

Savvas P Tokmakidis

List of Publications by Year in descending order

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62
papers

2,351
citations

172207

29
h-index

214527

47
g-index

64
all docs

64
docs citations

64
times ranked

3021
citing authors

#	ARTICLE	IF	CITATIONS
1	Exercise promotes endothelial progenitor cell mobilization in patients with chronic heart failure. <i>European Journal of Preventive Cardiology</i> , 2022, 28, e24-e27.	0.8	3
2	Effects of Drop Jump Training from Different Heights and Weight Training on Vertical Jump and Maximum Strength Performance in Female Volleyball Players. <i>Journal of Strength and Conditioning Research</i> , 2022, Publish Ahead of Print, .	1.0	3
3	Effects of Work and Recovery Duration and Their Ratio on Cardiorespiratory and Metabolic Responses During Aerobic Interval Exercise. <i>Journal of Strength and Conditioning Research</i> , 2020, Publish Ahead of Print, .	1.0	4
4	Heart Rate Distribution and Aerobic Fitness Changes During Preseason in Elite Soccer Players. <i>Proceedings (mdpi)</i> , 2019, 25, .	0.2	0
5	Active recovery intervals restore initial performance after repeated sprints in swimming[*]. <i>European Journal of Sport Science</i> , 2018, 18, 323-331.	1.4	4
6	The Effects of Recovery Duration During High-Intensity Interval Exercise on Time Spent at High Rates of Oxygen Consumption, Oxygen Kinetics, and Blood Lactate. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2183-2189.	1.0	22
7	Guidelines for exercise during normal pregnancy and gestational diabetes: a review of international recommendations. <i>Hormones</i> , 2018, 17, 521-529.	0.9	38
8	Contrast Loading Increases Upper Body Power Output in Junior Volleyball Athletes. <i>Pediatric Exercise Science</i> , 2017, 29, 103-108.	0.5	7
9	Who jumps the highest? Anthropometric and physiological correlations of vertical jump in youth elite female volleyball players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2017, 57, 802-810.	0.4	25
10	Normal tissue radioprotection by amifostine via Warburg-type effects. <i>Scientific Reports</i> , 2016, 6, 30986.	1.6	27
11	Physical Improvement and Biological Maturity of Young Athletes (11-12 Years) with Systematic Training. <i>Folia Medica</i> , 2016, 57, 223-229.	0.2	1
12	Aerobic, resistance and combined training and detraining on body composition, muscle strength, lipid profile and inflammation in coronary artery disease patients. <i>Research in Sports Medicine</i> , 2016, 24, 171-184.	0.7	44
13	Community-Based Trainingâ€œDetraining Intervention in Older Women: A Five-Year Follow-Up Study. <i>Journal of Aging and Physical Activity</i> , 2015, 23, 496-512.	0.5	12
14	Acute pro- and anti-inflammatory responses to resistance exercise in patients with coronary artery disease: a pilot study. <i>Journal of Sports Science and Medicine</i> , 2015, 14, 91-7.	0.7	4
15	Hormonal responses after resistance exercise performed with maximum and submaximum movement velocities. <i>Applied Physiology, Nutrition and Metabolism</i> , 2014, 39, 351-357.	0.9	14
16	Contrast Loading: Power Output and Rest Interval Effects on Neuromuscular Performance. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 567-574.	1.1	1
17	Exercise in the prevention and rehabilitation of breast cancer. <i>Wiener Klinische Wochenschrift</i> , 2013, 125, 297-301.	1.0	26
18	Acute and chronic effects of exercise on circulating endothelial progenitor cells in healthy and diseased patients. <i>Clinical Research in Cardiology</i> , 2013, 102, 249-257.	1.5	59

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19	Competitive Performance, Training Load and Physiological Responses During Tapering in Young Swimmers. <i>Journal of Human Kinetics</i> , 2013, 38, 125-134.	0.7	13
20	Maximum Power Training Load Determination and Its Effects on Load-Power Relationship, Maximum Strength, and Vertical Jump Performance. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1223-1233.	1.0	31
21	Metabolic Responses at Various Intensities Relative to Critical Swimming Velocity. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1731-1741.	1.0	31
22	Cardiorespiratory Fitness, Metabolic Risk, and Inflammation in Children. <i>International Journal of Pediatrics (United Kingdom)</i> , 2012, 2012, 1-6.	0.2	17
23	Physiological Responses and Stroke-Parameter Changes During Interval Swimming in Different Age-Group Female Swimmers. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 3312-3319.	1.0	9
24	Effects of vibration and exercise training on bone mineral density and muscle strength in postmenopausal women. <i>European Journal of Sport Science</i> , 2012, 12, 81-88.	1.4	23
25	Combined strength and aerobic training increases transforming growth factor- β 1 in patients with type 2 diabetes. <i>Hormones</i> , 2011, 10, 125-130.	0.9	25
26	Seasonal Aerobic Performance Variations in Elite Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1502-1507.	1.0	47
27	Training-Induced Changes on Blood Lactate Profile and Critical Velocity in Young Swimmers. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1563-1570.	1.0	20
28	Repeated Sprint Swimming Performance after Low- or High-Intensity Active and Passive Recoveries. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 109-116.	1.0	20
29	Physiological responses during interval training at relative to critical velocity intensity in young swimmers. <i>Journal of Science and Medicine in Sport</i> , 2011, 14, 363-368.	0.6	16
30	Power Output and Electromyographic Activity During and After a Moderate Load Muscular Endurance Session. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 2122-2131.	1.0	37
31	Effects of resistance training and detraining on muscle strength and functional performance of older adults aged 80 to 88 years. <i>Aging Clinical and Experimental Research</i> , 2010, 22, 134-140.	1.4	51
32	Effects of warm-up on vertical jump performance and muscle electrical activity using half-squats at low and moderate intensity. <i>Journal of Sports Science and Medicine</i> , 2010, 9, 326-31.	0.7	26
33	Lipoprotein profile, glycemic control and physical fitness after strength and aerobic training in post-menopausal women with type 2 diabetes. <i>European Journal of Applied Physiology</i> , 2009, 106, 901-907.	1.2	39
34	Effects of detraining on muscle strength and mass after high or moderate intensity of resistance training in older adults. <i>Clinical Physiology and Functional Imaging</i> , 2009, 29, 316-319.	0.5	38
35	Training, Detraining and Retraining Effects after a Water-Based Exercise Program in Patients with Coronary Artery Disease. <i>Cardiology</i> , 2008, 111, 257-264.	0.6	25
36	Effects of carbohydrate ingestion 15 min before exercise on endurance running capacity. <i>Applied Physiology, Nutrition and Metabolism</i> , 2008, 33, 441-449.	0.9	17

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37	Swimming Performance After Passive and Active Recovery of Various Durations. <i>International Journal of Sports Physiology and Performance</i> , 2008, 3, 375-386.	1.1	34
38	Physiological and Anthropometric Determinants of Rhythmic Gymnastics Performance. <i>International Journal of Sports Physiology and Performance</i> , 2008, 3, 41-54.	1.1	91
39	Acute Effects of Soccer Training on White Blood Cell Count in Elite Female Players. <i>International Journal of Sports Physiology and Performance</i> , 2007, 2, 239-249.	1.1	17
40	The Effect of Moderate Resistance Strength Training and Detraining on Muscle Strength and Power in Older Men. <i>Journal of Geriatric Physical Therapy</i> , 2007, 30, 109-113.	0.6	31
41	Land versus water exercise in patients with coronary artery disease: effects on body composition, blood lipids, and physical fitness. <i>American Heart Journal</i> , 2007, 154, 560.e1-560.e6.	1.2	78
42	Validity of Self-Reported Anthropometric Values Used to Assess Body Mass Index and Estimate Obesity in Greek School Children. <i>Journal of Adolescent Health</i> , 2007, 40, 305-310.	1.2	77
43	Effect of different intensities of active recovery on sprint swimming performance. <i>Applied Physiology, Nutrition and Metabolism</i> , 2006, 31, 709-716.	0.9	32
44	Obesity and physical fitness of pre-adolescent children during the academic year and the summer period: effects of organized physical activity. <i>Journal of Child Health Care</i> , 2006, 10, 199-212.	0.7	55
45	Functional and Neuromotor Performance in Older Adults. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2006, 85, 61-67.	0.7	24
46	Fitness levels of Greek primary schoolchildren in relationship to overweight and obesity. <i>European Journal of Pediatrics</i> , 2006, 165, 867-874.	1.3	104
47	Physiological alterations to detraining following prolonged combined strength and aerobic training in cardiac patients. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2006, 13, 375-380.	3.1	23
48	Physiological alterations to detraining following prolonged combined strength and aerobic training in cardiac patients. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2006, 13, 375-380.	3.1	22
49	Effects of Resistance Training on the Physical Capacities of Adolescent Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2006, 20, 783.	1.0	140
50	Influence of different rest intervals during active or passive recovery on repeated sprint swimming performance. <i>European Journal of Applied Physiology</i> , 2005, 93, 694-700.	1.2	46
51	Relationship between Anaerobic Power and Jumping of Selected Male Volleyball Players of Different Ages. <i>Perceptual and Motor Skills</i> , 2005, 100, 607-614.	0.6	30
52	Resistance Exercise Training in Patients with Heart Failure. <i>Sports Medicine</i> , 2005, 35, 1085-1103.	3.1	73
53	Effects of a Heavy and a Moderate Resistance Training on Functional Performance in Older Adults. <i>Journal of Strength and Conditioning Research</i> , 2005, 19, 652.	1.0	44
54	Short-Term Effects of Selected Exercise and Load in Contrast Training on Vertical Jump Performance. <i>Journal of Strength and Conditioning Research</i> , 2005, 19, 135.	1.0	49

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55	The effects of a combined strength and aerobic exercise program on glucose control and insulin action in women with type 2 diabetes. <i>European Journal of Applied Physiology</i> , 2004, 92, 437-42.	1.2	93
56	The Effects of High- and Moderate-Resistance Training on Muscle Function in the Elderly. <i>Journal of Aging and Physical Activity</i> , 2004, 12, 131-143.	0.5	73
57	Training and Detraining Effects of a Combined-strength and Aerobic Exercise Program on Blood Lipids in Patients With Coronary Artery Disease. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2003, 23, 193-200.	0.5	54
58	Hormonal Responses after Various Resistance Exercise Protocols. <i>Medicine and Science in Sports and Exercise</i> , 2003, 35, 644-654.	0.2	193
59	The Effects of Ibuprofen on Delayed Muscle Soreness and Muscular Performance After Eccentric Exercise. <i>Journal of Strength and Conditioning Research</i> , 2003, 17, 53.	1.0	68
60	Long-Term training induces specific adaptations on the physique of rhythmic sports and female artistic gymnasts. <i>European Journal of Sport Science</i> , 2002, 2, 1-13.	1.4	18
61	Failure to obtain a unique threshold on the blood lactate concentration curve during exercise. <i>European Journal of Applied Physiology</i> , 1998, 77, 333-342.	1.2	48
62	Comparison of mathematically determined blood lactate and heart rate ?threshold? points and relationship with performance. <i>European Journal of Applied Physiology and Occupational Physiology</i> , 1992, 64, 309-317.	1.2	40