder: results from a cross-sectional study. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2013, 263, 205-213.	3.2	60
33	Depression as a correlate of starvation in patients with eating disorders. <i>Biological Psychiatry</i> , 1988, 23, 719-725.	1.3	57
34	Bone Mineral Density, Bone Turnover, and Osteoprotegerin in Depressed Women With and Without Borderline Personality Disorder. <i>Psychosomatic Medicine</i> , 2006, 68, 669-674.	2.0	57
35	Visceral Fat Deposition and Insulin Sensitivity in Depressed Women With and Without Comorbid Borderline Personality Disorder. <i>Psychosomatic Medicine</i> , 2005, 67, 407-412.	2.0	54
36	Development and Psychometric Characteristics of the Dissociation Tension Scale. <i>Journal of Personality Assessment</i> , 2010, 92, 269-277.	2.1	54

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37	Predictors of bone mineral density in patients with eating disorders. , 1999, 25, 143-150.		51
38	Caloric intake, stress, and menstrual function in athletes. <i>Fertility and Sterility</i> , 1988, 49, 447-450.	1.0	50
39	Bone density and depressive disorder: a meta-analysis. <i>Brain and Behavior</i> , 2016, 6, e00489.	2.2	47
40	Brain tyrosine availability and the depression of central nervous norepinephrine turnover in acute and chronic starvation in adult male rats. <i>Brain Research</i> , 1985, 335, 207-212.	2.2	43
41	All Unhappy Childhoods Are Unhappy in Their Own Way—Differential Impact of Dimensions of Adverse Childhood Experiences on Adult Mental Health and Health Behavior. <i>Frontiers in Psychiatry</i> , 2018, 9, 198.	2.6	39
42	Altered insulin response to a balanced test meal in bulimic patients. <i>International Journal of Eating Disorders</i> , 1987, 6, 551-556.	4.0	37
43	Disturbed Glucose Disposal in Patients With Major Depression; Application of the Glucose Clamp Technique. <i>Psychosomatic Medicine</i> , 2008, 70, 170-176.	2.0	36
44	Continuous positive airway pressure therapy decreases evening cortisol concentrations in patients with severe obstructive sleep apnea. <i>Metabolism: Clinical and Experimental</i> , 2009, 58, 848-853.	3.4	36
45	Pulse-Dosing and Conventional Application of Doxepin. <i>Journal of Clinical Psychopharmacology</i> , 1997, 17, 156-160.	1.4	35
46	Circadian pattern of large neutral amino acids, glucose, insulin, and food intake in anorexia nervosa and bulimia nervosa. <i>Metabolism: Clinical and Experimental</i> , 1991, 40, 503-507.	3.4	34
47	The combined dexamethasone/corticotropin-releasing hormone stimulation test is more closely associated with features of diurnal activity of the hypothalamo-pituitary-adrenocortical system than the dexamethasone suppression test. <i>Biological Psychiatry</i> , 1998, 43, 762-766.	1.3	34
48	Acute hypoxia decreases plasma VEGF concentration in healthy humans. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2006, 290, E434-E439.	3.5	34
49	Evidence for a Relationship between Body Mass and Energy Metabolism in the Human Brain. <i>Journal of Cerebral Blood Flow and Metabolism</i> , 2010, 30, 1403-1410.	4.3	34
50	Effectiveness of Predominantly Group Schema Therapy and Combined Individual and Group Schema Therapy for Borderline Personality Disorder. <i>JAMA Psychiatry</i> , 2022, 79, 287.	11.0	34
51	Norepinephrine Turnover in the Hypothalamus of Adult Male Rats: Alteration of Circadian Patterns by Semistarvation. <i>Journal of Neurochemistry</i> , 1985, 45, 706-709.	3.9	33
52	Menstrual Function and Luteal-Phase Deficiency in Relation to Weight Changes and Dieting. <i>Clinical Obstetrics and Gynecology</i> , 1991, 34, 191-197.	1.1	33
53	Decreased Follicular Phase Gonadotropin Secretion Is Associated with Impaired Estradiol and Progesterone Secretion during the Follicular and Luteal Phases in Normally Menstruating Women*. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1989, 68, 888-892.	3.6	32
54	Blunted Brain Energy Consumption Relates to Insula Atrophy and Impaired Glucose Tolerance in Obesity. <i>Diabetes</i> , 2015, 64, 2082-2091.	0.6	32

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55	Incidence of polycystic ovaries and androgen serum levels in women with borderline personality disorder. <i>Journal of Psychiatric Research</i> , 2010, 44, 847-852.	3.1	31
56	Nutritional knowledge in patients with eating disorders. <i>International Journal of Eating Disorders</i> , 1988, 7, 63-73.	4.0	30
57	The Use of Antidepressive Agents and Bone Mineral Density in Women: A Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 1373.	2.6	29
58	Altered DNA methylation of glucose transporter 1 and glucose transporter 4 in patients with major depressive disorder. <i>Journal of Psychiatric Research</i> , 2016, 76, 66-73.	3.1	28
59	Does Childhood Maltreatment Moderate the Effect of the Cognitive Behavioral Analysis System of Psychotherapy versus Supportive Psychotherapy in Persistent Depressive Disorder?. <i>Psychotherapy and Psychosomatics</i> , 2018, 87, 46-48.	8.8	26
60	Discrimination between patients with melancholic depression and healthy controls: Comparison between 24-h cortisol profiles, the DST and the Dex/CRH test. <i>Psychoneuroendocrinology</i> , 2011, 36, 691-698.	2.7	25
61	Major depression, borderline personality disorder, and visceral fat content in women. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2011, 261, 551-557.	3.2	24
62	Adrenal gland volume, intra-abdominal and pericardial adipose tissue in major depressive disorder. <i>Psychoneuroendocrinology</i> , 2015, 58, 1-8.	2.7	24
63	Feasibility of Group Schema Therapy for Outpatients with Severe Borderline Personality Disorder in Germany: A Pilot Study with Three Year Follow-Up. <i>Frontiers in Psychology</i> , 2016, 7, 1851.	2.1	24
64	Differential associations between patterns of child maltreatment and comorbidity in adult depressed patients. <i>Journal of Affective Disorders</i> , 2018, 230, 34-41.	4.1	24
65	Caught in a web of trauma: Network analysis of childhood adversity and adult mental ill-health. <i>Child Abuse and Neglect</i> , 2020, 107, 104534.	2.6	24
66	Gonadotropin secretion pattern in bulimia nervosa. <i>International Journal of Eating Disorders</i> , 1987, 6, 655-661.	4.0	23
67	Decreased osteoprotegerin and increased bone turnover in young female patients with major depressive disorder and a lifetime history of anorexia nervosa. <i>Osteoporosis International</i> , 2005, 16, 424-429.	3.1	22
68	Prevalence of the metabolic syndrome in men and women with alcohol dependence: results from a cross-sectional study during behavioural treatment in a controlled environment. <i>Addiction</i> , 2010, 105, 1921-1927.	3.3	21
69	PRO*BPD: effectiveness of outpatient treatment programs for borderline personality disorder: a comparison of Schema therapy and dialectical behavior therapy: study protocol for a randomized trial. <i>BMC Psychiatry</i> , 2018, 18, 341.	2.6	19
70	A Schema Therapy-Based eHealth Program for Patients with Borderline Personality Disorder (priovi): Naturalistic Single-Arm Observational Study. <i>JMIR Mental Health</i> , 2018, 5, e10983.	3.3	19
71	Persistent suppression of resting energy expenditure after acute hypoxia. <i>Metabolism: Clinical and Experimental</i> , 2006, 55, 669-675.	3.4	18
72	Integration of eHealth Tools Into Face-to-Face Psychotherapy for Borderline Personality Disorder: A Chance to Close the Gap Between Demand and Supply?. <i>Journal of Clinical Psychology</i> , 2015, 71, 764-777.	1.9	18

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73	Intima-Media Thickness in Women With Borderline Personality Disorder. <i>Psychosomatic Medicine</i> , 2011, 73, 627-632.	2.0	17
74	A single DEX/CRH test in male drug-free depressed patients is associated with the clinical response to treatment with fluoxetine. <i>Journal of Psychiatric Research</i> , 2010, 44, 1154-1157.	3.1	15
75	Association of comorbid personality disorders with clinical characteristics and outcome in a randomized controlled trial comparing two psychotherapies for early-onset persistent depressive disorder. <i>Journal of Affective Disorders</i> , 2018, 229, 262-268.	4.1	15
76	Do interpersonal fears mediate the association between childhood maltreatment and interpersonal skills deficits? A matched cross-sectional analysis. <i>Psychotherapy Research</i> , 2020, 30, 267-278.	1.8	15
77	The societal cost of treatment-seeking patients with borderline personality disorder in Germany. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2022, 272, 741-752.	3.2	15
78	Total body potassium, intracellular potassium and body composition in patients with anorexia nervosa during refeeding. <i>International Journal of Eating Disorders</i> , 1986, 5, 347-354.	4.0	14
79	Association of Genetic Variation at AQP4 Locus with Vascular Depression. <i>Biomolecules</i> , 2018, 8, 164.	4.0	14
80	Moderating effect of comorbid anxiety disorders on treatment outcome in a randomized controlled psychotherapy trial in early-onset persistently depressed outpatients. <i>Depression and Anxiety</i> , 2018, 35, 1001-1008.	4.1	14
81	Divergent effects of hyper- and hypoglycemia on circulating vascular endothelial growth factor in humans. <i>Metabolism: Clinical and Experimental</i> , 2008, 57, 90-94.	3.4	13
82	Reduced muscle mass in middle-aged depressed patients is associated with male gender and chronicity. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2017, 76, 58-64.	4.8	13
83	Effects of a 72 hours fasting on brain metabolism in healthy women studied in vivo with magnetic resonance spectroscopic imaging. <i>Journal of Cerebral Blood Flow and Metabolism</i> , 2018, 38, 469-478.	4.3	12
84	A Comparison of Metacognitive Therapy in Current Versus Persistent Depressive Disorder – A Pilot Outpatient Study. <i>Frontiers in Psychology</i> , 2019, 10, 1714.	2.1	11
85	Effect of standardized test meals on plasma norepinephrine in patients with anorexia nervosa and bulimia. <i>International Journal of Eating Disorders</i> , 1988, 7, 369-373.	4.0	10
86	Increased serum brain-derived neurotrophic factor protein upon hypoxia in healthy young men. <i>Journal of Neural Transmission</i> , 2009, 116, 1221-1225.	2.8	10
87	Protocol for the REVISIT-BPD Trial, a Randomized Controlled Trial Testing the Effectiveness of an Internet-Based Self-Management Intervention in the Treatment of Borderline Personality Disorder (BPD). <i>Frontiers in Psychiatry</i> , 2018, 9, 439.	2.6	10
88	Neural basis of shame and guilt experience in women with borderline personality disorder. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2020, 270, 979-992.	3.2	10
89	Changes in Therapeutic Alliance and in Social Inhibition as Mediators of the Effect of the Cognitive Behavioral Analysis System of Psychotherapy: A Secondary Analysis from a Randomized Clinical Trial. <i>Psychotherapy and Psychosomatics</i> , 2020, 89, 261-262.	8.8	10
90	Mood and orthostatic norepinephrine response in anorexia nervosa. <i>Psychiatry Research</i> , 1988, 24, 87-94.	3.3	9

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91	Development and psychometric evaluation of the Interactive Test of Interpersonal Behavior (ITIB): a pilot study examining interpersonal deficits in chronic depression. <i>Scandinavian Journal of Psychology</i> , 2016, 57, 83-91.	1.5	9
92	The Reason Matters: Deep Wrist Injury Patterns Differ with Intentionality (Accident versus Suicide) <i>Tj ETQq0 0 0 rgBTj/Overlock 10 Tf 50</i>	0.6	9
93	Fat compartments in patients with depression: A meta-analysis. <i>Brain and Behavior</i> , 2021, 11, e01912.	2.2	9
94	Effectiveness and safety of the adjunctive use of an internet-based self-management intervention for borderline personality disorder in addition to care as usual: results from a randomised controlled trial. <i>BMJ Open</i> , 2021, 11, e047771.	1.9	9
95	GONADOTROPHIN SECRETION IN THE SECOND HALF OF THE MENSTRUAL CYCLE: A COMPARISON OF WOMEN WITH NORMAL CYCLES, LUTEAL PHASE DEFECTS AND DISTURBED FOLLICULAR DEVELOPMENT. <i>Clinical Endocrinology</i> , 1990, 32, 25-32.	2.4	7
96	Impact of glycemic variations on the regulation of androgen metabolism in obese women with polycystic ovary syndrome. <i>Fertility and Sterility</i> , 2009, 92, 271-276.	1.0	6
97	Utilization of Mental Health Care, Treatment Patterns, and Course of Psychosocial Functioning in Northern German Coronary Artery Disease Patients with Depressive and/or Anxiety Disorders. <i>Frontiers in Psychiatry</i> , 2018, 9, 75.	2.6	6
98	Konstruktion eines störungsspezifischen Instruments zur Erfassung der Impulsivität der Borderline-Persönlichkeitsstörung. <i>Zeitschrift für Klinische Psychologie Und Psychotherapie</i> , 2007, 36, 290-297.	0.3	6
99	Psychometric evaluation of a screening question for persistent depressive disorder. <i>BMC Psychiatry</i> , 2019, 19, 119.	2.6	5
100	Therapeutic Relationship in eHealth: A Pilot Study of Similarities and Differences between the Online Program Priovi and Therapists Treating Borderline Personality Disorder. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6436.	2.6	5
101	Hypothalamic-Pituitary-Adrenocortical Dysfunction in Elderly, Male Marathon Runners: Feedback Sensitivity, Stress Response, and Effects on Verbal Memory. <i>Neuroendocrinology</i> , 2017, 105, 150-156.	2.5	4
102	Mental Health and Psychosocial Functioning Over the Lifespan of German Patients Undergoing Cardiac Catheterization for Coronary Artery Disease. <i>Frontiers in Psychiatry</i> , 2018, 9, 338.	2.6	4
103	Traumatizing Oneself: Deep Wrist Injuries Self-Inflicted with Suicidal Intention are Associated with More Severe PTSD Symptomatology than Similar Injuries from Accidents. <i>Suicide and Life-Threatening Behavior</i> , 2020, 50, 856-866.	1.9	4
104	The mediating effect of difficulties in emotion regulation on the association between childhood maltreatment and borderline personality disorder. <i>Hogrefe Utbildning</i> , 2021, 12, 1934300.	3.0	4
105	Low plasma lactate concentration as a biomarker of an incompetent brain-pull: A risk factor for weight gain in type 2 diabetes patients. <i>Psychoneuroendocrinology</i> , 2010, 35, 1287-1293.	2.7	3
106	Pain complaints in a sample of psychiatric inpatients. <i>General Hospital Psychiatry</i> , 2010, 32, 509-513.	2.4	3
107	Bone mineral density in a cohort of Estonian women with major depression. <i>Archives of Osteoporosis</i> , 2013, 8, 163.	2.4	3
108	PRO-MDD Study Protocol: Effectiveness of Outpatient Treatment Programs for Major Depressive Disorder: Metacognitive Therapy vs. Behavioral Activation a Single-Center Randomized Clinical Trial. <i>Frontiers in Psychiatry</i> , 2018, 9, 584.	2.6	3



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109	Experiences of Patients With Borderline Personality Disorder With Imagery Rescripting in the Context of Schema Therapy—A Qualitative Study. <i>Frontiers in Psychiatry</i> , 2020, 11, 550833.	2.6	3
110	Does childhood emotional abuse moderate the effect of cognitive behavioral analysis system of psychotherapy versus meta-cognitive therapy in depression? A propensity score analysis on an observational study. <i>Journal of Affective Disorders</i> , 2022, 300, 71-75.	4.1	3
111	How do patients with borderline personality disorder experience Distress Tolerance Skills in the context of dialectical behavioral therapy?—A qualitative study. <i>PLoS ONE</i> , 2021, 16, e0252403.	2.5	2
112	Editorial: Approaches for Severe and Persistent Mental Illness. <i>Frontiers in Psychiatry</i> , 2021, 12, 722496.	2.6	2
113	Qualität in der Weiterbildung: Aktueller Stand und Zukunft psychotherapeutischer Aus- und Weiterbildung. <i>Verhaltenstherapie</i> , 2015, 25, 119-126.	0.4	2
114	Short Hypoxia Does not Affect Plasma Leptin in Healthy Men under Euglycemic Clamp Conditions. <i>International Journal of Endocrinology</i> , 2009, 2009, 1-6.	1.5	1
115	Factorial invariance of the Emotion-Dysregulation-Scale for Canadian and German treatment-seeking adults with borderline personality disorder, major depression or substance dependence. <i>Personality and Individual Differences</i> , 2014, 71, 124-129.	2.9	1
116	Kooperation zwischen Krankenhäusern und Universitäten in der Umsetzung der berufsqualifizierenden Tätigkeit III. <i>Verhaltenstherapie</i> , 2020, 30, 137-140.	0.4	1
117	The luteinizing hormone response to luteinizing hormone-releasing hormone, prostaglandin E2 and naloxone is modulated by divergent sensitivity to testosterone feedback. <i>European Journal of Endocrinology</i> , 1985, 110, 338-345.	3.7	0
118	Definition des Verfahrens Verhaltenstherapie. <i>Verhaltenstherapie</i> , 2014, 24, 289-298.	0.4	0
119	How patients with borderline personality disorder experience the skill opposite action in the context of dialectical behavior therapy—A qualitative study.. <i>Psychotherapy</i> , 2021, 58, 544-556.	1.2	0