## Julio Fernandez-Mendoza

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/2195668/publications.pdf

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204 papers

6,348 citations

42 h-index 74108 75 g-index

211 all docs

211 docs citations

times ranked

211

7017 citing authors

#	Article	IF	CITATIONS
1	Insomnia with objective short sleep duration: The most biologically severe phenotype of the disorder. Sleep Medicine Reviews, 2013, 17, 241-254.	3.8	572
2	Insomnia with Short Sleep Duration and Mortality: The Penn State Cohort. Sleep, 2010, 33, 1159-1164.	0.6	331
3	Insomnia With Objective Short Sleep Duration and Incident Hypertension. Hypertension, 2012, 60, 929-935.	1.3	329
4	Risk factors for incident chronic insomnia: A general population prospective study. Sleep Medicine, 2012, 13, 346-353.	0.8	213
5	Sleep Misperception and Chronic Insomnia in the General Population: Role of Objective Sleep Duration and Psychological Profiles. Psychosomatic Medicine, 2011, 73, 88-97.	1.3	204
6	Insomnia and its Impact on Physical and Mental Health. Current Psychiatry Reports, 2013, 15, 418.	2.1	199
7	Insomnia with Objective Short Sleep Duration is Associated with Deficits in Neuropsychological Performance: A General Population Study. Sleep, 2010, 33, 459-465.	0.6	196
8	Cognitive-Emotional Hyperarousal as a Premorbid Characteristic of Individuals Vulnerable to Insomnia. Psychosomatic Medicine, 2010, 72, 397-403.	1.3	193
9	Prevalence of insomnia symptoms in a general population sample of young children and preadolescents: gender effects. Sleep Medicine, 2014, 15, 91-95.	0.8	174
10	Obstructive sleep apnea and the metabolic syndrome: The road to clinically-meaningful phenotyping, improved prognosis, and personalized treatment. Sleep Medicine Reviews, 2018, 42, 211-219.	3.8	148
11	Insomnia and sleep quality among primary care physicians with low and high burnout levels. Journal of Psychosomatic Research, 2008, 64, 435-442.	1.2	137
12	The Spanish version of the Insomnia Severity Index: A confirmatory factor analysis. Sleep Medicine, 2012, 13, 207-210.	0.8	134
13	Prevalence and Risk Factors of Excessive Daytime Sleepiness in a Community Sample of Young Children: The Role of Obesity, Asthma, Anxiety/Depression, and Sleep. Sleep, 2011, 34, 503-507.	0.6	116
14	Insomnia and incident depression: role of objective sleep duration and natural history. Journal of Sleep Research, 2015, 24, 390-398.	1.7	116
15	Insomnia With Physiological Hyperarousal Is Associated With Hypertension. Hypertension, 2015, 65, 644-650.	1.3	113
16	Natural History of Excessive Daytime Sleepiness: Role of Obesity, Weight Loss, Depression, and Sleep Propensity. Sleep, 2015, 38, 351-360.	0.6	106
17	Insomnia symptoms with objective short sleep duration are associated with systemic inflammation in adolescents. Brain, Behavior, and Immunity, 2017, 61, 110-116.	2.0	106
18	Unveiling the longitudinal association between short sleep duration and the incidence of obesity: the Penn State Cohort. International Journal of Obesity, 2014, 38, 825-832.	1.6	105

#	Article	ΙF	Citations
19	Clinical and Polysomnographic Predictors of the Natural History of Poor Sleep in the General Population. Sleep, 2012, 35, 689-697.	0.6	104
20	Sleep. Current Opinion in Cardiology, 2016, 31, 551-565.	0.8	102
21	Insomnia is Associated with Cortical Hyperarousal as Early as Adolescence. Sleep, 2016, 39, 1029-1036.	0.6	100
22	Sleep apnoea and visceral adiposity in middle-aged male and female subjects. European Respiratory Journal, 2013, 41, 601-609.	3.1	99
23	Persistent Insomnia: the Role of Objective Short Sleep Duration and Mental Health. Sleep, 2012, 35, 61-68.	0.6	94
24	Habitual sleep variability, mediated by nutrition intake, is associated with abdominal obesity in adolescents. Sleep Medicine, 2015, 16, 1489-1494.	0.8	82
25	The insomnia with short sleep duration phenotype. Current Opinion in Psychiatry, 2017, 30, 56-63.	3.1	71
26	Abdominal Obesity and Metabolic Syndrome Burden in Adolescentsâ€"Penn State Children Cohort Study. Journal of Clinical Densitometry, 2015, 18, 30-36.	0.5	68
27	Habitual sleep variability, not sleep duration, is associated with caloric intake in adolescents. Sleep Medicine, 2015, 16, 856-861.	0.8	67
28	Sleep apnoea and the hypothalamic–pituitary–adrenal axis in men and women: effects of continuous positive airway pressure. European Respiratory Journal, 2016, 47, 531-540.	3.1	66
29	Objective, but Not Subjective, Sleepiness is Associated With Inflammation in Sleep Apnea. Sleep, 2017, 40,	0.6	64
30	Insomnia, Short Sleep Duration, and High Blood Pressure: Recent Evidence and Future Directions for the Prevention and Management of Hypertension. Current Hypertension Reports, 2018, 20, 52.	1.5	58
31	Insomnia With Short Sleep Duration. Sleep Medicine Clinics, 2013, 8, 309-322.	1.2	57
32	The relative association of obstructive sleep apnea, obesity and excessive daytime sleepiness with incident depression: a longitudinal, population-based study. International Journal of Obesity, 2016, 40, 1397-1404.	1.6	57
33	Insomnia symptoms, objective sleep duration and hypothalamicâ€pituitaryâ€adrenal activity in children. European Journal of Clinical Investigation, 2014, 44, 493-500.	1.7	56
34	Inflammation mediates the association between visceral adiposity and obstructive sleep apnea in adolescents. American Journal of Physiology - Endocrinology and Metabolism, 2016, 311, E851-E858.	1.8	56
35	Natural history of sleep disordered breathing in prepubertal children transitioning to adolescence. European Respiratory Journal, 2016, 47, 1402-1409.	3.1	56
36	Evidence of Subthalamic PGO-like Waves During REM Sleep in Humans: a Deep Brain Polysomnographic Study. Sleep, 2009, 32, 1117-1126.	0.6	54

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37	Cognitive–emotional hyperarousal in the offspring of parents vulnerable to insomnia: a nuclear family study. Journal of Sleep Research, 2014, 23, 489-498.	1.7	53
38	Circadian preference, nighttime sleep and daytime functioning in young adulthood. Sleep and Biological Rhythms, 2010, 8, 52-62.	0.5	52
39	Nighttime sleep and daytime functioning correlates of the insomnia complaint in young adults. Journal of Adolescence, 2009, 32, 1059-1074.	1.2	51
40	Learning, Attention/Hyperactivity, and Conduct Problems as Sequelae of Excessive Daytime Sleepiness in a General Population Study of Young Children. Sleep, 2012, 35, 627-32.	0.6	44
41	The effect of poor sleep quality on mood outcome differs between men and women: A longitudinal study of bipolar disorder. Journal of Affective Disorders, 2015, 180, 90-96.	2.0	44
42	Psychomotor Vigilance Test and Its Association With Daytime Sleepiness and Inflammation in Sleep Apnea: Clinical Implications. Journal of Clinical Sleep Medicine, 2017, 13, 1049-1056.	1.4	44
43	Short- and Long-Term Sleep Stability in Insomniacs and Healthy Controls. Sleep, 2015, 38, 1727-1734.	0.6	43
44	The association between Disruptive Mood Dysregulation Disorder symptoms and sleep problems in children with and without ADHD. Sleep Medicine, 2017, 37, 180-186.	0.8	43
45	Subjective and objective sleep and self-harm behaviors in young children: A general population study. Psychiatry Research, 2013, 209, 549-553.	1.7	40
46	Impact of the Metabolic Syndrome on Mortality is Modified by Objective Short Sleep Duration. Journal of the American Heart Association, 2017, 6, .	1.6	40
47	Association between DNA methylation in obesity-related genes and body mass index percentile in adolescents. Scientific Reports, 2019, 9, 2079.	1.6	40
48	Sleep variability and cardiac autonomic modulation in adolescents – Penn State Child Cohort (PSCC) study. Sleep Medicine, 2015, 16, 67-72.	0.8	37
49	Gender differences in the association of sleep apnea and inflammation. Brain, Behavior, and Immunity, 2015, 47, 211-217.	2.0	37
50	Mild-to-moderate sleep apnea is associated with incident hypertension: age effect. Sleep, 2019, 42, .	0.6	36
51	Insomnia Phenotypes Based on Objective Sleep Duration in Adolescents: Depression Risk and Differential Behavioral Profiles. Brain Sciences, 2016, 6, 59.	1.1	35
52	Interplay of Objective Sleep Duration and Cardiovascular and Cerebrovascular Diseases on Causeâ€Specific Mortality. Journal of the American Heart Association, 2019, 8, e013043.	1.6	35
53	Sleep and Behavioral Correlates of Napping Among Young Adults: A Survey of First-Year University Students in Madrid, Spain. Journal of American College Health, 2008, 57, 150-158.	0.8	33
54	Sleep quality during euthymia in bipolar disorder: the role of clinical features, personality traits, and stressful life events. International Journal of Bipolar Disorders, 2013, 1, 16.	0.8	33

#	Article	IF	Citations
55	Effects of trazodone versus cognitive behavioral therapy in the insomnia with short sleep duration phenotype: a preliminary study. Journal of Clinical Sleep Medicine, 2020, 16, 2009-2019.	1.4	33
56	Behavioral Profiles Associated with Objective Sleep Duration in Young Children with Insomnia Symptoms. Journal of Abnormal Child Psychology, 2017, 45, 337-344.	3.5	32
57	Correlates of Suicide Ideation and Attempts in Children and Adolescents With Eating Disorders. Eating Disorders, 2014, 22, 352-366.	1.9	30
58	Metabolic syndrome burden in apparently healthy adolescents is adversely associated with cardiac autonomic modulationâ€"Penn State Children Cohort. Metabolism: Clinical and Experimental, 2015, 64, 626-632.	1.5	30
59	Objective short sleep duration increases the risk of all-cause mortality associated with possible vascular cognitive impairment. Sleep Health, 2020, 6, 71-78.	1.3	29
60	Association of Pediatric Obstructive Sleep Apnea With Elevated Blood Pressure and Orthostatic Hypertension in Adolescence. JAMA Cardiology, 2021, 6, 1144.	3.0	29
61	Am I (hyper)aroused or anxious? Clinical significance of preâ€sleep somatic arousal in young adults. Journal of Sleep Research, 2019, 28, e12829.	1.7	28
62	Clinical Significance and Cut-Off Scores for the Pre-Sleep Arousal Scale in Chronic Insomnia Disorder: A Replication in a Clinical Sample. Behavioral Sleep Medicine, 2020, 18, 705-718.	1.1	26
63	Increased inflammation from childhood to adolescence predicts sleep apnea in boys: A preliminary study. Brain, Behavior, and Immunity, 2017, 64, 259-265.	2.0	25
64	Insomnia with objective short sleep duration is associated with cognitive impairment: a first look at cardiometabolic contributors to brain health. Sleep, 2021, 44, .	0.6	25
65	The circadian pattern of cardiac autonomic modulation and obesity in adolescents. Clinical Autonomic Research, 2014, 24, 265-273.	1.4	24
66	Objective short sleep duration modifies the relationship between hypertension and all-cause mortality. Journal of Hypertension, 2017, 35, 830-836.	0.3	20
67	Natural history of insomnia symptoms in the transition from childhood to adolescence: population rates, health disparities, and risk factors. Sleep, 2021, 44, .	0.6	20
68	Chronic fatigue syndrome and fibromyalgia in diagnosed sleep disorders: a further test of the †unitary' hypothesis. BMC Neurology, 2015, 15, 53.	0.8	19
69	Neurocognitive and behavioral significance of periodic limb movements during sleep in adolescents with attention-deficit/hyperactivity disorder. Sleep, 2018, 41, .	0.6	19
70	Childhood obesity, weight loss and developmental trajectories predict the persistence and remission of childhood sleepâ€disordered breathing. Pediatric Obesity, 2019, 14, e12461.	1.4	19
71	Objective Daytime Napping is Associated with Disease Severity and Inflammation in Patients with Mild to Moderate Dementia1. Journal of Alzheimer's Disease, 2020, 74, 803-815.	1.2	18
72	Insomnia with objective short sleep duration in women with temporomandibular joint disorder: quantitative sensory testing, inflammation and clinical pain profiles. Sleep Medicine, 2022, 90, 26-35.	0.8	18

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73	Sleep Disturbances Increase the Impact of Working Memory Deficits on Learning Problems in Adolescents with High-Functioning Autism Spectrum Disorder. Journal of Autism and Developmental Disorders, 2020, 50, 1701-1713.	1.7	17
74	Moderate sleep apnoea: a "silent―disorder, or not a disorder at all?. European Respiratory Journal, 2016, 47, 23-26.	3.1	16
75	The D1/D5 Dopamine Partial Agonist PF-06412562 in Advanced-Stage Parkinson's Disease: A Feasibility Study. Journal of Parkinson's Disease, 2020, 10, 1515-1527.	1.5	16
76	ApneaDetector., 2021, 5, 1-22.		16
77	Subjective and objective sleep discrepancy in symptomatic bipolar disorder compared to healthy controls. Journal of Affective Disorders, 2018, 229, 247-253.	2.0	15
78	Relationship Between Sluggish Cognitive Tempo and Sleep, Psychological, Somatic, and Cognitive Problems in Elementary School Children. Journal of Pediatric Neuropsychology, 2021, 7, 182-191.	0.3	15
79	Trajectories of Insomnia Symptoms From Childhood Through Young Adulthood. Pediatrics, 2022, 149, .	1.0	15
80	Sleep Patterns in the Transition from Adolescence to Young Adulthood. Sleep Medicine Clinics, 2009, 4, 77-85.	1.2	14
81	Neurocognitive and behavioral functioning in adolescents with sleep-disordered breathing: a population-based, dual-energy X-ray absorptiometry study. International Journal of Obesity, 2018, 42, 95-101.	1.6	13
82	Childhood highâ€frequency EEG activity during sleep is associated with incident insomnia symptoms in adolescence. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2019, 60, 742-751.	3.1	12
83	Subjective short sleep duration: what does it mean?. Sleep Medicine Reviews, 2014, 18, 291-292.	3.8	11
84	Sex and Pubertal Differences in the Maturational Trajectories of Sleep Spindles in the Transition from Childhood to Adolescence: A Population-Based Study. ENeuro, 2021, 8, ENEURO.0257-21.2021.	0.9	11
85	Hypothalamic–pituitary–adrenal (HPA) axis response to exogenous corticotropinâ€releasing hormone (CRH) is attenuated in men with chronic insomnia. Journal of Sleep Research, 2022, 31, e13526.	1.7	11
86	C-reactive protein improves the ability to detect cardiometabolic risk in mild-to-moderate obstructive sleep apnea. Physiological Reports, 2017, 5, e13454.	0.7	10
87	Association of visceral adiposity and systemic inflammation with sleep disordered breathing in normal weight, never obese adolescents. Sleep Medicine, 2020, 69, 103-108.	0.8	10
88	Maturational trajectories of non-rapid eye movement slow wave activity and odds ratio product in a population-based sample of youth. Sleep Medicine, 2021, 83, 271-279.	0.8	10
89	The Hypersomnia Severity Index: reliability, construct, and criterion validity in a clinical sample of patients with sleep disorders. Journal of Clinical Sleep Medicine, 2021, 17, 2249-2256.	1.4	9
90	Basal Cortisol Levels Are Increased in Patients with Mild Cognitive Impairment: Role of Insomnia and Short Sleep Duration. Journal of Alzheimer's Disease, 2022, 87, 933-944.	1.2	8

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91	Insomnia and cardiometabolic disease risk. , 2019, , 391-407.		7
92	Effect of trazodone versus cognitiveâ€behavioural treatment on highâ€and slowâ€frequency activity during nonâ€rapid eye movement sleep in chronic insomnia: A pilot, randomized clinical trial. Journal of Sleep Research, 2021, 30, e13324.	1.7	7
93	Behavioral, neurocognitive, polysomnographic and cardiometabolic profiles associated with obstructive sleep apnea in adolescents with ADHD. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2022, 63, 544-552.	3.1	7
94	Association of insomnia phenotypes based on polysomnography-measured sleep duration with suicidal ideation and attempts. Sleep Health, 2022, , 712.	1.3	7
95	Is there a link between mild sleep disordered breathing and psychiatric and psychosomatic disorders?. Sleep Medicine Reviews, 2011, 15, 403-405.	3.8	6
96	Objective Measures are Useful in Subtyping Chronic Insomnia. Sleep, 2013, 36, 1125-1126.	0.6	5
97	0874 Insomnia with Objective Short Sleep Duration Is Associated with an Increased Risk of Cardiocerebrovascular Disease. Sleep, 2018, 41, A325-A325.	0.6	5
98	Racial/ethnic disparity in habitual sleep is modified by caloric intake in adolescents. Sleep Medicine, 2020, 76, 65-71.	0.8	5
99	Melatonin, Sleep, and Sleep Disorders. Sleep Medicine Clinics, 2007, 2, 303-312.	1.2	4
100	Insomnia and Mortality. Sleep, 2011, 34, 557-558.	0.6	4
101	Excessive Daytime Sleepiness. , 2015, , 193-202.		4
102	0413 Effects of Trazodone on Blood Pressure: A Longitudinal, Observational Study of Patients Presenting to a Sleep Disorder Clinic. Sleep, 2018, 41, A157-A157.	0.6	4
103	Arousability as a trait predisposition to insomnia: multidimensional structure and clinical utility of the Spanish and English versions of the Arousal Predisposition Scale. Sleep Medicine, 2021, 81, 235-243.	0.8	4
104	Evidence for the Etiopathogenesis of Insomnia and its Psychiatric Risk. Sleep, 2014, 37, 1273-1275.	0.6	3
105	0426 MILD-TO-MODERATE OBSTRUCTIVE SLEEP APNEA IS ASSOCIATED WITH INCIDENT HYPERTENSION: AÂLONGITUDINAL, POPULATION-BASED STUDY. Sleep, 2017, 40, A158-A159.	0.6	3
106	Insomnia and Health. , 2017, , 794-803.e5.		3
107	512 Confirmatory Factor Analysis of the Sleep Inertia Questionnaire in a Clinical Sample with Sleep Disorders. Sleep, 2021, 44, A201-A202.	0.6	3
108	0924 Nighttime Sleep and Daytime Functioning in Ehlers-Danlos Syndrome: A Cohort Study of Syndrome Subtypes. Sleep, 2018, 41, A343-A343.	0.6	2

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109	What should we tell our worried patients with insomnia about blood pressure?. Sleep Medicine Reviews, 2018, 41, 1-2.	3.8	2
110	151 Sex Differences in the Maturational Trajectories of Sleep Spindles in the Transition from Childhood to Adolescence. Sleep, 2021, 44, A62-A62.	0.6	2
111	327 Developmental Trajectories of Insomnia and Risk of Internalizing Disorders in Young Adulthood. Sleep, 2021, 44, A131-A131.	0.6	2
112	CBT-I in the short sleep duration phenotype. , 2022, , 369-401.		2
113	Association of a novel EEG metric of sleep depth/intensity with attention-deficit/hyperactivity, learning, and internalizing disorders and their pharmacotherapy in adolescence. Sleep, 2022, 45, .	0.6	2
114	Response to Poor Sleep With Normal Sleep Duration: A Preventive Effect on Incident Hypertension. Hypertension, 2013, 61, e12.	1.3	1
115	0900 NATURAL HISTORY OF INSOMNIA SYMPTOMS AND INCIDENCE OF PSYCHIATRIC DISORDERS: ROLE OF CHILDHOOD-ONSET, ADOLESCENCE-ONSET AND FULL REMISSION. Sleep, 2017, 40, A334-A335.	0.6	1
116	0424 MODERATE OBSTRUCTIVE SLEEP APNEA IS ASSOCIATED WITH INCIDENT DIABETES: AÂLONGITUDINAL, POPULATION-BASED STUDY. Sleep, 2017, 40, A158-A158.	0.6	1
117	0933 ROLE OF PERIODIC LIMB MOVEMENTS DURING SLEEP IN ADOLESCENTS WITH ATTENTION DEFICIT HYPERACTIVITY DISORDER: DIFFERENTIAL ASSOCIATION WITH INTERNALIZING VS. EXTERNALIZING BEHAVIORS. Sleep, 2017, 40, A347-A347.	0.6	1
118	0893 INCREASED INFLAMMATION FROM CHILDHOOD TO ADOLESCENCE MEDIATES THE ASSOCIATION BETWEEN WAIST CIRCUMFERENCE AND OBSTRUCTIVE SLEEP APNEA IN BOYS. Sleep, 2017, 40, A332-A332.	0.6	1
119	0373 Trazodone vs. Cognitive Behavioral Therapy in Insomnia with Short Sleep Duration: Effects on Total Sleep Time and Cortisol Levels. Sleep, 2018, 41, A142-A143.	0.6	1
120	0358 Arousability as a Predisposition to Insomnia: Clinical Dimensions and Cut-Offs to Identify Insomnia Risk. Sleep, 2018, 41, A137-A137.	0.6	1
121	0504 Mortality Risk Associated with Mild-to-Moderate Sleep Apnea is Modified by Age. Sleep, 2019, 42, A202-A202.	0.6	1
122	Obesity and Sleep Disturbances. , 2019, , 123-142.		1
123	0355 Insomnia with Objective Short Sleep Duration is Associated with Cognitive Impairment: A Closer Look at Cardiometabolic Brain Health. Sleep, 2019, 42, A145-A145.	0.6	1
124	Abstract 027: Individual-level Fine Particulate Air Pollution Is Associated With Arrhythmia In Adolescents. Circulation, 2021, 143, .	1.6	1
125	692 Longitudinal Stability of Sleep and Health Correlates in Adults with Autism Spectrum Disorder. Sleep, 2021, 44, A270-A271.	0.6	1
126	Abstract MP63: Childhood-onset Obstructive Sleep Apnea Is Associated With Increased Risk Of Adolescent Hypertension. Circulation, 2021, 143, .	1.6	1

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127	Abstract MP70: Short-term Fine Particulate Air Pollution Is Associated With Shorter Sleep Duration And Higher Sleep Variability In Adolescents. Circulation, 2021, 143, .	1.6	1
128	Abstract 038: Cumulative Exposure To Sleep Disordered Breathing From Childhood Through Young Adulthood Is Associated With Impaired Endothelial Function. Circulation, 2021, 143, .	1.6	1
129	Short Telomere Length and Endophenotypes in Sleep Medicine. Journal of Clinical Sleep Medicine, 2018, 14, 1975-1977.	1.4	1
130	Evidence of a maturational disruption in non-rapid eye movement sleep slow wave activity in youth with attention-deficit/hyperactivity, learning and internalizing disorders. Sleep Medicine, 2022, 90, 230-237.	0.8	1
131	Abstract MP56: Sleep Regularity Modifies The Association Of Visceral Adiposity With Elevated Blood Pressure In Adolescents. Circulation, 2022, 145, .	1.6	1
132	Abstract 039: Association Of A Cumulative Exposure To Sleep Disordered Breathing From Childhood Through Young Adulthood With Carotid Intima-media Thickness. Circulation, 2022, 145, .	1.6	1
133	0254 Association of Slow Wave Activity and Odds Ratio Product with Internalizing and Externalizing Problems in Children and Adolescents. Sleep, 2022, 45, A114-A114.	0.6	1
134	0219 Interplay of School Days and Free Days with Sleep Midpoint on the Association of Visceral Adiposity with Blood Pressure in Adolescents. Sleep, 2022, 45, A99-A100.	0.6	1
135	0031 Sleep Regularity is Associated with DNA Methylation in Cognitive, Cardiovascular and Mood-related Genes: A GWAS-informed Study in Adolescents. Sleep, 2022, 45, A14-A15.	0.6	1
136	0919 SLEEP DISTURBANCES MODIFY THE IMPACT OF WORKING MEMORY DEFICITS ON LEARNING PROBLEMS IN ADOLESCENTS WITH HIGH-FUNCTIONING AUTISM SPECTRUM DISORDER. Sleep, 2017, 40, A341-A342.	0.6	0
137	0875 CORTISOL IS ELEVATED IN OVERWEIGHT ADOLESCENTS WITH OBSTRUCTIVE SLEEP APNEA. Sleep, 2017, 40, A325-A325.	0.6	0
138	0432 CRP IS AÂBETTER PREDICTOR OF HYPERTENSION AND HYPERGLYCEMIA THAN APNEA/HYPOPNEA INDEX IN MILD-TO-MODERATE OBSTRUCTIVE SLEEP APNEA. Sleep, 2017, 40, A160-A161.	0.6	0
139	1015 IMPACT OF SHORT SLEEP DURATION ON MORTALITY RISK ASSOCIATED WITH CARDIOVASCULAR DISEASE AND STROKE. Sleep, 2017, 40, A378-A378.	0.6	0
140	0437 THE CLINICAL UTILITY OF SUBJECTIVE VS. OBJECTIVE TESTS OF EXCESSIVE DAYTIME SLEEPINESS IN THE ASSESSMENT OF PATIENTS WITH SLEEP APNEA. Sleep, 2017, 40, A162-A163.	0.6	0
141	0869 CRP IS AÂBETTER PREDICTOR OF CARDIOMETABOLIC RISK THAN APNEA/HYPOPNEA INDEX IN ADOLESCENTS WITH MILD-TO-MODERATE OBSTRUCTIVE SLEEP APNEA. Sleep, 2017, 40, A323-A323.	0.6	O
142	0896 DO NOT WAIT FOR CHILD OBESITY: OVERWEIGHT LEADS TO SLEEP DISORDERED BREATHING AND WEIGHT LOSS TO ITS REMISSION IN PRE-PUBERTAL CHILDREN TRANSITIONING TO ADOLESCENCE. Sleep, 2017, 40, A333-A333.	0.6	0
143	0346 Clinical Significance of Pre-Sleep Somatic Arousal in Young Adults with Insomnia: Hyperarousal vs. Anxiety. Sleep, 2018, 41, A133-A133.	0.6	O
144	0341 Impaired Negative Feedback of the Hypothalamic-Pituitary-Adrenal Axis in Chronic Insomnia: A Corticotrophin Releasing Hormone (CRH) Challenge Test. Sleep, 2018, 41, A131-A131.	0.6	0

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145	0746 Adolescent Girls are Less Likely than Boys to have SDB and Elevated Blood Pressure, but More Likely to have Orthostatic Hypertension: Penn State Child Cohort. Sleep, 2018, 41, A277-A278.	0.6	О
146	0852 Stress and Objective Short Sleep Duration Predict Higher Blood Pressure in Adolescents. Sleep, 2018, 41, A316-A316.	0.6	0
147	0859 Association of Circadian Preference, Sleep-Wake Patterns and Night-To-Night Sleep Variability with Evening and Morning Cortisol Levels in Adolescents. Sleep, 2018, 41, A318-A319.	0.6	0
148	0348 Menopause, Hormone Replacement Therapy and Insomnia Phenotypes based on Objective Sleep Duration: The Penn State Adult Cohort. Sleep, 2018, 41, A134-A134.	0.6	0
149	0409 Effects of Trazodone vs. Cognitive-Behavioral Treatment on Slow Wave Sleep in Chronic Insomnia: A Pilot Study. Sleep, 2019, 42, A165-A166.	0.6	O
150	0735 Longitudinal Association of the Natural Course of Childhood Overweight with Sleep Disordered Breathing in the Transition to Adolescence: The Penn State Child Cohort. Sleep, 2019, 42, A295-A295.	0.6	0
151	0864 Objective Short Sleep Duration Increases the Risk of All-Cause and Cause-Specific Mortality Associated with Cognitive Impairment. Sleep, 2019, 42, A346-A348.	0.6	0
152	0441 Increased High-frequency Electroencephalogram Activity during Nonrapid Eye Movement Sleep Mediates the Association between Subjective Daytime Sleepiness and Sustained Attention in Sleep Apnea Patients. Sleep, 2019, 42, A178-A178.	0.6	0
153	0354 Trait and State Arousal in Insomnia: Utility of Patient-reported Emotional Reactivity and Somatic Arousal in Clinical Samples. Sleep, 2019, 42, A144-A145.	0.6	0
154	0758 Natural History of Insomnia Symptoms from Childhood through Adolescence into Young Adulthood: The Penn State Child Cohort. Sleep, 2019, 42, A304-A305.	0.6	0
155	0437 Differences of Electroencephalogram Activity during Nonrapid Eye Movement Sleep between Objective and Subjective Daytime Sleepiness in Sleep Apnea Patients. Sleep, 2019, 42, A176-A177.	0.6	O
156	0488 Poor Sleep and Daytime Sleepiness Increase the Risk of Hypertension Associated with Mild-to-Moderate Obstructive Sleep Apnea: Age Effect. Sleep, 2019, 42, A195-A196.	0.6	0
157	Objective short sleep duration predicts the evolution of poor sleep into insomnia in the transition from childhood to young adulthood: the penn state child cohort. Sleep Medicine, 2019, 64, S113.	0.8	0
158	0878 Association of Obstructive Sleep Apnea with Internalizing Symptoms vs. Externalizing Behaviors in Adolescents with Attention Deficit Hyperactivity Disorder. Sleep, 2020, 43, A334-A335.	0.6	0
159	1130 Insomnia Short Sleep Phenotype is Associated With Frailty in Patients With Mild Cognitive Impairment (MCI). Sleep, 2020, 43, A430-A430.	0.6	0
160	1107 Arousal And Sleepiness In Opioid Use Disorder Compared To Insomnia Disorder With And Without Comorbid Psychiatric Conditions. Sleep, 2020, 43, A421-A421.	0.6	0
161	0458 Smoking and Caffeine Consumption Differ Between Insomnia Phenotypes Based on Objective Sleep Duration. Sleep, 2020, 43, A175-A176.	0.6	О
162	0585 C-Reactive Protein Improves the Ability to Detect Cardiometabolic Risk in Mild-to-Moderate Sleep Apnea. Sleep, 2020, 43, A224-A224.	0.6	0

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163	0457 Insomnia and Cause-Specific Mortality in Men and Women. Sleep, 2020, 43, A175-A175.	0.6	O
164	0919 Health Disparities in the Persistence of Childhood Insomnia Symptoms in the Transition to Adolescence: The Penn State Child Cohort. Sleep, 2020, 43, A349-A349.	0.6	0
165	0920 Behavioral Profiles Associated with the Development of Insomnia Symptoms in Children with Known Mental Health Disorders. Sleep, 2020, 43, A349-A350.	0.6	0
166	0476 Readiness and Stages of Change in a Behavioral Sleep Medicine Clinical Sample: From Pre-Contemplation to Struggling to Maintain Change. Sleep, 2020, 43, A182-A183.	0.6	0
167	0319 Sleep Architecture and Neurocognitive and Behavioral Functioning in Youth from the General Population. Sleep, 2020, 43, A121-A121.	0.6	O
168	0742 Hypersomnia Severity Index: Reliability and Validity in a Behavioral Sleep Medicine Clinical Sample. Sleep, 2020, 43, A282-A282.	0.6	0
169	0936 Cardiometabolic Disorders are Independently Associated with Excessive Daytime Sleepiness in Young Adults. Sleep, 2020, 43, A356-A356.	0.6	O
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