

Blake F Dear

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

104
papers

3,097
citations

28
h-index

53
g-index

116
ext. papers

4,028
ext. citations

4.6
avg, IF

5.36
L-index

| # | Paper | IF | Citations |
|-----|--|-----|-----------|
| 104 | Transdiagnostic internet treatment for anxiety and depression: a randomised controlled trial. <i>Behaviour Research and Therapy</i> , 2011 , 49, 441-52 | 5.2 | 207 |
| 103 | ICBT in routine care: A descriptive analysis of successful clinics in five countries. <i>Internet Interventions</i> , 2018 , 13, 108-115 | 4.4 | 197 |
| 102 | Managing patients with chronic pain during the COVID-19 outbreak: considerations for the rapid introduction of remotely supported (eHealth) pain management services. <i>Pain</i> , 2020 , 161, 889-893 | 8 | 187 |
| 101 | Psychometric comparison of the generalized anxiety disorder scale-7 and the Penn State Worry Questionnaire for measuring response during treatment of generalised anxiety disorder. <i>Cognitive Behaviour Therapy</i> , 2011 , 40, 216-27 | 4.4 | 166 |
| 100 | Improving adherence and clinical outcomes in self-guided internet treatment for anxiety and depression: randomised controlled trial. <i>PLoS ONE</i> , 2013 , 8, e62873 | 3.7 | 159 |
| 99 | The first 30 months of the MindSpot Clinic: Evaluation of a national e-mental health service against project objectives. <i>Australian and New Zealand Journal of Psychiatry</i> , 2017 , 51, 1227-1239 | 2.6 | 117 |
| 98 | MindSpot Clinic: An Accessible, Efficient, and Effective Online Treatment Service for Anxiety and Depression. <i>Psychiatric Services</i> , 2015 , 66, 1043-50 | 3.3 | 115 |
| 97 | Culturally attuned Internet treatment for depression amongst Chinese Australians: a randomised controlled trial. <i>Journal of Affective Disorders</i> , 2012 , 136, 459-68 | 6.6 | 101 |
| 96 | The Pain Course: a randomised controlled trial of a clinician-guided Internet-delivered cognitive behaviour therapy program for managing chronic pain and emotional well-being. <i>Pain</i> , 2013 , 154, 942-50 ⁸ | 8 | 100 |
| 95 | The Pain Course: a randomised controlled trial examining an internet-delivered pain management program when provided with different levels of clinician support. <i>Pain</i> , 2015 , 156, 1920-1935 | 8 | 90 |
| 94 | Psychometric properties and clinical utility of brief measures of depression, anxiety, and general distress: The PHQ-2, GAD-2, and K-6. <i>General Hospital Psychiatry</i> , 2019 , 56, 13-18 | 5.6 | 90 |
| 93 | Is there a potential role for attention bias modification in pain patients? Results of 2 randomised, controlled trials. <i>Pain</i> , 2012 , 153, 722-731 | 8 | 88 |
| 92 | Towards a new model of attentional biases in the development, maintenance, and management of pain. <i>Pain</i> , 2015 , 156, 1589-1600 | 8 | 83 |
| 91 | Facebook as an effective recruitment strategy for mental health research of hard to reach populations. <i>Internet Interventions</i> , 2016 , 4, 1-10 | 4.4 | 70 |
| 90 | Treating anxiety and depression in young adults: A randomised controlled trial comparing clinician-guided versus self-guided Internet-delivered cognitive behavioural therapy. <i>Australian and New Zealand Journal of Psychiatry</i> , 2018 , 52, 668-679 | 2.6 | 69 |
| 89 | An open trial of a brief transdiagnostic internet treatment for anxiety and depression. <i>Behaviour Research and Therapy</i> , 2011 , 49, 830-7 | 5.2 | 68 |
| 88 | The psychometric properties of the dot-probe paradigm when used in pain-related attentional bias research. <i>Journal of Pain</i> , 2011 , 12, 1247-54 | 5.2 | 56 |

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|----|--|------|----|
| 87 | Improving adherence and clinical outcomes in self-guided internet treatment for anxiety and depression: a 12-month follow-up of a randomised controlled trial. <i>PLoS ONE</i> , 2014 , 9, e89591 | 3.7 | 54 |
| 86 | Pain-related attentional biases: the importance of the personal relevance and ecological validity of stimuli. <i>Journal of Pain</i> , 2011 , 12, 625-32 | 5.2 | 53 |
| 85 | Internet-delivered cognitive behavioural therapy for depression: a feasibility open trial for older adults. <i>Australian and New Zealand Journal of Psychiatry</i> , 2013 , 47, 169-76 | 2.6 | 49 |
| 84 | Treating anxiety and depression in older adults: randomised controlled trial comparing guided . self-guided internet-delivered cognitive-behavioural therapy. <i>BJPsych Open</i> , 2016 , 2, 50-58 | 5 | 46 |
| 83 | From Research to Practice: Ten Lessons in Delivering Digital Mental Health Services. <i>Journal of Clinical Medicine</i> , 2019 , 8, | 5.1 | 46 |
| 82 | Use of eHealth technologies to enable the implementation of musculoskeletal Models of Care: Evidence and practice. <i>Best Practice and Research in Clinical Rheumatology</i> , 2016 , 30, 483-502 | 5.3 | 42 |
| 81 | Avoidance of affective pain stimuli predicts chronicity in patients with acute low back pain. <i>Pain</i> , 2014 , 155, 45-52 | 8 | 37 |
| 80 | Examination of an Internet-Delivered Cognitive Behavioural Pain Management Course for Adults with Fibromyalgia: A Randomized Controlled Trial. <i>Pain</i> , 2017 , 158, 593-604 | 8 | 35 |
| 79 | Internet-based trauma-focused cognitive behavioural therapy for PTSD with and without exposure components: a randomised controlled trial. <i>Journal of Affective Disorders</i> , 2014 , 162, 73-80 | 6.6 | 31 |
| 78 | A systematic review of the efficacy of self-management programs for increasing physical activity in community-dwelling adults with acquired brain injury (ABI). <i>Systematic Reviews</i> , 2015 , 4, 51 | 3 | 28 |
| 77 | Development and evaluation of a scale assessing therapist fidelity to guidelines for delivering therapist-assisted Internet-delivered cognitive behaviour therapy. <i>Cognitive Behaviour Therapy</i> , 2018 , 47, 447-461 | 4.4 | 28 |
| 76 | Measurement of Symptom Change Following Web-Based Psychotherapy: Statistical Characteristics and Analytical Methods for Measuring and Interpreting Change. <i>JMIR Mental Health</i> , 2018 , 5, e10200 | 6 | 27 |
| 75 | User characteristics and outcomes from a national digital mental health service: an observational study of registrants of the Australian MindSpot Clinic. <i>The Lancet Digital Health</i> , 2020 , 2, e582-e593 | 14.4 | 26 |
| 74 | Internet-delivered treatment for older adults with anxiety and depression: implementation of the Wellbeing Plus Course in routine clinical care and comparison with research trial outcomes. <i>BJPsych Open</i> , 2016 , 2, 307-313 | 5 | 26 |
| 73 | Procedures for risk management and a review of crisis referrals from the MindSpot Clinic, a national service for the remote assessment and treatment of anxiety and depression. <i>BMC Psychiatry</i> , 2015 , 15, 304 | 4.2 | 26 |
| 72 | Intergenerational and cross-cultural differences in emotional wellbeing, mental health service utilisation, treatment-seeking preferences and acceptability of psychological treatments for Arab Australians. <i>International Journal of Social Psychiatry</i> , 2015 , 61, 484-91 | 8.5 | 25 |
| 71 | A feasibility open trial of guided Internet-delivered cognitive behavioural therapy for anxiety and depression amongst Arab Australians. <i>Internet Interventions</i> , 2015 , 2, 32-38 | 4.4 | 24 |
| 70 | A feasibility trial of an Internet-delivered and transdiagnostic cognitive behavioral therapy treatment program for anxiety, depression, and disability among adults with epilepsy. <i>Epilepsia</i> , 2016 , 57, 1887-1896 | 6.4 | 24 |

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| 69 | Examining internet-delivered cognitive behaviour therapy for patients with chronic kidney disease on haemodialysis: A feasibility open trial. <i>Journal of Psychosomatic Research</i> , 2016 , 89, 78-84 | 4.1 | 23 |
| 68 | "Wish You Were Here": Examining Characteristics, Outcomes, and Statistical Solutions for Missing Cases in Web-Based Psychotherapeutic Trials. <i>JMIR Mental Health</i> , 2018 , 5, e22 | 6 | 21 |
| 67 | myMoves Program: Feasibility and Acceptability Study of a Remotely Delivered Self-Management Program for Increasing Physical Activity Among Adults With Acquired Brain Injury Living in the Community. <i>Physical Therapy</i> , 2016 , 96, 1982-1993 | 3.3 | 20 |
| 66 | A pilot study of a clinician-guided internet-delivered cognitive behavioural therapy for anxiety and depression among Arabs in Australia, presented in both English and Arabic languages. <i>Internet Interventions</i> , 2016 , 5, 5-11 | 4.4 | 18 |
| 65 | Using behaviour change theory and preliminary testing to develop an implementation intervention to reduce imaging for low back pain. <i>BMC Health Services Research</i> , 2018 , 18, 734 | 2.9 | 18 |
| 64 | The Pain Course: 12- and 24-Month Outcomes From a Randomized Controlled Trial of an Internet-Delivered Pain Management Program Provided With Different Levels of Clinician Support. <i>Journal of Pain</i> , 2018 , 19, 1491-1503 | 5.2 | 17 |
| 63 | Internet-delivered cognitive-behaviour therapy for recent cancer survivors: a feasibility trial. <i>Psycho-Oncology</i> , 2017 , 26, 137-139 | 3.9 | 16 |
| 62 | Consensus statement on the problem of terminology in psychological interventions using the internet or digital components. <i>Internet Interventions</i> , 2020 , 21, 100331 | 4.4 | 16 |
| 61 | A comparison of Indigenous and non-Indigenous users of MindSpot: an Australian digital mental health service. <i>Australasian Psychiatry</i> , 2019 , 27, 352-357 | 1.7 | 15 |
| 60 | Meta-analysis of the efficacy and acceptability of cognitive-behavioural therapy for Arab adult populations experiencing anxiety, depression or post-traumatic stress disorder. <i>Cognitive Behaviour Therapy</i> , 2018 , 47, 412-430 | 4.4 | 15 |
| 59 | A pilot study of self-guided internet-delivered cognitive behavioural therapy for anxiety and depression among Arabs. <i>Internet Interventions</i> , 2016 , 3, 18-24 | 4.4 | 15 |
| 58 | A feasibility open trial of internet-delivered cognitive-behavioural therapy (iCBT) among consumers of a non-governmental mental health organisation with anxiety. <i>PeerJ</i> , 2013 , 1, e210 | 3.1 | 15 |
| 57 | Increased skills usage statistically mediates symptom reduction in self-guided internet-delivered cognitive-behavioural therapy for depression and anxiety: a randomised controlled trial. <i>Cognitive Behaviour Therapy</i> , 2018 , 47, 43-61 | 4.4 | 13 |
| 56 | Educating patients about Internet-delivered cognitive behaviour therapy: Perceptions among treatment seekers and non-treatment seekers before and after viewing an educational video. <i>Internet Interventions</i> , 2016 , 6, 57-63 | 4.4 | 13 |
| 55 | Internet-delivered treatment for young adults with anxiety and depression: Evaluation in routine clinical care and comparison with research trial outcomes. <i>Journal of Affective Disorders</i> , 2019 , 256, 103-109 | 6.6 | 12 |
| 54 | What are Clients Asking Their Therapist During Therapist-Assisted Internet-Delivered Cognitive Behaviour Therapy? A Content Analysis of Client Questions. <i>Behavioural and Cognitive Psychotherapy</i> , 2019 , 47, 407-420 | 2.1 | 12 |
| 53 | Patient and provider perceptions of Internet-delivered cognitive behavior therapy for recent cancer survivors. <i>Supportive Care in Cancer</i> , 2018 , 26, 597-603 | 3.9 | 12 |
| 52 | A feasibility trial of an internet-delivered psychological intervention to manage mental health and functional outcomes in neurological disorders. <i>Journal of Psychosomatic Research</i> , 2020 , 136, 110173 | 4.1 | 11 |

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| 51 | Acceptability of Mental Health Services for Anxiety and Depression in an Arab Sample. <i>Community Mental Health Journal</i> , 2018 , 54, 875-883 | 2.1 | 11 |
| 50 | Psychometric properties of the Mini-Social Phobia Inventory (Mini-SPIN) in a large online treatment-seeking sample. <i>Cognitive Behaviour Therapy</i> , 2016 , 45, 236-57 | 4.4 | 11 |
| 49 | Guided internet-delivered cognitive-behaviour therapy for persons with spinal cord injury: a feasibility trial. <i>Spinal Cord</i> , 2020 , 58, 544-552 | 2.7 | 10 |
| 48 | Examining an internet-delivered intervention for anxiety and depression when delivered as a part of routine care for university students: A phase IV trial. <i>Journal of Affective Disorders</i> , 2019 , 256, 567-577 | 6.6 | 10 |
| 47 | Internet-delivered eye movement desensitization and reprocessing (iEMDR): an open trial. <i>F1000Research</i> , 2013 , 2, 79 | 3.6 | 10 |
| 46 | Emotional and cognitive difficulties, help-seeking, and barriers to treatment in neurological disorders. <i>Rehabilitation Psychology</i> , 2018 , 63, 563-574 | 2.7 | 10 |
| 45 | Self-guided internet-delivered cognitive behavior therapy (ICBT) for obsessive-compulsive symptoms: A randomized controlled trial. <i>Journal of Anxiety Disorders</i> , 2019 , 66, 102111 | 10.9 | 9 |
| 44 | Guidance on defining the scope and development of text-based coaching protocols for digital mental health interventions. <i>Digital Health</i> , 2019 , 5, 2055207619896145 | 4 | 9 |
| 43 | The frequency of actions and thoughts scale: development and psychometric validation of a measure of adaptive behaviours and cognitions. <i>Cognitive Behaviour Therapy</i> , 2016 , 45, 196-216 | 4.4 | 8 |
| 42 | Cut points on the Patient Health Questionnaire (PHQ-9) that predict response to cognitive-behavioral treatments for depression. <i>General Hospital Psychiatry</i> , 2015 , 37, 470-5 | 5.6 | 8 |
| 41 | Attentional Bias in Children with Asthma with and without Anxiety Disorders. <i>Journal of Abnormal Child Psychology</i> , 2017 , 45, 1635-1646 | 4 | 7 |
| 40 | Content of client emails in internet-delivered cognitive behaviour therapy: A comparison between two trials and relationship to client outcome. <i>Internet Interventions</i> , 2018 , 11, 53-59 | 4.4 | 7 |
| 39 | Effectiveness, acceptability and feasibility of an Internet-delivered cognitive behavioral pain management program in a routine online therapy clinic in Canada.. <i>Canadian Journal of Pain</i> , 2018 , 2, 62-73 | 1.5 | 7 |
| 38 | Development of the Internet-Delivered Cognitive Behaviour Therapy Undesirable Therapist Behaviours Scale (ICBT-UTBS). <i>Internet Interventions</i> , 2019 , 18, 100255 | 4.4 | 7 |
| 37 | Stakeholder perspectives on evidence for digital mental health interventions: Implications for accreditation systems. <i>Digital Health</i> , 2019 , 5, 2055207619878069 | 4 | 7 |
| 36 | Application of Intervention Mapping to the Development of a Complex Physical Therapist Intervention. <i>Physical Therapy</i> , 2016 , 96, 1994-2004 | 3.3 | 7 |
| 35 | The Pain Course: Exploring the Feasibility of an Internet-delivered Pain Management Program When Offered by a Tertiary Pain Management Service. <i>Clinical Journal of Pain</i> , 2018 , 34, 505-514 | 3.5 | 6 |
| 34 | Psychological distress, help-seeking, and perceived barriers to psychological treatment among Australian parents. <i>Australian Journal of Psychology</i> , 2018 , 70, 113-121 | 2.3 | 6 |

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| 33 | An internet survey of the characteristics and physical activity of community-dwelling Australian adults with acquired brain injury: Exploring interest in an internet-delivered self-management program focused on physical activity. <i>Disability and Health Journal</i> , 2016 , 9, 54-63 | 4.2 | 6 |
| 32 | Internet Cognitive-Behavioral Therapy for Painful Chronic Pancreatitis: A Pilot Feasibility Randomized Controlled Trial. <i>Clinical and Translational Gastroenterology</i> , 2021 , 12, e00373 | 4.2 | 6 |
| 31 | Predictors, Outcomes, and Statistical Solutions of Missing Cases in Web-Based Psychotherapy: Methodological Replication and Elaboration Study. <i>JMIR Mental Health</i> , 2021 , 8, e22700 | 6 | 6 |
| 30 | Evaluation of The Practitioner Online Referral and Treatment Service (PORTS): the first 18 months of a state-wide digital service for adults with anxiety, depression, or substance use problems. <i>Cognitive Behaviour Therapy</i> , 2020 , 49, 307-326 | 4.4 | 5 |
| 29 | Negative effects associated with internet-delivered cognitive behaviour therapy: An analysis of client emails. <i>Internet Interventions</i> , 2019 , 18, 100278 | 4.4 | 4 |
| 28 | A comparison of the characteristics and treatment outcomes of migrant and Australian-born users of a national digital mental health service. <i>BMC Psychiatry</i> , 2020 , 20, 111 | 4.2 | 4 |
| 27 | Utilization, Patient Characteristics, and Longitudinal Improvements among Patients from a Provincially Funded Transdiagnostic Internet-delivered Cognitive Behavioural Therapy Program: Observational Study of Trends over 6 Years: Utilisation, caractéristiques des patients et améliorations longitudinales chez les patients d'Un programme de thérapie | 4.8 | 4 |
| 26 | Opioid use before and after completion of an online pain management program. <i>Journal of Consulting and Clinical Psychology</i> , 2019 , 87, 904-917. <i>Canadian Journal of Psychiatry</i> , 2021 , 7067437211003873 | 6.5 | 3 |
| 25 | Patient perspectives of Internet-delivered cognitive behavior therapy for psychosocial issues post spinal cord injury. <i>Rehabilitation Psychology</i> , 2019 , 64, 351-359 | 2.7 | 3 |
| 24 | Wearable Respiratory Monitoring and Feedback for Chronic Pain in Adult Survivors of Childhood Cancer: A Feasibility Randomized Controlled Trial From the Childhood Cancer Survivor Study. <i>JCO Clinical Cancer Informatics</i> , 2020 , 4, 1014-1026 | 5.2 | 3 |
| 23 | Facilitating access to iCBT: a randomized controlled trial assessing a translated version of an empirically validated program using a minimally monitored delivery model. <i>Behavioural and Cognitive Psychotherapy</i> , 2020 , 48, 185-202 | 2.1 | 3 |
| 22 | A Cost-effectiveness Analysis of an Internet-delivered Pain Management Program Delivered With Different Levels of Clinician Support: Results From a Randomised Controlled Trial. <i>Journal of Pain</i> , 2021 , 22, 344-358 | 5.2 | 3 |
| 21 | Brief online motivational interviewing pre-treatment intervention for enhancing internet-delivered cognitive behaviour therapy: A randomized controlled trial. <i>Internet Interventions</i> , 2021 , 25, 100394 | 4.4 | 3 |
| 20 | Transdiagnostic, internet-delivered cognitive behavior therapy for depression and anxiety: Exploring impact on health anxiety. <i>Internet Interventions</i> , 2019 , 15, 60-66 | 4.4 | 2 |
| 19 | Evaluation of the efficacy of an internet-based pain education and exercise program for chronic musculoskeletal pain in comparison with online self-management booklet: a protocol of a randomised controlled trial with assessor-blinded, 12-month follow-up, and economic evaluation. <i>BMC Musculoskeletal Disorders</i> , 2020 , 21, 404 | 2.8 | 2 |
| 18 | Does concurrent medication usage affect patient response to internet-delivered cognitive behaviour therapy for depression and anxiety?. <i>Internet Interventions</i> , 2020 , 19, 100302 | 4.4 | 2 |
| 17 | Audit and feedback of therapist-assisted internet-delivered cognitive behaviour therapy within routine care: A quality improvement case study. <i>Internet Interventions</i> , 2020 , 20, 100309 | 4.4 | 2 |
| 16 | An Internet-Delivered Cognitive Behavioral Therapy for Depression and Anxiety Among Clients Referred and Funded by Insurance Companies Compared With Those Who Are Publicly Funded: Longitudinal Observational Study. <i>JMIR Mental Health</i> , 2020 , 7, e16005 | 6 | 2 |

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| 15 | Initial Outcomes of Transdiagnostic Internet-Delivered Cognitive Behavioral Therapy Tailored to Public Safety Personnel: Longitudinal Observational Study. <i>Journal of Medical Internet Research</i> , 2021 , 23, e27610 | 7.6 | 2 |
| 14 | Whether chronic pain is medically explained or not does not moderate the response to cognitive-behavioural therapy. <i>Journal of Psychosomatic Research</i> , 2019 , 121, 29-36 | 4.1 | 1 |
| 13 | A research agenda to progress treatment of social anxiety disorder: commentary on Crome et al., DSM-IV and DSM-5 social anxiety disorder in the Australian community. <i>Australian and New Zealand Journal of Psychiatry</i> , 2015 , 49, 292-3 | 2.6 | 1 |
| 12 | Understanding Problems With Sleep, Sexual Functioning, Energy, and Appetite Among Patients Who Access Transdiagnostic Internet-Delivered Cognitive Behavioral Therapy for Anxiety and Depression: Qualitative Exploratory Study. <i>JMIR Formative Research</i> , 2020 , 4, e15037 | 2.5 | 1 |
| 11 | Measurement of Symptom Change Following Web-Based Psychotherapy: Statistical Characteristics and Analytical Methods for Measuring and Interpreting Change (Preprint) | | 1 |
| 10 | Involvement in compensation litigation and outcome from an online pain management program. <i>Rehabilitation Psychology</i> , 2019 , 64, 263-268 | 2.7 | 1 |
| 9 | Management of acute low back pain: the practices and perspectives of primary care clinicians in Australia. <i>Australian Journal of Primary Health</i> , 2020 , 26, 256-264 | 1.4 | 1 |
| 8 | Internet-delivered cognitive-behaviour therapy (ICBT) for obsessive-compulsive disorder when delivered as routine clinical care: A phase IV clinical trial. <i>Journal of Anxiety Disorders</i> , 2021 , 82, 102444 | 10.9 | 1 |
| 7 | Disability and life satisfaction in neurological disorders: The role of depression and perceived cognitive difficulties. <i>General Hospital Psychiatry</i> , 2021 , 73, 16-23 | 5.6 | 1 |
| 6 | Antidepressant medication use by patients accessing a national digital mental health service.. <i>Journal of Affective Disorders</i> , 2022 , 308, 305-313 | 6.6 | 1 |
| 5 | Insights into internet-delivered cognitive behavioural therapy for public safety personnel: Exploration of client experiences during and after treatment. <i>Internet Interventions</i> , 2021 , 26, 100481 | 4.4 | 0 |
| 4 | Alcohol and drug use among clients receiving internet-delivered cognitive behavior therapy for anxiety and depression in a routine care clinic - Demographics, use patterns, and prediction of treatment completion and outcomes.. <i>Internet Interventions</i> , 2022 , 27, 100490 | 4.4 | 0 |
| 3 | The Chronic Conditions Course: A Randomised Controlled Trial of an Internet-Delivered Transdiagnostic Psychological Intervention for People with Chronic Health Conditions.. <i>Psychotherapy and Psychosomatics</i> , 2022 , 1-12 | 9.4 | 0 |
| 2 | Five-year observational study of Internet-delivered cognitive behavioural pain management when offered as routine care by an online therapy clinic. <i>European Journal of Pain</i> , 2021 , 26, 390 | 3.7 | |
| 1 | Randomised controlled trial of cognitive behaviour therapy versus mindfulness for people with rheumatoid arthritis with and without a history of recurrent depression: study protocol and design.. <i>BMJ Open</i> , 2022 , 12, e056504 | 3 | |