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List of Publications by Year in Descending Order

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Version: 2024-04-28

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

18 916 43 29 h-index g-index citations papers 1,118 49 4.13 3.1 avg, IF L-index ext. papers ext. citations

#	Paper	IF	Citations
43	Guilt Focused Intervention for Family Caregivers. Preliminary Results of a Randomized Clinical Trial <i>Clinical Gerontologist</i> , 2022 , 1-13	2.7	2
42	Family caregivers of people with dementia in the context of the sociocultural stress and coping model: An examination of gender differences <i>Journal of Women and Aging</i> , 2022 , 1-15	1.4	
41	Personal values profiles in dementia family caregivers: their association with ambivalent feelings and anxious and depressive symptoms. <i>Aging and Mental Health</i> , 2021 , 25, 2160-2168	3.5	3
40	Guilt for perceiving oneself as a burden in healthy older adults. Associated factors. <i>Aging and Mental Health</i> , 2021 , 25, 2330-2336	3.5	О
39	The Role of Caregivers' Sleep Problems in the Association between Behavioral Symptoms of Dementia and Caregiving Depression and Anxiety. <i>Behavioral Sleep Medicine</i> , 2021 , 19, 640-651	4.2	2
38	Family Dynamics in Dementia Caregiving: Development and Validation of the Interpersonal Triggers of Guilt in Dementia Caregiving Questionnaire (ITGDCQ). <i>Family Process</i> , 2021 ,	3.9	1
37	Associations of knowledge about Alzheimer disease, dysfunctional cognition, and coping with caregiver blood pressure. Clinica Y Salud, 2021, 32, 79-87	1.8	O
36	Caring for Relatives with Dementia in Times of COVID-19: Impact on Caregivers and Care-recipients. <i>Clinical Gerontologist</i> , 2021 , 1-15	2.7	6
35	Psychometric properties of the Insomnia Severity Index in a sample of family dementia caregivers. <i>Sleep Medicine</i> , 2021 , 82, 65-70	4.6	2
34	Associations between pleasant events, activity restriction, stressors, and blood pressure in caregivers of persons with dementia. <i>International Psychogeriatrics</i> , 2021 , 1-11	3.4	1
33	Validation of the Guilt associated with Self-Perception as a Burden Scale (G-SPBS). <i>Behavioural and Cognitive Psychotherapy</i> , 2021 , 49, 185-196	2.1	2
32	Pilot study of a psychotherapeutic intervention for reducing guilt feelings in highly distressed dementia family caregivers (Innovative practice). <i>Dementia</i> , 2021 , 20, 759-769	3	8
31	Depressive and Anxious Comorbidity and Treatment Response in Family Caregivers of People with Dementia. <i>Journal of Alzheimerys Disease</i> , 2021 , 83, 395-405	4.3	
30	Stress, cognitive fusion and comorbid depressive and anxiety symptomatology in dementia caregivers. <i>Psychology and Aging</i> , 2021 , 36, 667-676	3.6	3
29	"I Feel Guilty". Exploring Guilt-Related Dynamics in Family Caregivers of People with Dementia. <i>Clinical Gerontologist</i> , 2020 , 1-10	2.7	9
28	Tailored versus manualized interventions for dementia caregivers: The functional analysis-guided modular intervention. <i>Psychology and Aging</i> , 2020 , 35, 41-54	3.6	18
27	Measuring familism in dementia family caregivers: the revised familism scale. <i>Aging and Mental Health</i> , 2020 , 24, 784-788	3.5	9

26	Stress and Blood Pressure in Dementia Caregivers: The Moderator Role of Mindfulness. <i>Clinical Gerontologist</i> , 2019 , 42, 512-520	2.7	5
25	Validating the Revised Scale for Caregiving Self-Efficacy: A Cross-National Review. <i>Gerontologist, The</i> , 2019 , 59, e325-e342	5	14
24	Ambivalence and guilt feelings: Two relevant variables for understanding caregivers' depressive symptomatology. <i>Clinical Psychology and Psychotherapy</i> , 2018 , 25, 59-64	2.9	26
23	Psychometric properties of the Valued Living Questionnaire Adapted to Dementia Caregiving. <i>Aging and Mental Health</i> , 2017 , 21, 983-990	3.5	16
22	Engagement in Pleasant Leisure Activities and Blood Pressure: A 5-Year Longitudinal Study in Alzheimer Caregivers. <i>Psychosomatic Medicine</i> , 2017 , 79, 735-741	3.7	13
21	Commitment to personal values and guilt feelings in dementia caregivers. <i>International Psychogeriatrics</i> , 2017 , 29, 57-65	3.4	13
20	Measuring Ambivalent Feelings in Dementia Family Caregivers: The Caregiving Ambivalence Scale. <i>Gerontologist, The</i> , 2017 , 57, e37-e46	5	13
19	Confirmatory factor analysis of the Spanish version of the revised memory and behavior problems checklist. <i>International Psychogeriatrics</i> , 2015 , 27, 683-92	3.4	18
18	Cognitive-behavioral therapy (CBT) versus acceptance and commitment therapy (ACT) for dementia family caregivers with significant depressive symptoms: Results of a randomized clinical trial. <i>Journal of Consulting and Clinical Psychology</i> , 2015 , 83, 760-72	6.5	136
17	Atendiendo a las variadas problem l icas de los cuidadores familiares de personas con demencia: aportaciones de la terapia cognitivo-conductual y de la terapia de aceptaci l i y compromiso. <i>Clinica Y Salud</i> , 2015 , 26, 41-48	1.8	9
16	Development and validation of the Experiential Avoidance in Caregiving Questionnaire (EACQ). <i>Aging and Mental Health</i> , 2014 , 18, 897-904	3.5	33
15	Effects of the frequency and satisfaction with leisure profile on dementia caregivers distress. [Efectos del perfil de frecuencia y satisfacci con el ocio en el malestar de cuidadores de personas con demencia]. <i>Anales De Psicologia</i> , 2014 , 30,	1.3	4
14	Leisure, gender, and kinship in dementia caregiving: psychological vulnerability of caregiving daughters with feelings of guilt. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2014 , 69, 502-13	4.6	39
13	Frequency of leisure activities and depressive symptomatology in elderly people: the moderating role of rumination. <i>International Psychogeriatrics</i> , 2014 , 26, 297-305	3.4	8
12	Pleasant events, activity restriction, and blood pressure in dementia caregivers. <i>Health Psychology</i> , 2013 , 32, 793-801	5	24
11	Anger, spiritual meaning and support from the religious community in dementia caregiving. <i>Journal of Religion and Health</i> , 2012 , 51, 179-86	2.6	22
10	Multiple mediators of the relations between caregiving stress and depressive symptoms. <i>Aging and Mental Health</i> , 2012 , 16, 27-38	3.5	68
9	Cross-cultural confirmatory factor analysis of the CES-D in Spanish and Mexican dementia caregivers. <i>Spanish Journal of Psychology</i> , 2012 , 15, 783-92	1	30

8	Variables modulating depression in dementia caregivers: a longitudinal study. <i>International Psychogeriatrics</i> , 2012 , 24, 1316-24	3.4	29
7	Spirituality and self-efficacy in dementia family caregiving: trust in God and in yourself. <i>International Psychogeriatrics</i> , 2012 , 24, 1943-52	3.4	24
6	Motives for caring: relationship to stress and coping dimensions. <i>International Psychogeriatrics</i> , 2011 , 23, 573-82	3.4	32
5	Analysis of the moderating effect of self-efficacy domains in different points of the dementia caregiving process. <i>Aging and Mental Health</i> , 2011 , 15, 221-31	3.5	41
4	Mechanisms of action of a psychological intervention for dementia caregivers: effects of behavioral activation and modification of dysfunctional thoughts. <i>International Journal of Geriatric Psychiatry</i> , 2011 , 26, 1119-27	3.9	53
3	Development and validation of the Caregiver Guilt Questionnaire. <i>International Psychogeriatrics</i> , 2010 , 22, 650-60	3.4	53
2	Psychosocial factors and caregivers' distress: effects of familism and dysfunctional thoughts. <i>Aging and Mental Health</i> , 2010 , 14, 193-202	3.5	92
1	Caregiving issues in a therapeutic context: new insights from the Acceptance and Commitment Therapy approach 2010 , 33-53		22