

Julio Fernandez-Mendoza

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/2195668/publications.pdf>

Version: 2024-02-01

204
papers

6,348
citations

76031

42
h-index

84171

75
g-index

211
all docs

211
docs citations

211
times ranked

7528
citing authors

#	ARTICLE	IF	CITATIONS
1	Insomnia with objective short sleep duration. , 2023, , 64-72.		0
2	Behavioral, neurocognitive, polysomnographic and cardiometabolic profiles associated with obstructive sleep apnea in adolescents with ADHD. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2022, 63, 544-552.	3.1	7
3	CBT-I in the short sleep duration phenotype. , 2022, , 369-401.		2
4	Hypothalamicâ€“pituitaryâ€“adrenal (HPA) axis response to exogenous corticotropinâ€“releasing hormone (CRH) is attenuated in men with chronic insomnia. Journal of Sleep Research, 2022, 31, e13526.	1.7	11
5	Insomnia with objective short sleep duration in women with temporomandibular joint disorder: quantitative sensory testing, inflammation and clinical pain profiles. Sleep Medicine, 2022, 90, 26-35.	0.8	18
6	Evidence of a maturational disruption in non-rapid eye movement sleep slow wave activity in youth with attention-deficit/hyperactivity, learning and internalizing disorders. Sleep Medicine, 2022, 90, 230-237.	0.8	1
7	Association of a novel EEG metric of sleep depth/intensity with attention-deficit/hyperactivity, learning, and internalizing disorders and their pharmacotherapy in adolescence. Sleep, 2022, 45, .	0.6	2
8	Trajectories of Insomnia Symptoms From Childhood Through Young Adulthood. Pediatrics, 2022, 149, .	1.0	15
9	Abstract MP56: Sleep Regularity Modifies The Association Of Visceral Adiposity With Elevated Blood Pressure In Adolescents. Circulation, 2022, 145, .	1.6	1
10	Abstract 039: Association Of A Cumulative Exposure To Sleep Disordered Breathing From Childhood Through Young Adulthood With Carotid Intima-media Thickness. Circulation, 2022, 145, .	1.6	1
11	Basal Cortisol Levels Are Increased in Patients with Mild Cognitive Impairment: Role of Insomnia and Short Sleep Duration. Journal of Alzheimer's Disease, 2022, 87, 933-944.	1.2	8
12	0032 Objective and Subjective Measures of Sleep Initiation are Differentially Associated with DNA Methylation in Adolescents. Sleep, 2022, 45, A15-A15.	0.6	0
13	0254 Association of Slow Wave Activity and Odds Ratio Product with Internalizing and Externalizing Problems in Children and Adolescents. Sleep, 2022, 45, A114-A114.	0.6	1
14	0219 Interplay of School Days and Free Days with Sleep Midpoint on the Association of Visceral Adiposity with Blood Pressure in Adolescents. Sleep, 2022, 45, A99-A100.	0.6	1
15	0724 Age-related AHI cut-offs associated with cardiovascular and cerebrovascular disorders: clinical implications. Sleep, 2022, 45, A317-A317.	0.6	0
16	0663 Association of Insomnia Phenotypes based on Objective Sleep Duration with Suicide Attempts, Ideation and Completion. Sleep, 2022, 45, A291-A291.	0.6	0
17	0536 Association of a Novel EEG Biomarker of Sleep Depth with Sleep Disordered Breathing in Adolescents. Sleep, 2022, 45, A236-A236.	0.6	0
18	0031 Sleep Regularity is Associated with DNA Methylation in Cognitive, Cardiovascular and Mood-related Genes: A GWAS-informed Study in Adolescents. Sleep, 2022, 45, A14-A15.	0.6	1

#	ARTICLE	IF	CITATIONS
19	0190 Association of Sleep Spindle Activity with Cognition in Youth from the General Population. <i>Sleep</i> , 2022, 45, A87-A87.	0.6	0
20	0726 Visceral adiposity and daytime sleepiness are associated with hypertension in mild-to-moderate sleep apnea: age-related differences. <i>Sleep</i> , 2022, 45, A317-A318.	0.6	0
21	0432 Insomnia is Associated with Endothelial Dysfunction in Young Adulthood: the Penn State Child Cohort. <i>Sleep</i> , 2022, 45, A192-A192.	0.6	0
22	0338 Association of Evening Circadian Preference and Languid/Flexible Circadian Type with Predisposing, Perpetuating Factors, and Treatment Acceptability in Patients with Chronic Insomnia Disorder. <i>Sleep</i> , 2022, 45, A151-A152.	0.6	0
23	0488 Trajectories of Insomnia Symptoms since Childhood Associated with Treatment of Internalizing Disorders in Adulthood. <i>Sleep</i> , 2022, 45, A216-A216.	0.6	0
24	0727 Age-related association of visceral adiposity with cardiometabolic disorders in mild-to-moderate sleep apnea. <i>Sleep</i> , 2022, 45, A318-A318.	0.6	0
25	0072 A Mexican Spanish Version of the Insomnia Severity Index. <i>Sleep</i> , 2022, 45, A33-A33.	0.6	0
26	Association of insomnia phenotypes based on polysomnography-measured sleep duration with suicidal ideation and attempts. <i>Sleep Health</i> , 2022, , 712.	1.3	7
27	Natural history of insomnia symptoms in the transition from childhood to adolescence: population rates, health disparities, and risk factors. <i>Sleep</i> , 2021, 44, .	0.6	20
28	Insomnia with objective short sleep duration is associated with cognitive impairment: a first look at cardiometabolic contributors to brain health. <i>Sleep</i> , 2021, 44, .	0.6	25
29	Effect of trazodone versus cognitive-behavioural treatment on high- and low-frequency activity during non-rapid eye movement sleep in chronic insomnia: A pilot, randomized clinical trial. <i>Journal of Sleep Research</i> , 2021, 30, e13324.	1.7	7
30	Abstract 027: Individual-level Fine Particulate Air Pollution Is Associated With Arrhythmia In Adolescents. <i>Circulation</i> , 2021, 143, .	1.6	1
31	512 Confirmatory Factor Analysis of the Sleep Inertia Questionnaire in a Clinical Sample with Sleep Disorders. <i>Sleep</i> , 2021, 44, A201-A202.	0.6	3
32	692 Longitudinal Stability of Sleep and Health Correlates in Adults with Autism Spectrum Disorder. <i>Sleep</i> , 2021, 44, A270-A271.	0.6	1
33	150 Impact of Behavioral Disorders and their Pharmacological Treatment on the Maturational Trajectories of NREM Slow Wave Activity. <i>Sleep</i> , 2021, 44, A61-A62.	0.6	0
34	178 Sleep Disparities in Adolescent Women: Role of Pubertal Development, Menstrual Cycle and Premenstrual Symptoms. <i>Sleep</i> , 2021, 44, A72-A73.	0.6	0
35	Abstract MP63: Childhood-onset Obstructive Sleep Apnea Is Associated With Increased Risk Of Adolescent Hypertension. <i>Circulation</i> , 2021, 143, .	1.6	1
36	628 Longitudinal Association between NREM Sleep Depth and Arousability with ADHD and Internalizing Disorders in Adolescence. <i>Sleep</i> , 2021, 44, A246-A247.	0.6	0

#	ARTICLE	IF	CITATIONS
37	627 Adolescent Delayed Sleep Phase and Circadian Irregularity Associated with Substance (Mis)Use in Young Adulthood. <i>Sleep</i> , 2021, 44, A246-A246.	0.6	0
38	Response to: Real effect vs placebo effect. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 1143-1144.	1.4	0
39	369 Insomnia with objective short sleep duration is associated with increased cortisol in patients with Mild Cognitive Impairment. <i>Sleep</i> , 2021, 44, A147-A147.	0.6	0
40	151 Sex Differences in the Maturational Trajectories of Sleep Spindles in the Transition from Childhood to Adolescence. <i>Sleep</i> , 2021, 44, A62-A62.	0.6	2
41	Relationship Between Sluggish Cognitive Tempo and Sleep, Psychological, Somatic, and Cognitive Problems in Elementary School Children. <i>Journal of Pediatric Neuropsychology</i> , 2021, 7, 182-191.	0.3	15
42	010 Association between Objective Sleep Duration and DNA methylation in Adolescents. <i>Sleep</i> , 2021, 44, A4-A6.	0.6	0
43	Arousability as a trait predisposition to insomnia: multidimensional structure and clinical utility of the Spanish and English versions of the Arousal Predisposition Scale. <i>Sleep Medicine</i> , 2021, 81, 235-243.	0.8	4
44	327 Developmental Trajectories of Insomnia and Risk of Internalizing Disorders in Young Adulthood. <i>Sleep</i> , 2021, 44, A131-A131.	0.6	2
45	Abstract MP70: Short-term Fine Particulate Air Pollution Is Associated With Shorter Sleep Duration And Higher Sleep Variability In Adolescents. <i>Circulation</i> , 2021, 143, .	1.6	1
46	Abstract 038: Cumulative Exposure To Sleep Disordered Breathing From Childhood Through Young Adulthood Is Associated With Impaired Endothelial Function. <i>Circulation</i> , 2021, 143, .	1.6	1
47	The Hypersomnia Severity Index: reliability, construct, and criterion validity in a clinical sample of patients with sleep disorders. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 2249-2256.	1.4	9
48	Sex and Pubertal Differences in the Maturational Trajectories of Sleep Spindles in the Transition from Childhood to Adolescence: A Population-Based Study. <i>ENeuro</i> , 2021, 8, ENEURO.0257-21.2021.	0.9	11
49	Association of Pediatric Obstructive Sleep Apnea With Elevated Blood Pressure and Orthostatic Hypertension in Adolescence. <i>JAMA Cardiology</i> , 2021, 6, 1144.	3.0	29
50	ApneaDetector. , 2021, 5, 1-22.		16
51	Maturational trajectories of non-rapid eye movement slow wave activity and odds ratio product in a population-based sample of youth. <i>Sleep Medicine</i> , 2021, 83, 271-279.	0.8	10
52	Sleep Disturbances Increase the Impact of Working Memory Deficits on Learning Problems in Adolescents with High-Functioning Autism Spectrum Disorder. <i>Journal of Autism and Developmental Disorders</i> , 2020, 50, 1701-1713.	1.7	17
53	Clinical Significance and Cut-Off Scores for the Pre-Sleep Arousal Scale in Chronic Insomnia Disorder: A Replication in a Clinical Sample. <i>Behavioral Sleep Medicine</i> , 2020, 18, 705-718.	1.1	26
54	Objective short sleep duration increases the risk of all-cause mortality associated with possible vascular cognitive impairment. <i>Sleep Health</i> , 2020, 6, 71-78.	1.3	29

#	ARTICLE	IF	CITATIONS
55	0878 Association of Obstructive Sleep Apnea with Internalizing Symptoms vs. Externalizing Behaviors in Adolescents with Attention Deficit Hyperactivity Disorder. <i>Sleep</i> , 2020, 43, A334-A335.	0.6	0
56	Racial/ethnic disparity in habitual sleep is modified by caloric intake in adolescents. <i>Sleep Medicine</i> , 2020, 76, 65-71.	0.8	5
57	1130 Insomnia Short Sleep Phenotype is Associated With Frailty in Patients With Mild Cognitive Impairment (MCI). <i>Sleep</i> , 2020, 43, A430-A430.	0.6	0
58	The D1/D5 Dopamine Partial Agonist PF-06412562 in Advanced-Stage Parkinson's Disease: A Feasibility Study. <i>Journal of Parkinson's Disease</i> , 2020, 10, 1515-1527.	1.5	16
59	1107 Arousal And Sleepiness In Opioid Use Disorder Compared To Insomnia Disorder With And Without Comorbid Psychiatric Conditions. <i>Sleep</i> , 2020, 43, A421-A421.	0.6	0
60	0458 Smoking and Caffeine Consumption Differ Between Insomnia Phenotypes Based on Objective Sleep Duration. <i>Sleep</i> , 2020, 43, A175-A176.	0.6	0
61	0585 C-Reactive Protein Improves the Ability to Detect Cardiometabolic Risk in Mild-to-Moderate Sleep Apnea. <i>Sleep</i> , 2020, 43, A224-A224.	0.6	0
62	0457 Insomnia and Cause-Specific Mortality in Men and Women. <i>Sleep</i> , 2020, 43, A175-A175.	0.6	0
63	0919 Health Disparities in the Persistence of Childhood Insomnia Symptoms in the Transition to Adolescence: The Penn State Child Cohort. <i>Sleep</i> , 2020, 43, A349-A349.	0.6	0
64	0920 Behavioral Profiles Associated with the Development of Insomnia Symptoms in Children with Known Mental Health Disorders. <i>Sleep</i> , 2020, 43, A349-A350.	0.6	0
65	0476 Readiness and Stages of Change in a Behavioral Sleep Medicine Clinical Sample: From Pre-Contemplation to Struggling to Maintain Change. <i>Sleep</i> , 2020, 43, A182-A183.	0.6	0
66	0319 Sleep Architecture and Neurocognitive and Behavioral Functioning in Youth from the General Population. <i>Sleep</i> , 2020, 43, A121-A121.	0.6	0
67	0742 Hypersomnia Severity Index: Reliability and Validity in a Behavioral Sleep Medicine Clinical Sample. <i>Sleep</i> , 2020, 43, A282-A282.	0.6	0
68	0936 Cardiometabolic Disorders are Independently Associated with Excessive Daytime Sleepiness in Young Adults. <i>Sleep</i> , 2020, 43, A356-A356.	0.6	0
69	0890 Sleep Disordered Breathing is Associated With Endothelial Dysfunction and Atherosclerosis in Young Adults: Preliminary Longitudinal Findings in the Penn State Child Cohort. <i>Sleep</i> , 2020, 43, A339-A339.	0.6	0
70	0506 Short and Long-Term Effects of Trazodone vs. Cognitive-Behavioral Treatment on EEG Power During NREM Sleep in Chronic Insomnia. <i>Sleep</i> , 2020, 43, A193-A194.	0.6	0
71	Association of visceral adiposity and systemic inflammation with sleep disordered breathing in normal weight, never obese adolescents. <i>Sleep Medicine</i> , 2020, 69, 103-108.	0.8	10
72	Objective Daytime Napping is Associated with Disease Severity and Inflammation in Patients with Mild to Moderate Dementia. <i>Journal of Alzheimer's Disease</i> , 2020, 74, 803-815.	1.2	18

#	ARTICLE	IF	CITATIONS
73	Effects of trazodone versus cognitive behavioral therapy in the insomnia with short sleep duration phenotype: a preliminary study. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 2009-2019.	1.4	33
74	Arousability. , 2020, , 250-252.		0
75	Abstract MP23: Interplay of Cognitive Impairment and Short Sleep Duration on Cardiovascular and Cerebrovascular Mortality. <i>Circulation</i> , 2020, 141, .	1.6	0
76	Abstract P388: Childhood Obstructive Sleep Apnea May Track Into Adolescence and Role of Weight Dynamics. <i>Circulation</i> , 2020, 141, .	1.6	0
77	Childhood high-frequency EEG activity during sleep is associated with incident insomnia symptoms in adolescence. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2019, 60, 742-751.	3.1	12
78	0409 Effects of Trazodone vs. Cognitive-Behavioral Treatment on Slow Wave Sleep in Chronic Insomnia: A Pilot Study. <i>Sleep</i> , 2019, 42, A165-A166.	0.6	0
79	0735 Longitudinal Association of the Natural Course of Childhood Overweight with Sleep Disordered Breathing in the Transition to Adolescence: The Penn State Child Cohort. <i>Sleep</i> , 2019, 42, A295-A295.	0.6	0
80	0864 Objective Short Sleep Duration Increases the Risk of All-Cause and Cause-Specific Mortality Associated with Cognitive Impairment. <i>Sleep</i> , 2019, 42, A346-A348.	0.6	0
81	0504 Mortality Risk Associated with Mild-to-Moderate Sleep Apnea is Modified by Age. <i>Sleep</i> , 2019, 42, A202-A202.	0.6	1
82	Interplay of Objective Sleep Duration and Cardiovascular and Cerebrovascular Diseases on Cause-specific Mortality. <i>Journal of the American Heart Association</i> , 2019, 8, e013043.	1.6	35
83	0441 Increased High-frequency Electroencephalogram Activity during Nonrapid Eye Movement Sleep Mediates the Association between Subjective Daytime Sleepiness and Sustained Attention in Sleep Apnea Patients. <i>Sleep</i> , 2019, 42, A178-A178.	0.6	0
84	0354 Trait and State Arousal in Insomnia: Utility of Patient-reported Emotional Reactivity and Somatic Arousal in Clinical Samples. <i>Sleep</i> , 2019, 42, A144-A145.	0.6	0
85	0758 Natural History of Insomnia Symptoms from Childhood through Adolescence into Young Adulthood: The Penn State Child Cohort. <i>Sleep</i> , 2019, 42, A304-A305.	0.6	0
86	Insomnia and cardiometabolic disease risk. , 2019, , 391-407.		7
87	Obesity and Sleep Disturbances. , 2019, , 123-142.		1
88	0437 Differences of Electroencephalogram Activity during Nonrapid Eye Movement Sleep between Objective and Subjective Daytime Sleepiness in Sleep Apnea Patients. <i>Sleep</i> , 2019, 42, A176-A177.	0.6	0
89	Am I (hyper)aroused or anxious? Clinical significance of pre-sleep somatic arousal in young adults. <i>Journal of Sleep Research</i> , 2019, 28, e12829.	1.7	28
90	Association between DNA methylation in obesity-related genes and body mass index percentile in adolescents. <i>Scientific Reports</i> , 2019, 9, 2079.	1.6	40

#	ARTICLE	IF	CITATIONS
91	0355 Insomnia with Objective Short Sleep Duration is Associated with Cognitive Impairment: A Closer Look at Cardiometabolic Brain Health. <i>Sleep</i> , 2019, 42, A145-A145.	0.6	1
92	0488 Poor Sleep and Daytime Sleepiness Increase the Risk of Hypertension Associated with Mild-to-Moderate Obstructive Sleep Apnea: Age Effect. <i>Sleep</i> , 2019, 42, A195-A196.	0.6	0
93	Objective short sleep duration predicts the evolution of poor sleep into insomnia in the transition from childhood to young adulthood: the penn state child cohort. <i>Sleep Medicine</i> , 2019, 64, S113.	0.8	0
94	Childhood obesity, weight loss and developmental trajectories predict the persistence and remission of childhood sleep-disordered breathing. <i>Pediatric Obesity</i> , 2019, 14, e12461.	1.4	19
95	Mild-to-moderate sleep apnea is associated with incident hypertension: age effect. <i>Sleep</i> , 2019, 42, .	0.6	36
96	Abstract MP26: Visceral Obesity and Systemic Inflammation Predict Sleep Disordered Breathing in Normal Weight, Never Obese Adolescents: A Longitudinal, Population-Based Study. <i>Circulation</i> , 2019, 139, .	1.6	0
97	Abstract P275: Objective Short Sleep Duration Increases the Risk of Cancer Mortality Associated With Cardiovascular and Cerebrovascular Disease. <i>Circulation</i> , 2019, 139, .	1.6	0
98	Abstract MP52: Racial Disparity in Habitual Sleep Pattern Among Adolescents is Modified by Caloric Intake. <i>Circulation</i> , 2019, 139, .	1.6	0
99	Subjective and objective sleep discrepancy in symptomatic bipolar disorder compared to healthy controls. <i>Journal of Affective Disorders</i> , 2018, 229, 247-253.	2.0	15
100	0346 Clinical Significance of Pre-Sleep Somatic Arousal in Young Adults with Insomnia: Hyperarousal vs. Anxiety. <i>Sleep</i> , 2018, 41, A133-A133.	0.6	0
101	Neurocognitive and behavioral functioning in adolescents with sleep-disordered breathing: a population-based, dual-energy X-ray absorptiometry study. <i>International Journal of Obesity</i> , 2018, 42, 95-101.	1.6	13
102	0373 Trazodone vs. Cognitive Behavioral Therapy in Insomnia with Short Sleep Duration: Effects on Total Sleep Time and Cortisol Levels. <i>Sleep</i> , 2018, 41, A142-A143.	0.6	1
103	0341 Impaired Negative Feedback of the Hypothalamic-Pituitary-Adrenal Axis in Chronic Insomnia: A Corticotrophin Releasing Hormone (CRH) Challenge Test. <i>Sleep</i> , 2018, 41, A131-A131.	0.6	0
104	0746 Adolescent Girls are Less Likely than Boys to have SDB and Elevated Blood Pressure, but More Likely to have Orthostatic Hypertension: Penn State Child Cohort. <i>Sleep</i> , 2018, 41, A277-A278.	0.6	0
105	0852 Stress and Objective Short Sleep Duration Predict Higher Blood Pressure in Adolescents. <i>Sleep</i> , 2018, 41, A316-A316.	0.6	0
106	0924 Nighttime Sleep and Daytime Functioning in Ehlers-Danlos Syndrome: A Cohort Study of Syndrome Subtypes. <i>Sleep</i> , 2018, 41, A343-A343.	0.6	2
107	0358 Arousability as a Predisposition to Insomnia: Clinical Dimensions and Cut-Offs to Identify Insomnia Risk. <i>Sleep</i> , 2018, 41, A137-A137.	0.6	1
108	Obstructive sleep apnea and the metabolic syndrome: The road to clinically-meaningful phenotyping, improved prognosis, and personalized treatment. <i>Sleep Medicine Reviews</i> , 2018, 42, 211-219.	3.8	148

#	ARTICLE	IF	CITATIONS
109	Insomnia, Short Sleep Duration, and High Blood Pressure: Recent Evidence and Future Directions for the Prevention and Management of Hypertension. <i>Current Hypertension Reports</i> , 2018, 20, 52.	1.5	58
110	What should we tell our worried patients with insomnia about blood pressure?. <i>Sleep Medicine Reviews</i> , 2018, 41, 1-2.	3.8	2
111	0859 Association of Circadian Preference, Sleep-Wake Patterns and Night-To-Night Sleep Variability with Evening and Morning Cortisol Levels in Adolescents. <i>Sleep</i> , 2018, 41, A318-A319.	0.6	0
112	Neurocognitive and behavioral significance of periodic limb movements during sleep in adolescents with attention-deficit/hyperactivity disorder. <i>Sleep</i> , 2018, 41, .	0.6	19
113	0874 Insomnia with Objective Short Sleep Duration Is Associated with an Increased Risk of Cardiocerebrovascular Disease. <i>Sleep</i> , 2018, 41, A325-A325.	0.6	5
114	0348 Menopause, Hormone Replacement Therapy and Insomnia Phenotypes based on Objective Sleep Duration: The Penn State Adult Cohort. <i>Sleep</i> , 2018, 41, A134-A134.	0.6	0
115	0413 Effects of Trazodone on Blood Pressure: A Longitudinal, Observational Study of Patients Presenting to a Sleep Disorder Clinic. <i>Sleep</i> , 2018, 41, A157-A157.	0.6	4
116	Abstract P129: Association Between Blood Pressure and DNA Methylation in Blood Pressure-related Genes in Adolescents. <i>Circulation</i> , 2018, 137, .	1.6	0
117	Abstract P337: Adolescent Sleep is Associated With Physical Activity and Sedentary Behavior Patterns. <i>Circulation</i> , 2018, 137, .	1.6	0
118	Abstract P343: Sex Differences in Cardiovascular/Cerebrovascular Mortality Risk Associated With Chronic Insomnia. <i>Circulation</i> , 2018, 137, .	1.6	0
119	Abstract P339: Impaired Cardiac Autonomic Modulation in Adolescents: Role of Insomnia Symptoms, Objective Short Sleep Duration and Night-To-Night Sleep Variability. <i>Circulation</i> , 2018, 137, .	1.6	0
120	Short Telomere Length and Endophenotypes in Sleep Medicine. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 1975-1977.	1.4	1
121	Behavioral Profiles Associated with Objective Sleep Duration in Young Children with Insomnia Symptoms. <i>Journal of Abnormal Child Psychology</i> , 2017, 45, 337-344.	3.5	32
122	Insomnia symptoms with objective short sleep duration are associated with systemic inflammation in adolescents. <i>Brain, Behavior, and Immunity</i> , 2017, 61, 110-116.	2.0	106
123	The association between Disruptive Mood Dysregulation Disorder symptoms and sleep problems in children with and without ADHD. <i>Sleep Medicine</i> , 2017, 37, 180-186.	0.8	43
124	Increased inflammation from childhood to adolescence predicts sleep apnea in boys: A preliminary study. <i>Brain, Behavior, and Immunity</i> , 2017, 64, 259-265.	2.0	25
125	Objective short sleep duration modifies the relationship between hypertension and all-cause mortality. <i>Journal of Hypertension</i> , 2017, 35, 830-836.	0.3	20
126	0426 MILD-TO-MODERATE OBSTRUCTIVE SLEEP APNEA IS ASSOCIATED WITH INCIDENT HYPERTENSION: A LONGITUDINAL, POPULATION-BASED STUDY. <i>Sleep</i> , 2017, 40, A158-A159.	0.6	3

#	ARTICLE	IF	CITATIONS
127	Impact of the Metabolic Syndrome on Mortality is Modified by Objective Short Sleep Duration. Journal of the American Heart Association, 2017, 6, .	1.6	40
128	0919 SLEEP DISTURBANCES MODIFY THE IMPACT OF WORKING MEMORY DEFICITS ON LEARNING PROBLEMS IN ADOLESCENTS WITH HIGH-FUNCTIONING AUTISM SPECTRUM DISORDER. Sleep, 2017, 40, A341-A342.	0.6	0
129	C-reactive protein improves the ability to detect cardiometabolic risk in mild-to-moderate obstructive sleep apnea. Physiological Reports, 2017, 5, e13454.	0.7	10
130	0875 CORTISOL IS ELEVATED IN OVERWEIGHT ADOLESCENTS WITH OBSTRUCTIVE SLEEP APNEA. Sleep, 2017, 40, A325-A325.	0.6	0
131	0432 CRP IS A BETTER PREDICTOR OF HYPERTENSION AND HYPERGLYCEMIA THAN APNEA/HYPOPNEA INDEX IN MILD-TO-MODERATE OBSTRUCTIVE SLEEP APNEA. Sleep, 2017, 40, A160-A161.	0.6	0
132	The insomnia with short sleep duration phenotype. Current Opinion in Psychiatry, 2017, 30, 56-63.	3.1	71
133	Objective, but Not Subjective, Sleepiness is Associated With Inflammation in Sleep Apnea. Sleep, 2017, 40, .	0.6	64
134	1015 IMPACT OF SHORT SLEEP DURATION ON MORTALITY RISK ASSOCIATED WITH CARDIOVASCULAR DISEASE AND STROKE. Sleep, 2017, 40, A378-A378.	0.6	0
135	0900 NATURAL HISTORY OF INSOMNIA SYMPTOMS AND INCIDENCE OF PSYCHIATRIC DISORDERS: ROLE OF CHILDHOOD-ONSET, ADOLESCENCE-ONSET AND FULL REMISSION. Sleep, 2017, 40, A334-A335.	0.6	1
136	Psychomotor Vigilance Test and Its Association With Daytime Sleepiness and Inflammation in Sleep Apnea: Clinical Implications. Journal of Clinical Sleep Medicine, 2017, 13, 1049-1056.	1.4	44
137	0424 MODERATE OBSTRUCTIVE SLEEP APNEA IS ASSOCIATED WITH INCIDENT DIABETES: A LONGITUDINAL, POPULATION-BASED STUDY. Sleep, 2017, 40, A158-A158.	0.6	1
138	Insomnia and Health. , 2017, , 794-803.e5.		3
139	0933 ROLE OF PERIODIC LIMB MOVEMENTS DURING SLEEP IN ADOLESCENTS WITH ATTENTION DEFICIT HYPERACTIVITY DISORDER: DIFFERENTIAL ASSOCIATION WITH INTERNALIZING VS. EXTERNALIZING BEHAVIORS. Sleep, 2017, 40, A347-A347.	0.6	1
140	0437 THE CLINICAL UTILITY OF SUBJECTIVE VS. OBJECTIVE TESTS OF EXCESSIVE DAYTIME SLEEPINESS IN THE ASSESSMENT OF PATIENTS WITH SLEEP APNEA. Sleep, 2017, 40, A162-A163.	0.6	0
141	0893 INCREASED INFLAMMATION FROM CHILDHOOD TO ADOLESCENCE MEDIATES THE ASSOCIATION BETWEEN WAIST CIRCUMFERENCE AND OBSTRUCTIVE SLEEP APNEA IN BOYS. Sleep, 2017, 40, A332-A332.	0.6	1
142	0869 CRP IS A BETTER PREDICTOR OF CARDIOMETABOLIC RISK THAN APNEA/HYPOPNEA INDEX IN ADOLESCENTS WITH MILD-TO-MODERATE OBSTRUCTIVE SLEEP APNEA. Sleep, 2017, 40, A323-A323.	0.6	0
143	0896 DO NOT WAIT FOR CHILD OBESITY: OVERWEIGHT LEADS TO SLEEP DISORDERED BREATHING AND WEIGHT LOSS TO ITS REMISSION IN PRE-PUBERTAL CHILDREN TRANSITIONING TO ADOLESCENCE. Sleep, 2017, 40, A333-A333.	0.6	0
144	Abstract MP085: Cognitive Impairment Mediates the Impact of Short Sleep Duration on Mortality in Individuals with Cardiovascular or Cerebrovascular Disease. Circulation, 2017, 135, .	1.6	0

#	ARTICLE	IF	CITATIONS
145	Abstract P354: Objective Short Sleep Duration Increases the Risk of Mortality Associated with the Metabolic Syndrome. <i>Circulation</i> , 2017, 135, .	1.6	0
146	Insomnia Phenotypes Based on Objective Sleep Duration in Adolescents: Depression Risk and Differential Behavioral Profiles. <i>Brain Sciences</i> , 2016, 6, 59.	1.1	35
147	Inflammation mediates the association between visceral adiposity and obstructive sleep apnea in adolescents. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2016, 311, E851-E858.	1.8	56
148	The relative association of obstructive sleep apnea, obesity and excessive daytime sleepiness with incident depression: a longitudinal, population-based study. <i>International Journal of Obesity</i> , 2016, 40, 1397-1404.	1.6	57
149	Insomnia is Associated with Cortical Hyperarousal as Early as Adolescence. <i>Sleep</i> , 2016, 39, 1029-1036.	0.6	100
150	Sleep. <i>Current Opinion in Cardiology</i> , 2016, 31, 551-565.	0.8	102
151	Natural history of sleep disordered breathing in prepubertal children transitioning to adolescence. <i>European Respiratory Journal</i> , 2016, 47, 1402-1409.	3.1	56
152	Moderate sleep apnoea: a "silent" disorder, or not a disorder at all?. <i>European Respiratory Journal</i> , 2016, 47, 23-26.	3.1	16
153	Sleep apnoea and the hypothalamic-pituitary-adrenal axis in men and women: effects of continuous positive airway pressure. <i>European Respiratory Journal</i> , 2016, 47, 531-540.	3.1	66
154	Arousability. , 2016, , 1-3.		0
155	Abstract MP94: Short Sleep Duration Modifies the Relationship Between Cognitive Impairment Associated with Cardiovascular Disease and All-cause Mortality. <i>Circulation</i> , 2016, 133, .	1.6	0
156	Insomnia and incident depression: role of objective sleep duration and natural history. <i>Journal of Sleep Research</i> , 2015, 24, 390-398.	1.7	116
157	Short- and Long-Term Sleep Stability in Insomniacs and Healthy Controls. <i>Sleep</i> , 2015, 38, 1727-1734.	0.6	43
158	Natural History of Excessive Daytime Sleepiness: Role of Obesity, Weight Loss, Depression, and Sleep Propensity. <i>Sleep</i> , 2015, 38, 351-360.	0.6	106
159	Chronic fatigue syndrome and fibromyalgia in diagnosed sleep disorders: a further test of the "unitary" hypothesis. <i>BMC Neurology</i> , 2015, 15, 53.	0.8	19
160	Abdominal Obesity and Metabolic Syndrome Burden in Adolescents Penn State Children Cohort Study. <i>Journal of Clinical Densitometry</i> , 2015, 18, 30-36.	0.5	68
161	Insomnia With Physiological Hyperarousal Is Associated With Hypertension. <i>Hypertension</i> , 2015, 65, 644-650.	1.3	113
162	Sleep variability and cardiac autonomic modulation in adolescents Penn State Child Cohort (PSCC) study. <i>Sleep Medicine</i> , 2015, 16, 67-72.	0.8	37

#	ARTICLE	IF	CITATIONS
163	Gender differences in the association of sleep apnea and inflammation. <i>Brain, Behavior, and Immunity</i> , 2015, 47, 211-217.	2.0	37
164	Metabolic syndrome burden in apparently healthy adolescents is adversely associated with cardiac autonomic modulationâ€”Penn State Children Cohort. <i>Metabolism: Clinical and Experimental</i> , 2015, 64, 626-632.	1.5	30
165	The effect of poor sleep quality on mood outcome differs between men and women: A longitudinal study of bipolar disorder. <i>Journal of Affective Disorders</i> , 2015, 180, 90-96.	2.0	44
166	Habitual sleep variability, not sleep duration, is associated with caloric intake in adolescents. <i>Sleep Medicine</i> , 2015, 16, 856-861.	0.8	67
167	Excessive Daytime Sleepiness. , 2015, , 193-202.		4
168	Habitual sleep variability, mediated by nutrition intake, is associated with abdominal obesity in adolescents. <i>Sleep Medicine</i> , 2015, 16, 1489-1494.	0.8	82
169	Cognitiveâ€”emotional hyperarousal in the offspring of parents vulnerable to insomnia: a nuclear family study. <i>Journal of Sleep Research</i> , 2014, 23, 489-498.	1.7	53
170	Insomnia symptoms, objective sleep duration and hypothalamicâ€”pituitaryâ€”adrenal activity in children. <i>European Journal of Clinical Investigation</i> , 2014, 44, 493-500.	1.7	56
171	The circadian pattern of cardiac autonomic modulation and obesity in adolescents. <i>Clinical Autonomic Research</i> , 2014, 24, 265-273.	1.4	24
172	Prevalence of insomnia symptoms in a general population sample of young children and preadolescents: gender effects. <i>Sleep Medicine</i> , 2014, 15, 91-95.	0.8	174
173	Subjective short sleep duration: what does it mean?. <i>Sleep Medicine Reviews</i> , 2014, 18, 291-292.	3.8	11
174	Unveiling the longitudinal association between short sleep duration and the incidence of obesity: the Penn State Cohort. <i>International Journal of Obesity</i> , 2014, 38, 825-832.	1.6	105
175	Correlates of Suicide Ideation and Attempts in Children and Adolescents With Eating Disorders. <i>Eating Disorders</i> , 2014, 22, 352-366.	1.9	30
176	Evidence for the Etiopathogenesis of Insomnia and its Psychiatric Risk. <i>Sleep</i> , 2014, 37, 1273-1275.	0.6	3
177	Sleep quality during euthymia in bipolar disorder: the role of clinical features, personality traits, and stressful life events. <i>International Journal of Bipolar Disorders</i> , 2013, 1, 16.	0.8	33
178	Insomnia and its Impact on Physical and Mental Health. <i>Current Psychiatry Reports</i> , 2013, 15, 418.	2.1	199
179	Subjective and objective sleep and self-harm behaviors in young children: A general population study. <i>Psychiatry Research</i> , 2013, 209, 549-553.	1.7	40
180	Insomnia With Short Sleep Duration. <i>Sleep Medicine Clinics</i> , 2013, 8, 309-322.	1.2	57

#	ARTICLE	IF	CITATIONS
181	Insomnia with objective short sleep duration: The most biologically severe phenotype of the disorder. <i>Sleep Medicine Reviews</i> , 2013, 17, 241-254.	3.8	572
182	Response to Poor Sleep With Normal Sleep Duration: A Preventive Effect on Incident Hypertension. <i>Hypertension</i> , 2013, 61, e12.	1.3	1
183	Sleep apnoea and visceral adiposity in middle-aged male and female subjects. <i>European Respiratory Journal</i> , 2013, 41, 601-609.	3.1	99
184	Objective Measures are Useful in Subtyping Chronic Insomnia. <i>Sleep</i> , 2013, 36, 1125-1126.	0.6	5
185	Persistent Insomnia: the Role of Objective Short Sleep Duration and Mental Health. <i>Sleep</i> , 2012, 35, 61-68.	0.6	94
186	Learning, Attention/Hyperactivity, and Conduct Problems as Sequelae of Excessive Daytime Sleepiness in a General Population Study of Young Children. <i>Sleep</i> , 2012, 35, 627-32.	0.6	44
187	Clinical and Polysomnographic Predictors of the Natural History of Poor Sleep in the General Population. <i>Sleep</i> , 2012, 35, 689-697.	0.6	104
188	Insomnia With Objective Short Sleep Duration and Incident Hypertension. <i>Hypertension</i> , 2012, 60, 929-935.	1.3	329
189	The Spanish version of the Insomnia Severity Index: A confirmatory factor analysis. <i>Sleep Medicine</i> , 2012, 13, 207-210.	0.8	134
190	Risk factors for incident chronic insomnia: A general population prospective study. <i>Sleep Medicine</i> , 2012, 13, 346-353.	0.8	213
191	Is there a link between mild sleep disordered breathing and psychiatric and psychosomatic disorders?. <i>Sleep Medicine Reviews</i> , 2011, 15, 403-405.	3.8	6
192	Insomnia and Mortality. <i>Sleep</i> , 2011, 34, 557-558.	0.6	4
193	Prevalence and Risk Factors of Excessive Daytime Sleepiness in a Community Sample of Young Children: The Role of Obesity, Asthma, Anxiety/Depression, and Sleep. <i>Sleep</i> , 2011, 34, 503-507.	0.6	116
194	Sleep Misperception and Chronic Insomnia in the General Population: Role of Objective Sleep Duration and Psychological Profiles. <i>Psychosomatic Medicine</i> , 2011, 73, 88-97.	1.3	204
195	Cognitive-Emotional Hyperarousal as a Premorbid Characteristic of Individuals Vulnerable to Insomnia. <i>Psychosomatic Medicine</i> , 2010, 72, 397-403.	1.3	193
196	Insomnia with Objective Short Sleep Duration is Associated with Deficits in Neuropsychological Performance: A General Population Study. <i>Sleep</i> , 2010, 33, 459-465.	0.6	196
197	Circadian preference, nighttime sleep and daytime functioning in young adulthood. <i>Sleep and Biological Rhythms</i> , 2010, 8, 52-62.	0.5	52
198	Insomnia with Short Sleep Duration and Mortality: The Penn State Cohort. <i>Sleep</i> , 2010, 33, 1159-1164.	0.6	331

#	ARTICLE	IF	CITATIONS
199	Evidence of Subthalamic PGO-like Waves During REM Sleep in Humans: a Deep Brain Polysomnographic Study. <i>Sleep</i> , 2009, 32, 1117-1126.	0.6	54
200	Nighttime sleep and daytime functioning correlates of the insomnia complaint in young adults. <i>Journal of Adolescence</i> , 2009, 32, 1059-1074.	1.2	51
201	Sleep Patterns in the Transition from Adolescence to Young Adulthood. <i>Sleep Medicine Clinics</i> , 2009, 4, 77-85.	1.2	14
202	Sleep and Behavioral Correlates of Napping Among Young Adults: A Survey of First-Year University Students in Madrid, Spain. <i>Journal of American College Health</i> , 2008, 57, 150-158.	0.8	33
203	Insomnia and sleep quality among primary care physicians with low and high burnout levels. <i>Journal of Psychosomatic Research</i> , 2008, 64, 435-442.	1.2	137
204	Melatonin, Sleep, and Sleep Disorders. <i>Sleep Medicine Clinics</i> , 2007, 2, 303-312.	1.2	4