

Naheed Aryaeian or Nahid Aryaeian

List of Publications by Year in descending order

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46
papers

1,294
citations

448610

19
h-index

425179

34
g-index

46
all docs

46
docs citations

46
times ranked

2189
citing authors

#	ARTICLE	IF	CITATIONS
1	The effect of ginger consumption on glycemic status, lipid profile and some inflammatory markers in patients with type 2 diabetes mellitus. <i>International Journal of Food Sciences and Nutrition</i> , 2014, 65, 515-520.	1.3	156
2	The Effect of Quercetin on Inflammatory Factors and Clinical Symptoms in Women with Rheumatoid Arthritis: A Double-Blind, Randomized Controlled Trial. <i>Journal of the American College of Nutrition</i> , 2017, 36, 9-15.	1.1	148
3	Polyphenols and their effects on diabetes management: A review. <i>Medical Journal of the Islamic Republic of Iran</i> , 2017, 31, 886-892.	0.9	113
4	Coenzyme Q10 supplementation ameliorates inflammatory markers in patients with multiple sclerosis: a double blind, placebo, controlled randomized clinical trial. <i>Nutritional Neuroscience</i> , 2015, 18, 169-176.	1.5	107
5	The effect of ginger supplementation on some immunity and inflammation intermediate genes expression in patients with active Rheumatoid Arthritis. <i>Gene</i> , 2019, 698, 179-185.	1.0	70
6	Effects of Probiotic and Prebiotic Supplementation on Leptin, Adiponectin, and Glycemic Parameters in Non-alcoholic Fatty Liver Disease: A Randomized Clinical Trial. <i>Middle East Journal of Digestive Diseases</i> , 2017, 9, 150-157.	0.2	61
7	Effects of probiotic and prebiotic supplementation on metabolic parameters, liver aminotransferases, and systemic inflammation in nonalcoholic fatty liver disease: A randomized clinical trial. <i>Journal of Food Science</i> , 2020, 85, 3611-3617.	1.5	56
8	Effect of nutrition education intervention based on Pender's Health Promotion Model in improving the frequency and nutrient intake of breakfast consumption among female Iranian students. <i>Public Health Nutrition</i> , 2014, 17, 657-666.	1.1	48
9	<p>Effects Of Saffron Supplementation On Inflammation And Metabolic Responses In Type 2 Diabetic Patients: A Randomized, Double-Blind, Placebo-Controlled Trial<p>. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2019, Volume 12, 2107-2115.	1.1	47
10	The effect of quercetin on plasma oxidative status, C-reactive protein and blood pressure in women with rheumatoid arthritis. <i>International Journal of Preventive Medicine</i> , 2014, 5, 293-301.	0.2	40
11	The effect of saffron supplement on clinical outcomes and metabolic profiles in patients with active rheumatoid arthritis: A randomized, double-blind, placebo-controlled clinical trial. <i>Phytotherapy Research</i> , 2020, 34, 1650-1658.	2.8	36
12	The effect of ginger (<i>Zingiber Officinale</i>) as an ancient medicinal plant on improving blood lipids. <i>Journal of Herbal Medicine</i> , 2018, 12, 11-15.	1.0	34
13	Effect of conjugated linoleic acid, vitamin E and their combination on lipid profiles and blood pressure of Iranian adults with active rheumatoid arthritis. <i>Vascular Health and Risk Management</i> , 2008, Volume 4, 1423-1432.	1.0	30
14	Effect of conjugated linoleic acids, vitamin E and their combination on the clinical outcome of Iranian adults with active rheumatoid arthritis. <i>International Journal of Rheumatic Diseases</i> , 2009, 12, 20-28.	0.9	29
15	Resveratrol reduces the expression of insulin-like growth factor-1 and hepatocyte growth factor in stromal cells of women with endometriosis compared with nonendometriotic women. <i>Phytotherapy Research</i> , 2019, 33, 1044-1054.	2.8	27
16	The effect of saffron supplementation on some inflammatory and oxidative markers, leptin, adiponectin, and body composition in patients with nonalcoholic fatty liver disease: A double-blind randomized clinical trial. <i>Phytotherapy Research</i> , 2020, 34, 3367-3378.	2.8	27
17	Developing and Testing a Measurement Tool for Assessing Predictors of Breakfast Consumption Based on a Health Promotion Model. <i>Journal of Nutrition Education and Behavior</i> , 2014, 46, 250-258.	0.3	26
18	Ginger and its Effects on Inflammatory Diseases. <i>Advanced in Food Technology and Nutritional Sciences - Open Journal</i> , 2015, 1, 97-101.	0.9	22

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19	Effect of evening primrose oil supplementation on lipid profile: A systematic review and meta-analysis of randomized clinical trials. <i>Phytotherapy Research</i> , 2020, 34, 2628-2638.	2.8	19
20	Effect of conjugated linoleic Acid, vitamin e, alone or combined on immunity and inflammatory parameters in adults with active rheumatoid arthritis: a randomized controlled trial. <i>International Journal of Preventive Medicine</i> , 2014, 5, 1567-77.	0.2	19
21	Effects of saffron supplementation on oxidative/antioxidant status and severity of disease in ulcerative colitis patients: A randomized, <sc>double-blind</sc>, placebo-controlled study. <i>Phytotherapy Research</i> , 2021, 35, 946-953.	2.8	18
22	Association between dietary intake of some antioxidant micronutrients with some inflammatory and antioxidant markers in active Rheumatoid Arthritis patients. <i>International Journal for Vitamin and Nutrition Research</i> , 2019, 89, 238-245.	0.6	18
23	The effect of <i>Cornus mas</i> fruit extract consumption on lipid profile, glycemic indices, and leptin in postmenopausal women—A randomized clinical trial. <i>Phytotherapy Research</i> , 2019, 33, 2979-2988.	2.8	17
24	The effects of resveratrol on the expression of VEGF, TGF- β^2 , and MMP-9 in endometrial stromal cells of women with endometriosis. <i>Scientific Reports</i> , 2021, 11, 6054.	1.6	15
25	Conjugated Linoleic Acid Supplementation has no Impact on Aerobic Capacity of Healthy Young Men. <i>Lipids</i> , 2015, 50, 805-809.	0.7	13
26	Effects of hydroalcoholic extract of <i>Berberis Integerrima</i> on the anthropometric indices and metabolic profile in active rheumatoid arthritis patients. <i>Complementary Therapies in Medicine</i> , 2020, 50, 102331.	1.3	13
27	Histone variants expression in peripheral blood mononuclear cells of patients with rheumatoid arthritis. <i>International Journal of Rheumatic Diseases</i> , 2018, 21, 1831-1837.	0.9	11
28	The Effect of Zinc Supplementation on Serum Leptin Levels: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Hormone and Metabolic Research</i> , 2019, 51, 503-510.	0.7	9
29	Can vitamin E supplementation affect obesity indices? A systematic review and meta-analysis of twenty-four randomized controlled trials. <i>Clinical Nutrition</i> , 2021, 40, 3201-3209.	2.3	9
30	CLA Has a Useful Effect on Bone Markers in Patients with Rheumatoid Arthritis. <i>Lipids</i> , 2016, 51, 1397-1405.	0.7	8
31	The effect of <i>Cornus mas</i> extract consumption on bone biomarkers and inflammation in postmenopausal women: A randomized clinical trial. <i>Phytotherapy Research</i> , 2021, 35, 4425-4432.	2.8	8
32	The effect of saffron (<i>L.</i>) supplementation on blood pressure, and renal and liver function in patients with type 2 diabetes mellitus: A double-blinded, randomized clinical trial. <i>Avicenna Journal of Phytomedicine</i> , 2019, 9, 322-333.	0.1	7
33	The effect of ginger supplementation on IL2, TNF α , and IL1 β cytokines gene expression levels in patients with active rheumatoid arthritis: A randomized controlled trial. <i>Medical Journal of the Islamic Republic of Iran</i> , 2019, 33, 154.	0.9	6
34	Dairy Foods Intake among Female Iranian Students: A Nutrition Education Intervention Using a Health Promotion Model. <i>Global Journal of Health Science</i> , 2016, 8, 192.	0.1	5
35	Study protocol of a randomized controlled clinical trial investigating the effects of omega-3 supplementation on endothelial function, vascular structure, and metabolic parameters in adolescents with type 1 diabetes. <i>Trials</i> , 2021, 22, 953.	0.7	4
36	The effect of black barberry hydroalcoholic extract on immune mediators in patients with active rheumatoid arthritis: A randomized, double-blind, controlled clinical trial. <i>Phytotherapy Research</i> , 2021, 35, 1062-1068.	2.8	3

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37	Effect of spirulina and chlorella alone and combined on the healing process of diabetic wounds: an experimental model of diabetic rats. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021, 20, 161-169.	0.8	3
38	Evaluation of cytotoxicity and anticancer activity of kombucha and doxorubicin combination therapy on colorectal cancer cell line HCT-116.. <i>Journal of Education and Health Promotion</i> , 2021, 10, 376.	0.3	3
39	Defining and Developing Measures of Checklist for Measuring Food Store Environment: A Systematic Review. <i>Iranian Journal of Public Health</i> , 2021, 50, 480-491.	0.3	2
40	Effects of hydroalcoholic extract of <i>Berberis integerrima</i> on the clinical signs, hs-CRP, TNF α , and ESR in active rheumatoid arthritis patients. <i>Journal of Herbal Medicine</i> , 2021, 28, 100444.	1.0	2
41	Effect of rosemary leaf powder with weight loss diet on lipid profile, glycemic status, and liver enzymes in patients with nonalcoholic fatty liver disease: A randomized, double-blind clinical trial. <i>Phytotherapy Research</i> , 2022, 36, 2186-2196.	2.8	2
42	The Effect of Saffron Supplement on Clinical Outcomes, Inflammatory and Oxidative Markers in Patients With Active Rheumatoid Arthritis. <i>Current Developments in Nutrition</i> , 2021, 5, 1118.	0.1	1
43	Association of Demographic and Some Age Related With Nutritional Status in Elderly in Nursing Home in Semnan. <i>Salmand: Iranian Journal of Ageing</i> , 0, , .	0.2	1
44	The effect of ginger supplementation on IL2, TNF α , and IL1 β cytokines gene expression levels in patients with active rheumatoid arthritis: A randomized controlled trial. <i>Medical Journal of the Islamic Republic of Iran</i> , 0, , .	0.9	1
45	AB1474-HPR...Effect of vitamin E on immunity and inflammation in adults with active rheumatoid arthritis (RA). <i>Annals of the Rheumatic Diseases</i> , 2013, 71, 759.4-759.	0.5	0
46	The Effect of Individual Education Program on Gestational Diabetes in IVF Pregnant Women. <i>The Journal of Qazvin University of Medical Sciences</i> , 0, , 38-51.	0.1	0