Richard R Suminski

List of Publications by Year
in descending order

76	1,847	304368 22	276539 41
papers	citations	h-index	g-index

76	76	76	2263
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	Features of the neighborhood environment and walking by U.S. adults. American Journal of Preventive Medicine, 2005, 28, 149-155.	1.6	172
2	Validation of the Adult OMNI Scale of Perceived Exertion for Walking/Running Exercise. Medicine and Science in Sports and Exercise, 2004, 36, 1776-1780.	0.2	168
3	Health Literacy Impact on National Healthcare Utilization and Expenditure. International Journal of Health Policy and Management, 2015, 4, 747-755.	0.5	144
4	Dietary Intake, Body Mass Index, Exercise, and Alcohol: Are College Women Following the Dietary Guidelines for Americans?. Journal of American College Health, 2001, 49, 167-171.	0.8	111
5	Physical Activity Among Ethnically Diverse College Students. Journal of American College Health, 2002, 51, 75-80.	0.8	90
6	Intergenerational Perceptions of Body Image in Hispanics: Role of BMI, Gender, and Acculturation. Obesity, 2005, 13, 1970-1979.	4.0	75
7	Meteorological conditions are associated with physical activities performed in open-air settings. International Journal of Biometeorology, 2008, 52, 189-197.	1.3	68
8	Metabolic efficiency during arm and leg exercise at the same relative intensities. Medicine and Science in Sports and Exercise, 1997, 29, 377-382.	0.2	61
9	Aerobic exercise during pregnancy influences infant heart rate variability at one month of age. Early Human Development, 2014, 90, 33-38.	0.8	56
10	Evaluation of a Culturally Appropriate Intervention to Increase Physical Activity. American Journal of Health Behavior, 2001, 25, 396-406.	0.6	54
11	Regular Maternal Exercise Dose and Fetal Heart Outcome. Medicine and Science in Sports and Exercise, 2012, 44, 1252-1258.	0.2	54
12	Substrate utilization and glucose turnover during exercise of varying intensities in individuals with NIDDM. Medicine and Science in Sports and Exercise, 1999, 31, 82-89.	0.2	54
13	Obesity Classification in Military Personnel: A Comparison of Body Fat, Waist Circumference, and Body Mass Index Measurements. Military Medicine, 2008, 173, 67-73.	0.4	46
14	Injury Profile of Mixed Martial Arts Competitors. Clinical Journal of Sport Medicine, 2014, 24, 497-501.	0.9	46
15	Perception of Effort During Resistance Exercise. Journal of Strength and Conditioning Research, 1997, 11, 261.	1.0	40
16	Outcomes from an Urban Pediatric Obesity Program Targeting Minority Youth: The Healthy Hawks Program. Childhood Obesity, 2013, 9, 492-500.	0.8	39
17	Effect of Carbohydrate Substrate Availability on Ratings of Perceived Exertion during Prolonged Exercise of Moderate Intensity. Perceptual and Motor Skills, 1996, 82, 495-506.	0.6	37
18	Characteristics of Urban Sidewalks/Streets and Objectively Measured Physical Activity. Journal of Urban Health, 2008, 85, 178-190.	1.8	37

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19	Effects of Exercise During Pregnancy on Maternal Heart Rate and Heart Rate Variability. PM and R, 2016, 8, 611-617.	0.9	34
20	Stages of Change Among Ethnically Diverse College Students. Journal of American College Health, 2002, 51, 26-31.	0.8	29
21	Effect of Carbohydrate Ingestion Subsequent to Carbohydrate Supercompensation on Endurance Performance. International Journal of Sport Nutrition, 1995, 5, 329-343.	1.6	26
22	Effect of carbohydrate ingestion on ratings of perceived exertion during a marathon. Medicine and Science in Sports and Exercise, 2002, 34, 1779-1784.	0.2	25
23	Park Quality in Racial/Ethnic Minority Neighborhoods. Environmental Justice, 2012, 5, 271-278.	0.8	25
24	A Method for Observing Physical Activity on Residential Sidewalks and Streets. Journal of Urban Health, 2006, 83, 434-443.	1.8	23
25	Web-Assisted Instruction for Changing Social Cognitive Variables Related to Physical Activity. Journal of American College Health, 2006, 54, 219-226.	0.8	22
26	The Effect of Habitual Smoking on Measured and Predicted VO2max. Journal of Physical Activity and Health, 2009, 6, 667-673.	1.0	20
27	Organizational Culture and Implications for Workplace Interventions to Reduce Sitting Time Among Office-Based Workers: A Systematic Review. Frontiers in Public Health, 2018, 6, 263.	1.3	20
28	Maternal physical activity mode and fetal heart outcome. Early Human Development, 2014, 90, 365-369.	0.8	18
29	Military Line Leadership and Tobacco Control: Perspectives of Military Policy Leaders and Tobacco Control Managers. Military Medicine, 2010, 175, 811-816.	0.4	17
30	Peak oxygen consumption and skeletal muscle bioenergetics in African-American and Caucasian men. Medicine and Science in Sports and Exercise, 2000, 32, 2059-2066.	0.2	16
31	Effects of resistance training interventions on muscular strength in adults with intellectual disability: a systematic review and meta-analysis. Disability and Rehabilitation, 2022, 44, 4549-4562.	0.9	15
32	Ratings of Perceived Exertion and Energy Expenditure during Light to Moderate Activity. Perceptual and Motor Skills, 2003, 96, 739-747.	0.6	14
33	Validation of the OMNI Scale of Perceived Exertion in a Sample of Spanish-Speaking Youth from the USA. Perceptual and Motor Skills, 2008, 107, 181-188.	0.6	14
34	The association between television viewing time and percent body fat in adults varies as a function of physical activity and sex. BMC Public Health, 2019, 19, 736.	1.2	14
35	Influence of Racial Origin and Skeletal Muscle Properties on Disease Prevalence and Physical Performance. Sports Medicine, 2002, 32, 667-673.	3.1	13
36	Added Sugar Intake is Associated with Blood Pressure in Older Females. Nutrients, 2019, 11, 2060.	1.7	13

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37	Walking During Leisure-Time in Relation to Perceived Neighborhoods. Environment and Behavior, 2015, 47, 816-830.	2.1	12
38	Small Business Policies Toward Employee and Community Promotion of Physical Activity. Journal of Physical Activity and Health, 2006, 3, 405-414.	1.0	11
39	Diet and Pregnancy: Health-Care Providers and Patient Behaviors. Journal of Perinatal Education, 2014, 23, 50-56.	0.3	11
40	Observing physical activity in suburbs. Health and Place, 2008, 14, 894-899.	1.5	10
41	BMI tracking in Mexican American children in relation to maternal BMI. Ethnicity and Disease, 2007, 17, 707-13.	1.0	8
42	Playground Safety is Associated With Playground, Park, and Neighborhood Characteristics. Journal of Physical Activity and Health, 2015, 12, 402-408.	1.0	7
43	Validation of the Block Walk Method for Assessing Physical Activity occurring on Sidewalks/Streets. International Journal of Environmental Research and Public Health, 2019, 16, 1927.	1.2	7
44	VALIDATION OF THE OMNI SCALE OF PERCEIVED EXERTION IN A SAMPLE OF SPANISH-SPEAKING YOUTH FROM THE USA. Perceptual and Motor Skills, 2008, 107, 181.	0.6	7
45	Bicycling Policy Indirectly Associated with Overweight/Obesity. American Journal of Preventive Medicine, 2014, 47, 715-721.	1.6	5
46	A Resistance Training Intervention for Adults With Intellectual Disability in the Community: A Pilot Randomized Clinical Trial. Adapted Physical Activity Quarterly, 2021, 38, 546-568.	0.6	5
47	Environmental Characteristics and Physical Activity in Racial/Ethnic Minority and Euro-American College Students. Perceptual and Motor Skills, 2009, 108, 465-478.	0.6	4
48	Small Business Support of Youth Physical Activity Opportunities. American Journal of Health Promotion, 2012, 26, 289-294.	0.9	4
49	Addressing Obesity with Pediatric Patients and Their Families in a Primary Care Office. Primary Care - Clinics in Office Practice, 2015, 42, 151-157.	0.7	4
50	Physical education teachersâ€™ and principalsâ€™ perspectives on the use of FitnessGram. SAGE Open Medicine, 2019, 7, 205031211983151.	0.7	4
51	High-Tech Video Capture and Analysis for Counting Park Users. Journal for the Measurement of Physical Behaviour, 2020, 3, 147-156.	0.5	4
52	A comprehensive evaluation of physical activity on sidewalks and streets in three U.S. Cities. Preventive Medicine Reports, 2022, 26, 101696.	0.8	4
53	Bibliometric measures and National Institutes of Health funding at colleges of osteopathic medicine, 2006-2010. Journal of the American Osteopathic Association, The, 2012, 112, 716-24.	1.7	4
54	Relations between Perceptions of Environmental Features and Physical Activity. Perceptual and Motor Skills, 2013, 117, 49-64.	0.6	3

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55	Development and implementation of a logic model: Occupational stress, physical activity, and sedentary behavior in the workplace1. Work, 2020, 67, 203-213.	0.6	3
56	Prevalence and characteristics of starvationâ€related malnutrition in a midâ€Atlantic healthcare system: A cohort study. Journal of Parenteral and Enteral Nutrition, 2022, 46, 357-366.	1.3	3
57	A Direct Observation Video Method for Describing COVID-19 Transmission Factors on a Micro-Geographical Scale: Viral Transmission (VT)-Scan. International Journal of Environmental Research and Public Health, 2021, 18, 9329.	1.2	3
58	Assessing Physical Activities Occurring on Sidewalks and Streets: Protocol for a Cross-Sectional Study. JMIR Research Protocols, 2019, 8, e12976.	0.5	3
59	Actual neighborhood-level crime predicts body mass index z-score changes in a multi-racial/ethnic sample of children. Preventive Medicine Reports, 2018, 12, 164-169.	0.8	2
60	Comparing Counts of Park Users With a Wearable Video Device and an Unmanned Aerial System. Journal for the Measurement of Physical Behaviour, 2021, 4, 143-150.	0.5	2
61	Direct Observation of COVID-19 Prevention Behaviors and Physical Activity in Public Open Spaces. International Journal of Environmental Research and Public Health, 2022, 19, 1335.	1.2	2
62	Physical activity assessed with three different methods and the Framingham Risk Score on 10-year coronary heart disease risk. Medical Science Monitor, 2008, 14, CR1-9.	0.5	2
63	Reply. Clinical Journal of Sport Medicine, 2014, 24, 519-520.	0.9	1
64	Promoting Small Business Support of Youth Physical Activity in Low-Income, Minority Neighborhoods: Protocol for a Randomized Controlled Trial. JMIR Research Protocols, 2019, 8, e13141.	0.5	1
65	The Impact of Health Coaching on Weight and Physical Activity in Obese Adults: A Randomized Control Trial. American Journal of Lifestyle Medicine, 2024, 18, 233-242.	0.8	1
66	Community Development Corporations Could Potentially Improve Research on Causal Associations Between Environmental Features and Physical Activity. Journal of Physical Activity and Health, 2014, 11, 1373-1378.	1.0	0
67	Perceived Neighborhood Size: Implications for Physical Activityâ€“Environment Research. Journal of Physical Activity and Health, 2015, 12, 282-288.	1.0	0
68	Response: Is High-Intensity Functional Training (HIFT)/CrossFit Safe for Military Fitness Training?. Military Medicine, 2017, 182, 1476-1479.	0.4	0
69	Dover Micro Open Street Events: Evaluation Results and Implications for Community-Based Physical Activity Programming. Frontiers in Public Health, 2019, 7, 356.	1.3	0
70	Steady State Hydration Levels of Career Firefighters in a Large, Population-Based Sample. Journal of Occupational and Environmental Medicine, 2019, 61, 47-50.	0.9	0
71	An Observational Method for Assessing Environmental Factors that could Influence Walking. Medicine and Science in Sports and Exercise, 2006, 38, S555.	0.2	0
72	Effects of Exercise During Pregnancy on Childhood Heart Measures. FASEB Journal, 2013, 27, .	0.2	0

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73	Using Causal Agency Theory To Promote Functional And Independent Performance In Adults With Intellectual Disabilities. Medicine and Science in Sports and Exercise, 2020, 52, 557-557.	0.2	0
74	Research funding at colleges of osteopathic medicine in the United States. Journal of the American Osteopathic Association, The, 2012, 112, 665-72.	1.7	0
75	Perceived Neighborhood Size: Implications for Physical Activityâ€“Environment Research. Journal of Physical Activity and Health, 2015, 12, 282-288.	1.0	0
76	Perspectives on Engagement With Youth Physical Activity Opportunities in Low-Income, African American, Urban Neighborhoods. American Journal of Health Promotion, 0, , 089011712211083.	0.9	0