

Hugh H K Fullagar

List of Publications by Year in descending order

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Version: 2024-02-01

42
papers

1,691
citations

394390

19
h-index

302107

39
g-index

42
all docs

42
docs citations

42
times ranked

1732
citing authors

#	ARTICLE	IF	CITATIONS
1	Sleep and Athletic Performance: The Effects of Sleep Loss on Exercise Performance, and Physiological and Cognitive Responses to Exercise. <i>Sports Medicine</i> , 2015, 45, 161-186.	6.5	502
2	Sleep and Recovery in Team Sport: Current Sleep-Related Issues Facing Professional Team-Sport Athletes. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 950-957.	2.3	128
3	Impaired sleep and recovery after night matches in elite football players. <i>Journal of Sports Sciences</i> , 2016, 34, 1333-1339.	2.0	107
4	The effects of menstrual cycle phase on physical performance in female soccer players. <i>PLoS ONE</i> , 2017, 12, e0173951.	2.5	88
5	Sleep, Travel, and Recovery Responses of National Footballers During and After Long-Haul International Air Travel. <i>International Journal of Sports Physiology and Performance</i> , 2016, 11, 86-95.	2.3	85
6	The effect of an acute sleep hygiene strategy following a late-night soccer match on recovery of players. <i>Chronobiology International</i> , 2016, 33, 490-505.	2.0	77
7	Reliability and Association with Injury of Movement Screens: A Critical Review. <i>Sports Medicine</i> , 2016, 46, 763-781.	6.5	72
8	The Translation of Sport Science Research to the Field: A Current Opinion and Overview on the Perceptions of Practitioners, Researchers and Coaches. <i>Sports Medicine</i> , 2019, 49, 1817-1824.	6.5	58
9	Relationship Between Pretraining Subjective Wellness Measures, Player Load, and Rating-of-Perceived-Exertion Training Load in American College Football. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 95-101.	2.3	52
10	COVID-19 Lockdowns: A Worldwide Survey of Circadian Rhythms and Sleep Quality in 3911 Athletes from 49 Countries, with Data-Driven Recommendations. <i>Sports Medicine</i> , 2022, 52, 1433-1448.	6.5	45
11	Managing Travel Fatigue and Jet Lag in Athletes: A Review and Consensus Statement. <i>Sports Medicine</i> , 2021, 51, 2029-2050.	6.5	40
12	The Effects of Sleep Loss on Military Physical Performance. <i>Sports Medicine</i> , 2019, 49, 1159-1172.	6.5	38
13	How to manage travel fatigue and jet lag in athletes? A systematic review of interventions. <i>British Journal of Sports Medicine</i> , 2020, 54, 960-968.	6.7	36
14	Employment Standards for Australian Urban Firefighters. <i>Journal of Occupational and Environmental Medicine</i> , 2015, 57, 1072-1082.	1.7	24
15	Employment Standards for Australian Urban Firefighters. <i>Journal of Occupational and Environmental Medicine</i> , 2015, 57, 1063-1071.	1.7	24
16	Employment Standards for Australian Urban Firefighters. <i>Journal of Occupational and Environmental Medicine</i> , 2015, 57, 1092-1097.	1.7	24
17	Time to wake up: individualising the approach to sleep promotion interventions. <i>British Journal of Sports Medicine</i> , 2016, 50, 143-144.	6.7	24
18	Updated Review of the Applied Physiology of American College Football: Physical Demands, Strength and Conditioning, Nutrition, and Injury Characteristics of America's Favorite Game. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 1396-1403.	2.3	23

#	ARTICLE	IF	CITATIONS
19	Recovery practices in Division 1 collegiate athletes in North America. <i>Physical Therapy in Sport</i> , 2018, 32, 67-73.	1.9	23
20	Lockdown Duration and Training Intensity Affect Sleep Behavior in an International Sample of 1,454 Elite Athletes. <i>Frontiers in Physiology</i> , 0, 13, .	2.8	22
21	Individual Patterns in Blood-Borne Indicators of Fatigue—Trait or Chance. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 608-619.	2.1	20
22	Subjective Wellness, Acute: Chronic Workloads, and Injury Risk in College Football. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 3367-3373.	2.1	20
23	A Combined Sleep Hygiene and Mindfulness Intervention to Improve Sleep and Well-Being During High-Performance Youth Tennis Tournaments. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 250-258.	2.3	17
24	Regenerative interventions in professional football. <i>Sports Orthopaedics and Traumatology</i> , 2014, 30, 112-118.	0.1	15
25	Employment Standards for Australian Urban Firefighters. <i>Journal of Occupational and Environmental Medicine</i> , 2015, 57, 1083-1091.	1.7	15
26	Australian firefighters perceptions of heat stress, fatigue and recovery practices during fire-fighting tasks in extreme environments. <i>Applied Ergonomics</i> , 2021, 95, 103449.	3.1	15
27	Revisiting Ventilatory and Cardiovascular Predictions of Whole-Body Metabolic Rate. <i>Journal of Occupational and Environmental Medicine</i> , 2014, 56, 214-223.	1.7	13
28	The Influence of Playing Experience and Position on Injury Risk in NCAA Division I College Football Players. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 1297-1304.	2.3	13
29	The Time Course of Perceptual Recovery Markers After Match Play in Division I-A College American Football. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 1264-1266.	2.3	12
30	Practitioner Perceptions of Evidence-Based Practice in Elite Sport in the United States of America. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 2897-2904.	2.1	12
31	Influence of Training Schedules on Objective Measures of Sleep in Adolescent Academy Football Players. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 2515-2521.	2.1	10
32	Hot, Tired and Hungry: The Snacking Behaviour and Food Cravings of Firefighters during Multi-Day Simulated Wildfire Suppression. <i>Nutrients</i> , 2020, 12, 1160.	4.1	9
33	Bradford Factor and seasonal injury risk in Division I-A collegiate American footballers. <i>Science and Medicine in Football</i> , 2018, 2, 173-176.	2.0	4
34	Professional youth football academy injury data: collection procedures, perceived value, and use. <i>Science and Medicine in Football</i> , 2018, 2, 141-148.	2.0	4
35	Cooling strategies for firefighters: Effects on physiological, physical, and visuo-motor outcomes following fire-fighting tasks in the heat. <i>Journal of Thermal Biology</i> , 2022, 106, 103236.	2.5	4
36	The relationship between objective measures of sleep and training load across different phases of the season in American collegiate football players. <i>Science and Medicine in Football</i> , 2019, 3, 326-332.	2.0	3

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37	Adolescent football playersâ€™ sleep, wellness and school physical activity over different phases of the year. <i>International Journal of Sports Science and Coaching</i> , 2021, 16, 701-709.	1.4	3
38	Practitioner, Coach, and Athlete Perceptions of Evidence-Based Practice in Professional Sport in Australia. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 1728-1735.	2.3	3
39	Factors influencing home advantage in American collegiate football. <i>Science and Medicine in Football</i> , 2019, 3, 163-168.	2.0	2
40	Subjective Sleep Patterns and Jet Lag Symptoms of Junior Netball Players Prior to and During an International Tournament: A Case Study. <i>International Journal of Sports Physiology and Performance</i> , 2022, 17, 137-141.	2.3	2
41	The effects of travel on performance: a 13-year analysis of the National Rugby League (NRL) competition. <i>Science and Medicine in Football</i> , 2022, 6, 60-65.	2.0	2
42	Heat Adaptation and Nutrition Practices: Athlete and Practitioner Knowledge and Use. <i>International Journal of Sports Physiology and Performance</i> , 2022, 17, 1011-1024.	2.3	1