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List of Publications by Year in descending order

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papers

685
citations

687363
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all docs

21
docs citations

21
times ranked

1565
citing authors

#	ARTICLE	IF	CITATIONS
1	Mediterranean Diet Reduces 24-Hour Ambulatory Blood Pressure, Blood Glucose, and Lipids. Hypertension, 2014, 64, 69-76.	2.7	184
2	Emerging risk factors and the doseâ€“response relationship between physical activity and lone atrial fibrillation: a prospective caseâ€“control study. Europace, 2016, 18, 57-63.	1.7	115
3	Effect of a 2-year diet intervention with walnuts on cognitive decline. The Walnuts And Healthy Aging (WAHA) study: a randomized controlled trial. American Journal of Clinical Nutrition, 2020, 111, 590-600.	4.7	59
4	The Walnuts and Healthy Aging Study (WAHA): Protocol for a Nutritional Intervention Trial with Walnuts on Brain Aging. Frontiers in Aging Neuroscience, 2016, 8, 333.	3.4	57
5	Effect of a Walnut Diet on Office and 24-Hour Ambulatory Blood Pressure in Elderly Individuals. Hypertension, 2019, 73, 1049-1057.	2.7	35
6	Metabolic profiling and targeted lipidomics reveals a disturbed lipid profile in mothers and fetuses with intrauterine growth restriction. Scientific Reports, 2018, 8, 13614.	3.3	34
7	MASkeD-unconTrolled hypERTension management based on office BP or on ambulatory blood pressure measurement (MASTER) Study: a randomised controlled trial protocol. BMJ Open, 2018, 8, e021038.	1.9	33
8	Rationale and design of the school-based SII Program to face obesity and promote health among Spanish adolescents: A cluster-randomized controlled trial. American Heart Journal, 2019, 215, 27-40.	2.7	29
9	Walnut Consumption for Two Years and Leukocyte Telomere Attrition in Mediterranean Elders: Results of a Randomized Controlled Trial. Nutrients, 2018, 10, 1907.	4.1	26
10	Documento de recomendaciones de la SEA 2018. El estilo de vida en la prevenciÃ³n cardiovascular. ClÃnica E InvestigaciÃ³n En Arteriosclerosis, 2018, 30, 280-310.	0.8	20
11	High blood pressure, Alzheimer disease and antihypertensive treatment. Panminerva Medica, 2018, 60, 8-16.	0.8	20
12	Effects of Walnut Consumption for 2 Years on Lipoprotein Subclasses Among Healthy Elders. Circulation, 2021, 144, 1083-1085.	1.6	17
13	The red blood cell proportion of arachidonic acid relates to shorter leukocyte telomeres in Mediterranean elders: A secondary analysis of a randomized controlled trial. Clinical Nutrition, 2019, 38, 958-961.	5.0	16
14	Can the Treatment of Hypertension in the Middle-Aged Prevent Dementia in the Elderly?. High Blood Pressure and Cardiovascular Prevention, 2016, 23, 97-104.	2.2	8
15	Effects of a Novel Nutraceutical Combination (Aquilea ColesterolÂ®) on the Lipid Profile and Inflammatory Biomarkers: A Randomized Control Trial. Nutrients, 2019, 11, 949.	4.1	8
16	Interplay of Walnut Consumption, Changes in Circulating miRNAs and Reduction in LDL-Cholesterol in Elders. Nutrients, 2022, 14, 1473.	4.1	6
17	Acute consumption of Andalusian aged wine and gin decreases the expression of genes related to atherosclerosis in men with high cardiovascular risk: Randomized intervention trial. Clinical Nutrition, 2019, 38, 1599-1606.	5.0	5
18	Switching from boosted PIs to dolutegravir in HIV-infected patients with high cardiovascular risk: 48 week effects on subclinical cardiovascular disease. Journal of Antimicrobial Chemotherapy, 2020, 75, 3334-3343.	3.0	5

#	ARTICLE	IF	CITATIONS
19	Circadian Blood Pressure Pattern and Cognitive Function in Middle-aged Essential Hypertensive Patients. Revista Espanola De Cardiologia (English Ed), 2015, 68, 157-158.	0.6	4
20	Awareness of Genetic Coronary Risk Score Improves Blood Pressure Control in Hypertensive Patients. Revista Espanola De Cardiologia (English Ed), 2016, 69, 1226-1227.	0.6	2
21	How to implement the recommendations of the 2018 ESC/ESH Hypertension Guidelines in a given patient: a step by step approach. European Heart Journal - Cardiovascular Pharmacotherapy, 2019, 5, 164-170.	3.0	2