

# Ana M González-Paramás

## List of Publications by Year in descending order

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105  
papers

5,697  
citations

57631

44  
h-index

82410

72  
g-index

109  
all docs

109  
docs citations

109  
times ranked

7911  
citing authors

#	ARTICLE	IF	CITATIONS
1	Roots and rhizomes of wild Asparagus: Nutritional composition, bioactivity and nanoencapsulation of the most potent extract. <i>Food Bioscience</i> , 2022, 45, 101334.	2.0	6
2	Disclosing the Antioxidant and Neuroprotective Activity of an Anthocyanin-Rich Extract from Sweet Cherry ( <i>Prunus avium</i> L.) Using In Vitro and In Vivo Models. <i>Antioxidants</i> , 2022, 11, 211.	2.2	6
3	Protective Effect of Quercetin 3-O-Glucuronide against Cisplatin Cytotoxicity in Renal Tubular Cells. <i>Molecules</i> , 2022, 27, 1319.	1.7	7
4	Obtaining green extracts rich in phenolic compounds from underexploited food by-products using natural deep eutectic solvents. Opportunities and challenges. <i>Sustainable Chemistry and Pharmacy</i> , 2022, 29, 100773.	1.6	28
5	Honey quality parameters, chemical composition and antimicrobial activity in twelve Ecuadorian stingless bees (Apidae: Apinae: Meliponini) tested against multiresistant human pathogens. <i>LWT - Food Science and Technology</i> , 2021, 140, 110737.	2.5	27
6	Novel approaches in anthocyanin research - Plant fortification and bioavailability issues. <i>Trends in Food Science and Technology</i> , 2021, 117, 92-105.	7.8	50
7	Caffeic and Dihydrocaffeic Acids Promote Longevity and Increase Stress Resistance in <i>Caenorhabditis elegans</i> by Modulating Expression of Stress-Related Genes. <i>Molecules</i> , 2021, 26, 1517.	1.7	16
8	Antioxidant and Antimicrobial Influence on Oyster Mushrooms ( <i>Pleurotus ostreatus</i> ) from Substrate Supplementation of Calcium Silicate. <i>Sustainability</i> , 2021, 13, 5019.	1.6	5
9	Combined effects of irradiation and storage time on the nutritional and chemical parameters of dried <i>Agaricus bisporus</i> Portobello mushroom flour. <i>Journal of Food Science</i> , 2021, 86, 2276-2287.	1.5	7
10	A Case Study on Surplus Mushrooms Production: Extraction and Recovery of Vitamin D2. <i>Agriculture (Switzerland)</i> , 2021, 11, 579.	1.4	3
11	Wine, Polyphenols, and Mediterranean Diets. What Else Is There to Say?. <i>Molecules</i> , 2021, 26, 5537.	1.7	29
12	Bioactive compounds, phenolic profile, antioxidant capacity and effectiveness against lipid peroxidation of cell membranes of <i>Mauritia flexuosa</i> L. fruit extracts from three biomes in the Ecuadorian Amazon. <i>Heliyon</i> , 2020, 6, e05211.	1.4	24
13	Influence of Calcium Silicate on the Chemical Properties of <i>Pleurotus ostreatus</i> var. <i>florida</i> (Jacq.) P. Kumm. <i>Journal of Fungi (Basel, Switzerland)</i> , 2020, 6, 299.	1.5	7
14	<i>Caenorhabditis elegans</i> as a Model Organism to Evaluate the Antioxidant Effects of Phytochemicals. <i>Molecules</i> , 2020, 25, 3194.	1.7	34
15	Baking Optimization as a Strategy to Extend Shelf-Life through the Enhanced Quality and Bioactive Properties of Pulse-Based Snacks. <i>Molecules</i> , 2020, 25, 3716.	1.7	3
16	Assessment of the In Vivo Antioxidant Activity of an Anthocyanin-Rich Bilberry Extract Using the <i>Caenorhabditis elegans</i> Model. <i>Antioxidants</i> , 2020, 9, 509.	2.2	12
17	Current and future experimental approaches in the study of grape and wine polyphenols interacting gut microbiota. <i>Journal of the Science of Food and Agriculture</i> , 2020, 100, 3789-3802.	1.7	27
18	Protective effect of the medicinal herb infusion "horchata" against oxidative damage in cigarette smokers: An ex vivo study. <i>Food and Chemical Toxicology</i> , 2020, 143, 111538.	1.8	6

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19	Pechiche ( <i>Vitex cymosa</i> Bertero ex Speng), a Nontraditional Fruit from Ecuador, is a Dietary Source of Phenolic Acids and Nutrient Minerals, in Addition to Efficiently Counteracting the Oxidative-Induced Damage in Human Dermal Fibroblasts. <i>Antioxidants</i> , 2020, 9, 109.	2.2	2
20	Anthocyanins. , 2019, , 10-21.		13
21	Nutritional properties, identification of phenolic compounds, and enzyme inhibitory activities of Feijoa sellowiana leaves. <i>Journal of Food Biochemistry</i> , 2019, 43, e13012.	1.2	8
22	Phytochemical composition and the cholinesterase and xanthine oxidase inhibitory properties of seed extracts from the <i>Washingtonia filifera</i> palm fruit. <i>RSC Advances</i> , 2019, 9, 21278-21287.	1.7	19
23	A comparative study between conventional and non-conventional extraction techniques for the recovery of ergosterol from <i>Agaricus blazei</i> Murrill. <i>Food Research International</i> , 2019, 125, 108541.	2.9	23
24	Flour fortification for nutritional and health improvement: A review. <i>Food Research International</i> , 2019, 125, 108576.	2.9	38
25	Chemical composition and enzyme inhibition of <i>Phytolacca dioica</i> L. seeds extracts. <i>Journal of Enzyme Inhibition and Medicinal Chemistry</i> , 2019, 34, 519-527.	2.5	11
26	Preparation and Characterization of Protocatechuic Acid Sulfates. <i>Molecules</i> , 2019, 24, 307.	1.7	11
27	Anti-inflammatory effect of the medicinal herbal mixture infusion, Horchata, from southern Ecuador against LPS-induced cytotoxic damage in RAW 264.7 macrophages. <i>Food and Chemical Toxicology</i> , 2019, 131, 110594.	1.8	20
28	Phenolic acids, cinnamic acid, and ergosterol as cosmeceutical ingredients: Stabilization by microencapsulation to ensure sustained bioactivity. <i>Microchemical Journal</i> , 2019, 147, 469-477.	2.3	36
29	Plant phenolics as functional food ingredients. <i>Advances in Food and Nutrition Research</i> , 2019, 90, 183-257.	1.5	78
30	Antioxidant Characterization and Biological Effects of Grape Pomace Extracts Supplementation in <i>Caenorhabditis elegans</i> . <i>Foods</i> , 2019, 8, 75.	1.9	22
31	Epicatechin modulates stress-resistance in <i>C. elegans</i> via insulin/IGF-1 signaling pathway. <i>PLoS ONE</i> , 2019, 14, e0199483.	1.1	44
32	Exploring Target Genes Involved in the Effect of Quercetin on the Response to Oxidative Stress in <i>Caenorhabditis elegans</i> . <i>Antioxidants</i> , 2019, 8, 585.	2.2	20
33	Physicochemical characterization and microbiology of wheat and rye flours. <i>Food Chemistry</i> , 2019, 280, 123-129.	4.2	50
34	Effectiveness of gamma and electron beam irradiation as preserving technologies of fresh <i>Agaricus bisporus</i> Portobello: A comparative study. <i>Food Chemistry</i> , 2019, 278, 760-766.	4.2	42
35	The Mechanisms Behind the Biological Activity of Flavonoids. <i>Current Medicinal Chemistry</i> , 2019, 26, 6976-6990.	1.2	41
36	Revalorization of wild <i>Asparagus stipularis</i> Forssk. as a traditional vegetable with nutritional and functional properties. <i>Food and Function</i> , 2018, 9, 1578-1586.	2.1	10

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37	<i>Apis mellifera</i> vs <i>Melipona beecheii</i> Cuban polyfloral honeys: A comparison based on their physicochemical parameters, chemical composition and biological properties. <i>LWT - Food Science and Technology</i> , 2018, 87, 272-279.	2.5	101
38	Sardinian honeys as sources of xanthine oxidase and tyrosinase inhibitors. <i>Food Science and Biotechnology</i> , 2018, 27, 139-146.	1.2	21
39	In vitro antioxidant activity, $\alpha$ -glucosidase inhibitory potential and in vivo protective effect of <i>Asparagus stipularis</i> Forssk aqueous extract against high-fructose diet-induced metabolic syndrome in rats. <i>Journal of Functional Foods</i> , 2018, 47, 521-530.	1.6	11
40	Mushroom-based cosmeceutical ingredients: Microencapsulation and in vitro release profile. <i>Industrial Crops and Products</i> , 2018, 124, 44-52.	2.5	18
41	Evaluation of antioxidant and tyrosinase inhibitory activities of the extracts of <i>Sarcopoterium spinosum</i> (L.) Spach fruits. <i>Natural Product Research</i> , 2017, 31, 2900-2904.	1.0	4
42	Strawberry consumption improves aging-associated impairments, mitochondrial biogenesis and functionality through the AMP-activated protein kinase signaling cascade. <i>Food Chemistry</i> , 2017, 234, 464-471.	4.2	98
43	Phenolic Composition of Propolis. , 2017, , 99-111.		9
44	Chemical Composition of Honey. , 2017, , 43-82.		32
45	The potential of <i>Ganoderma lucidum</i> extracts as bioactive ingredients in topical formulations, beyond its nutritional benefits. <i>Food and Chemical Toxicology</i> , 2017, 108, 139-147.	1.8	78
46	The protective effect of acerola ( <i>Malpighia emarginata</i> ) against oxidative damage in human dermal fibroblasts through the improvement of antioxidant enzyme activity and mitochondrial functionality. <i>Food and Function</i> , 2017, 8, 3250-3258.	2.1	36
47	Hydroxycinnamic Acids and Their Derivatives: Cosmeceutical Significance, Challenges and Future Perspectives, a Review. <i>Molecules</i> , 2017, 22, 281.	1.7	246
48	An Integrated View of the Effects of Wine Polyphenols and Their Relevant Metabolites on Gut and Host Health. <i>Molecules</i> , 2017, 22, 99.	1.7	107
49	Strawberry (cv. Romina) Methanolic Extract and Anthocyanin-Enriched Fraction Improve Lipid Profile and Antioxidant Status in HepG2 Cells. <i>International Journal of Molecular Sciences</i> , 2017, 18, 1149.	1.8	45
50	Broad-range potential of <i>Asphodelus microcarpus</i> leaves extract for drug development. <i>BMC Microbiology</i> , 2017, 17, 159.	1.3	18
51	Development of Mushroom-Based Cosmeceutical Formulations with Anti-Inflammatory, Anti-Tyrosinase, Antioxidant, and Antibacterial Properties. <i>Molecules</i> , 2016, 21, 1372.	1.7	68
52	Activation of AMPK/Nrf2 signalling by Manuka honey protects human dermal fibroblasts against oxidative damage by improving antioxidant response and mitochondrial function promoting wound healing. <i>Journal of Functional Foods</i> , 2016, 25, 38-49.	1.6	132
53	Tyrosinase inhibition and antioxidant properties of <i>Asphodelus microcarpus</i> extracts. <i>BMC Complementary and Alternative Medicine</i> , 2016, 16, 453.	3.7	82
54	Strawberry consumption alleviates doxorubicin-induced toxicity by suppressing oxidative stress. <i>Food and Chemical Toxicology</i> , 2016, 94, 128-137.	1.8	44

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55	Mushrooms extracts and compounds in cosmetics, cosmeceuticals and nutricosmetics—A review. <i>Industrial Crops and Products</i> , 2016, 90, 38-48.	2.5	134
56	Phenolic composition and antioxidant capacity of yellow and purple-red Ecuadorian cultivars of tree tomato ( <i>Solanum betaceum</i> Cav.). <i>Food Chemistry</i> , 2016, 194, 1073-1080.	4.2	69
57	Dietary and microbiome factors determine longevity in <i>Caenorhabditis elegans</i> . <i>Aging</i> , 2016, 8, 1513-1539.	1.4	18
58	A Pilot Study of the Photoprotective Effects of Strawberry-Based Cosmetic Formulations on Human Dermal Fibroblasts. <i>International Journal of Molecular Sciences</i> , 2015, 16, 17870-17884.	1.8	19
59	Flavan hetero-dimers in the <i>Cymbopogon citratus</i> infusion tannin fraction and their contribution to the antioxidant activity. <i>Food and Function</i> , 2015, 6, 932-937.	2.1	15
60	Polyphenol-Rich Strawberry Extract Protects Human Dermal Fibroblasts against Hydrogen Peroxide Oxidative Damage and Improves Mitochondrial Functionality. <i>Molecules</i> , 2014, 19, 7798-7816.	1.7	87
61	One-month strawberry-rich anthocyanin supplementation ameliorates cardiovascular risk, oxidative stress markers and platelet activation in humans. <i>Journal of Nutritional Biochemistry</i> , 2014, 25, 289-294.	1.9	286
62	Strawberry intake increases blood fluid, erythrocyte and mononuclear cell defenses against oxidative challenge. <i>Food Chemistry</i> , 2014, 156, 87-93.	4.2	48
63	An anthocyanin-rich strawberry extract protects against oxidative stress damage and improves mitochondrial functionality in human dermal fibroblasts exposed to an oxidizing agent. <i>Food and Function</i> , 2014, 5, 1939.	2.1	105
64	Doxorubicin-Induced Oxidative Stress in Rats Is Efficiently Counteracted by Dietary Anthocyanin Differently Enriched Strawberry ( <i>Fragaria</i> — <i>Ananassa</i> Duch.). <i>Journal of Agricultural and Food Chemistry</i> , 2014, 62, 3935-3943.	2.4	46
65	Deglycosylation is a key step in biotransformation and lifespan effects of quercetin-3-O-glucoside in <i>Caenorhabditis elegans</i> . <i>Pharmacological Research</i> , 2013, 76, 41-48.	3.1	47
66	Study of Zalema Grape Pomace: Phenolic Composition and Biological Effects in <i>Caenorhabditis elegans</i> . <i>Journal of Agricultural and Food Chemistry</i> , 2013, 61, 5114-5121.	2.4	44
67	Photoprotective Potential of Strawberry ( <i>Fragaria</i> — <i>Ananassa</i> ) Extract against UV-A Irradiation Damage on Human Fibroblasts. <i>Journal of Agricultural and Food Chemistry</i> , 2012, 60, 2322-2327.	2.4	94
68	Oxidative Status of Stressed <i>Caenorhabditis elegans</i> Treated with Epicatechin. <i>Journal of Agricultural and Food Chemistry</i> , 2012, 60, 8911-8916.	2.4	47
69	Phenolics from monofloral honeys protect human erythrocyte membranes against oxidative damage. <i>Food and Chemical Toxicology</i> , 2012, 50, 1508-1516.	1.8	134
70	Influence of catechins and their methylated metabolites on lifespan and resistance to oxidative and thermal stress of <i>Caenorhabditis elegans</i> and epicatechin uptake. <i>Food Research International</i> , 2012, 46, 514-521.	2.9	47
71	Different cardiovascular protective effects of quercetin administered orally or intraperitoneally in spontaneously hypertensive rats. <i>Food and Function</i> , 2012, 3, 643.	2.1	43
72	Characterization of Sulfated Quercetin and Epicatechin Metabolites. <i>Journal of Agricultural and Food Chemistry</i> , 2012, 60, 3592-3598.	2.4	30

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73	Extraction and Isolation of Phenolic Compounds. <i>Methods in Molecular Biology</i> , 2012, 864, 427-464.	0.4	55
74	In vitro evaluation of the antioxidant and anti-inflammatory activities of sulphated metabolites of catechins Evaluación in vitro de las actividades antioxidante y antiinflamatoria de metabolitos sulfatados de catequinas. <i>CYTA - Journal of Food</i> , 2011, 9, 257-264.	0.9	6
75	Effects of O-methylated metabolites of quercetin on oxidative stress, thermotolerance, lifespan and bioavailability on <i>Caenorhabditis elegans</i> . <i>Food and Function</i> , 2011, 2, 445.	2.1	68
76	Antioxidant properties of major metabolites of quercetin. <i>European Food Research and Technology</i> , 2011, 232, 103-111.	1.6	64
77	Strawberry Polyphenols Attenuate Ethanol-Induced Gastric Lesions in Rats by Activation of Antioxidant Enzymes and Attenuation of MDA Increase. <i>PLoS ONE</i> , 2011, 6, e25878.	1.1	166
78	Antioxidant evaluation of O-methylated metabolites of catechin, epicatechin and quercetin. <i>Journal of Pharmaceutical and Biomedical Analysis</i> , 2010, 51, 443-449.	1.4	147
79	Antioxidant Characterization of Native Monofloral Cuban Honey. <i>Journal of Agricultural and Food Chemistry</i> , 2010, 58, 9817-9824.	2.4	97
80	A multi-year survey of organic disinfection by-products in drinking waters of Castilla y León, Spain. The need and difficulty to comply with the legal limit of 2009. <i>Journal of Environmental Monitoring</i> , 2010, 12, 200-207.	2.1	6
81	A Role for Differential Glycoconjugation in the Emission of Phenylpropanoid Volatiles from Tomato Fruit Discovered Using a Metabolic Data Fusion Approach. <i>Plant Physiology</i> , 2009, 152, 55-70.	2.3	86
82	Preparation and Characterization of Catechin Sulfates, Glucuronides, and Methyl ethers with Metabolic Interest. <i>Journal of Agricultural and Food Chemistry</i> , 2009, 57, 1231-1238.	2.4	54
83	Glucuronidated and sulfated metabolites of the flavonoid quercetin prevent endothelial dysfunction but lack direct vasorelaxant effects in rat aorta. <i>Atherosclerosis</i> , 2009, 204, 34-39.	0.4	108
84	Preparation of quercetin glucuronides and characterization by HPLC-DAD-ESI/MS. <i>European Food Research and Technology</i> , 2008, 227, 1069-1076.	1.6	54
85	Structural and chromatic characterization of a new Malvidin 3-glucoside-vanillyl catechin pigment. <i>Food Chemistry</i> , 2007, 102, 1344-1351.	4.2	33
86	Botanical origin of monovarietal dark honeys (from heather, holm oak, pyrenean oak and sweet) <i>Journal of Food Research and Technology</i> , 2007, 226, 87-92.	1.6	25
87	New Flavanol Anthocyanin Condensed Pigments and Anthocyanin Composition in Guatemalan Beans ( <i>Phaseolus</i> spp.). <i>Journal of Agricultural and Food Chemistry</i> , 2006, 54, 536-542.	2.4	35
88	Natural occurrence of free anthocyanin aglycones in beans ( <i>Phaseolus vulgaris</i> L.). <i>Food Chemistry</i> , 2006, 94, 448-456.	4.2	50
89	Flavanol anthocyanin condensed pigments in plant extracts. <i>Food Chemistry</i> , 2006, 94, 428-436.	4.2	89
90	HPLC-fluorimetric method for analysis of amino acids in products of the hive (honey and bee-pollen). <i>Food Chemistry</i> , 2006, 95, 148-156.	4.2	147

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91	A new vinylpyranoanthocyanin pigment occurring in aged red wine. <i>Food Chemistry</i> , 2006, 97, 689-695.	4.2	63
92	Polyphenolic profile characterization of <i>Agrimonia eupatoria</i> L. by HPLC with different detection devices. <i>Biomedical Chromatography</i> , 2006, 20, 88-94.	0.8	58
93	Isolation and structural characterization of new anthocyanin-alkyl-catechin pigments. <i>Food Chemistry</i> , 2005, 90, 81-87.	4.2	32
94	Characterisation of polyphenols by HPLC-PAD-ESI/MS and antioxidant activity in <i>Equisetum telmateia</i> . <i>Phytochemical Analysis</i> , 2005, 16, 380-387.	1.2	23
95	Screening of Portisins (Vinylpyranoanthocyanin Pigments) in Port Wine by LC/DAD-MS. <i>Food Science and Technology International</i> , 2005, 11, 353-358.	1.1	19
96	Distribution and Contents of Phenolic Compounds in Eighteen Scandinavian Berry Species. <i>Journal of Agricultural and Food Chemistry</i> , 2004, 52, 4477-4486.	2.4	310
97	Liquid chromatographic-mass spectrometric analysis of anthocyanin composition of dark blue bee pollen from <i>Echium plantagineum</i> . <i>Journal of Chromatography A</i> , 2004, 1054, 205-210.	1.8	65
98	Formation of new anthocyanin-alkyl/aryl-flavanol pigments in model solutions. <i>Analytica Chimica Acta</i> , 2004, 513, 215-221.	2.6	35
99	Structural Characterization of New Malvidin 3-Glucoside-Catechin Aryl/Alkyl-Linked Pigments. <i>Journal of Agricultural and Food Chemistry</i> , 2004, 52, 5519-5526.	2.4	40
100	Simultaneous Immunoaffinity Column Cleanup and HPLC Analysis of Aflatoxins and Ochratoxin A in Spanish Bee Pollen. <i>Journal of Agricultural and Food Chemistry</i> , 2004, 52, 7235-7239.	2.4	64
101	Flavanol Content and Antioxidant Activity in Winery Byproducts. <i>Journal of Agricultural and Food Chemistry</i> , 2004, 52, 234-238.	2.4	171
102	Isolation and Structural Characterization of New Acylated Anthocyanin-Vinyl-Flavanol Pigments Occurring in Aging Red Wines. <i>Journal of Agricultural and Food Chemistry</i> , 2003, 51, 277-282.	2.4	102
103	Geographical discrimination of honeys by using mineral composition and common chemical quality parameters. <i>Journal of the Science of Food and Agriculture</i> , 2000, 80, 157-165.	1.7	98
104	Geographical discrimination of honeys through the employment of sugar patterns and common chemical quality parameters. <i>European Food Research and Technology</i> , 2000, 210, 437-444.	1.6	49
105	Optimization of the capillary gas chromatographic analysis of mono- and oligosaccharides in honeys. <i>Chromatographia</i> , 1999, 50, 461-469.	0.7	18