Mikko Lehtovirta

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/1995418/publications.pdf

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8 papers	247 citations	6 h-index	1588992 8 g-index
9	9	9	393
all docs	docs citations	times ranked	citing authors

#	Article	IF	CITATIONS
1	Replacing dietary animal-source proteins with plant-source proteins changes dietary intake and status of vitamins and minerals in healthy adults: a 12-week randomized controlled trial. European Journal of Nutrition, 2022, 61, 1391-1404.	3.9	16
2	A Mobile App to Increase Fruit and Vegetable Acceptance Among Finnish and Polish Preschoolers: Randomized Trial. JMIR MHealth and UHealth, 2022, 10, e30352.	3.7	4
3	Replacing Animal-Based Proteins with Plant-Based Proteins Changes the Composition of a Whole Nordic Dietâ€"A Randomised Clinical Trial in Healthy Finnish Adults. Nutrients, 2020, 12, 943.	4.1	56
4	Loss of ZnT8 function protects against diabetes by enhanced insulin secretion. Nature Genetics, 2019, 51, 1596-1606.	21.4	96
5	The Impact of Nutrition Education Intervention with and Without a Mobile Phone Application on Nutrition Knowledge Among Young Endurance Athletes. Nutrients, 2019, 11, 2249.	4.1	24
6	Changes in sleep quality with age–a 36â€year followâ€up study of Finnish workingâ€aged adults. Journal of Sleep Research, 2018, 27, e12623.	3 . 2	22
7	Napping and the risk of type 2 diabetes: a population-based prospective study. Sleep Medicine, 2016, 17, 144-148.	1.6	28
8	Visual Food Diary for Social Support, Dietary Changes and Weight Loss. Iproceedings, 2016, 2, e38.	0.1	1