

Jennifer Utter

List of Publications by Year in descending order

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77
papers

3,157
citations

147566

31
h-index

161609

54
g-index

78
all docs

78
docs citations

78
times ranked

4009
citing authors

#	ARTICLE	IF	CITATIONS
1	Couch potatoes or French fries: Are sedentary behaviors associated with body mass index, physical activity, and dietary behaviors among adolescents?. <i>Journal of the American Dietetic Association</i> , 2003, 103, 1298-1305.	1.3	234
2	Weight Control Practices and Disordered Eating Behaviors Among Adolescent Females and Males With Type 1 Diabetes: Associations with sociodemographics, weight concerns, familial factors, and metabolic outcomes. <i>Diabetes Care</i> , 2002, 25, 1289-1296.	4.3	207
3	At-Home Breakfast Consumption among New Zealand Children: Associations with Body Mass Index and Related Nutrition Behaviors. <i>Journal of the American Dietetic Association</i> , 2007, 107, 570-576.	1.3	198
4	Image-Assisted Dietary Assessment: A Systematic Review of the Evidence. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2015, 115, 64-77.	0.4	183
5	The Changing Environment and Population Obesity in the United States. <i>Obesity</i> , 2003, 11, 12S-22S.	4.0	168
6	Associations between television viewing and consumption of commonly advertised foods among New Zealand children and young adolescents. <i>Public Health Nutrition</i> , 2006, 9, 606-612.	1.1	136
7	Neighbourhood social capital and adolescent self-reported wellbeing in New Zealand: A multilevel analysis. <i>Social Science and Medicine</i> , 2013, 84, 13-21.	1.8	101
8	Relationships between frequency of family meals, BMI and nutritional aspects of the home food environment among New Zealand adolescents. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2008, 5, 50.	2.0	91
9	Wearable cameras can reduce dietary under-reporting: doubly labelled water validation of a camera-assisted 24h recall. <i>British Journal of Nutrition</i> , 2015, 113, 284-291.	1.2	85
10	Adolescent Cooking Abilities and Behaviors: Associations With Nutrition and Emotional Well-Being. <i>Journal of Nutrition Education and Behavior</i> , 2016, 48, 35-41.e1.	0.3	83
11	The environment and physical activity: The influence of psychosocial, perceived and built environmental factors. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 19.	2.0	82
12	Health and wellbeing of secondary school students in New Zealand: Trends between 2001, 2007 and 2012. <i>Journal of Paediatrics and Child Health</i> , 2013, 49, 925-934.	0.4	76
13	Reading magazine articles about dieting and associated weight control behaviors among adolescents. <i>Journal of Adolescent Health</i> , 2003, 32, 78-82.	1.2	69
14	Self-Perceived Cooking Skills in Emerging Adulthood Predict Better Dietary Behaviors and Intake 10 Years Later: A Longitudinal Study. <i>Journal of Nutrition Education and Behavior</i> , 2018, 50, 494-500.	0.3	69
15	Do Schools Influence Student Risk-taking Behaviors and Emotional Health Symptoms?. <i>Journal of Adolescent Health</i> , 2011, 48, 259-267.	1.2	67
16	Bystander Intervention, Bullying, and Victimization: A Multilevel Analysis of New Zealand High Schools. <i>Journal of School Violence</i> , 2015, 14, 245-272.	1.1	61
17	Family meals among parents: Associations with nutritional, social and emotional wellbeing. <i>Preventive Medicine</i> , 2018, 113, 7-12.	1.6	57
18	Family meals and the wellbeing of adolescents. <i>Journal of Paediatrics and Child Health</i> , 2013, 49, 906-911.	0.4	55

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19	The use of a wearable camera to capture and categorise the environmental and social context of self-identified eating episodes. <i>Appetite</i> , 2015, 92, 118-125.	1.8	54
20	The Association Between Supportive High School Environments and Depressive Symptoms and Suicidality Among Sexual Minority Students. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2016, 45, 248-261.	2.2	53
21	Home Gardening and the Health and Well-Being of Adolescents. <i>Health Promotion Practice</i> , 2017, 18, 34-43.	0.9	53
22	Family Meals and Adolescent Emotional Well-Being: Findings From a National Study. <i>Journal of Nutrition Education and Behavior</i> , 2017, 49, 67-72.e1.	0.3	50
23	Hand-held internet tablets for school-based data collection. <i>BMC Research Notes</i> , 2008, 1, 52.	0.6	47
24	Natural neighbourhood environments and the emotional health of urban New Zealand adolescents. <i>Landscape and Urban Planning</i> , 2019, 191, 103638.	3.4	46
25	The association between socioeconomic deprivation and secondary school students' health: findings from a latent class analysis of a national adolescent health survey. <i>International Journal for Equity in Health</i> , 2016, 15, 109.	1.5	42
26	Correlates of body mass index among a nationally representative sample of New Zealand children. <i>Pediatric Obesity</i> , 2007, 2, 104-113.	3.2	39
27	Specific food intake, fat and fiber intake, and behavioral correlates of BMI among overweight and obese members of a managed care organization. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2006, 3, 42.	2.0	36
28	School gardens and adolescent nutrition and BMI: Results from a national, multilevel study. <i>Preventive Medicine</i> , 2016, 83, 1-4.	1.6	36
29	Overweight among New Zealand adolescents: Associations with ethnicity and deprivation. <i>Pediatric Obesity</i> , 2010, 5, 461-466.	3.2	35
30	Family Meals among New Zealand Young People: Relationships with Eating Behaviors and Body Mass Index. <i>Journal of Nutrition Education and Behavior</i> , 2013, 45, 3-11.	0.3	34
31	Knowledge, Attitudes and Behaviours Related to Dietary Salt Intake in High-Income Countries: a Systematic Review. <i>Current Nutrition Reports</i> , 2018, 7, 183-197.	2.1	34
32	Evaluation of the Living 4 Life project: a youth-led, school-based obesity prevention study. <i>Obesity Reviews</i> , 2011, 12, 51-60.	3.1	33
33	Child and Youth Cooking Programs: More Than Good Nutrition?. <i>Journal of Hunger and Environmental Nutrition</i> , 2017, 12, 554-580.	1.1	28
34	Energy drink consumption among New Zealand adolescents: Associations with mental health, health risk behaviours and body size. <i>Journal of Paediatrics and Child Health</i> , 2018, 54, 279-283.	0.4	28
35	Perceived Access to Community Facilities, Social Motivation, and Physical Activity among New Zealand Youth. <i>Journal of Adolescent Health</i> , 2006, 39, 770-773.	1.2	27
36	The Pacific OPIC Project (Obesity Prevention in Communities): action plans and interventions. <i>Pacific Health Dialog: A Publication of the Pacific Basin Officers Training Program and the Fiji School of Medicine</i> , 2007, 14, 147-53.	0.0	27

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37	Feasibility of a Family Meal Intervention to Address Nutrition, Emotional Wellbeing, and Food Insecurity of Families With Adolescents. <i>Journal of Nutrition Education and Behavior</i> , 2019, 51, 885-892.	0.3	26
38	Supporting Families to Cook at Home and Eat Together: Findings From a Feasibility Study. <i>Journal of Nutrition Education and Behavior</i> , 2016, 48, 716-722.e1.	0.3	25
39	Experiential Features of Culinary Nutrition Education That Drive Behavior Change: Frameworks for Research and Practice. <i>Health Promotion Practice</i> , 2020, 21, 331-335.	0.9	21
40	Forgone health care among secondary school students in New Zealand. <i>Journal of Primary Health Care</i> , 2013, 5, 11.	0.2	21
41	Perceived Versus Actual Distance to Local Physical-Activity Facilities: Does It Really Matter?. <i>Journal of Physical Activity and Health</i> , 2010, 7, 323-332.	1.0	20
42	Social and Physical Contexts of Schools and Neighborhoods: Associations With Physical Activity Among Young People in New Zealand. <i>American Journal of Public Health</i> , 2011, 101, 1690-1695.	1.5	20
43	Prevalence of Severe Obesity among New Zealand Adolescents and Associations with Health Risk Behaviors and Emotional Well-Being. <i>Journal of Pediatrics</i> , 2013, 163, 143-149.	0.9	20
44	Socio-economic differences in eating-related attitudes, behaviours and environments of adolescents. <i>Public Health Nutrition</i> , 2011, 14, 629-634.	1.1	19
45	Nutrition and physical activity behaviours among Māori, Pacific and NZ European children: identifying opportunities for population-based interventions. <i>Australian and New Zealand Journal of Public Health</i> , 2006, 30, 50-56.	0.8	17
46	Prevalence and Recent Trends in Overweight, Obesity, and Severe Obesity among New Zealand Adolescents. <i>Childhood Obesity</i> , 2015, 11, 585-589.	0.8	17
47	What effect do attempts to lose weight have on the observed relationship between nutrition behaviors and body mass index among adolescents?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2007, 4, 40.	2.0	15
48	Association Between Availability and Quality of Health Services in Schools and Reproductive Health Outcomes Among Students: A Multilevel Observational Study. <i>American Journal of Public Health</i> , 2012, 102, e14-e20.	1.5	15
49	Access to Private and Confidential Health Care Among Secondary School Students in New Zealand. <i>Journal of Adolescent Health</i> , 2012, 51, 285-291.	1.2	15
50	Body size and weight, and the nutrition and activity behaviours of sexual and gender minority youth: findings and implications from New Zealand. <i>Public Health Nutrition</i> , 2019, 22, 2346-2356.	1.1	14
51	Health and well-being of young people who attend secondary school in Aotearoa, New Zealand: What has changed from 2001 to 2007?. <i>Journal of Paediatrics and Child Health</i> , 2011, 47, 191-197.	0.4	12
52	Prevalence of weight-related concerns and behaviours among New Zealand young people. <i>Journal of Paediatrics and Child Health</i> , 2012, 48, 1021-1028.	0.4	11
53	Identifying the "red flags"™ for unhealthy weight control among adolescents: Findings from an item response theory analysis of a national survey. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 99.	2.0	11
54	The Social Environment of Schools and Adolescent Nutrition: Associations Between the School Nutrition Climate and Adolescents' Eating Behaviors and Body Mass Index. <i>Journal of School Health</i> , 2014, 84, 677-682.	0.8	11

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55	Trends in body mass index and waist circumference among New Zealand adolescents, 1997/1998â€“2005. <i>Obesity Reviews</i> , 2009, 10, 378-382.	3.1	10
56	Dietary behaviours and the mental well-being of New Zealand adolescents. <i>Journal of Paediatrics and Child Health</i> , 2017, 53, 657-662.	0.4	9
57	Food choices among students using the school food service in New Zealand. <i>New Zealand Medical Journal</i> , 2007, 120, U2389.	0.5	9
58	Who is teaching the kids to cook? Results from a nationally representative survey of secondary school students in New Zealand. <i>International Journal of Adolescent Medicine and Health</i> , 2018, 30, .	0.6	8
59	Body satisfaction and sexual health behaviors among New Zealand secondary school students. <i>Sex Education</i> , 2012, 12, 187-198.	1.5	7
60	Family support and weight-loss strategies among adolescents reporting sustained weight loss. <i>Public Health Nutrition</i> , 2013, 16, 499-504.	1.1	7
61	Characteristics of school-based health services associated with studentsâ€™ mental health. <i>Journal of Health Services Research and Policy</i> , 2018, 23, 7-14.	0.8	7
62	Design, Development, and Achievements of a Youth-Led Nutrition and Physical Activity Intervention in a Pacific Community in New Zealand. <i>Journal of the American Dietetic Association</i> , 2010, 110, 1634-1637.	1.3	6
63	Using the Internet to access health-related information: results from a nationally representative sample of New Zealand secondary school students. <i>International Journal of Adolescent Medicine and Health</i> , 2017, 32, .	0.6	6
64	Rising food security concerns among New Zealand adolescents and association with health and wellbeing. <i>Kotuitui: New Zealand Journal of Social Sciences Online</i> , 2018, 13, 29-38.	0.7	6
65	Vending Machines in Australian Hospitals: Are They Meeting the Needs of the Consumer?. <i>Journal of Nutrition Education and Behavior</i> , 2021, 53, 183-186.	0.3	6
66	Work site food purchases among healthcare staff: Relationship with healthy eating and opportunities for intervention. <i>Nutrition and Dietetics</i> , 2022, 79, 265-271.	0.9	6
67	Body weight satisfaction among New Zealand adolescents: findings from a national survey. <i>International Journal of Adolescent Medicine and Health</i> , 2012, 24, 161-7.	0.6	5
68	Food Security Concerns Among Young People: Impact on Eating Behaviors and Weight Status. <i>Journal of Hunger and Environmental Nutrition</i> , 2012, 7, 101-111.	1.1	5
69	The divergence of country of origin labelling regulations between Australia and New Zealand. <i>Food Policy</i> , 2013, 43, 132-141.	2.8	5
70	The Prevalence of Postgraduate Education in Youth Health Among High School Clinicians and Associated Student Health Outcomes. <i>Journal of Adolescent Health</i> , 2016, 59, 555-561.	1.2	5
71	Trends in weight-related attitudes and behaviours among New Zealand adolescents, between 2007 and 2012. <i>Journal of Paediatrics and Child Health</i> , 2019, 55, 333-337.	0.4	4
72	Lunch frequency among adolescents: associations with sociodemographic factors and school characteristics. <i>Public Health Nutrition</i> , 2016, 19, 872-884.	1.1	3

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73	Development and Feasibility of a Pacific-Focused Community Weight Management Program. <i>Journal of Nutrition Education and Behavior</i> , 2019, 51, 1025-1027.	0.3	3
74	An observational study of adolescent health outcomes associated with school-based health service utilization: A causal analysis. <i>Health Services Research</i> , 2019, 54, 678-688.	1.0	3
75	Exposing young people to cooking and new foods: findings from a feasibility study in an alternative education setting. <i>International Journal of Adolescent Medicine and Health</i> , 2015, 27, 377-381.	0.6	1
76	Knowledge, Attitudes and Behaviours Related to Dietary Salt Intake among New Zealand Adults. <i>Proceedings (mdpi)</i> , 2019, 8, 2.	0.2	0
77	Supporting Health Care Staff With Family Meals During the COVID-19 Pandemic. <i>Health Promotion Practice</i> , 2021, 22, 444-447.	0.9	0