

Michael P Mead

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/2082350/publications.pdf>

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15
papers

206
citations

1478505

6
h-index

1125743

13
g-index

17
all docs

17
docs citations

17
times ranked

253
citing authors

#	ARTICLE	IF	CITATIONS
1	Racial Disparities in Sleep: Potential Mediation by Discrimination and Psychological Distress. <i>Journal of Racial and Ethnic Health Disparities</i> , 2023, 10, 573-580.	3.2	3
2	<scp>Night-to-night</scp> associations between light exposure and sleep health. <i>Journal of Sleep Research</i> , 2023, 32, .	3.2	7
3	Temporal Associations Between Daytime Napping and Nocturnal Sleep: An Exploration of Random Slopes. <i>Annals of Behavioral Medicine</i> , 2022, 56, 1101-1109.	2.9	7
4	Daily relations between nap occurrence, duration, and timing and nocturnal sleep patterns in college students. <i>Sleep Health</i> , 2022, 8, 356-363.	2.5	7
5	The effect of caffeine abstinence on sleep among habitual caffeine users with poor sleep. <i>Journal of Sleep Research</i> , 2021, 30, e13048.	3.2	0
6	The Process of Developing a Sleep Health Improvement Plan: a Lab-Based Model of Self-Help Behavior. <i>International Journal of Behavioral Medicine</i> , 2021, 28, 96-106.	1.7	4
7	Intraindividual Variability of Sleep Opportunity Attitudes, Perceived Norms, Perceived Behavioral Control, and Intentions. <i>Annals of Behavioral Medicine</i> , 2021, 55, 693-697.	2.9	3
8	Big 5 personality traits and intraindividual variability in sleep duration, continuity, and timing. <i>Sleep Health</i> , 2021, 7, 238-245.	2.5	7
9	The theory of planned behaviour and sleep opportunity: An ecological momentary assessment. <i>Journal of Sleep Research</i> , 2021, , e13420.	3.2	3
10	Application of health behaviour theory to sleep health improvement. <i>Journal of Sleep Research</i> , 2020, 29, e12950.	3.2	40
11	Re: Accounting for automatic processes in sleep health. <i>Journal of Sleep Research</i> , 2020, 29, e12992.	3.2	2
12	Daily Associations Between Sleep and Physical Activity. <i>International Journal of Behavioral Medicine</i> , 2019, 26, 562-568.	1.7	36
13	Sleep and eating disorders among adults enrolled in a commercial weight loss program: associations with self-report and objective sleep measures. <i>Eating and Weight Disorders</i> , 2019, 24, 307-312.	2.5	14
14	Self-discrepancy theory as a transdiagnostic framework: A meta-analysis of self-discrepancy and psychopathology.. <i>Psychological Bulletin</i> , 2019, 145, 372-389.	6.1	70
15	Spousal Influence on CPAP Adherence: Applications of Health-related Social Control. <i>Social and Personality Psychology Compass</i> , 2016, 10, 443-454.	3.7	1