

# Kaisu H Pitkl

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

115  
papers

2,416  
citations

24  
h-index

46  
g-index

122  
ext. papers

2,920  
ext. citations

3.9  
avg, IF

5.22  
L-index

#	Paper	IF	Citations
115	Predictors of cognitive decline and mortality of aged people over a 10-year period. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2004</b> , 59, 268-74	6.4	374
114	Effects of the Finnish Alzheimer disease exercise trial (FINALEX): a randomized controlled trial. <i>JAMA Internal Medicine</i> , <b>2013</b> , 173, 894-901	11.5	181
113	Recommendations on Physical Activity and Exercise for Older Adults Living in Long-Term Care Facilities: A Taskforce Report. <i>Journal of the American Medical Directors Association</i> , <b>2016</b> , 17, 381-92	5.9	121
112	Prognostic significance of delirium in frail older people. <i>Dementia and Geriatric Cognitive Disorders</i> , <b>2005</b> , 19, 158-63	2.6	111
111	Efficacy of physical exercise intervention on mobility and physical functioning in older people with dementia: a systematic review. <i>Experimental Gerontology</i> , <b>2013</b> , 48, 85-93	4.5	102
110	Inappropriate drug prescribing in home-dwelling, elderly patients: a population-based survey. <i>Archives of Internal Medicine</i> , <b>2002</b> , 162, 1707-12		97
109	Effects of psychosocial group rehabilitation on health, use of health care services, and mortality of older persons suffering from loneliness: a randomized, controlled trial. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2009</b> , 64, 792-800	6.4	84
108	Effects of Exercise on Cognition: The Finnish Alzheimer Disease Exercise Trial: A Randomized, Controlled Trial. <i>Journal of the American Geriatrics Society</i> , <b>2016</b> , 64, 731-8	5.6	69
107	Education to reduce potentially harmful medication use among residents of assisted living facilities: a randomized controlled trial. <i>Journal of the American Medical Directors Association</i> , <b>2014</b> , 15, 892-8	5.9	64
106	Effects of socially stimulating group intervention on lonely, older people's cognition: a randomized, controlled trial. <i>American Journal of Geriatric Psychiatry</i> , <b>2011</b> , 19, 654-63	6.5	64
105	Feelings related to first patient experiences in medical school. A qualitative study on students' personal portfolios. <i>Patient Education and Counseling</i> , <b>2004</b> , 54, 171-7	3.1	60
104	Effects of Self-Management Groups for People with Dementia and Their Spouses--Randomized Controlled Trial. <i>Journal of the American Geriatrics Society</i> , <b>2016</b> , 64, 752-60	5.6	59
103	Multicomponent geriatric intervention for elderly inpatients with delirium: effects on costs and health-related quality of life. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2008</b> , 63, 56-61	6.4	43
102	Management of nonmalignant pain in home-dwelling older people: a population-based survey. <i>Journal of the American Geriatrics Society</i> , <b>2002</b> , 50, 1861-5	5.6	43
101	The association of the dopamine transporter gene and the dopamine receptor 2 gene with delirium, a meta-analysis. <i>American Journal of Medical Genetics Part B: Neuropsychiatric Genetics</i> , <b>2010</b> , 153B, 648-655	3.5	40
100	Cognitive Training Interventions for Patients with Alzheimer's Disease: A Systematic Review. <i>Journal of Alzheimer's Disease</i> , <b>2017</b> , 56, 1349-1372	4.3	38
99	Cohort Profile: The Helsinki Businessmen Study (HBS). <i>International Journal of Epidemiology</i> , <b>2016</b> , 45, 1074-1074h	7.8	34

98	Is it possible to reduce polypharmacy in the elderly? A randomised, controlled trial. <i>Drugs and Aging</i> , <b>2001</b> , 18, 143-9	4.7	34
97	Exercise rehabilitation on home-dwelling patients with Alzheimer's disease—a randomized, controlled trial. Study protocol. <i>Trials</i> , <b>2010</b> , 11, 92	2.8	31
96	Association of Self-Rated Health in Midlife With Mortality and Old Age Frailty: A 26-Year Follow-Up of Initially Healthy Men. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2016</b> , 71, 923-8	6.4	30
95	Use of proton-pump inhibitors and their associated risks among frail elderly nursing home residents. <i>Scandinavian Journal of Primary Health Care</i> , <b>2010</b> , 28, 154-9	2.7	30
94	Prevention of Functional Decline by Reframing the Role of Nursing Homes?. <i>Journal of the American Medical Directors Association</i> , <b>2017</b> , 18, 105-110	5.9	27
93	Eight-Year Trends in the Use of Opioids, Other Analgesics, and Psychotropic Medications Among Institutionalized Older People in Finland. <i>Journal of the American Medical Directors Association</i> , <b>2015</b> , 16, 973-8	5.9	27
92	Living will, resuscitation preferences, and attitudes towards life in an aged population. <i>Gerontology</i> , <b>2004</b> , 50, 247-54	5.5	27
91	Effect of Clinical Geriatric Assessments and Collaborative Medication Reviews by Geriatrician and Family Physician for Improving Health-Related Quality of Life in Home-Dwelling Older Patients Receiving Polypharmacy: A Cluster Randomized Clinical Trial. <i>JAMA Internal Medicine</i> , <b>2020</b> , 180, 181-189	11.5	24
90	Dentition, nutritional status and adequacy of dietary intake among older residents in assisted living facilities. <i>Gerodontology</i> , <b>2016</b> , 33, 225-32	2.8	23
89	Alcohol consumption in midlife and old age and risk of frailty: Alcohol paradox in a 30-year follow-up study. <i>Age and Ageing</i> , <b>2018</b> , 47, 248-254	3	22
88	Fourteen-Year Trends in the Use of Psychotropic Medications, Opioids, and Other Sedatives Among Institutionalized Older People in Helsinki, Finland. <i>Journal of the American Medical Directors Association</i> , <b>2019</b> , 20, 305-311	5.9	19
87	Burden of Potentially Harmful Medications and the Association With Quality of Life and Mortality Among Institutionalized Older People. <i>Journal of the American Medical Directors Association</i> , <b>2016</b> , 17, 276.e9-14	5.9	18
86	Do you want to live to be 100? Answers from older people. <i>Age and Ageing</i> , <b>2016</b> , 45, 543-9	3	18
85	Analgesic use and pain in residents with and without dementia in aged care facilities: A cross-sectional study. <i>Australasian Journal on Ageing</i> , <b>2016</b> , 35, 180-7	1.5	17
84	Use of cardiovascular drugs by home-dwelling coronary patients aged 75 years and older. A population-based cross-sectional survey in Helsinki, Finland. <i>European Journal of Clinical Pharmacology</i> , <b>2001</b> , 57, 513-6	2.8	15
83	Changes in disability, self-rated health, comorbidities and psychological wellbeing in community-dwelling 75-95-year-old cohorts over two decades in Helsinki. <i>Scandinavian Journal of Primary Health Care</i> , <b>2017</b> , 35, 279-285	2.7	14
82	Altering a computerized laboratory test order form rationalizes ordering of laboratory tests in primary care physicians. <i>International Journal of Medical Informatics</i> , <b>2016</b> , 86, 49-53	5.3	14
81	Vision impairment and nutritional status among older assisted living residents. <i>Archives of Gerontology and Geriatrics</i> , <b>2014</b> , 58, 384-7	4	14

80	Effects of preventive home visits on health-related quality-of-life and mortality in home-dwelling older adults. <i>Scandinavian Journal of Primary Health Care</i> , <b>2019</b> , 37, 90-97	2.7	13
79	Use of Anticholinergic Drugs and its Relationship With Psychological Well-Being and Mortality in Long-Term Care Facilities in Helsinki. <i>Journal of the American Medical Directors Association</i> , <b>2018</b> , 19, 511-515	5.9	13
78	Cardiovascular risk factors and glucose tolerance in midlife and risk of cognitive disorders in old age up to a 49-year follow-up of the Helsinki businessmen study. <i>Annals of Medicine</i> , <b>2017</b> , 49, 462-469	1.5	12
77	Fecal Bifidobacterium Levels in Elderly Nursing Home Patients. <i>Bioscience and Microflora</i> , <b>2010</b> , 29, 111-113		12
76	Interest in healthy lifestyle and adherence to medications: Impact on mortality among elderly cardiovascular patients in the DEBATE Study. <i>Patient Education and Counseling</i> , <b>2007</b> , 67, 44-9	3.1	12
75	Effect of Protein Supplementation on Physical Performance in Older People With Sarcopenia-A Randomized Controlled Trial. <i>Journal of the American Medical Directors Association</i> , <b>2020</b> , 21, 226-232.e1	5.9	12
74	Relationship of Neuropsychiatric Symptoms with Falls in Alzheimer's Disease - Does Exercise Modify the Risk?. <i>Journal of the American Geriatrics Society</i> , <b>2018</b> , 66, 2377-2381	5.6	12
73	Statin Treatment Is Associated With a Neutral Effect on Health-Related Quality of Life Among Community-Dwelling Octogenarian Men: The Helsinki Businessmen Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2018</b> , 73, 1418-1423	6.4	11
72	Effects of Cognitive Training on Cognition and Quality of Life of Older Persons with Dementia. <i>Journal of the American Geriatrics Society</i> , <b>2018</b> , 66, 664-670	5.6	11
71	Training professionals to implement a group model for alleviating loneliness among older people: 10-year follow-up study. <i>Educational Gerontology</i> , <b>2018</b> , 44, 119-127	1.2	11
70	Herbal medications and other dietary supplements. A clinical review for physicians caring for older people. <i>Annals of Medicine</i> , <b>2016</b> , 48, 586-602	1.5	11
69	Culturally diverse health care students' experiences with teaching strategies in Finland: a national survey. <i>Nurse Education Today</i> , <b>2013</b> , 33, 590-5	3.7	11
68	Nurse Education to Reduce Harmful Medication Use in Assisted Living Facilities: Effects of a Randomized Controlled Trial on Falls and Cognition. <i>Drugs and Aging</i> , <b>2015</b> , 32, 947-55	4.7	11
67	Reducing inappropriate, anticholinergic and psychotropic drugs among older residents in assisted living facilities: study protocol for a randomized controlled trial. <i>Trials</i> , <b>2012</b> , 13, 85	2.8	11
66	Temporal Trends in the Use of Anticholinergic Drugs Among Older People Living in Long-Term Care Facilities in Helsinki. <i>Drugs and Aging</i> , <b>2020</b> , 37, 27-34	4.7	10
65	Potentially severe drug-drug interactions among older people and associations in assisted living facilities in Finland: a cross-sectional study. <i>Scandinavian Journal of Primary Health Care</i> , <b>2016</b> , 34, 250-7	2.7	9
64	Changes in malnutrition and quality of nutritional care among aged residents in all nursing homes and assisted living facilities in Helsinki 2003-2011. <i>Archives of Gerontology and Geriatrics</i> , <b>2017</b> , 72, 169-173	1.3	9
63	Cooperation between geriatricians and general practitioners for improved pharmacotherapy in home-dwelling elderly people receiving polypharmacy - the COOP Study: study protocol for a cluster randomised controlled trial. <i>Trials</i> , <b>2017</b> , 18, 158	2.8	9

62	Burden of Oral Symptoms and Its Associations With Nutrition, Well-Being, and Survival Among Nursing Home Residents. <i>Journal of the American Medical Directors Association</i> , <b>2019</b> , 20, 537-543	5.9	9
61	How Do Community-Dwelling Persons with Alzheimer Disease Fall? Falls in the FINALEX Study. <i>Dementia and Geriatric Cognitive Disorders Extra</i> , <b>2017</b> , 7, 195-203	2.5	8
60	Encouraging primary care research: evaluation of a one-year, doctoral clinical epidemiology research course. <i>Scandinavian Journal of Primary Health Care</i> , <b>2016</b> , 34, 89-96	2.7	8
59	Serum thyroid-stimulating hormone and cognition in older people. <i>Age and Ageing</i> , <b>2016</b> , 45, 155-7	3	8
58	Clinical and laboratory characteristics of active and healthy aging (AHA) in octogenarian men. <i>Aging Clinical and Experimental Research</i> , <b>2015</b> , 27, 581-7	4.8	7
57	Associations of physical activity with self-rated health and well-being in middle-aged Finnish men. <i>Scandinavian Journal of Public Health</i> , <b>2015</b> , 43, 190-6	3	7
56	Status of Geriatrics in 22 Countries. <i>Journal of Nutrition, Health and Aging</i> , <b>2018</b> , 22, 627-631	5.2	7
55	Phenotypic frailty and multimorbidity are independent 18-year mortality risk indicators in older men : The Helsinki Businessmen Study (HBS). <i>European Geriatric Medicine</i> , <b>2021</b> , 12, 953-961	3	7
54	Major cardiovascular disease (CVD) risk factors in midlife and extreme longevity. <i>Aging Clinical and Experimental Research</i> , <b>2020</b> , 32, 299-304	4.8	7
53	Time- and place-dependent experiences of loneliness in assisted living facilities. <i>Ageing and Society</i> , <b>2021</b> , 41, 628-644	1.7	7
52	Bioimpedance analysis and physical functioning as mortality indicators among older sarcopenic people. <i>Experimental Gerontology</i> , <b>2019</b> , 122, 42-46	4.5	6
51	Use of Anticholinergic Drugs According to Various Criteria and Their Association With Psychological Well-Being and Mortality in Long-Term Care Facilities. <i>Journal of the American Medical Directors Association</i> , <b>2019</b> , 20, 1156-1162	5.9	6
50	Midlife predictors of active and healthy aging (AHA) among older businessmen. <i>Aging Clinical and Experimental Research</i> , <b>2019</b> , 31, 225-231	4.8	6
49	Effectiveness and cost-effectiveness of personalised dietary advice aiming at increasing protein intake on physical functioning in community-dwelling older adults with lower habitual protein intake: rationale and design of the PROMISS randomised controlled trial. <i>BMJ Open</i> , <b>2020</b> , 10, e040637	3	6
48	Health-related quality of life as a predictor of mortality in heterogeneous samples of older adults. <i>European Geriatric Medicine</i> , <b>2018</b> , 9, 227-234	3	6
47	Effect of Exercise on Drug-Related Falls Among Persons with Alzheimer's Disease: A Secondary Analysis of the FINALEX Study. <i>Drugs and Aging</i> , <b>2018</b> , 35, 1017-1023	4.7	6
46	Older persons with signs of frailty in a home-based physical exercise intervention: baseline characteristics of an RCT. <i>Aging Clinical and Experimental Research</i> , <b>2019</b> , 31, 1419-1427	4.8	5
45	The Effects of Preventive Home Visits on Older People's Use of Health Care and Social Services and Related Costs. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2020</b> , 75, 1586-1593	6.4	5

44	Staff Training Interventions to Improve End-of-Life Care of Nursing Home Residents: A Systematic Review. <i>Journal of the American Medical Directors Association</i> , <b>2021</b> , 22, 268-278	5.9	5
43	Loneliness in assisted living facilities: An exploration of the group process. <i>Scandinavian Journal of Occupational Therapy</i> , <b>2021</b> , 28, 354-365	2.1	5
42	Sauna bathing, health, and quality of life among octogenarian men: the Helsinki Businessmen Study. <i>Aging Clinical and Experimental Research</i> , <b>2018</b> , 30, 1053-1057	4.8	5
41	Change in Prescribing for Secondary Prevention of Stroke and Coronary Heart Disease in Finnish Nursing Homes and Assisted Living Facilities. <i>Drugs and Aging</i> , <b>2019</b> , 36, 571-579	4.7	4
40	Prescribed Doses of Opioids in Long-Term Care Facilities. <i>Journal of the American Medical Directors Association</i> , <b>2015</b> , 16, 1100-2	5.9	4
39	Oral hygiene and health-related quality of life in institutionalized older people. <i>European Geriatric Medicine</i> , <b>2021</b> , 1	3	4
38	Midlife Cardiovascular Status and Old Age Physical Functioning Trajectories in Older Businessmen. <i>Journal of the American Geriatrics Society</i> , <b>2019</b> , 67, 2490-2496	5.6	3
37	Training nursing home staff to improve residents' end-of-life care: design and baseline findings from a randomized controlled trial. <i>European Geriatric Medicine</i> , <b>2019</b> , 10, 649-657	3	3
36	DEVELOPMENT OF A GERIATRIC TEAM: A STAFF DEVELOPMENT EDUCATIONAL PROCESS IN A NURSING HOME. <i>Educational Gerontology</i> , <b>2003</b> , 29, 117-128	1.2	3
35	Statin treatment, phenotypic frailty and mortality among community-dwelling octogenarian men: the HBS cohort. <i>Age and Ageing</i> , <b>2020</b> , 49, 258-263	3	3
34	Changes in Institutionalized Older People's Dentition Status in Helsinki, 2003-2017. <i>Journal of the American Geriatrics Society</i> , <b>2020</b> , 68, 221-223	5.6	3
33	Relationship between Fried's frailty phenotype and oral frailty in long-term care residents. <i>Age and Ageing</i> , <b>2021</b> , 50, 2133-2139	3	3
32	High Intake of Nonmilk Extrinsic Sugars Is Associated With Protein and Micronutrient Dilution in Home-Dwelling and Institutionalized Older People. <i>Journal of the American Medical Directors Association</i> , <b>2017</b> , 18, 301-305	5.9	2
31	Older People's Loneliness in Clinical Work. <i>Journal of the American Geriatrics Society</i> , <b>2019</b> , 67, 2211-2213	3.6	2
30	Exercise Effects on Falls, Fractures, Hospitalizations, and Mortality in Older Adults With Dementia: An Individual-Level Patient Data Meta-analysis. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2021</b> , 76, e203-e212	6.4	2
29	Neuropsychiatric Symptoms as Predictors of Falls in Long-Term Care Residents With Cognitive Impairment. <i>Journal of the American Medical Directors Association</i> , <b>2020</b> , 21, 1243-1248	5.9	2
28	The effects of health counseling and exercise training on self-rated health and well-being in middle-aged men: a randomized trial. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2017</b> , 57, 916-922	1.4	2
27	Association of midlife value priorities with health-related quality of life, frailty and mortality among older men: a 26-year follow-up of the Helsinki Businessmen Study (HBS). <i>Quality of Life Research</i> , <b>2018</b> , 27, 1269-1275	3.7	2

26	Secular trends in functional abilities, health and psychological well-being among community-dwelling 75- to 95-year-old cohorts over three decades in Helsinki, Finland. <i>Scandinavian Journal of Public Health</i> , <b>2021</b> , 14034948211007688	3	2
25	Effect of 12-Month Supervised, Home-Based Physical Exercise on Functioning Among Persons With Signs of Frailty: A Randomized Controlled Trial. <i>Archives of Physical Medicine and Rehabilitation</i> , <b>2021</b> , 102, 2283-2290	2.8	2
24	The associations of body mass index, bioimpedance spectroscopy-based calf intracellular resistance, single-frequency bioimpedance analysis and physical performance of older people. <i>Aging Clinical and Experimental Research</i> , <b>2020</b> , 32, 1077-1083	4.8	2
23	Effects of Home-Based Physical Exercise on Days at Home and Cost-Effectiveness in Pre-Frail and Frail Persons: Randomized Controlled Trial. <i>Journal of the American Medical Directors Association</i> , <b>2021</b> , 22, 773-779	5.9	2
22	Training Staff in Long-Term Care Facilities-Effects on Residents' Symptoms, Psychological Well-Being, and Proxy Satisfaction. <i>Journal of Pain and Symptom Management</i> , <b>2021</b> , 62, e4-e12	4.8	2
21	Interdisciplinary team education promotes innovations in the home care of older people. <i>Educational Gerontology</i> , <b>2018</b> , 44, 276-287	1.2	1
20	Severity of both neuropsychiatric symptoms and dementia is associated with quality of life in nursing home residents. <i>European Geriatric Medicine</i> , <b>2019</b> , 10, 793-800	3	1
19	Higher Polyunsaturated Fatty Acid to Saturated Fatty Acid Ratio Is Associated With Cognition, Mobility, Nutrient Intakes, and Higher Diet Quality in Heterogeneous Older Populations. <i>Journal of the American Medical Directors Association</i> , <b>2017</b> , 18, 729-731	5.9	1
18	Listening to the voice of older people: dimensions of loneliness in long-term care facilities. <i>Ageing and Society</i> , 1-18	1.7	1
17	COMMENT Comment on: Advance Care Planning: Social Isolation Matters. <i>Journal of the American Geriatrics Society</i> , <b>2020</b> , 68, 2699-2700	5.6	1
16	Comment on: Decrease of anticholinergic drug use in nursing home residents in the United States. <i>Journal of the American Geriatrics Society</i> , <b>2021</b> , 69, 2033-2035	5.6	1
15	Oral Health and Frailty Among Older Long-Term Care Residents in Finland. <i>Journal of the American Medical Directors Association</i> , <b>2021</b> , 22, 2394-2395	5.9	1
14	Do Clinicians Recommend Multivitamin and Mineral Supplements to Long-Term Care Residents According to Nutritional Status?. <i>Journal of the American Medical Directors Association</i> , <b>2016</b> , 17, 563-5	5.9	1
13	Monetary value of informal caregiving in dementia from a societal perspective. <i>Age and Ageing</i> , <b>2021</b> , 50, 861-867	3	1
12	Effects of Staff Training on Nursing Home Residents' End-Of-Life Care: A Randomized Controlled Trial. <i>Journal of the American Medical Directors Association</i> , <b>2021</b> , 22, 1699-1705.e1	5.9	1
11	Do electronic reminders alter recorded diagnoses in primary care office-hours practices of health centers: A register-based study in a Finnish city. <i>SAGE Open Medicine</i> , <b>2021</b> , 9, 20503121211036117	2.4	1
10	COVID-19 pandemic and mortality in nursing homes across USA and Europe up to October 2021.. <i>European Geriatric Medicine</i> , <b>2022</b> , 1	3	1
9	Oral disease burden of dentate older adults living in long-term care facilities: FINORAL study. <i>BMC Oral Health</i> , <b>2021</b> , 21, 624	3.7	1

8	Variations in older people's use of general practitioner consultations and the relationship with mortality rate in Vantaa, Finland in 2003-2014. <i>Scandinavian Journal of Primary Health Care</i> , <b>2019</b> , 37, 452-458	2.7	○
7	The cost effectiveness of personalized dietary advice to increase protein intake in older adults with lower habitual protein intake: a randomized controlled trial. <i>European Journal of Nutrition</i> , <b>2021</b> , 1	5.2	○
6	The influence of electronic reminders on recording diagnoses in a primary health care emergency department: a register-based study in a Finnish town. <i>Scandinavian Journal of Primary Health Care</i> , <b>2021</b> , 39, 113-122	2.7	○
5	Effects of Home-Based Physical Exercise on Days at Home, Health Care Utilization, and Functional Independence Among Patients With Hip Fractures: A Randomized Controlled Trial. <i>Archives of Physical Medicine and Rehabilitation</i> , <b>2021</b> , 102, 1692-1699	2.8	○
4	Temporal trends in nutrition intake among older long-term care residents. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 3793-3797	5.9	
3	Neuropsychological outcome of cognitive training in mild to moderate dementia: A randomized controlled trial. <i>Neuropsychological Rehabilitation</i> , <b>2021</b> , 31, 935-953	3.1	
2	Reply to the Letter "Coffee consumption and extreme longevity: a risk assessment". <i>Aging Clinical and Experimental Research</i> , <b>2021</b> , 33, 201	4.8	
1	Loneliness is a serious risk in COVID-19 lockdown. <i>European Geriatric Medicine</i> , <b>2021</b> , 12, 663-664	3	