Susan Ann Jebb

List of Publications by Year in descending order

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197 papers 11,820 citations

46918 47 h-index 102 g-index

202 all docs 202 docs citations

times ranked

202

15251 citing authors

#	Article	IF	Citations
1	Healthy percentage body fat ranges: an approach for developing guidelines based on body mass index. American Journal of Clinical Nutrition, 2000, 72, 694-701.	2.2	1,432
2	Meat consumption, health, and the environment. Science, 2018, 361, .	6.0	1,031
3	Diets with High or Low Protein Content and Glycemic Index for Weight-Loss Maintenance. New England Journal of Medicine, 2010, 363, 2102-2113.	13.9	725
4	Living risk prediction algorithm (QCOVID) for risk of hospital admission and mortality from coronavirus 19 in adults: national derivation and validation cohort study. BMJ, The, 2020, 371, m3731.	3.0	471
5	Primary care referral to a commercial provider for weight loss treatment versus standard care: a randomised controlled trial. Lancet, The, 2011, 378, 1485-1492.	6. 3	360
6	Partial leptin deficiency and human adiposity. Nature, 2001, 414, 34-35.	13.7	356
7	Associations between body-mass index and COVID-19 severity in 6·9 million people in England: a prospective, community-based, cohort study. Lancet Diabetes and Endocrinology,the, 2021, 9, 350-359.	5.5	348
8	Incorporation of eicosapentaenoic and docosahexaenoic acids into lipid pools when given as supplements providing doses equivalent to typical intakes of oily fish. American Journal of Clinical Nutrition, 2012, 96, 748-758.	2.2	269
9	Altering micro-environments to change population health behaviour: towards an evidence base for choice architecture interventions. BMC Public Health, 2013, 13, 1218.	1.2	255
10	Energy-dense, low-fiber, high-fat dietary pattern is associated with increased fatness in childhood. American Journal of Clinical Nutrition, 2008, 87, 846-854.	2.2	248
11	A systematic review and meta-analysis examining the effect of eating rate on energy intake and hunger. American Journal of Clinical Nutrition, 2014, 100, 123-151.	2.2	242
12	Estimating under-reporting of energy intake in dietary surveys using an individualised method. British Journal of Nutrition, $2007, 97, 1169-1176$.	1.2	227
13	Screening and brief intervention for obesity in primary care: a parallel, two-arm, randomised trial. Lancet, The, 2016, 388, 2492-2500.	6.3	220
14	Portion, package or tableware size for changing selection and consumption of food, alcohol and tobacco. The Cochrane Library, 2015, , CD011045.	1.5	178
15	Effect of changing the amount and type of fat and carbohydrate on insulin sensitivity and cardiovascular risk: the RISCK (Reading, Imperial, Surrey, Cambridge, and Kings) trial. American Journal of Clinical Nutrition, 2010, 92, 748-758.	2.2	172
16	Extended and standard duration weight-loss programme referrals for adults in primary care (WRAP): a randomised controlled trial. Lancet, The, 2017, 389, 2214-2225.	6.3	161
17	Effects of Weight Loss and Long-Term Weight Maintenance With Diets Varying in Protein and Glycemic Index on Cardiovascular Risk Factors. Circulation, 2011, 124, 2829-2838.	1.6	160
18	Association of Weight Loss Interventions With Changes in Biomarkers of Nonalcoholic Fatty Liver Disease. JAMA Internal Medicine, 2019, 179, 1262.	2.6	159

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19	Restructuring physical micro-environments to reduce the demand for meat: a systematic review and qualitative comparative analysis. Lancet Planetary Health, The, 2018, 2, e384-e397.	5.1	155
20	Sodium content of processed foods in the United Kingdom: analysis of 44,000 foods purchased by 21,000 households. American Journal of Clinical Nutrition, 2011, 93, 594-600.	2.2	151
21	Downsizing: policy options to reduce portion sizes to help tackle obesity. BMJ, The, 2015, 351, h5863.	3.0	138
22	Grocery store interventions to change food purchasing behaviors: a systematic review of randomized controlled trials. American Journal of Clinical Nutrition, 2018, 107, 1004-1016.	2.2	137
23	Patterns and trends of beverage consumption among children and adults in Great Britain, 1986–2009. British Journal of Nutrition, 2012, 108, 536-551.	1.2	128
24	Nutritional labelling for healthier food or non-alcoholic drink purchasing and consumption. The Cochrane Library, 2021, 2021, CD009315.	1.5	124
25	Health impact assessment of the UK soft drinks industry levy: a comparative risk assessment modelling study. Lancet Public Health, The, 2017, 2, e15-e22.	4.7	122
26	Socioeconomic differences in purchases of more vs. less healthy foods and beverages: Analysis of over 25,000 British households in 2010. Social Science and Medicine, 2013, 92, 22-26.	1.8	121
27	Energy Intake/Physical Activity Interactions in the Homeostasis of Body Weight Regulation. Nutrition Reviews, 2004, 62, S98-S104.	2.6	101
28	Prevalence of overweight and obesity among young people in Great Britain. Public Health Nutrition, 2004, 7, 461-465.	1.1	94
29	A systematic review and metaâ€analysis of the effectiveness of meal replacements for weight loss. Obesity Reviews, 2019, 20, 569-587.	3.1	89
30	Impact of increasing the proportion of healthier foods available on energy purchased in worksite cafeterias: A stepped wedge randomized controlled pilot trial. Appetite, 2019, 133, 286-296.	1.8	88
31	Interventions targeting conscious determinants of human behaviour to reduce the demand for meat: a systematic review with qualitative comparative analysis. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 102.	2.0	85
32	Doctor Referral of Overweight People to Low Energy total diet replacement Treatment (DROPLET): pragmatic randomised controlled trial. BMJ: British Medical Journal, 2018, 362, k3760.	2.4	83
33	Sales impact of displaying alcoholic and non-alcoholic beverages in end-of-aisle locations: An observational study. Social Science and Medicine, 2014, 108, 68-73.	1.8	82
34	Trends in UK meat consumption: analysis of data from years 1–11 (2008–09 to 2018–19) of the National Diet and Nutrition Survey rolling programme. Lancet Planetary Health, The, 2021, 5, e699-e708.	5.1	78
35	Dietary protein intake is associated with body mass index and weight up to 5 y of age in a prospective cohort of twins. American Journal of Clinical Nutrition, 2016, 103, 389-397.	2.2	75
36	Age and sex differences in the incorporation of EPA and DHA into plasma fractions, cells and adipose tissue in humans. British Journal of Nutrition, 2014, 111, 679-689.	1.2	67

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37	The effect of the magnitude of weight loss on non-alcoholic fatty liver disease: A systematic review and meta-analysis. Metabolism: Clinical and Experimental, 2021, 115, 154455.	1.5	64
38	The use of commercial food purchase data for public health nutrition research: A systematic review. PLoS ONE, 2019, 14, e0210192.	1.1	62
39	Physical micro-environment interventions for healthier eating in the workplace: protocol for a stepped wedge randomised controlled pilot trial. Pilot and Feasibility Studies, 2017, 3, 27.	0.5	59
40	Plasma oxylipins respond in a linear dose-response manner with increased intake of EPA and DHA: results from a randomized controlled trial in healthy humans. American Journal of Clinical Nutrition, 2019, 109, 1251-1263.	2,2	59
41	Self-Help for Weight Loss in Overweight and Obese Adults: Systematic Review and Meta-Analysis. American Journal of Public Health, 2015, 105, e43-e57.	1.5	56
42	Large portion sizes increase bite size and eating rate in overweight women. Physiology and Behavior, 2015, 139, 297-302.	1.0	56
43	Using a descriptive social norm to increase vegetable selection in workplace restaurant settings Health Psychology, 2017, 36, 1026-1033.	1.3	56
44	The Pattern of Fatty Acids Displaced by EPA and DHA Following 12 Months Supplementation Varies between Blood Cell and Plasma Fractions. Nutrients, 2015, 7, 6281-6293.	1.7	55
45	Impact of the UK voluntary sodium reduction targets on the sodium content of processed foods from 2006 to 2011: Analysis of household consumer panel data. Preventive Medicine, 2013, 57, 555-560.	1.6	54
46	Altering the availability or proximity of food, alcohol, and tobacco products to change their selection and consumption. The Cochrane Library, 2019, 9, CD012573.	1.5	54
47	Inequalities in the uptake of weight management interventions in a pragmatic trial: an observational study in primary care. British Journal of General Practice, 2016, 66, e258-e263.	0.7	51
48	Offering within-category food swaps to reduce energy density of food purchases: a study using an experimental online supermarket. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 85.	2.0	50
49	Meat consumption and risk of ischemic heart disease: A systematic review and meta-analysis. Critical Reviews in Food Science and Nutrition, 2023, 63, 426-437.	5.4	50
50	Associations between dietary patterns and the incidence of total and fatal cardiovascular disease and all-cause mortality in 116,806 individuals from the UK Biobank: a prospective cohort study. BMC Medicine, 2021, 19, 83.	2.3	49
51	Reference values for skeletal muscle mass and fat mass measured by bioelectrical impedance in 390Â565 UK adults. Journal of Cachexia, Sarcopenia and Muscle, 2020, 11, 487-496.	2.9	48
52	Regular Breakfast Consumption and Type 2 Diabetes Risk Markers in 9- to 10-Year-Old Children in the Child Heart and Health Study in England (CHASE): A Cross-Sectional Analysis. PLoS Medicine, 2014, 11, e1001703.	3.9	47
53	Free Sugars and Total Fat Are Important Characteristics of a Dietary Pattern Associated with Adiposity across Childhood and Adolescence. Journal of Nutrition, 2016, 146, 778-784.	1.3	47
54	Price promotions on healthier compared with less healthy foods: a hierarchical regression analysis of the impact on sales and social patterning of responses to promotions in Great Britain. American Journal of Clinical Nutrition, 2015, 101, 808-816.	2.2	47

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55	Development of tools to study personal weight control strategies: Ox <scp>FAB</scp> taxonomy. Obesity, 2016, 24, 314-320.	1.5	41
56	The association of weight loss with changes in the gut microbiota diversity, composition, and intestinal permeability: a systematic review and meta-analysis. Gut Microbes, 2022, 14, 2020068.	4.3	41
57	Potential impact on prevalence of obesity in the UK of a 20% price increase in high sugar snacks: modelling study. BMJ: British Medical Journal, 2019, 366, l4786.	2.4	40
58	Reproducibility of dietary intakes of macronutrients, specific food groups, and dietary patterns in 211 050 adults in the UK Biobank study. Journal of Nutritional Science, 2019, 8, e34.	0.7	40
59	A foodâ€based, lowâ€energy, lowâ€earbohydrate diet for people with type 2 diabetes in primary care: A randomized controlled feasibility trial. Diabetes, Obesity and Metabolism, 2020, 22, 512-520.	2.2	40
60	Prominent positioning and food swaps are effective interventions to reduce the saturated fat content of the shopping basket in an experimental online supermarket: a randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 50.	2.0	39
61	Experiences of Self-Monitoring in Self-Directed Weight Loss and Weight Loss Maintenance: Systematic Review of Qualitative Studies. Qualitative Health Research, 2019, 29, 124-134.	1.0	38
62	Meal size is a critical driver of weight gain in early childhood. Scientific Reports, 2016, 6, 28368.	1.6	37
63	Dietary strategies for the prevention of obesity. Proceedings of the Nutrition Society, 2005, 64, 217-227.	0.4	36
64	Impact of calorie labelling in worksite cafeterias: a stepped wedge randomised controlled pilot trial. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 41.	2.0	36
65	Insights From Google Play Store User Reviews for the Development of Weight Loss Apps: Mixed-Method Analysis. JMIR MHealth and UHealth, 2017, 5, e203.	1.8	35
66	How much should I eat? A comparison of suggested portion sizes in the UK. Public Health Nutrition, 2012, 15, 2110-2117.	1.1	34
67	Weight change among people randomized to minimal intervention control groups in weight loss trials. Obesity, 2016, 24, 772-780.	1.5	32
68	APOE4 Genotype Exerts Greater Benefit in Lowering Plasma Cholesterol and Apolipoprotein B than Wild Type (E3/E3), after Replacement of Dietary Saturated Fats with Low Glycaemic Index Carbohydrates. Nutrients, 2018, 10, 1524.	1.7	32
69	The Presence of Real Food Usurps Hypothetical Health Value Judgment in Overweight People. ENeuro, 2016, 3, ENEURO.0025-16.2016.	0.9	32
70	Participants' Explanatory Model of Being Overweight and Their Experiences of 2 Weight Loss Interventions. Annals of Family Medicine, 2013, 11, 251-257.	0.9	30
71	Hospital costs in relation to body-mass index in $1\hat{A}\cdot 1$ million women in England: a prospective cohort study. Lancet Public Health, The, 2017, 2, e214-e222.	4.7	30
72	Altering the availability or proximity of food, alcohol, and tobacco products to change their selection and consumption. The Cochrane Library, 2019, 8, CD012573.	1.5	30

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73	Effect of increasing the price of sugar-sweetened beverages on alcoholic beverage purchases: an economic analysis of sales data. Journal of Epidemiology and Community Health, 2018, 72, 324-330.	2.0	29
74	Describing a new food group classification system for UK biobank: analysis of food groups and sources of macro- and micronutrients in 208,200 participants. European Journal of Nutrition, 2021, 60, 2879-2890.	1.8	29
75	Successful Manipulation of the Quality and Quantity of Fat and Carbohydrate Consumed by Free-Living Individuals Using a Food Exchange Model ,. Journal of Nutrition, 2009, 139, 1534-1540.	1.3	28
76	Dietary Intake of Protein from Different Sources and Weight Regain, Changes in Body Composition and Cardiometabolic Risk Factors after Weight Loss: The DIOGenes Study. Nutrients, 2017, 9, 1326.	1.7	27
77	Optimising swaps to reduce the salt content of food purchases in a virtual online supermarket: A randomised controlled trial. Appetite, 2019, 133, 378-386.	1.8	27
78	Visual perceptions of portion size normality and intended food consumption: A norm range model. Food Quality and Preference, 2019, 72, 77-85.	2.3	27
79	Fatty acid profile of plasma NEFA does not reflect adipose tissue fatty acid profile. British Journal of Nutrition, 2015, 114, 756-762.	1.2	26
80	Two observational studies examining the effect of a social norm and a health message on the purchase of vegetables in student canteen settings. Appetite, 2019, 132, 122-130.	1.8	26
81	The reliability of an adolescent dietary pattern identified using reduced-rank regression: comparison of a FFQ and 3Âd food record. British Journal of Nutrition, 2014, 112, 609-615.	1.2	25
82	The impact of nutritional labels and socioeconomic status on energy intake. An experimental field study. Appetite, 2014, 81, 12-19.	1.8	25
83	The Impact of Environmental Sustainability Labels on Willingness-to-Pay for Foods: A Systematic Review and Meta-Analysis of Discrete Choice Experiments. Nutrients, 2021, 13, 2677.	1.7	24
84	Associations between body composition, fat distribution and metabolic consequences of excess adiposity with severe COVID-19 outcomes: observational study and Mendelian randomisation analysis. International Journal of Obesity, 2022, 46, 943-950.	1.6	24
85	Weight loss decreases self-reported appetite and alters food preferences in overweight and obese adults: Observational data from the DiOGenes study. Appetite, 2018, 125, 314-322.	1.8	22
86	Are sweet snacks more sensitive to price increases than sugar-sweetened beverages: analysis of British food purchase data. BMJ Open, 2018, 8, e019788.	0.8	22
87	Estimating the effect of moving meat-free products to the meat aisle on sales of meat and meat-free products: A non-randomised controlled intervention study in a large UK supermarket chain. PLoS Medicine, 2021, 18, e1003715.	3.9	22
88	Bread in the diet: consumption and contribution to nutrient intakes of British adults. Proceedings of the Nutrition Society, 2008, 67, .	0.4	21
89	Association between characteristics of behavioural weight loss programmes and weight change after programme end: systematic review and meta-analysis. BMJ, The, 2021, 374, n1840.	3.0	21
90	Is Doctor Referral to a Lowâ€Energy Total Diet Replacement Program Costâ€Effective for the Routine Treatment of Obesity?. Obesity, 2019, 27, 391-398.	1.5	20

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91	Interaction of PPARG Pro12Ala with dietary fat influences plasma lipids in subjects at cardiometabolic risk. Journal of Lipid Research, 2011, 52, 2298-2303.	2.0	19
92	Observational analysis of disparities in obesity in children in the UK: Has Leeds bucked the trend?. Pediatric Obesity, 2019, 14, e12529.	1.4	19
93	Reductions to main meal portion sizes reduce daily energy intake regardless of perceived normality of portion size: a 5 day cross-over laboratory experiment. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 21.	2.0	19
94	The sugar content of foods in the UK by category and company: A repeated cross-sectional study, 2015-2018. PLoS Medicine, 2021, 18, e1003647.	3.9	19
95	Overweight and obesity in European children and adolescents. European Journal of Pediatrics, 2000, 159, S2-S4.	1.3	18
96	Effectiveness of a behavioural intervention involving regular weighing and feedback by community midwives within routine antenatal care to prevent excessive gestational weight gain: POPS2 randomised controlled trial. BMJ Open, 2019, 9, e030174.	0.8	18
97	Effect of the COVID-19 pandemic on body weight in people at high risk of type 2 diabetes referred to the English NHS Diabetes Prevention Programme. Lancet Diabetes and Endocrinology,the, 2021, 9, 649-651.	5.5	17
98	Impact of weight loss and maintenance with ad libitum diets varying in protein and glycemic index content on metabolic syndrome. Nutrition, 2014, 30, 410-417.	1.1	16
99	Screening and brief intervention for obesity in primary care: cost-effectiveness analysis in the BWeL trial. International Journal of Obesity, 2019, 43, 2066-2075.	1.6	16
100	Patterns in Weight and Physical Activity Tracking Data Preceding a Stop in Weight Monitoring: Observational Analysis. Journal of Medical Internet Research, 2020, 22, e15790.	2.1	16
101	Replacing meat with alternative plant-based products (RE-MAP): a randomized controlled trial of a multicomponent behavioral intervention to reduce meat consumption. American Journal of Clinical Nutrition, 2022, 115, 1357-1366.	2.2	16
102	Variability in the reported energy, total fat and saturated fat contents in fast-food products across ten countries. Public Health Nutrition, 2015, 18, 2962-2969.	1.1	15
103	Acceptability and potential effectiveness of commercial portion control tools amongst people with obesity. British Journal of Nutrition, 2016, 116, 1974-1983.	1.2	15
104	Doctor Referral of Overweight People to a Low-Energy Treatment (DROPLET) in primary care using total diet replacement products: a protocol for a randomised controlled trial. BMJ Open, 2017, 7, e016709.	0.8	15
105	What is the impact of increasing the prominence of calorie labelling? A stepped wedge randomised controlled pilot trial in worksite cafeterias. Appetite, 2019, 141, 104304.	1.8	15
106	Effects of Labelling and Increasing the Proportion of Lower-Energy Density Products on Online Food Shopping: A Randomised Control Trial in High- and Low-Socioeconomic Position Participants. Nutrients, 2020, 12, 3618.	1.7	15
107	Improving communication to tackle obesity in the UK. Proceedings of the Nutrition Society, 2003, 62, 577-581.	0.4	14
108	Lipidomics Profiling of Human Adipose Tissue Identifies a Pattern of Lipids Associated with Fish Oil Supplementation. Journal of Proteome Research, 2017, 16, 3168-3179.	1.8	14

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109	Experiences of Reframing during Selfâ€Directed Weight Loss and Weight Loss Maintenance: Systematic Review of Qualitative Studies. Applied Psychology: Health and Well-Being, 2018, 10, 309-329.	1.6	14
110	Greater Attendance at a Community Weight Loss Programme over the First 12 Weeks Predicts Weight Loss at 2 Years. Obesity Facts, 2020, 13, 349-360.	1.6	14
111	A dynamic social norm messaging intervention to reduce meat consumption: A randomized cross-over trial in retail store restaurants. Appetite, 2022, 169, 105824.	1.8	14
112	Cognitive and behavioural strategies for weight management in overweight adults: Results from the Oxford Food and Activity Behaviours (OxFAB) cohort study. PLoS ONE, 2018, 13, e0202072.	1.1	13
113	Adherence to international dietary recommendations in association with all-cause mortality and fatal and non-fatal cardiovascular disease risk: a prospective analysis of UK Biobank participants. BMC Medicine, 2021, 19, 134.	2.3	13
114	Obesity, metabolic risk and adherence to healthy lifestyle behaviours: prospective cohort study in the UK Biobank. BMC Medicine, 2022, 20, 65.	2.3	13
115	A stakeholder analysis of the perceived outcomes of developing and implementing England's obesity strategy 2008–2011. BMC Public Health, 2014, 14, 441.	1.2	12
116	Impact of bottle size on in-home consumption of sugar-sweetened beverages: a feasibility and acceptability study. BMC Public Health, 2017, 17, 304.	1.2	12
117	Effectiveness of a selfâ€regulation intervention for weight loss: A randomized controlled trial. British Journal of Health Psychology, 2020, 25, 652-676.	1.9	12
118	Association between Single Nucleotide Polymorphisms and Weight Reduction in Behavioural Interventions—A Pooled Analysis. Nutrients, 2021, 13, 819.	1.7	12
119	Association of Weight Changes With Changes in Histological Features and Blood Markers in Nonalcoholic Steatohepatitis. Clinical Gastroenterology and Hepatology, 2022, 20, e538-e547.	2.4	12
120	Assessing the healthiness of UK food companies' product portfolios using food sales and nutrient composition data. PLoS ONE, 2021, 16, e0254833.	1.1	12
121	A Mobile Health Salt Reduction Intervention for People With Hypertension: Results of a Feasibility Randomized Controlled Trial. JMIR MHealth and UHealth, 2021, 9, e26233.	1.8	12
122	Public support for policies to improve population and planetary health: A population-based online experiment assessing impact of communicating evidence of multiple versus single benefits. Social Science and Medicine, 2022, 296, 114726.	1.8	12
123	Effectiveness of Motivational Interviewing in Managing Overweight and Obesity. Annals of Internal Medicine, 2022, 175, 838-850.	2.0	12
124	Associations Between Dietary Patterns and Incident Type 2 Diabetes: Prospective Cohort Study of 120,343 UK Biobank Participants. Diabetes Care, 2022, 45, 1315-1325.	4.3	12
125	Methodological approaches to assess body-weight regulation and aetiology of obesity. Proceedings of the Nutrition Society, 2000, 59, 405-411.	0.4	11
126	Body mass index and use and costs of primary care services among women aged 55–79 years in England: a cohort and linked data study. International Journal of Obesity, 2019, 43, 1839-1848.	1.6	11

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127	Effect of weight loss on cardiometabolic risk: observational analysis of two randomised controlled trials of community weight-loss programmes. British Journal of General Practice, 2021, 71, e312-e319.	0.7	11
128	Tracking of a Dietary Pattern and Its Components over 10-Years in the Severely Obese. PLoS ONE, 2014, 9, e97457.	1.1	10
129	Interventions to accelerate change towards a healthier diet. Proceedings of the Nutrition Society, 2018, 77, 106-111.	0.4	10
130	Replacing meat with alternative plant-based products (RE-MAPs): protocol for a randomised controlled trial of a behavioural intervention to reduce meat consumption. BMJ Open, 2019, 9, e027016.	0.8	10
131	Dietary Approaches to the Management Of type 2 Diabetes (DIAMOND): protocol for a randomised feasibility trial. BMJ Open, 2019, 9, e026460.	0.8	10
132	Perceived impact of smaller compared with larger-sized bottles of sugar-sweetened beverages on consumption: A qualitative analysis. Appetite, 2018, 120, 171-180.	1.8	10
133	Evaluation of an intervention to provide brief support and personalized feedback on food shopping to reduce saturated fat intake (PC-SHOP): A randomized controlled trial. PLoS Medicine, 2020, 17, e1003385.	3.9	10
134	Changing the assortment of available food and drink for leaner, greener diets. BMJ, The, 2022, 377, e069848.	3.0	10
135	Associations between dairy protein intake and body weight and risk markers of diabetes and CVD during weight maintenance. British Journal of Nutrition, 2014, 111, 944-953.	1.2	9
136	Portion size normality and additional within-meal food intake: two crossover laboratory experiments. British Journal of Nutrition, 2020, 123, 462-471.	1.2	9
137	Removing seasonal confectionery from prominent store locations and purchasing behaviour within a major UK supermarket: Evaluation of a nonrandomised controlled intervention study. PLoS Medicine, 2022, 19, e1003951.	3.9	9
138	Findings from an online behavioural weight management programme provided with or without a fortified diet beverage. British Journal of Nutrition, 2014, 111, 372-379.	1.2	8
139	The Impact of Gender and Protein Intake on the Success of Weight Maintenance and Associated Cardiovascular Risk Benefits, Independent of the Mode of Food Provision: The DiOGenes Randomized Trial. Journal of the American College of Nutrition, 2016, 35, 20-30.	1.1	8
140	The Salt Swap intervention to reduce salt intake in people with high blood pressure: protocol for a feasibility randomised controlled trial. Trials, 2019, 20, 584.	0.7	8
141	Analysing self-regulatory behaviours in response to daily weighing: a think-aloud study with follow-up interviews. Psychology and Health, 2020, 35, 16-35.	1.2	8
142	Modelling the Interplay between Lifestyle Factors and Genetic Predisposition on Markers of Type 2 Diabetes Mellitus Risk. PLoS ONE, 2015, 10, e0131681.	1.1	8
143	Reference values for body composition and associations with blood pressure in Kenyan adults aged ≥50 years old. European Journal of Clinical Nutrition, 2019, 73, 558-565.	1.3	7
144	Development and Reliability of the Oxford Meat Frequency Questionnaire. Nutrients, 2021, 13, 922.	1.7	7

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145	General practitioner views on addressing weight opportunistically in primary care: An embedded sequential mixed-methods study. Patient Education and Counseling, 2021, , .	1.0	7
146	Type 2 diabetes: treating not managing. Lancet Diabetes and Endocrinology, the, 2019, 7, 326-327.	5.5	6
147	Brief interventions for obesity when patients are asked to pay for weight loss treatment: an observational study in primary care with an embedded randomised trial. British Journal of General Practice, 2020, 70, e348-e355.	0.7	6
148	Exploring the Experiences of People with Obesity Using Portion Control Tools—A Qualitative Study. Nutrients, 2019, 11, 1095.	1.7	5
149	Associations between hedonic hunger and BMI during a two-year behavioural weight loss trial. PLoS ONE, 2021, 16, e0252110.	1.1	5
150	Extended follow-up of a short total diet replacement programme: results of the Doctor Referral of Overweight People to Low Energy total diet replacement Treatment (DROPLET) randomised controlled trial at 3 years. International Journal of Obesity, 2021, 45, 2432-2438.	1.6	5
151	Primary Care SHOPping intervention for cardiovascular disease prevention (PC-SHOP): protocol for a randomised controlled trial to reduce saturated fat intake. BMJ Open, 2019, 9, e027035.	0.8	5
152	Testing availability, positioning, promotions, and signage of healthier food options and purchasing behaviour within major UK supermarkets: Evaluation of 6 nonrandomised controlled intervention studies. PLoS Medicine, 2022, 19, e1003952.	3.9	5
153	Impact of bottle size on in-home consumption of sugar-sweetened beverages: protocol for a feasibility and acceptability study. Pilot and Feasibility Studies, 2015, 1, 41.	0.5	4
154	The effect of referral to an openâ€group behavioural weightâ€management programme on the relative risk of normoglycaemia, nonâ€diabetic hyperglycaemia and type 2 diabetes: Secondary analysis of the <scp>WRAP</scp> trial. Diabetes, Obesity and Metabolism, 2020, 22, 2069-2076.	2,2	4
155	Heterogeneity in the uptake, attendance, and outcomes in a clinical trial of a total diet replacement weight loss programme. BMC Medicine, 2020, 18, 86.	2.3	4
156	Exploring women's thoughts on self-weighing during pregnancy: results of the Self-Weighing in Pregnancy: Experiences (SWIPE) study. BMC Pregnancy and Childbirth, 2021, 21, 154.	0.9	4
157	Effects of a group-based weight management programme on anxiety and depression: A randomised controlled trial (RCT). PLoS ONE, 2022, 17, e0263228.	1.1	4
158	Gene–Diet Interactions on Lipid Levels: Current Knowledge in the Era of Genome-Wide Association Studies. Current Nutrition Reports, 2012, 1, 123-131.	2.1	3
159	Testing the effectiveness of a weight loss intervention to enhance self-regulation in adults who are obese: protocol for a randomised controlled trial. BMJ Open, 2019, 9, e031572.	0.8	3
160	The Effect of Moderate Weight Loss on a Non-Invasive Biomarker of Liver Fibrosis: A Randomised Controlled Trial. Obesity Facts, 2020, 13, 144-151.	1.6	3
161	The experiences of postnatal women and healthcare professionals of a brief weight management intervention embedded within the national child immunisation programme. BMC Pregnancy and Childbirth, 2021, 21, 462.	0.9	3
162	Capturing the Healthfulness of the In-store Environments of United Kingdom Supermarket Stores Over 5 Months (January–May 2019). American Journal of Preventive Medicine, 2021, 61, e171-e179.	1.6	3

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163	Protocol for the feasibility and acceptability of a brief routine weight management intervention for postnatal women embedded within the national child immunisation programme: randomised controlled cluster feasibility trial with nested qualitative study (PIMMS-WL). BMJ Open, 2020, 10, e033027.	0.8	3
164	Testing the shortâ€term effectiveness of primary care referral to online weight loss programmes: A randomised controlled trial. Clinical Obesity, 2021, 11, e12482.	1.1	3
165	Evaluating an Intervention to Increase Cereal Fiber Intake in Children: A Randomized Controlled Feasibility Trial. Journal of Nutrition, 2021, 151, 379-386.	1.3	3
166	Impact of the amount and type of fat and carbohydrate on insulin sensitivity in the RISCK study. Proceedings of the Nutrition Society, 2008, 67, .	0.4	2
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