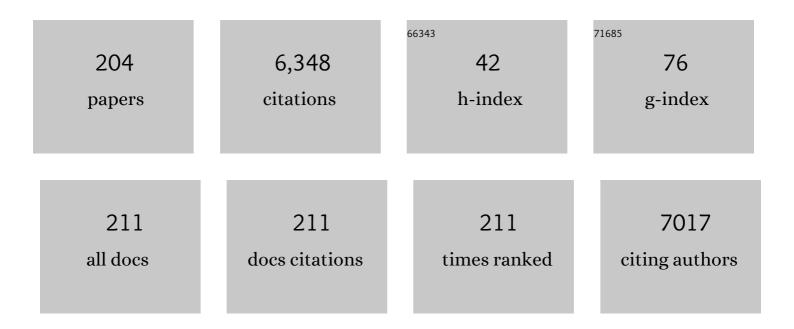
## Julio Fernandez-Mendoza

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/2195668/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Insomnia with objective short sleep duration. , 2023, , 64-72.		Ο
2	Behavioral, neurocognitive, polysomnographic and cardiometabolic profiles associated with obstructive sleep apnea in adolescents with ADHD. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2022, 63, 544-552.	5.2	7
3	CBT-I in the short sleep duration phenotype. , 2022, , 369-401.		2
4	Hypothalamic–pituitary–adrenal (HPA) axis response to exogenous corticotropinâ€releasing hormone (CRH) is attenuated in men with chronic insomnia. Journal of Sleep Research, 2022, 31, e13526.	3.2	11
5	Insomnia with objective short sleep duration in women with temporomandibular joint disorder: quantitative sensory testing, inflammation and clinical pain profiles. Sleep Medicine, 2022, 90, 26-35.	1.6	18
6	Evidence of a maturational disruption in non-rapid eye movement sleep slow wave activity in youth with attention-deficit/hyperactivity, learning and internalizing disorders. Sleep Medicine, 2022, 90, 230-237.	1.6	1
7	Association of a novel EEG metric of sleep depth/intensity with attention-deficit/hyperactivity, learning, and internalizing disorders and their pharmacotherapy in adolescence. Sleep, 2022, 45, .	1.1	2
8	Trajectories of Insomnia Symptoms From Childhood Through Young Adulthood. Pediatrics, 2022, 149, .	2.1	15
9	Abstract MP56: Sleep Regularity Modifies The Association Of Visceral Adiposity With Elevated Blood Pressure In Adolescents. Circulation, 2022, 145, .	1.6	1
10	Abstract 039: Association Of A Cumulative Exposure To Sleep Disordered Breathing From Childhood Through Young Adulthood With Carotid Intima-media Thickness. Circulation, 2022, 145, .	1.6	1
11	Basal Cortisol Levels Are Increased in Patients with Mild Cognitive Impairment: Role of Insomnia and Short Sleep Duration. Journal of Alzheimer's Disease, 2022, 87, 933-944.	2.6	8
12	0032 Objective and Subjective Measures of Sleep Initiation are Differentially Associated with DNA Methylation in Adolescents. Sleep, 2022, 45, A15-A15.	1.1	0
13	0254 Association of Slow Wave Activity and Odds Ratio Product with Internalizing and Externalizing Problems in Children and Adolescents. Sleep, 2022, 45, A114-A114.	1.1	1
14	0219 Interplay of School Days and Free Days with Sleep Midpoint on the Association of Visceral Adiposity with Blood Pressure in Adolescents. Sleep, 2022, 45, A99-A100.	1.1	1
15	0724 Age-related AHI cut-offs associated with cardiovascular and cerebrovascular disorders: clinical implications. Sleep, 2022, 45, A317-A317.	1.1	Ο
16	0663 Association of Insomnia Phenotypes based on Objective Sleep Duration with Suicide Attempts, Ideation and Completion. Sleep, 2022, 45, A291-A291.	1.1	0
17	0536 Association of a Novel EEG Biomarker of Sleep Depth with Sleep Disordered Breathing in Adolescents. Sleep, 2022, 45, A236-A236.	1.1	0
18	0031 Sleep Regularity is Associated with DNA Methylation in Cognitive, Cardiovascular and Mood-related Genes: A GWAS-informed Study in Adolescents. Sleep, 2022, 45, A14-A15.	1.1	1

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19	0190 Association of Sleep Spindle Activity with Cognition in Youth from the General Population. Sleep, 2022, 45, A87-A87.	1.1	0
20	0726 Visceral adiposity and daytime sleepiness are associated with hypertension in mild-to-moderate sleep apnea: age-related differences. Sleep, 2022, 45, A317-A318.	1.1	0
21	0432 Insomnia is Associated with Endothelial Dysfunction in Young Adulthood: the Penn State Child Cohort. Sleep, 2022, 45, A192-A192.	1.1	Ο
22	0338 Association of Evening Circadian Preference and Languid/Flexible Circadian Type with Predisposing, Perpetuating Factors, and Treatment Acceptability in Patients with Chronic Insomnia Disorder. Sleep, 2022, 45, A151-A152.	1.1	0
23	0488 Trajectories of Insomnia Symptoms since Childhood Associated with Treatment of Internalizing Disorders in Adulthood. Sleep, 2022, 45, A216-A216.	1.1	0
24	0727 Age-related association of visceral adiposity with cardiometabolic disorders in mild-to-moderate sleep apnea. Sleep, 2022, 45, A318-A318.	1.1	0
25	0072 A Mexican Spanish Version of the Insomnia Severity Index. Sleep, 2022, 45, A33-A33.	1.1	0
26	Association of insomnia phenotypes based on polysomnography-measured sleep duration with suicidal ideation and attempts. Sleep Health, 2022, , 712.	2.5	7
27	Natural history of insomnia symptoms in the transition from childhood to adolescence: population rates, health disparities, and risk factors. Sleep, 2021, 44, .	1.1	20
28	Insomnia with objective short sleep duration is associated with cognitive impairment: a first look at cardiometabolic contributors to brain health. Sleep, 2021, 44, .	1.1	25
29	Effect of trazodone versus cognitiveâ€behavioural treatment on high―and slowâ€frequency activity during nonâ€rapid eye movement sleep in chronic insomnia: A pilot, randomized clinical trial. Journal of Sleep Research, 2021, 30, e13324.	3.2	7
30	Abstract 027: Individual-level Fine Particulate Air Pollution Is Associated With Arrhythmia In Adolescents. Circulation, 2021, 143, .	1.6	1
31	512 Confirmatory Factor Analysis of the Sleep Inertia Questionnaire in a Clinical Sample with Sleep Disorders. Sleep, 2021, 44, A201-A202.	1.1	3
32	692 Longitudinal Stability of Sleep and Health Correlates in Adults with Autism Spectrum Disorder. Sleep, 2021, 44, A270-A271.	1.1	1
33	150 Impact of Behavioral Disorders and their Pharmacological Treatment on the Maturational Trajectories of NREM Slow Wave Activity. Sleep, 2021, 44, A61-A62.	1.1	0
34	178 Sleep Disparities in Adolescent Women: Role of Pubertal Development, Menstrual Cycle and Premenstrual Symptoms. Sleep, 2021, 44, A72-A73.	1.1	0
35	Abstract MP63: Childhood-onset Obstructive Sleep Apnea Is Associated With Increased Risk Of Adolescent Hypertension. Circulation, 2021, 143, .	1.6	1
36	628 Longitudinal Association between NREM Sleep Depth and Arousability with ADHD and Internalizing Disorders in Adolescence. Sleep, 2021, 44, A246-A247.	1.1	0

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37	627 Adolescent Delayed Sleep Phase and Circadian Irregularity Associated with Substance (Mis)Use in Young Adulthood. Sleep, 2021, 44, A246-A246.	1.1	0
38	Response to: Real effect vs placebo effect. Journal of Clinical Sleep Medicine, 2021, 17, 1143-1144.	2.6	0
39	369 Insomnia with objective short sleep duration is associated with increased cortisol in patients with Mild Cognitive Impairment. Sleep, 2021, 44, A147-A147.	1.1	Ο
40	151 Sex Differences in the Maturational Trajectories of Sleep Spindles in the Transition from Childhood to Adolescence. Sleep, 2021, 44, A62-A62.	1.1	2
41	Relationship Between Sluggish Cognitive Tempo and Sleep, Psychological, Somatic, and Cognitive Problems in Elementary School Children. Journal of Pediatric Neuropsychology, 2021, 7, 182-191.	0.6	15
42	010 Association between Objective Sleep Duration and DNA methylation in Adolescents. Sleep, 2021, 44, A4-A6.	1.1	0
43	Arousability as a trait predisposition to insomnia: multidimensional structure and clinical utility of the Spanish and English versions of the Arousal Predisposition Scale. Sleep Medicine, 2021, 81, 235-243.	1.6	4
44	327 Developmental Trajectories of Insomnia and Risk of Internalizing Disorders in Young Adulthood. Sleep, 2021, 44, A131-A131.	1.1	2
45	Abstract MP70: Short-term Fine Particulate Air Pollution Is Associated With Shorter Sleep Duration And Higher Sleep Variability In Adolescents. Circulation, 2021, 143, .	1.6	1
46	Abstract 038: Cumulative Exposure To Sleep Disordered Breathing From Childhood Through Young Adulthood Is Associated With Impaired Endothelial Function. Circulation, 2021, 143, .	1.6	1
47	The Hypersomnia Severity Index: reliability, construct, and criterion validity in a clinical sample of patients with sleep disorders. Journal of Clinical Sleep Medicine, 2021, 17, 2249-2256.	2.6	9
48	Sex and Pubertal Differences in the Maturational Trajectories of Sleep Spindles in the Transition from Childhood to Adolescence: A Population-Based Study. ENeuro, 2021, 8, ENEURO.0257-21.2021.	1.9	11
49	Association of Pediatric Obstructive Sleep Apnea With Elevated Blood Pressure and Orthostatic Hypertension in Adolescence. JAMA Cardiology, 2021, 6, 1144.	6.1	29
50	ApneaDetector. , 2021, 5, 1-22.		16
51	Maturational trajectories of non-rapid eye movement slow wave activity and odds ratio product in a population-based sample of youth. Sleep Medicine, 2021, 83, 271-279.	1.6	10
52	Sleep Disturbances Increase the Impact of Working Memory Deficits on Learning Problems in Adolescents with High-Functioning Autism Spectrum Disorder. Journal of Autism and Developmental Disorders, 2020, 50, 1701-1713.	2.7	17
53	Clinical Significance and Cut-Off Scores for the Pre-Sleep Arousal Scale in Chronic Insomnia Disorder: A Replication in a Clinical Sample. Behavioral Sleep Medicine, 2020, 18, 705-718.	2.1	26
54	Objective short sleep duration increases the risk of all-cause mortality associated with possible vascular cognitive impairment. Sleep Health, 2020, 6, 71-78.	2.5	29

#	Article	IF	CITATIONS
55	0878 Association of Obstructive Sleep Apnea with Internalizing Symptoms vs. Externalizing Behaviors in Adolescents with Attention Deficit Hyperactivity Disorder. Sleep, 2020, 43, A334-A335.	1.1	0
56	Racial/ethnic disparity in habitual sleep is modified by caloric intake in adolescents. Sleep Medicine, 2020, 76, 65-71.	1.6	5
57	1130 Insomnia Short Sleep Phenotype is Associated With Frailty in Patients With Mild Cognitive Impairment (MCI). Sleep, 2020, 43, A430-A430.	1.1	0
58	The D1/D5 Dopamine Partial Agonist PF-06412562 in Advanced-Stage Parkinson's Disease: A Feasibility Study. Journal of Parkinson's Disease, 2020, 10, 1515-1527.	2.8	16
59	1107 Arousal And Sleepiness In Opioid Use Disorder Compared To Insomnia Disorder With And Without Comorbid Psychiatric Conditions. Sleep, 2020, 43, A421-A421.	1.1	0
60	0458 Smoking and Caffeine Consumption Differ Between Insomnia Phenotypes Based on Objective Sleep Duration. Sleep, 2020, 43, A175-A176.	1.1	0
61	0585 C-Reactive Protein Improves the Ability to Detect Cardiometabolic Risk in Mild-to-Moderate Sleep Apnea. Sleep, 2020, 43, A224-A224.	1.1	0
62	0457 Insomnia and Cause-Specific Mortality in Men and Women. Sleep, 2020, 43, A175-A175.	1.1	0
63	0919 Health Disparities in the Persistence of Childhood Insomnia Symptoms in the Transition to Adolescence: The Penn State Child Cohort. Sleep, 2020, 43, A349-A349.	1.1	0
64	0920 Behavioral Profiles Associated with the Development of Insomnia Symptoms in Children with Known Mental Health Disorders. Sleep, 2020, 43, A349-A350.	1.1	0
65	0476 Readiness and Stages of Change in a Behavioral Sleep Medicine Clinical Sample: From Pre-Contemplation to Struggling to Maintain Change. Sleep, 2020, 43, A182-A183.	1.1	0
66	0319 Sleep Architecture and Neurocognitive and Behavioral Functioning in Youth from the General Population. Sleep, 2020, 43, A121-A121.	1.1	0
67	0742 Hypersomnia Severity Index: Reliability and Validity in a Behavioral Sleep Medicine Clinical Sample. Sleep, 2020, 43, A282-A282.	1.1	0
68	0936 Cardiometabolic Disorders are Independently Associated with Excessive Daytime Sleepiness in Young Adults. Sleep, 2020, 43, A356-A356.	1.1	0
69	0890 Sleep Disordered Breathing is Associated With Endothelial Dysfunction and Atherosclerosis in Young Adults: Preliminary Longitudinal Findings in the Penn State Child Cohort. Sleep, 2020, 43, A339-A339.	1.1	0
70	0506 Short and Long-Term Effects of Trazodone vs. Cognitive-Behavioral Treatment on EEG Power During NREM Sleep in Chronic Insomnia. Sleep, 2020, 43, A193-A194.	1.1	0
71	Association of visceral adiposity and systemic inflammation with sleep disordered breathing in normal weight, never obese adolescents. Sleep Medicine, 2020, 69, 103-108.	1.6	10
72	Objective Daytime Napping is Associated with Disease Severity and Inflammation in Patients with Mild to Moderate Dementia1. Journal of Alzheimer's Disease, 2020, 74, 803-815.	2.6	18

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#	Article	IF	CITATIONS
73	Effects of trazodone versus cognitive behavioral therapy in the insomnia with short sleep duration phenotype: a preliminary study. Journal of Clinical Sleep Medicine, 2020, 16, 2009-2019.	2.6	33
74	Arousability. , 2020, , 250-252.		0
75	Abstract MP23: Interplay of Cognitive Impairment and Short Sleep Duration on Cardiovascular and Cerebrovascular Mortality. Circulation, 2020, 141, .	1.6	Ο
76	Abstract P388: Childhood Obstructive Sleep Apnea May Track Into Adolescence and Role of Weight Dynamics. Circulation, 2020, 141, .	1.6	0
77	Childhood highâ€frequency EEG activity during sleep is associated with incident insomnia symptoms in adolescence. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2019, 60, 742-751.	5.2	12
78	0409 Effects of Trazodone vs. Cognitive-Behavioral Treatment on Slow Wave Sleep in Chronic Insomnia: A Pilot Study. Sleep, 2019, 42, A165-A166.	1.1	0
79	0735 Longitudinal Association of the Natural Course of Childhood Overweight with Sleep Disordered Breathing in the Transition to Adolescence: The Penn State Child Cohort. Sleep, 2019, 42, A295-A295.	1.1	0
80	0864 Objective Short Sleep Duration Increases the Risk of All-Cause and Cause-Specific Mortality Associated with Cognitive Impairment. Sleep, 2019, 42, A346-A348.	1.1	0
81	0504 Mortality Risk Associated with Mild-to-Moderate Sleep Apnea is Modified by Age. Sleep, 2019, 42, A202-A202.	1.1	1
82	Interplay of Objective Sleep Duration and Cardiovascular and Cerebrovascular Diseases on Causeâ $\in$ <b>S</b> pecific Mortality. Journal of the American Heart Association, 2019, 8, e013043.	3.7	35
83	0441 Increased High-frequency Electroencephalogram Activity during Nonrapid Eye Movement Sleep Mediates the Association between Subjective Daytime Sleepiness and Sustained Attention in Sleep Apnea Patients. Sleep, 2019, 42, A178-A178.	1.1	0
84	0354 Trait and State Arousal in Insomnia: Utility of Patient-reported Emotional Reactivity and Somatic Arousal in Clinical Samples. Sleep, 2019, 42, A144-A145.	1.1	0
85	0758 Natural History of Insomnia Symptoms from Childhood through Adolescence into Young Adulthood: The Penn State Child Cohort. Sleep, 2019, 42, A304-A305.	1.1	0
86	Insomnia and cardiometabolic disease risk. , 2019, , 391-407.		7
87	Obesity and Sleep Disturbances. , 2019, , 123-142.		1
88	0437 Differences of Electroencephalogram Activity during Nonrapid Eye Movement Sleep between Objective and Subjective Daytime Sleepiness in Sleep Apnea Patients. Sleep, 2019, 42, A176-A177.	1.1	0
89	Am I (hyper)aroused or anxious? Clinical significance of preâ€sleep somatic arousal in young adults. Journal of Sleep Research, 2019, 28, e12829.	3.2	28
90	Association between DNA methylation in obesity-related genes and body mass index percentile in adolescents. Scientific Reports, 2019, 9, 2079.	3.3	40

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91	0355 Insomnia with Objective Short Sleep Duration is Associated with Cognitive Impairment: A Closer Look at Cardiometabolic Brain Health. Sleep, 2019, 42, A145-A145.	1.1	1
92	0488 Poor Sleep and Daytime Sleepiness Increase the Risk of Hypertension Associated with Mild-to-Moderate Obstructive Sleep Apnea: Age Effect. Sleep, 2019, 42, A195-A196.	1.1	0
93	Objective short sleep duration predicts the evolution of poor sleep into insomnia in the transition from childhood to young adulthood: the penn state child cohort. Sleep Medicine, 2019, 64, S113.	1.6	0
94	Childhood obesity, weight loss and developmental trajectories predict the persistence and remission of childhood sleepâ€disordered breathing. Pediatric Obesity, 2019, 14, e12461.	2.8	19
95	Mild-to-moderate sleep apnea is associated with incident hypertension: age effect. Sleep, 2019, 42, .	1.1	36
96	Abstract MP26: Visceral Obesity and Systemic Inflammation Predict Sleep Disordered Breathing in Normal Weight, Never Obese Adolescents: A Longitudinal, Population-Based Study. Circulation, 2019, 139, .	1.6	0
97	Abstract P275: Objective Short Sleep Duration Increases the Risk of Cancer Mortality Associated With Cardiovascular and Cerebrovascular Disease. Circulation, 2019, 139, .	1.6	0
98	Abstract MP52: Racial Disparity in Habitual Sleep Pattern Among Adolescents is Modified by Caloric Intake. Circulation, 2019, 139, .	1.6	0
99	Subjective and objective sleep discrepancy in symptomatic bipolar disorder compared to healthy controls. Journal of Affective Disorders, 2018, 229, 247-253.	4.1	15
100	0346 Clinical Significance of Pre-Sleep Somatic Arousal in Young Adults with Insomnia: Hyperarousal vs. Anxiety. Sleep, 2018, 41, A133-A133.	1.1	0
101	Neurocognitive and behavioral functioning in adolescents with sleep-disordered breathing: a population-based, dual-energy X-ray absorptiometry study. International Journal of Obesity, 2018, 42, 95-101.	3.4	13
102	0373 Trazodone vs. Cognitive Behavioral Therapy in Insomnia with Short Sleep Duration: Effects on Total Sleep Time and Cortisol Levels. Sleep, 2018, 41, A142-A143.	1.1	1
103	0341 Impaired Negative Feedback of the Hypothalamic-Pituitary-Adrenal Axis in Chronic Insomnia: A Corticotrophin Releasing Hormone (CRH) Challenge Test. Sleep, 2018, 41, A131-A131.	1.1	0
104	0746 Adolescent Girls are Less Likely than Boys to have SDB and Elevated Blood Pressure, but More Likely to have Orthostatic Hypertension: Penn State Child Cohort. Sleep, 2018, 41, A277-A278.	1.1	0
105	0852 Stress and Objective Short Sleep Duration Predict Higher Blood Pressure in Adolescents. Sleep, 2018, 41, A316-A316.	1.1	0
106	0924 Nighttime Sleep and Daytime Functioning in Ehlers-Danlos Syndrome: A Cohort Study of Syndrome Subtypes. Sleep, 2018, 41, A343-A343.	1.1	2
107	0358 Arousability as a Predisposition to Insomnia: Clinical Dimensions and Cut-Offs to Identify Insomnia Risk. Sleep, 2018, 41, A137-A137.	1.1	1
108	Obstructive sleep apnea and the metabolic syndrome: The road to clinically-meaningful phenotyping, improved prognosis, and personalized treatment. Sleep Medicine Reviews, 2018, 42, 211-219.	8.5	148

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109	Insomnia, Short Sleep Duration, and High Blood Pressure: Recent Evidence and Future Directions for the Prevention and Management of Hypertension. Current Hypertension Reports, 2018, 20, 52.	3.5	58
110	What should we tell our worried patients with insomnia about blood pressure?. Sleep Medicine Reviews, 2018, 41, 1-2.	8.5	2
111	0859 Association of Circadian Preference, Sleep-Wake Patterns and Night-To-Night Sleep Variability with Evening and Morning Cortisol Levels in Adolescents. Sleep, 2018, 41, A318-A319.	1.1	0
112	Neurocognitive and behavioral significance of periodic limb movements during sleep in adolescents with attention-deficit/hyperactivity disorder. Sleep, 2018, 41, .	1.1	19
113	0874 Insomnia with Objective Short Sleep Duration Is Associated with an Increased Risk of Cardiocerebrovascular Disease. Sleep, 2018, 41, A325-A325.	1.1	5
114	0348 Menopause, Hormone Replacement Therapy and Insomnia Phenotypes based on Objective Sleep Duration: The Penn State Adult Cohort. Sleep, 2018, 41, A134-A134.	1.1	0
115	0413 Effects of Trazodone on Blood Pressure: A Longitudinal, Observational Study of Patients Presenting to a Sleep Disorder Clinic. Sleep, 2018, 41, A157-A157.	1.1	4
116	Abstract P129: Association Between Blood Pressure and DNA Methylation in Blood Pressure-related Genes in Adolescents. Circulation, 2018, 137, .	1.6	0
117	Abstract P337: Adolescent Sleep is Associated With Physical Activity and Sedentary Behavior Patterns. Circulation, 2018, 137, .	1.6	0
118	Abstract P343: Sex Differences in Cardiovascular/Cerebrovascular Mortality Risk Associated With Chronic Insomnia. Circulation, 2018, 137, .	1.6	0
119	Abstract P339: Impaired Cardiac Autonomic Modulation in Adolescents: Role of Insomnia Symptoms, Objective Short Sleep Duration and Night-To-Night Sleep Variability. Circulation, 2018, 137, .	1.6	0
120	Short Telomere Length and Endophenotypes in Sleep Medicine. Journal of Clinical Sleep Medicine, 2018, 14, 1975-1977.	2.6	1
121	Behavioral Profiles Associated with Objective Sleep Duration in Young Children with Insomnia Symptoms. Journal of Abnormal Child Psychology, 2017, 45, 337-344.	3.5	32
122	Insomnia symptoms with objective short sleep duration are associated with systemic inflammation in adolescents. Brain, Behavior, and Immunity, 2017, 61, 110-116.	4.1	106
123	The association between Disruptive Mood Dysregulation Disorder symptoms and sleep problems in children with and without ADHD. Sleep Medicine, 2017, 37, 180-186.	1.6	43
124	Increased inflammation from childhood to adolescence predicts sleep apnea in boys: A preliminary study. Brain, Behavior, and Immunity, 2017, 64, 259-265.	4.1	25
125	Objective short sleep duration modifies the relationship between hypertension and all-cause mortality. Journal of Hypertension, 2017, 35, 830-836.	0.5	20
126	0426 MILD-TO-MODERATE OBSTRUCTIVE SLEEP APNEA IS ASSOCIATED WITH INCIDENT HYPERTENSION: AÂLONGITUDINAL, POPULATION-BASED STUDY. Sleep, 2017, 40, A158-A159.	1.1	3

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127	Impact of the Metabolic Syndrome on Mortality is Modified by Objective Short Sleep Duration. Journal of the American Heart Association, 2017, 6, .	3.7	40
128	0919 SLEEP DISTURBANCES MODIFY THE IMPACT OF WORKING MEMORY DEFICITS ON LEARNING PROBLEMS IN ADOLESCENTS WITH HIGH-FUNCTIONING AUTISM SPECTRUM DISORDER. Sleep, 2017, 40, A341-A342.	1.1	0
129	C-reactive protein improves the ability to detect cardiometabolic risk in mild-to-moderate obstructive sleep apnea. Physiological Reports, 2017, 5, e13454.	1.7	10
130	0875 CORTISOL IS ELEVATED IN OVERWEIGHT ADOLESCENTS WITH OBSTRUCTIVE SLEEP APNEA. Sleep, 2017, 40, A325-A325.	1.1	0
131	0432 CRP IS AÂBETTER PREDICTOR OF HYPERTENSION AND HYPERGLYCEMIA THAN APNEA/HYPOPNEA INDEX IN MILD-TO-MODERATE OBSTRUCTIVE SLEEP APNEA. Sleep, 2017, 40, A160-A161.	1.1	Ο
132	The insomnia with short sleep duration phenotype. Current Opinion in Psychiatry, 2017, 30, 56-63.	6.3	71
133	Objective, but Not Subjective, Sleepiness is Associated With Inflammation in Sleep Apnea. Sleep, 2017, 40,	1.1	64
134	1015 IMPACT OF SHORT SLEEP DURATION ON MORTALITY RISK ASSOCIATED WITH CARDIOVASCULAR DISEASE AND STROKE. Sleep, 2017, 40, A378-A378.	1.1	0
135	0900 NATURAL HISTORY OF INSOMNIA SYMPTOMS AND INCIDENCE OF PSYCHIATRIC DISORDERS: ROLE OF CHILDHOOD-ONSET, ADOLESCENCE-ONSET AND FULL REMISSION. Sleep, 2017, 40, A334-A335.	1.1	1
136	Psychomotor Vigilance Test and Its Association With Daytime Sleepiness and Inflammation in Sleep Apnea: Clinical Implications. Journal of Clinical Sleep Medicine, 2017, 13, 1049-1056.	2.6	44
137	0424 MODERATE OBSTRUCTIVE SLEEP APNEA IS ASSOCIATED WITH INCIDENT DIABETES: AÂLONGITUDINAL, POPULATION-BASED STUDY. Sleep, 2017, 40, A158-A158.	1.1	1
138	Insomnia and Health. , 2017, , 794-803.e5.		3
139	0933 ROLE OF PERIODIC LIMB MOVEMENTS DURING SLEEP IN ADOLESCENTS WITH ATTENTION DEFICIT HYPERACTIVITY DISORDER: DIFFERENTIAL ASSOCIATION WITH INTERNALIZING VS. EXTERNALIZING BEHAVIORS. Sleep, 2017, 40, A347-A347.	1.1	1
140	0437 THE CLINICAL UTILITY OF SUBJECTIVE VS. OBJECTIVE TESTS OF EXCESSIVE DAYTIME SLEEPINESS IN THE ASSESSMENT OF PATIENTS WITH SLEEP APNEA. Sleep, 2017, 40, A162-A163.	1.1	0
141	0893 INCREASED INFLAMMATION FROM CHILDHOOD TO ADOLESCENCE MEDIATES THE ASSOCIATION BETWEEN WAIST CIRCUMFERENCE AND OBSTRUCTIVE SLEEP APNEA IN BOYS. Sleep, 2017, 40, A332-A332.	1.1	1
142	0869 CRP IS AÂBETTER PREDICTOR OF CARDIOMETABOLIC RISK THAN APNEA/HYPOPNEA INDEX IN ADOLESCENTS WITH MILD-TO-MODERATE OBSTRUCTIVE SLEEP APNEA. Sleep, 2017, 40, A323-A323.	1.1	0
143	0896 DO NOT WAIT FOR CHILD OBESITY: OVERWEIGHT LEADS TO SLEEP DISORDERED BREATHING AND WEIGHT LOSS TO ITS REMISSION IN PRE-PUBERTAL CHILDREN TRANSITIONING TO ADOLESCENCE. Sleep, 2017, 40, A333-A333.	1.1	0
144	Abstract MP085: Cognitive Impairment Mediates the Impact of Short Sleep Duration on Mortality in Individuals with Cardiovascular or Cerebrovascular Disease. Circulation, 2017, 135, .	1.6	0

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145	Abstract P354: Objective Short Sleep Duration Increases the Risk of Mortality Associated with the Metabolic Syndrome. Circulation, 2017, 135, .	1.6	0
146	Insomnia Phenotypes Based on Objective Sleep Duration in Adolescents: Depression Risk and Differential Behavioral Profiles. Brain Sciences, 2016, 6, 59.	2.3	35
147	Inflammation mediates the association between visceral adiposity and obstructive sleep apnea in adolescents. American Journal of Physiology - Endocrinology and Metabolism, 2016, 311, E851-E858.	3.5	56
148	The relative association of obstructive sleep apnea, obesity and excessive daytime sleepiness with incident depression: a longitudinal, population-based study. International Journal of Obesity, 2016, 40, 1397-1404.	3.4	57
149	Insomnia is Associated with Cortical Hyperarousal as Early as Adolescence. Sleep, 2016, 39, 1029-1036.	1.1	100
150	Sleep. Current Opinion in Cardiology, 2016, 31, 551-565.	1.8	102
151	Natural history of sleep disordered breathing in prepubertal children transitioning to adolescence. European Respiratory Journal, 2016, 47, 1402-1409.	6.7	56
152	Moderate sleep apnoea: a "silent―disorder, or not a disorder at all?. European Respiratory Journal, 2016, 47, 23-26.	6.7	16
153	Sleep apnoea and the hypothalamic–pituitary–adrenal axis in men and women: effects of continuous positive airway pressure. European Respiratory Journal, 2016, 47, 531-540.	6.7	66
154	Arousability. , 2016, , 1-3.		0
155	Abstract MP94: Short Sleep Duration Modifies the Relationship Between Cognitive Impairment Associated with Cardiovascular Disease and All-cause Mortality. Circulation, 2016, 133, .	1.6	0
156	Insomnia and incident depression: role of objective sleep duration and natural history. Journal of Sleep Research, 2015, 24, 390-398.	3.2	116
157	Short- and Long-Term Sleep Stability in Insomniacs and Healthy Controls. Sleep, 2015, 38, 1727-1734.	1.1	43
158	Natural History of Excessive Daytime Sleepiness: Role of Obesity, Weight Loss, Depression, and Sleep Propensity. Sleep, 2015, 38, 351-360.	1.1	106
159	Chronic fatigue syndrome and fibromyalgia in diagnosed sleep disorders: a further test of the â€~unitary' hypothesis. BMC Neurology, 2015, 15, 53.	1.8	19
160	Abdominal Obesity and Metabolic Syndrome Burden in Adolescents—Penn State Children Cohort Study. Journal of Clinical Densitometry, 2015, 18, 30-36.	1.2	68
161	Insomnia With Physiological Hyperarousal Is Associated With Hypertension. Hypertension, 2015, 65, 644-650.	2.7	113
162	Sleep variability and cardiac autonomic modulation in adolescents – Penn State Child Cohort (PSCC) study. Sleep Medicine, 2015, 16, 67-72.	1.6	37

#	Article	IF	CITATIONS
163	Gender differences in the association of sleep apnea and inflammation. Brain, Behavior, and Immunity, 2015, 47, 211-217.	4.1	37
164	Metabolic syndrome burden in apparently healthy adolescents is adversely associated with cardiac autonomic modulation—Penn State Children Cohort. Metabolism: Clinical and Experimental, 2015, 64, 626-632.	3.4	30
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