

Blake F Dear

List of Publications by Year in descending order

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Version: 2024-02-01

108
papers

4,748
citations

136885

32
h-index

118793

62
g-index

116
all docs

116
docs citations

116
times ranked

5063
citing authors

#	ARTICLE	IF	CITATIONS
1	Managing patients with chronic pain during the COVID-19 outbreak: considerations for the rapid introduction of remotely supported (eHealth) pain management services. <i>Pain</i> , 2020, 161, 889-893.	2.0	356
2	ICBT in routine care: A descriptive analysis of successful clinics in five countries. <i>Internet Interventions</i> , 2018, 13, 108-115.	1.4	273
3	Transdiagnostic internet treatment for anxiety and depression: A randomised controlled trial. <i>Behaviour Research and Therapy</i> , 2011, 49, 441-452.	1.6	245
4	Improving Adherence and Clinical Outcomes in Self-Guided Internet Treatment for Anxiety and Depression: Randomised Controlled Trial. <i>PLoS ONE</i> , 2013, 8, e62873.	1.1	216
5	Psychometric Comparison of the Generalized Anxiety Disorder Scale-7 and the Penn State Worry Questionnaire for Measuring Response during Treatment of Generalised Anxiety Disorder. <i>Cognitive Behaviour Therapy</i> , 2011, 40, 216-227.	1.9	211
6	Psychometric properties and clinical utility of brief measures of depression, anxiety, and general distress: The PHQ-2, GAD-2, and K-6. <i>General Hospital Psychiatry</i> , 2019, 56, 13-18.	1.2	199
7	MindSpot Clinic: An Accessible, Efficient, and Effective Online Treatment Service for Anxiety and Depression. <i>Psychiatric Services</i> , 2015, 66, 1043-1050.	1.1	152
8	The first 30 months of the MindSpot Clinic: Evaluation of a national e-mental health service against project objectives. <i>Australian and New Zealand Journal of Psychiatry</i> , 2017, 51, 1227-1239.	1.3	150
9	The Pain Course : A randomised controlled trial of a clinician-guided Internet-delivered cognitive behaviour therapy program for managing chronic pain and emotional well-being. <i>Pain</i> , 2013, 154, 942-950.	2.0	146
10	Culturally attuned Internet treatment for depression amongst Chinese Australians: A randomised controlled trial. <i>Journal of Affective Disorders</i> , 2012, 136, 459-468.	2.0	136
11	The Pain Course. <i>Pain</i> , 2015, 156, 1920-1935.	2.0	132
12	Towards a new model of attentional biases in the development, maintenance, and management of pain. <i>Pain</i> , 2015, 156, 1589-1600.	2.0	114
13	Is there a potential role for attention bias modification in pain patients? Results of 2 randomised, controlled trials. <i>Pain</i> , 2012, 153, 722-731.	2.0	110
14	Facebook as an effective recruitment strategy for mental health research of hard to reach populations. <i>Internet Interventions</i> , 2016, 4, 1-10.	1.4	108
15	From Research to Practice: Ten Lessons in Delivering Digital Mental Health Services. <i>Journal of Clinical Medicine</i> , 2019, 8, 1239.	1.0	86
16	Treating anxiety and depression in young adults: A randomised controlled trial comparing clinician-guided versus self-guided Internet-delivered cognitive behavioural therapy. <i>Australian and New Zealand Journal of Psychiatry</i> , 2018, 52, 668-679.	1.3	82
17	An open trial of a brief transdiagnostic internet treatment for anxiety and depression. <i>Behaviour Research and Therapy</i> , 2011, 49, 830-837.	1.6	79
18	Treating anxiety and depression in older adults: randomised controlled trial comparing guided self-guided internet-delivered cognitive behavioural therapy. <i>BJPsych Open</i> , 2016, 2, 50-58.	0.3	72

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19	User characteristics and outcomes from a national digital mental health service: an observational study of registrants of the Australian MindSpot Clinic. <i>The Lancet Digital Health</i> , 2020, 2, e582-e593.	5.9	70
20	Improving Adherence and Clinical Outcomes in Self-Guided Internet Treatment for Anxiety and Depression: A 12-Month Follow-Up of a Randomised Controlled Trial. <i>PLoS ONE</i> , 2014, 9, e89591.	1.1	68
21	The Psychometric Properties of the Dot-Probe Paradigm When Used in Pain-Related Attentional Bias Research. <i>Journal of Pain</i> , 2011, 12, 1247-1254.	0.7	64
22	Use of eHealth technologies to enable the implementation of musculoskeletal Models of Care: Evidence and practice. <i>Best Practice and Research in Clinical Rheumatology</i> , 2016, 30, 483-502.	1.4	63
23	Examination of an internet-delivered cognitive behavioural pain management course for adults with fibromyalgia: a randomized controlled trial. <i>Pain</i> , 2017, 158, 593-604.	2.0	62
24	Internet-delivered cognitive behavioural therapy for depression: A feasibility open trial for older adults. <i>Australian and New Zealand Journal of Psychiatry</i> , 2013, 47, 169-176.	1.3	61
25	Pain-Related Attentional Biases: The Importance of the Personal Relevance and Ecological Validity of Stimuli. <i>Journal of Pain</i> , 2011, 12, 625-632.	0.7	58
26	Measurement of Symptom Change Following Web-Based Psychotherapy: Statistical Characteristics and Analytical Methods for Measuring and Interpreting Change. <i>JMIR Mental Health</i> , 2018, 5, e10200.	1.7	49
27	Development and evaluation of a scale assessing therapist fidelity to guidelines for delivering therapist-assisted Internet-delivered cognitive behaviour therapy. <i>Cognitive Behaviour Therapy</i> , 2018, 47, 447-461.	1.9	48
28	Internet-based trauma-focused cognitive behavioural therapy for PTSD with and without exposure components: A randomised controlled trial. <i>Journal of Affective Disorders</i> , 2014, 162, 73-80.	2.0	45
29	Consensus statement on the problem of terminology in psychological interventions using the internet or digital components. <i>Internet Interventions</i> , 2020, 21, 100331.	1.4	45
30	“Wish You Were Here”: Examining Characteristics, Outcomes, and Statistical Solutions for Missing Cases in Web-Based Psychotherapeutic Trials. <i>JMIR Mental Health</i> , 2018, 5, e22.	1.7	45
31	Avoidance of affective pain stimuli predicts chronicity in patients with acute low back pain. <i>Pain</i> , 2014, 155, 45-52.	2.0	44
32	Internet-delivered treatment for older adults with anxiety and depression: implementation of the Wellbeing Plus Course in routine clinical care and comparison with research trial outcomes. <i>BJPsych Open</i> , 2016, 2, 307-313.	0.3	40
33	Intergenerational and cross-cultural differences in emotional wellbeing, mental health service utilisation, treatment-seeking preferences and acceptability of psychological treatments for Arab Australians. <i>International Journal of Social Psychiatry</i> , 2015, 61, 484-491.	1.6	38
34	Procedures for risk management and a review of crisis referrals from the MindSpot Clinic, a national service for the remote assessment and treatment of anxiety and depression. <i>BMC Psychiatry</i> , 2015, 15, 304.	1.1	36
35	Increased skills usage statistically mediates symptom reduction in self-guided internet-delivered cognitive-behavioural therapy for depression and anxiety: a randomised controlled trial. <i>Cognitive Behaviour Therapy</i> , 2018, 47, 43-61.	1.9	36
36	Examining internet-delivered cognitive behaviour therapy for patients with chronic kidney disease on haemodialysis: A feasibility open trial. <i>Journal of Psychosomatic Research</i> , 2016, 89, 78-84.	1.2	33

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37	A systematic review of the efficacy of self-management programs for increasing physical activity in community-dwelling adults with acquired brain injury (ABI). <i>Systematic Reviews</i> , 2015, 4, 51.	2.5	32
38	Educating patients about Internet-delivered cognitive behaviour therapy: Perceptions among treatment seekers and non-treatment seekers before and after viewing an educational video. <i>Internet Interventions</i> , 2016, 6, 57-63.	1.4	32
39	Using behaviour change theory and preliminary testing to develop an implementation intervention to reduce imaging for low back pain. <i>BMC Health Services Research</i> , 2018, 18, 734.	0.9	32
40	A feasibility trial of an Internet-delivered and transdiagnostic cognitive behavioral therapy treatment program for anxiety, depression, and disability among adults with epilepsy. <i>Epilepsia</i> , 2016, 57, 1887-1896.	2.6	31
41	A feasibility open trial of guided Internet-delivered cognitive behavioural therapy for anxiety and depression amongst Arab Australians. <i>Internet Interventions</i> , 2015, 2, 32-38.	1.4	30
42	The Pain Course: 12- and 24-Month Outcomes From a Randomized Controlled Trial of an Internet-Delivered Pain Management Program Provided With Different Levels of Clinician Support. <i>Journal of Pain</i> , 2018, 19, 1491-1503.	0.7	27
43	Self-guided internet-delivered cognitive behavior therapy (ICBT) for obsessive-compulsive symptoms: A randomized controlled trial. <i>Journal of Anxiety Disorders</i> , 2019, 66, 102111.	1.5	25
44	Guidance on defining the scope and development of text-based coaching protocols for digital mental health interventions. <i>Digital Health</i> , 2019, 5, 205520761989614.	0.9	25
45	Predictors, Outcomes, and Statistical Solutions of Missing Cases in Web-Based Psychotherapy: Methodological Replication and Elaboration Study. <i>JMIR Mental Health</i> , 2021, 8, e22700.	1.7	25
46	A pilot study of a clinician-guided internet-delivered cognitive behavioural therapy for anxiety and depression among Arabs in Australia, presented in both English and Arabic languages. <i>Internet Interventions</i> , 2016, 5, 5-11.	1.4	24
47	myMoves Program: Feasibility and Acceptability Study of a Remotely Delivered Self-Management Program for Increasing Physical Activity Among Adults With Acquired Brain Injury Living in the Community. <i>Physical Therapy</i> , 2016, 96, 1982-1993.	1.1	23
48	Meta-analysis of the efficacy and acceptability of cognitive-behavioural therapy for Arab adult populations experiencing anxiety, depression or post-traumatic stress disorder. <i>Cognitive Behaviour Therapy</i> , 2018, 47, 412-430.	1.9	23
49	Examining an internet-delivered intervention for anxiety and depression when delivered as a part of routine care for university students: A phase IV trial. <i>Journal of Affective Disorders</i> , 2019, 256, 567-577.	2.0	23
50	A comparison of Indigenous and non-Indigenous users of MindSpot: an Australian digital mental health service. <i>Australasian Psychiatry</i> , 2019, 27, 352-357.	0.4	23
51	A pilot study of self-guided internet-delivered cognitive behavioural therapy for anxiety and depression among Arabs. <i>Internet Interventions</i> , 2016, 3, 18-24.	1.4	22
52	Acceptability of Mental Health Services for Anxiety and Depression in an Arab Sample. <i>Community Mental Health Journal</i> , 2018, 54, 875-883.	1.1	22
53	Patient and provider perceptions of Internet-delivered cognitive behavior therapy for recent cancer survivors. <i>Supportive Care in Cancer</i> , 2018, 26, 597-603.	1.0	20
54	A feasibility trial of an internet-delivered psychological intervention to manage mental health and functional outcomes in neurological disorders. <i>Journal of Psychosomatic Research</i> , 2020, 136, 110173.	1.2	20

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55	Initial Outcomes of Transdiagnostic Internet-Delivered Cognitive Behavioral Therapy Tailored to Public Safety Personnel: Longitudinal Observational Study. <i>Journal of Medical Internet Research</i> , 2021, 23, e27610.	2.1	20
56	Internet-delivered cognitive-behaviour therapy for recent cancer survivors: a feasibility trial. <i>Psycho-Oncology</i> , 2017, 26, 137-139.	1.0	19
57	Utilization, Patient Characteristics, and Longitudinal Improvements among Patients from a Provincially Funded Transdiagnostic Internet-delivered Cognitive Behavioural Therapy Program: Observational Study of Trends over 6 Years. <i>Canadian Journal of Psychiatry</i> , 2022, 67, 192-206.	0.9	19
58	Internet Cognitive-Behavioral Therapy for Painful Chronic Pancreatitis: A Pilot Feasibility Randomized Controlled Trial. <i>Clinical and Translational Gastroenterology</i> , 2021, 12, e00373.	1.3	19
59	Emotional and cognitive difficulties, help-seeking, and barriers to treatment in neurological disorders.. <i>Rehabilitation Psychology</i> , 2018, 63, 563-574.	0.7	19
60	A feasibility open trial of internet-delivered cognitive-behavioural therapy (iCBT) among consumers of a non-governmental mental health organisation with anxiety. <i>PeerJ</i> , 2013, 1, e210.	0.9	19
61	Cut points on the Patient Health Questionnaire (PHQ-9) that predict response to cognitive-behavioral treatments for depression. <i>General Hospital Psychiatry</i> , 2015, 37, 470-475.	1.2	18
62	Internet-delivered treatment for young adults with anxiety and depression: Evaluation in routine clinical care and comparison with research trial outcomes. <i>Journal of Affective Disorders</i> , 2019, 256, 103-109.	2.0	18
63	The frequency of actions and thoughts scale: development and psychometric validation of a measure of adaptive behaviours and cognitions. <i>Cognitive Behaviour Therapy</i> , 2016, 45, 196-216.	1.9	17
64	Guided internet-delivered cognitive-behaviour therapy for persons with spinal cord injury: a feasibility trial. <i>Spinal Cord</i> , 2020, 58, 544-552.	0.9	16
65	Psychometric properties of the mini-social phobia inventory (Mini-SPIN) in a large online treatment-seeking sample. <i>Cognitive Behaviour Therapy</i> , 2016, 45, 236-257.	1.9	15
66	A Cost-effectiveness Analysis of an Internet-delivered Pain Management Program Delivered With Different Levels of Clinician Support: Results From a Randomised Controlled Trial. <i>Journal of Pain</i> , 2021, 22, 344-358.	0.7	15
67	Internet-delivered eye movement desensitization and reprocessing (iEMDR): an open trial. <i>F1000Research</i> , 2013, 2, 79.	0.8	15
68	Insights into internet-delivered cognitive behavioural therapy for public safety personnel: Exploration of client experiences during and after treatment. <i>Internet Interventions</i> , 2021, 26, 100481.	1.4	14
69	What are Clients Asking Their Therapist During Therapist-Assisted Internet-Delivered Cognitive Behaviour Therapy? A Content Analysis of Client Questions. <i>Behavioural and Cognitive Psychotherapy</i> , 2019, 47, 407-420.	0.9	13
70	Psychological distress, help-seeking, and perceived barriers to psychological treatment among Australian parents. <i>Australian Journal of Psychology</i> , 2018, 70, 113-121.	1.4	12
71	Brief online motivational interviewing pre-treatment intervention for enhancing internet-delivered cognitive behaviour therapy: A randomized controlled trial. <i>Internet Interventions</i> , 2021, 25, 100394.	1.4	12
72	Application of Intervention Mapping to the Development of a Complex Physical Therapist Intervention. <i>Physical Therapy</i> , 2016, 96, 1994-2004.	1.1	11

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73	Attentional Bias in Children with Asthma with and without Anxiety Disorders. <i>Journal of Abnormal Child Psychology</i> , 2017, 45, 1635-1646.	3.5	11
74	Effectiveness, acceptability and feasibility of an Internet-delivered cognitive behavioral pain management program in a routine online therapy clinic in Canada. <i>Canadian Journal of Pain</i> , 2018, 2, 62-73.	0.6	11
75	Negative effects associated with internet-delivered cognitive behaviour therapy: An analysis of client emails. <i>Internet Interventions</i> , 2019, 18, 100278.	1.4	11
76	Wearable Respiratory Monitoring and Feedback for Chronic Pain in Adult Survivors of Childhood Cancer: A Feasibility Randomized Controlled Trial From the Childhood Cancer Survivor Study. <i>JCO Clinical Cancer Informatics</i> , 2020, 4, 1014-1026.	1.0	11
77	The Pain Course. <i>Clinical Journal of Pain</i> , 2018, 34, 505-514.	0.8	10
78	Development of the Internet-Delivered Cognitive Behaviour Therapy Undesirable Therapist Behaviours Scale (ICBT-UTBS). <i>Internet Interventions</i> , 2019, 18, 100255.	1.4	10
79	Evaluation of The Practitioner Online Referral and Treatment Service (PORTS): the first 18 months of a state-wide digital service for adults with anxiety, depression, or substance use problems. <i>Cognitive Behaviour Therapy</i> , 2020, 49, 307-326.	1.9	10
80	Stakeholder perspectives on evidence for digital mental health interventions: Implications for accreditation systems. <i>Digital Health</i> , 2019, 5, 205520761987806.	0.9	9
81	A comparison of the characteristics and treatment outcomes of migrant and Australian-born users of a national digital mental health service. <i>BMC Psychiatry</i> , 2020, 20, 111.	1.1	9
82	Internet-delivered cognitive-behaviour therapy (ICBT) for obsessive-compulsive disorder when delivered as routine clinical care: A phase IV clinical trial. <i>Journal of Anxiety Disorders</i> , 2021, 82, 102444.	1.5	9
83	Patient perspectives of Internet-delivered cognitive behavior therapy for psychosocial issues post spinal cord injury.. <i>Rehabilitation Psychology</i> , 2019, 64, 351-359.	0.7	9
84	Content of client emails in internet-delivered cognitive behaviour therapy: A comparison between two trials and relationship to client outcome. <i>Internet Interventions</i> , 2018, 11, 53-59.	1.4	8
85	The Chronic Conditions Course: A Randomised Controlled Trial of an Internet-Delivered Transdiagnostic Psychological Intervention for People with Chronic Health Conditions. <i>Psychotherapy and Psychosomatics</i> , 2022, 91, 265-276.	4.0	8
86	Evaluation of the efficacy of an internet-based pain education and exercise program for chronic musculoskeletal pain in comparison with online self-management booklet: a protocol of a randomised controlled trial with assessor-blinded, 12-month follow-up, and economic evaluation. <i>BMC Musculoskeletal Disorders</i> , 2020, 21, 404.	0.8	7
87	An internet survey of the characteristics and physical activity of community-dwelling Australian adults with acquired brain injury: Exploring interest in an internet-delivered self-management program focused on physical activity. <i>Disability and Health Journal</i> , 2016, 9, 54-63.	1.6	6
88	Transdiagnostic, internet-delivered cognitive behavior therapy for depression and anxiety: Exploring impact on health anxiety. <i>Internet Interventions</i> , 2019, 15, 60-66.	1.4	6
89	Facilitating access to iCBT: a randomized controlled trial assessing a translated version of an empirically validated program using a minimally monitored delivery model. <i>Behavioural and Cognitive Psychotherapy</i> , 2020, 48, 185-202.	0.9	6
90	Disability and life satisfaction in neurological disorders: The role of depression and perceived cognitive difficulties. <i>General Hospital Psychiatry</i> , 2021, 73, 16-23.	1.2	6

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91	Whether chronic pain is medically explained or not does not moderate the response to cognitive-behavioural therapy. <i>Journal of Psychosomatic Research</i> , 2019, 121, 29-36.	1.2	5
92	Does concurrent medication usage affect patient response to internet-delivered cognitive behaviour therapy for depression and anxiety?. <i>Internet Interventions</i> , 2020, 19, 100302.	1.4	5
93	Five-year observational study of Internet-delivered cognitive behavioural pain management when offered as routine care by an online therapy clinic. <i>European Journal of Pain</i> , 2022, 26, 390-404.	1.4	5
94	Opioid use before and after completion of an online pain management program.. <i>Journal of Consulting and Clinical Psychology</i> , 2019, 87, 904-917.	1.6	5
95	A Comparison of Self-Referral and Referral via Primary Care Providers, through Two Similar Digital Mental Health Services in Western Australia. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 905.	1.2	5
96	Measures of Daily Activities Associated With Mental Health (Things You Do Questionnaire): Development of a Preliminary Psychometric Study and Replication Study. <i>JMIR Formative Research</i> , 2022, 6, e38837.	0.7	5
97	Management of acute low back pain: the practices and perspectives of primary care clinicians in Australia. <i>Australian Journal of Primary Health</i> , 2020, 26, 256.	0.4	4
98	Audit and feedback of therapist-assisted internet-delivered cognitive behaviour therapy within routine care: A quality improvement case study. <i>Internet Interventions</i> , 2020, 20, 100309.	1.4	4
99	Telerehabilitation for neck pain. <i>The Cochrane Library</i> , 0, , .	1.5	4
100	Understanding Problems With Sleep, Sexual Functioning, Energy, and Appetite Among Patients Who Access Transdiagnostic Internet-Delivered Cognitive Behavioral Therapy for Anxiety and Depression: Qualitative Exploratory Study. <i>JMIR Formative Research</i> , 2020, 4, e15037.	0.7	4
101	An Internet-Delivered Cognitive Behavioral Therapy for Depression and Anxiety Among Clients Referred and Funded by Insurance Companies Compared With Those Who Are Publicly Funded: Longitudinal Observational Study. <i>JMIR Mental Health</i> , 2020, 7, e16005.	1.7	4
102	Alcohol and drug use among clients receiving internet-delivered cognitive behavior therapy for anxiety and depression in a routine care clinic – Demographics, use patterns, and prediction of treatment completion and outcomes. <i>Internet Interventions</i> , 2022, 27, 100490.	1.4	4
103	Antidepressant medication use by patients accessing a national digital mental health service. <i>Journal of Affective Disorders</i> , 2022, 308, 305-313.	2.0	3
104	Randomised controlled trial of cognitive behaviour therapy versus mindfulness for people with rheumatoid arthritis with and without a history of recurrent depression: study protocol and design. <i>BMJ Open</i> , 2022, 12, e056504.	0.8	3
105	Telerehabilitation for hip or knee osteoarthritis. <i>The Cochrane Library</i> , 2020, , .	1.5	2
106	Involvement in compensation litigation and outcome from an online pain management program.. <i>Rehabilitation Psychology</i> , 2019, 64, 263-268.	0.7	2
107	A research agenda to progress treatment of social anxiety disorder: Commentary on Crome et al., DSM-IV and DSM-5 Social Anxiety Disorder in the Australian Community. <i>Australian and New Zealand Journal of Psychiatry</i> , 2015, 49, 292-293.	1.3	1
108	Telerehabilitation for acute, subacute and chronic low back pain. <i>The Cochrane Library</i> , 0, , .	1.5	1