

Blake F Dear

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

104
papers

3,097
citations

28
h-index

53
g-index

116
ext. papers

4,028
ext. citations

4.6
avg, IF

5.36
L-index

#	Paper	IF	Citations
104	Alcohol and drug use among clients receiving internet-delivered cognitive behavior therapy for anxiety and depression in a routine care clinic - Demographics, use patterns, and prediction of treatment completion and outcomes.. <i>Internet Interventions</i> , 2022 , 27, 100490	4.4	0
103	The Chronic Conditions Course: A Randomised Controlled Trial of an Internet-Delivered Transdiagnostic Psychological Intervention for People with Chronic Health Conditions.. <i>Psychotherapy and Psychosomatics</i> , 2022 , 1-12	9.4	0
102	Antidepressant medication use by patients accessing a national digital mental health service.. <i>Journal of Affective Disorders</i> , 2022 , 308, 305-313	6.6	1
101	Randomised controlled trial of cognitive behaviour therapy versus mindfulness for people with rheumatoid arthritis with and without a history of recurrent depression: study protocol and design.. <i>BMJ Open</i> , 2022 , 12, e056504	3	
100	Insights into internet-delivered cognitive behavioural therapy for public safety personnel: Exploration of client experiences during and after treatment. <i>Internet Interventions</i> , 2021 , 26, 100481	4.4	0
99	Utilization, Patient Characteristics, and Longitudinal Improvements among Patients from a Provincially Funded Transdiagnostic Internet-delivered Cognitive Behavioural Therapy Program: Observational Study of Trends over 6 Years: Utilisation, caractéristiques des patients et améliorations longitudinales chez les patients d'un programme de thérapie cognitive-comportementale financé par la province transdiagnostique et dispensée en internet. Une étude observationnelle des tendances sur six ans. <i>Canadian Journal of Psychiatry</i> , 2021 , 1067437211006873	4.8	4
98	Initial Outcomes of Transdiagnostic Internet-Delivered Cognitive Behavioral Therapy Tailored to Public Safety Personnel: Longitudinal Observational Study. <i>Journal of Medical Internet Research</i> , 2021 , 23, e27610	7.6	2
97	Internet Cognitive-Behavioral Therapy for Painful Chronic Pancreatitis: A Pilot Feasibility Randomized Controlled Trial. <i>Clinical and Translational Gastroenterology</i> , 2021 , 12, e00373	4.2	6
96	A Cost-effectiveness Analysis of an Internet-delivered Pain Management Program Delivered With Different Levels of Clinician Support: Results From a Randomised Controlled Trial. <i>Journal of Pain</i> , 2021 , 22, 344-358	5.2	3
95	Predictors, Outcomes, and Statistical Solutions of Missing Cases in Web-Based Psychotherapy: Methodological Replication and Elaboration Study. <i>JMIR Mental Health</i> , 2021 , 8, e22700	6	6
94	Internet-delivered cognitive-behaviour therapy (ICBT) for obsessive-compulsive disorder when delivered as routine clinical care: A phase IV clinical trial. <i>Journal of Anxiety Disorders</i> , 2021 , 82, 102444	10.9	1
93	Five-year observational study of Internet-delivered cognitive behavioural pain management when offered as routine care by an online therapy clinic. <i>European Journal of Pain</i> , 2021 , 26, 390	3.7	
92	Brief online motivational interviewing pre-treatment intervention for enhancing internet-delivered cognitive behaviour therapy: A randomized controlled trial. <i>Internet Interventions</i> , 2021 , 25, 100394	4.4	3
91	Disability and life satisfaction in neurological disorders: The role of depression and perceived cognitive difficulties. <i>General Hospital Psychiatry</i> , 2021 , 73, 16-23	5.6	1
90	User characteristics and outcomes from a national digital mental health service: an observational study of registrants of the Australian MindSpot Clinic. <i>The Lancet Digital Health</i> , 2020 , 2, e582-e593	14.4	26
89	Consensus statement on the problem of terminology in psychological interventions using the internet or digital components. <i>Internet Interventions</i> , 2020 , 21, 100331	4.4	16
88	A comparison of the characteristics and treatment outcomes of migrant and Australian-born users of a national digital mental health service. <i>BMC Psychiatry</i> , 2020 , 20, 111	4.2	4

87	A feasibility trial of an internet-delivered psychological intervention to manage mental health and functional outcomes in neurological disorders. <i>Journal of Psychosomatic Research</i> , 2020 , 136, 110173	4.1	11
86	Evaluation of the efficacy of an internet-based pain education and exercise program for chronic musculoskeletal pain in comparison with online self-management booklet: a protocol of a randomised controlled trial with assessor-blinded, 12-month follow-up, and economic evaluation. <i>BMC Musculoskeletal Disorders</i> , 2020 , 21, 404	2.8	2
85	Does concurrent medication usage affect patient response to internet-delivered cognitive behaviour therapy for depression and anxiety?. <i>Internet Interventions</i> , 2020 , 19, 100302	4.4	2
84	Audit and feedback of therapist-assisted internet-delivered cognitive behaviour therapy within routine care: A quality improvement case study. <i>Internet Interventions</i> , 2020 , 20, 100309	4.4	2
83	Guided internet-delivered cognitive-behaviour therapy for persons with spinal cord injury: a feasibility trial. <i>Spinal Cord</i> , 2020 , 58, 544-552	2.7	10
82	Understanding Problems With Sleep, Sexual Functioning, Energy, and Appetite Among Patients Who Access Transdiagnostic Internet-Delivered Cognitive Behavioral Therapy for Anxiety and Depression: Qualitative Exploratory Study. <i>JMIR Formative Research</i> , 2020 , 4, e15037	2.5	1
81	An Internet-Delivered Cognitive Behavioral Therapy for Depression and Anxiety Among Clients Referred and Funded by Insurance Companies Compared With Those Who Are Publicly Funded: Longitudinal Observational Study. <i>JMIR Mental Health</i> , 2020 , 7, e16005	6	2
80	Management of acute low back pain: the practices and perspectives of primary care clinicians in Australia. <i>Australian Journal of Primary Health</i> , 2020 , 26, 256-264	1.4	1
79	Wearable Respiratory Monitoring and Feedback for Chronic Pain in Adult Survivors of Childhood Cancer: A Feasibility Randomized Controlled Trial From the Childhood Cancer Survivor Study. <i>JCO Clinical Cancer Informatics</i> , 2020 , 4, 1014-1026	5.2	3
78	Evaluation of The Practitioner Online Referral and Treatment Service (PORTS): the first 18 months of a state-wide digital service for adults with anxiety, depression, or substance use problems. <i>Cognitive Behaviour Therapy</i> , 2020 , 49, 307-326	4.4	5
77	Facilitating access to iCBT: a randomized controlled trial assessing a translated version of an empirically validated program using a minimally monitored delivery model. <i>Behavioural and Cognitive Psychotherapy</i> , 2020 , 48, 185-202	2.1	3
76	Managing patients with chronic pain during the COVID-19 outbreak: considerations for the rapid introduction of remotely supported (eHealth) pain management services. <i>Pain</i> , 2020 , 161, 889-893	8	187
75	Negative effects associated with internet-delivered cognitive behaviour therapy: An analysis of client emails. <i>Internet Interventions</i> , 2019 , 18, 100278	4.4	4
74	A comparison of Indigenous and non-Indigenous users of MindSpot: an Australian digital mental health service. <i>Australasian Psychiatry</i> , 2019 , 27, 352-357	1.7	15
73	Internet-delivered treatment for young adults with anxiety and depression: Evaluation in routine clinical care and comparison with research trial outcomes. <i>Journal of Affective Disorders</i> , 2019 , 256, 103-109	6.6	12
72	Whether chronic pain is medically explained or not does not moderate the response to cognitive-behavioural therapy. <i>Journal of Psychosomatic Research</i> , 2019 , 121, 29-36	4.1	1
71	What are Clients Asking Their Therapist During Therapist-Assisted Internet-Delivered Cognitive Behaviour Therapy? A Content Analysis of Client Questions. <i>Behavioural and Cognitive Psychotherapy</i> , 2019 , 47, 407-420	2.1	12
70	Transdiagnostic, internet-delivered cognitive behavior therapy for depression and anxiety: Exploring impact on health anxiety. <i>Internet Interventions</i> , 2019 , 15, 60-66	4.4	2

69	From Research to Practice: Ten Lessons in Delivering Digital Mental Health Services. <i>Journal of Clinical Medicine</i> , 2019 , 8,	5.1	46
68	Self-guided internet-delivered cognitive behavior therapy (ICBT) for obsessive-compulsive symptoms: A randomized controlled trial. <i>Journal of Anxiety Disorders</i> , 2019 , 66, 102111	10.9	9
67	Examining an internet-delivered intervention for anxiety and depression when delivered as a part of routine care for university students: A phase IV trial. <i>Journal of Affective Disorders</i> , 2019 , 256, 567-577	6.6	10
66	Development of the Internet-Delivered Cognitive Behaviour Therapy Undesirable Therapist Behaviours Scale (ICBT-UTBS). <i>Internet Interventions</i> , 2019 , 18, 100255	4.4	7
65	Stakeholder perspectives on evidence for digital mental health interventions: Implications for accreditation systems. <i>Digital Health</i> , 2019 , 5, 2055207619878069	4	7
64	Opioid use before and after completion of an online pain management program. <i>Journal of Consulting and Clinical Psychology</i> , 2019 , 87, 904-917	6.5	3
63	Involvement in compensation litigation and outcome from an online pain management program. <i>Rehabilitation Psychology</i> , 2019 , 64, 263-268	2.7	1
62	Patient perspectives of Internet-delivered cognitive behavior therapy for psychosocial issues post spinal cord injury. <i>Rehabilitation Psychology</i> , 2019 , 64, 351-359	2.7	3
61	Guidance on defining the scope and development of text-based coaching protocols for digital mental health interventions. <i>Digital Health</i> , 2019 , 5, 2055207619896145	4	9
60	Psychometric properties and clinical utility of brief measures of depression, anxiety, and general distress: The PHQ-2, GAD-2, and K-6. <i>General Hospital Psychiatry</i> , 2019 , 56, 13-18	5.6	90
59	Content of client emails in internet-delivered cognitive behaviour therapy: A comparison between two trials and relationship to client outcome. <i>Internet Interventions</i> , 2018 , 11, 53-59	4.4	7
58	The Pain Course: Exploring the Feasibility of an Internet-delivered Pain Management Program When Offered by a Tertiary Pain Management Service. <i>Clinical Journal of Pain</i> , 2018 , 34, 505-514	3.5	6
57	Acceptability of Mental Health Services for Anxiety and Depression in an Arab Sample. <i>Community Mental Health Journal</i> , 2018 , 54, 875-883	2.1	11
56	Meta-analysis of the efficacy and acceptability of cognitive-behavioural therapy for Arab adult populations experiencing anxiety, depression or post-traumatic stress disorder. <i>Cognitive Behaviour Therapy</i> , 2018 , 47, 412-430	4.4	15
55	Psychological distress, help-seeking, and perceived barriers to psychological treatment among Australian parents. <i>Australian Journal of Psychology</i> , 2018 , 70, 113-121	2.3	6
54	Increased skills usage statistically mediates symptom reduction in self-guided internet-delivered cognitive-behavioural therapy for depression and anxiety: a randomised controlled trial. <i>Cognitive Behaviour Therapy</i> , 2018 , 47, 43-61	4.4	13
53	Patient and provider perceptions of Internet-delivered cognitive behavior therapy for recent cancer survivors. <i>Supportive Care in Cancer</i> , 2018 , 26, 597-603	3.9	12
52	Treating anxiety and depression in young adults: A randomised controlled trial comparing clinician-guided versus self-guided Internet-delivered cognitive behavioural therapy. <i>Australian and New Zealand Journal of Psychiatry</i> , 2018 , 52, 668-679	2.6	69

51	Effectiveness, acceptability and feasibility of an Internet-delivered cognitive behavioral pain management program in a routine online therapy clinic in Canada.. <i>Canadian Journal of Pain</i> , 2018 , 2, 62-73	1.5	7
50	ICBT in routine care: A descriptive analysis of successful clinics in five countries. <i>Internet Interventions</i> , 2018 , 13, 108-115	4.4	197
49	Measurement of Symptom Change Following Web-Based Psychotherapy: Statistical Characteristics and Analytical Methods for Measuring and Interpreting Change. <i>JMIR Mental Health</i> , 2018 , 5, e10200	6	27
48	"Wish You Were Here": Examining Characteristics, Outcomes, and Statistical Solutions for Missing Cases in Web-Based Psychotherapeutic Trials. <i>JMIR Mental Health</i> , 2018 , 5, e22	6	21
47	Emotional and cognitive difficulties, help-seeking, and barriers to treatment in neurological disorders. <i>Rehabilitation Psychology</i> , 2018 , 63, 563-574	2.7	10
46	Using behaviour change theory and preliminary testing to develop an implementation intervention to reduce imaging for low back pain. <i>BMC Health Services Research</i> , 2018 , 18, 734	2.9	18
45	The Pain Course: 12- and 24-Month Outcomes From a Randomized Controlled Trial of an Internet-Delivered Pain Management Program Provided With Different Levels of Clinician Support. <i>Journal of Pain</i> , 2018 , 19, 1491-1503	5.2	17
44	Development and evaluation of a scale assessing therapist fidelity to guidelines for delivering therapist-assisted Internet-delivered cognitive behaviour therapy. <i>Cognitive Behaviour Therapy</i> , 2018 , 47, 447-461	4.4	28
43	Internet-delivered cognitive-behaviour therapy for recent cancer survivors: a feasibility trial. <i>Psycho-Oncology</i> , 2017 , 26, 137-139	3.9	16
42	Attentional Bias in Children with Asthma with and without Anxiety Disorders. <i>Journal of Abnormal Child Psychology</i> , 2017 , 45, 1635-1646	4	7
41	Examination of an Internet-Delivered Cognitive Behavioural Pain Management Course for Adults with Fibromyalgia: A Randomized Controlled Trial. <i>Pain</i> , 2017 , 158, 593-604	8	35
40	The first 30 months of the MindSpot Clinic: Evaluation of a national e-mental health service against project objectives. <i>Australian and New Zealand Journal of Psychiatry</i> , 2017 , 51, 1227-1239	2.6	117
39	Treating anxiety and depression in older adults: randomised controlled trial comparing guided . self-guided internet-delivered cognitive-behavioural therapy. <i>BJPsych Open</i> , 2016 , 2, 50-58	5	46
38	Examining internet-delivered cognitive behaviour therapy for patients with chronic kidney disease on haemodialysis: A feasibility open trial. <i>Journal of Psychosomatic Research</i> , 2016 , 89, 78-84	4.1	23
37	myMoves Program: Feasibility and Acceptability Study of a Remotely Delivered Self-Management Program for Increasing Physical Activity Among Adults With Acquired Brain Injury Living in the Community. <i>Physical Therapy</i> , 2016 , 96, 1982-1993	3.3	20
36	Use of eHealth technologies to enable the implementation of musculoskeletal Models of Care: Evidence and practice. <i>Best Practice and Research in Clinical Rheumatology</i> , 2016 , 30, 483-502	5.3	42
35	Internet-delivered treatment for older adults with anxiety and depression: implementation of the Wellbeing Plus Course in routine clinical care and comparison with research trial outcomes. <i>BJPsych Open</i> , 2016 , 2, 307-313	5	26
34	The frequency of actions and thoughts scale: development and psychometric validation of a measure of adaptive behaviours and cognitions. <i>Cognitive Behaviour Therapy</i> , 2016 , 45, 196-216	4.4	8

33	Facebook as an effective recruitment strategy for mental health research of hard to reach populations. <i>Internet Interventions</i> , 2016 , 4, 1-10	4.4	70
32	A pilot study of self-guided internet-delivered cognitive behavioural therapy for anxiety and depression among Arabs. <i>Internet Interventions</i> , 2016 , 3, 18-24	4.4	15
31	An internet survey of the characteristics and physical activity of community-dwelling Australian adults with acquired brain injury: Exploring interest in an internet-delivered self-management program focused on physical activity. <i>Disability and Health Journal</i> , 2016 , 9, 54-63	4.2	6
30	Application of Intervention Mapping to the Development of a Complex Physical Therapist Intervention. <i>Physical Therapy</i> , 2016 , 96, 1994-2004	3.3	7
29	Psychometric properties of the Mini-Social Phobia Inventory (Mini-SPIN) in a large online treatment-seeking sample. <i>Cognitive Behaviour Therapy</i> , 2016 , 45, 236-57	4.4	11
28	Educating patients about Internet-delivered cognitive behaviour therapy: Perceptions among treatment seekers and non-treatment seekers before and after viewing an educational video. <i>Internet Interventions</i> , 2016 , 6, 57-63	4.4	13
27	A pilot study of a clinician-guided internet-delivered cognitive behavioural therapy for anxiety and depression among Arabs in Australia, presented in both English and Arabic languages. <i>Internet Interventions</i> , 2016 , 5, 5-11	4.4	18
26	A feasibility trial of an Internet-delivered and transdiagnostic cognitive behavioral therapy treatment program for anxiety, depression, and disability among adults with epilepsy. <i>Epilepsia</i> , 2016 , 57, 1887-1896	6.4	24
25	MindSpot Clinic: An Accessible, Efficient, and Effective Online Treatment Service for Anxiety and Depression. <i>Psychiatric Services</i> , 2015 , 66, 1043-50	3.3	115
24	Intergenerational and cross-cultural differences in emotional wellbeing, mental health service utilisation, treatment-seeking preferences and acceptability of psychological treatments for Arab Australians. <i>International Journal of Social Psychiatry</i> , 2015 , 61, 484-91	8.5	25
23	The Pain Course: a randomised controlled trial examining an internet-delivered pain management program when provided with different levels of clinician support. <i>Pain</i> , 2015 , 156, 1920-1935	8	90
22	Procedures for risk management and a review of crisis referrals from the MindSpot Clinic, a national service for the remote assessment and treatment of anxiety and depression. <i>BMC Psychiatry</i> , 2015 , 15, 304	4.2	26
21	Towards a new model of attentional biases in the development, maintenance, and management of pain. <i>Pain</i> , 2015 , 156, 1589-1600	8	83
20	A research agenda to progress treatment of social anxiety disorder: commentary on Crome et al., DSM-IV and DSM-5 social anxiety disorder in the Australian community. <i>Australian and New Zealand Journal of Psychiatry</i> , 2015 , 49, 292-3	2.6	1
19	A systematic review of the efficacy of self-management programs for increasing physical activity in community-dwelling adults with acquired brain injury (ABI). <i>Systematic Reviews</i> , 2015 , 4, 51	3	28
18	Cut points on the Patient Health Questionnaire (PHQ-9) that predict response to cognitive-behavioral treatments for depression. <i>General Hospital Psychiatry</i> , 2015 , 37, 470-5	5.6	8
17	A feasibility open trial of guided Internet-delivered cognitive behavioural therapy for anxiety and depression amongst Arab Australians. <i>Internet Interventions</i> , 2015 , 2, 32-38	4.4	24
16	Internet-based trauma-focused cognitive behavioural therapy for PTSD with and without exposure components: a randomised controlled trial. <i>Journal of Affective Disorders</i> , 2014 , 162, 73-80	6.6	31

15	Improving adherence and clinical outcomes in self-guided internet treatment for anxiety and depression: a 12-month follow-up of a randomised controlled trial. <i>PLoS ONE</i> , 2014 , 9, e89591	3.7	54
14	Avoidance of affective pain stimuli predicts chronicity in patients with acute low back pain. <i>Pain</i> , 2014 , 155, 45-52	8	37
13	The Pain Course: a randomised controlled trial of a clinician-guided Internet-delivered cognitive behaviour therapy program for managing chronic pain and emotional well-being. <i>Pain</i> , 2013 , 154, 942-50 ⁸	8	100
12	Internet-delivered cognitive behavioural therapy for depression: a feasibility open trial for older adults. <i>Australian and New Zealand Journal of Psychiatry</i> , 2013 , 47, 169-76	2.6	49
11	Improving adherence and clinical outcomes in self-guided internet treatment for anxiety and depression: randomised controlled trial. <i>PLoS ONE</i> , 2013 , 8, e62873	3.7	159
10	Internet-delivered eye movement desensitization and reprocessing (iEMDR): an open trial. <i>F1000Research</i> , 2013 , 2, 79	3.6	10
9	A feasibility open trial of internet-delivered cognitive-behavioural therapy (iCBT) among consumers of a non-governmental mental health organisation with anxiety. <i>PeerJ</i> , 2013 , 1, e210	3.1	15
8	Culturally attuned Internet treatment for depression amongst Chinese Australians: a randomised controlled trial. <i>Journal of Affective Disorders</i> , 2012 , 136, 459-68	6.6	101
7	Is there a potential role for attention bias modification in pain patients? Results of 2 randomised, controlled trials. <i>Pain</i> , 2012 , 153, 722-731	8	88
6	Transdiagnostic internet treatment for anxiety and depression: a randomised controlled trial. <i>Behaviour Research and Therapy</i> , 2011 , 49, 441-52	5.2	207
5	An open trial of a brief transdiagnostic internet treatment for anxiety and depression. <i>Behaviour Research and Therapy</i> , 2011 , 49, 830-7	5.2	68
4	Pain-related attentional biases: the importance of the personal relevance and ecological validity of stimuli. <i>Journal of Pain</i> , 2011 , 12, 625-32	5.2	53
3	The psychometric properties of the dot-probe paradigm when used in pain-related attentional bias research. <i>Journal of Pain</i> , 2011 , 12, 1247-54	5.2	56
2	Psychometric comparison of the generalized anxiety disorder scale-7 and the Penn State Worry Questionnaire for measuring response during treatment of generalised anxiety disorder. <i>Cognitive Behaviour Therapy</i> , 2011 , 40, 216-27	4.4	166
1	Measurement of Symptom Change Following Web-Based Psychotherapy: Statistical Characteristics and Analytical Methods for Measuring and Interpreting Change (Preprint)		1