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List of Publications by Year in descending order

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713013 686830 21 685 13 21 citations h-index g-index papers 21 21 21 1565 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Interplay of Walnut Consumption, Changes in Circulating miRNAs and Reduction in LDL-Cholesterol in Elders. Nutrients, 2022, 14, 1473.	1.7	6
2	Effects of Walnut Consumption for 2 Years on Lipoprotein Subclasses Among Healthy Elders. Circulation, 2021, 144, 1083-1085.	1.6	17
3	Effect of a 2-year diet intervention with walnuts on cognitive decline. The Walnuts And Healthy Aging (WAHA) study: a randomized controlled trial. American Journal of Clinical Nutrition, 2020, 111, 590-600.	2.2	59
4	Switching from boosted PIs to dolutegravir in HIV-infected patients with high cardiovascular risk: 48 week effects on subclinical cardiovascular disease. Journal of Antimicrobial Chemotherapy, 2020, 75, 3334-3343.	1.3	5
5	Acute consumption of Andalusian aged wine and gin decreases the expression of genes related to atherosclerosis in men with high cardiovascular risk: Randomized intervention trial. Clinical Nutrition, 2019, 38, 1599-1606.	2.3	5
6	Effects of a Novel Nutraceutical Combination (Aquilea Colesterol®) on the Lipid Profile and Inflammatory Biomarkers: A Randomized Control Trial. Nutrients, 2019, 11, 949.	1.7	8
7	Rationale and design of the school-based SI! Program to face obesity and promote health among Spanish adolescents: A cluster-randomized controlled trial. American Heart Journal, 2019, 215, 27-40.	1.2	29
8	Effect of a Walnut Diet on Office and 24-Hour Ambulatory Blood Pressure in Elderly Individuals. Hypertension, 2019, 73, 1049-1057.	1.3	35
9	How to implement the recommendations of the 2018 ESC/ESH Hypertension Guidelines in a given patient: a step by step approach. European Heart Journal - Cardiovascular Pharmacotherapy, 2019, 5, 164-170.	1.4	2
10	The red blood cell proportion of arachidonic acid relates to shorter leukocyte telomeres in Mediterranean elders: A secondary analysis of a randomized controlled trial. Clinical Nutrition, 2019, 38, 958-961.	2.3	16
11	MASked-unconTrolled hypERtension management based on office BP or on ambulatory blood pressure measurement (MASTER) Study: a randomised controlled trial protocol. BMJ Open, 2018, 8, e021038.	0.8	33
12	Documento de recomendaciones de la SEA 2018. El estilo de vida en la prevención cardiovascular. ClÃnica E Investigación En Arteriosclerosis, 2018, 30, 280-310.	0.4	20
13	Walnut Consumption for Two Years and Leukocyte Telomere Attrition in Mediterranean Elders: Results of a Randomized Controlled Trial. Nutrients, 2018, 10, 1907.	1.7	26
14	Metabolic profiling and targeted lipidomics reveals a disturbed lipid profile in mothers and fetuses with intrauterine growth restriction. Scientific Reports, 2018, 8, 13614.	1.6	34
15	High blood pressure, Alzheimer disease and antihypertensive treatment. Panminerva Medica, 2018, 60, 8-16.	0.2	20
16	Can the Treatment of Hypertension in the Middle-Aged Prevent Dementia in the Elderly?. High Blood Pressure and Cardiovascular Prevention, 2016, 23, 97-104.	1.0	8
17	Awareness of Genetic Coronary Risk Score Improves Blood Pressure Control in Hypertensive Patients. Revista Espanola De Cardiologia (English Ed), 2016, 69, 1226-1227.	0.4	2
18	Emerging risk factors and the dose–response relationship between physical activity and lone atrial fibrillation: a prospective case–control study. Europace, 2016, 18, 57-63.	0.7	115

#	Article	IF	CITATIONS
19	The Walnuts and Healthy Aging Study (WAHA): Protocol for a Nutritional Intervention Trial with Walnuts on Brain Aging. Frontiers in Aging Neuroscience, 2016, 8, 333.	1.7	57
20	Circadian Blood Pressure Pattern and Cognitive Function in Middle-aged Essential Hypertensive Patients. Revista Espanola De Cardiologia (English Ed), 2015, 68, 157-158.	0.4	4
21	Mediterranean Diet Reduces 24-Hour Ambulatory Blood Pressure, Blood Glucose, and Lipids. Hypertension, 2014, 64, 69-76.	1.3	184