## Ainslea Cross

List of Publications by Year in descending order

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AINSLEA CROSS

| # | Article  | IF  | CITATIONS |
|---|--|-----|-----------|
| 1 | Mental contrasting for health behaviour change: a systematic review and meta-analysis of effects and moderator variables. Health Psychology Review, 2019, 13, 209-225.                     | 8.6 | 75        |
| 2 | The psychosocial impact of caregiving in dementia and quality of life: a systematic review and meta-synthesis of qualitative research. Psychology and Health, 2018, 33, 1321-1342.         | 2.2 | 59        |
| 3 | An integrative systematic review of creative arts interventions for older informal caregivers of people with neurological conditions. PLoS ONE, 2020, 15, e0243461.                        | 2.5 | 17        |
| 4 | Mental contrasting as a behaviour change technique: a systematic review protocol paper of effects,<br>mediators and moderators on health. Systematic Reviews, 2016, 5, 201.                | 5.3 | 4         |
| 5 | What is the role of stress cardiovascular reactivity in health behaviour change? A systematic review, meta-analysis and research agenda. Psychology and Health, 2021, 36, 1021-1040.       | 2.2 | 3         |
| 6 | Social ecological interventions to increase physical activity in children and young people living with and beyond cancer: a systematic review. Psychology and Health, 2020, 35, 1477-1496. | 2.2 | 2         |
| 7 | A Phenomenological Study: Exploring the Meaning of Spirituality in Long-term Recovery in Alcoholics<br>Anonymous. Alcoholism Treatment Quarterly, 2021, 39, 282-300.                       | 0.8 | 2         |