

# Marta Kozłowska

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/222878/publications.pdf>

Version: 2024-02-01

10  
papers

133  
citations

1307594

7  
h-index

1372567

10  
g-index

10  
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10  
docs citations

10  
times ranked

184  
citing authors

#	ARTICLE	IF	CITATIONS
1	Habitually inactive physically " a proposed procedure of counteracting cognitive decline in women with diminished insulin sensitivity through a high-intensity circuit training program. <i>Physiology and Behavior</i> , 2021, 229, 113235.	2.1	9
2	Beneficial effects of whole-body cryotherapy on glucose homeostasis and amino acid profile are associated with a reduced myostatin serum concentration. <i>Scientific Reports</i> , 2021, 11, 7097.	3.3	11
3	Nordic Walking Rather Than High Intensity Interval Training Reduced Myostatin Concentration More Effectively in Elderly Subjects and the Range of This Drop Was Modified by Metabolites of Vitamin D. <i>Nutrients</i> , 2021, 13, 4393.	4.1	9
4	Short-Term Resistance Training Supported by Whole-Body Cryostimulation Induced a Decrease in Myostatin Concentration and an Increase in Isokinetic Muscle Strength. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5496.	2.6	11
5	Iron Status in Elderly Women Impacts Myostatin, Adiponectin and Osteocalcin Levels Induced by Nordic Walking Training. <i>Nutrients</i> , 2020, 12, 1129.	4.1	8
6	The beneficial effects of 15 units of high-intensity circuit training in women is modified by age, baseline insulin resistance and physical capacity. <i>Diabetes Research and Clinical Practice</i> , 2019, 152, 156-165.	2.8	26
7	Acute Postexercise Change in Circulating Irisin Is Related to More Favorable Lipid Profile in Pregnant Women Attending a Structured Exercise Program and to Less Favorable Lipid Profile in Controls: An Experimental Study with Two Groups. <i>International Journal of Endocrinology</i> , 2019, 2019, 1-11.	1.5	9
8	Immunological Response and Match Performance of Professional Tennis Players of Different Age Groups During a Competitive Season. <i>Journal of Strength and Conditioning Research</i> , 2019, Publish Ahead of Print, 2255-2262.	2.1	4
9	A 2-Week Specific Volleyball Training Supported by the Whole Body Cryostimulation Protocol Induced an Increase of Growth Factors and Counteracted Deterioration of Physical Performance. <i>Frontiers in Physiology</i> , 2018, 9, 1711.	2.8	20
10	The impact of a single bout of high intensity circuit training on myokines' concentrations and cognitive functions in women of different age. <i>Physiology and Behavior</i> , 2017, 179, 290-297.	2.1	26