

# Carly Anna Hughes

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/2184305/publications.pdf>

Version: 2024-02-01

16  
papers

525  
citations

1162367

8  
h-index

940134

16  
g-index

17  
all docs

17  
docs citations

17  
times ranked

710  
citing authors

#	ARTICLE	IF	CITATIONS
1	Development of a Web-Based, Guided Self-help, Acceptance and Commitment Therapy-Based Intervention for Weight Loss Maintenance: Evidence-, Theory-, and Person-Based Approach. <i>JMIR Formative Research</i> , 2022, 6, e31801.	0.7	10
2	Supporting Weight Management during COVID-19: A Randomized Controlled Trial of a Web-Based, ACT-Based, Guided Self-Help Intervention. <i>Obesity Facts</i> , 2022, 15, 550-559.	1.6	7
3	Acceptability and feasibility of an acceptance and commitment therapy-based guided self-help intervention for weight loss maintenance in adults who have previously completed a behavioural weight loss programme: the SWiM feasibility study protocol. <i>BMJ Open</i> , 2022, 12, e058103.	0.8	2
4	Changing the narrative around obesity in the UK: a survey of people with obesity and healthcare professionals from the ACTION-IO study. <i>BMJ Open</i> , 2021, 11, e045616.	0.8	8
5	The 3Ds – Discussion, diagnosis and direction: Elements for effective obesity care by healthcare professionals. <i>European Journal of Internal Medicine</i> , 2021, 91, 17-25.	1.0	1
6	Patient motivation to lose weight: Importance of healthcare professional support, goals and self-efficacy. <i>European Journal of Internal Medicine</i> , 2021, 91, 10-16.	1.0	20
7	British Obesity and Metabolic Surgery Society Guidelines on perioperative and postoperative biochemical monitoring and micronutrient replacement for patients undergoing bariatric surgery – 2020 update. <i>Obesity Reviews</i> , 2020, 21, e13087.	3.1	134
8	Cognitive and behavioural strategies employed to overcome relapses and prevent relapse among weight loss maintainers and regainers: A qualitative study. <i>Clinical Obesity</i> , 2020, 10, e12395.	1.1	9
9	Clinical and cost-effectiveness of a diabetes education and behavioural weight management programme versus a diabetes education programme in adults with a recent diagnosis of type 2 diabetes: study protocol for the Glucose Lowering through Weight management (GLoW) randomised controlled trial. <i>BMJ Open</i> , 2020, 10, e035020.	0.8	2
10	Third-wave cognitive behaviour therapies for weight management: A systematic review and network meta-analysis. <i>Obesity Reviews</i> , 2020, 21, e13013.	3.1	61
11	Gaps to bridge: Misalignment between perception, reality and actions in obesity. <i>Diabetes, Obesity and Metabolism</i> , 2019, 21, 1914-1924.	2.2	89
12	Third-wave cognitive behaviour therapies for weight management: systematic review and network meta-analysis protocol. <i>BMJ Open</i> , 2018, 8, e023425.	0.8	3
13	A systematic review of the physical activity assessment tools used in primary care. <i>Family Practice</i> , 2017, 34, 384-391.	0.8	19
14	Guidelines for the follow-up of patients undergoing bariatric surgery. <i>Clinical Obesity</i> , 2016, 6, 210-224.	1.1	74
15	NICE-Accredited Commissioning Guidance for Weight Assessment and Management Clinics: a Model for a Specialist Multidisciplinary Team Approach for People with Severe Obesity. <i>Obesity Surgery</i> , 2016, 26, 649-659.	1.1	40
16	Evaluation of a multidisciplinary tier 3 weight management service for adults with morbid obesity, or obesity and comorbidities, based in primary care. <i>Clinical Obesity</i> , 2014, 4, 254-266.	1.1	46