

Juliane Hellhammer

List of Publications by Year in descending order

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13
papers

1,483
citations

1039406

9
h-index

1058022

14
g-index

14
all docs

14
docs citations

14
times ranked

2211
citing authors

#	ARTICLE	IF	CITATIONS
1	Neurodoron® for Stress Impairments: A Prospective, Multicenter Non-Interventional Trial. Evidence-based Complementary and Alternative Medicine, 2022, 2022, 1-11.	0.5	1
2	Lacticaseibacillus paracasei Lpc-37® improves psychological and physiological markers of stress and anxiety in healthy adults: a randomized, double-blind, placebo-controlled and parallel clinical trial (the Sisu study). Neurobiology of Stress, 2020, 13, 100277.	1.9	28
3	A lecithin phosphatidylserine and phosphatidic acid complex (PAS) reduces symptoms of the premenstrual syndrome (PMS): Results of a randomized, placebo-controlled, double-blind clinical trial. Clinical Nutrition ESPEN, 2018, 24, 22-30.	0.5	7
4	Neuropattern, a Translational Tool to Reduce Stress at Work – a Pilot Study. Occupational Health Science, 2018, 2, 385-407.	1.0	1
5	A soy-based phosphatidylserine/ phosphatidic acid complex (PAS) normalizes the stress reactivity of hypothalamus-pituitary-adrenal-axis in chronically stressed male subjects: a randomized, placebo-controlled study. Lipids in Health and Disease, 2014, 13, 121.	1.2	22
6	Effects of a Homeopathic Combination Remedy on the Acute Stress Response, Well-Being, and Sleep: A Double-Blind, Randomized Clinical Trial. Journal of Alternative and Complementary Medicine, 2013, 19, 161-169.	2.1	7
7	Omega-3 fatty acids administered in phosphatidylserine improved certain aspects of high chronic stress in men. Nutrition Research, 2012, 32, 241-250.	1.3	26
8	The physiological response to Trier Social Stress Test relates to subjective measures of stress during but not before or after the test. Psychoneuroendocrinology, 2012, 37, 119-124.	1.3	232
9	Milk-based phospholipids increase morning cortisol availability and improve memory in chronically stressed men. Nutrition Research, 2011, 31, 413-420.	1.3	31
10	Effects of milk phospholipid on memory and psychological stress response. British Food Journal, 2010, 112, 1124-1137.	1.6	32
11	Effects of powdered fertilized eggs on the stress response. Clinical Nutrition, 2010, 29, 255-260.	2.3	11
12	Trait anxiety moderates the impact of performance pressure on salivary cortisol in everyday life. Psychoneuroendocrinology, 2006, 31, 459-472.	1.3	82
13	A new view on hypocortisolism. Psychoneuroendocrinology, 2005, 30, 1010-1016.	1.3	1,002