List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Prebiotic effects: metabolic and health benefits. British Journal of Nutrition, 2010, 104, S1-S63.	2.3	1,745
2	Fermentable Carbohydrate Restriction Reduces Luminal Bifidobacteria and Gastrointestinal Symptoms in Patients with Irritable Bowel Syndrome. Journal of Nutrition, 2012, 142, 1510-1518.	2.9	430
3	Dietary fiber intervention on gut microbiota composition in healthy adults: a systematic review and meta-analysis. American Journal of Clinical Nutrition, 2018, 107, 965-983.	4.7	408
4	Clinical, microbiological, and immunological effects of fructo-oligosaccharide in patients with Crohn's disease. Gut, 2006, 55, 348-355.	12.1	379
5	Dietary fibre in gastrointestinal health and disease. Nature Reviews Gastroenterology and Hepatology, 2021, 18, 101-116.	17.8	367
6	Comparison of symptom response following advice for a diet low in fermentable carbohydrates (FODMAPs) versus standard dietary advice in patients with irritable bowel syndrome. Journal of Human Nutrition and Dietetics, 2011, 24, 487-495.	2.5	350
7	Fermented Foods: Definitions and Characteristics, Impact on the Gut Microbiota and Effects on Gastrointestinal Health and Disease. Nutrients, 2019, 11, 1806.	4.1	350
8	A Diet Low in FODMAPs Reduces Symptoms in Patients With Irritable Bowel Syndrome and A Probiotic Restores Bifidobacterium Species: A Randomized Controlled Trial. Gastroenterology, 2017, 153, 936-947.	1.3	315
9	Randomised, double-blind, placebo-controlled trial of fructo-oligosaccharides in active Crohn's disease. Gut, 2011, 60, 923-929.	12.1	288
10	Systematic review: faecal microbiota transplantation in the management of inflammatory bowel disease. Alimentary Pharmacology and Therapeutics, 2012, 36, 503-516.	3.7	272
11	Validity and reliability of the Bristol Stool Form Scale in healthy adults and patients with diarrhoeaâ€predominant irritable bowel syndrome. Alimentary Pharmacology and Therapeutics, 2016, 44, 693-703.	3.7	271
12	Mechanisms of Action of Probiotics and the Gastrointestinal Microbiota on Gut Motility and Constipation. Advances in Nutrition, 2017, 8, 484-494.	6.4	269
13	The low FODMAP diet: recent advances in understanding its mechanisms and efficacy in IBS. Gut, 2017, 66, 1517-1527.	12.1	259
14	The effect of probiotics on functional constipation in adults: a systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2014, 100, 1075-1084.	4.7	245
15	Prebiotic inulinâ€type fructans and galactoâ€oligosaccharides: definition, specificity, function, and application in gastrointestinal disorders. Journal of Gastroenterology and Hepatology (Australia), 2017, 32, 64-68.	2.8	209
16	Effects of Low FODMAP Diet on Symptoms, Fecal Microbiome, and Markers of Inflammation in Patients With Quiescent Inflammatory Bowel Disease in a Randomized Trial. Gastroenterology, 2020, 158, 176-188.e7.	1.3	209
17	The low <scp>FODMAP</scp> diet in the management of irritable bowel syndrome: an evidenceâ€based review of <scp>FODMAP</scp> restriction, reintroduction and personalisation in clinical practice. Journal of Human Nutrition and Dietetics, 2018, 31, 239-255.	2.5	199
18	Mechanisms and efficacy of dietary FODMAP restriction in IBS. Nature Reviews Gastroenterology and Hepatology, 2014, 11, 256-266.	17.8	198

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19	Smoking in inflammatory bowel disease: Impact on disease course and insights into the aetiology of its effect. Journal of Crohn's and Colitis, 2014, 8, 717-725.	1.3	189
20	Inadequate fluid intakes in dysphagic acute stroke. Clinical Nutrition, 2001, 20, 423-428.	5.0	183
21	Distinct microbial populations exist in the mucosaâ€associated microbiota of subâ€groups of irritable bowel syndrome. Neurogastroenterology and Motility, 2012, 24, 31-39.	3.0	180
22	Smokers with active Crohn's disease have a clinically relevant dysbiosis of the gastrointestinal microbiota*. Inflammatory Bowel Diseases, 2012, 18, 1092-1100.	1.9	174
23	Evidence for the use of probiotics and prebiotics in inflammatory bowel disease: a review of clinical trials. Proceedings of the Nutrition Society, 2007, 66, 307-315.	1.0	172
24	Association between <i>Faecalibacterium prausnitzii</i> and dietary fibre in colonic fermentation in healthy human subjects. British Journal of Nutrition, 2010, 104, 693-700.	2.3	172
25	Review article: small intestinal bacterial overgrowth - prevalence, clinical features, current and developing diagnostic tests, and treatment. Alimentary Pharmacology and Therapeutics, 2013, 38, 674-688.	3.7	171
26	Limited availability and higher cost of glutenâ€free foods. Journal of Human Nutrition and Dietetics, 2011, 24, 479-486.	2.5	169
27	Probiotics in the management of irritable bowel syndrome and inflammatory bowel disease. Current Opinion in Gastroenterology, 2013, 29, 184-189.	2.3	164
28	Habitual dietary fibre intake influences gut microbiota response to an inulin-type fructan prebiotic: a randomised, double-blind, placebo-controlled, cross-over, human intervention study. British Journal of Nutrition, 2018, 119, 176-189.	2.3	163
29	Gastrointestinal Microbiota in Irritable Bowel Syndrome: Their Role in Its Pathogenesis and Treatment. American Journal of Gastroenterology, 2008, 103, 1557-1567.	0.4	160
30	Safety of probiotics in patients receiving nutritional support: a systematic review of case reports, randomized controlled trials, and nonrandomized trials. American Journal of Clinical Nutrition, 2010, 91, 687-703.	4.7	141
31	Fermentable Carbohydrate Restriction (Low FODMAP Diet) in Clinical Practice Improves Functional Gastrointestinal Symptoms in Patients with Inflammatory Bowel Disease. Inflammatory Bowel Diseases, 2016, 22, 1129-1136.	1.9	137
32	Longâ€ŧerm impact of the lowâ€ <scp>FODMAP</scp> diet on gastrointestinal symptoms, dietary intake, patient acceptability, and healthcare utilization in irritable bowel syndrome. Neurogastroenterology and Motility, 2018, 30, e13154.	3.0	132
33	Occurrence of refeeding syndrome in adults started on artificial nutrition support: prospective cohort study. BMJ Open, 2013, 3, e002173.	1.9	128
34	Fiber in the Treatment and Maintenance of Inflammatory Bowel Disease. Inflammatory Bowel Diseases, 2014, 20, 576-586.	1.9	128
35	Altered intestinal microbiota and blood T cell phenotype are shared by patients with Crohn's disease and their unaffected siblings. Gut, 2014, 63, 1578-1586.	12.1	127
36	Obesity and the gastrointestinal microbiota: a review of associations and mechanisms. Nutrition Reviews, 2015, 73, 376-385.	5.8	119

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37	Probiotics and prebiotics in the management of irritable bowel syndrome. Current Opinion in Clinical Nutrition and Metabolic Care, 2011, 14, 581-587.	2.5	102
38	Systematic review with metaâ€analysis: effect of fibre supplementation on chronic idiopathic constipation in adults. Alimentary Pharmacology and Therapeutics, 2016, 44, 103-116.	3.7	102
39	The mechanisms and efficacy of probiotics in the prevention of Clostridium difficile-associated diarrhoea. Lancet Infectious Diseases, The, 2009, 9, 237-244.	9.1	101
40	Fermentable Carbohydrates [FODMAPs] Exacerbate Functional Gastrointestinal Symptoms in Patients With Inflammatory Bowel Disease: A Randomised, Double-blind, Placebo-controlled, Cross-over, Re-challenge Trial. Journal of Crohn's and Colitis, 2017, 11, 1420-1429.	1.3	100
41	β-Hydroxy-β-methylbutyrate and its impact on skeletal muscle mass and physical function in clinical practice: a systematic review and meta-analysis. American Journal of Clinical Nutrition, 2019, 109, 1119-1132.	4.7	96
42	Hospital inpatients' experiences of access to food: a qualitative interview and observational study. Health Expectations, 2008, 11, 294-303.	2.6	91
43	Relationship between human intestinal dendritic cells, gut microbiota, and disease activity in Crohn's disease. Inflammatory Bowel Diseases, 2011, 17, 2027-2037.	1.9	91
44	Volatile Organic Compounds in Feces Associate With Response to Dietary Intervention in Patients With Irritable Bowel Syndrome. Clinical Gastroenterology and Hepatology, 2018, 16, 385-391.e1.	4.4	90
45	Fructooligosaccharides and Fiber Partially Prevent the Alterations in Fecal Microbiota and Short-Chain Fatty Acid Concentrations Caused by Standard Enteral Formula in Healthy Humans. Journal of Nutrition, 2005, 135, 1896-1902.	2.9	89
46	Altered gastrointestinal microbiota in irritable bowel syndrome and its modification by diet: probiotics, prebiotics and the low FODMAP diet. Proceedings of the Nutrition Society, 2016, 75, 306-318.	1.0	89
47	Research Gaps in Diet and Nutrition in Inflammatory Bowel Disease. A Topical Review by D-ECCO Working Group [Dietitians of ECCO]. Journal of Crohn's and Colitis, 2017, 11, 1407-1419.	1.3	84
48	Prebiotics in irritable bowel syndrome and other functional bowel disorders in adults: a systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2019, 109, 1098-1111.	4.7	84
49	The challenges of control groups, placebos and blinding in clinical trials of dietary interventions. Proceedings of the Nutrition Society, 2017, 76, 203-212.	1.0	83
50	Behavioral and Diet Therapies in Integrated Care for Patients With Irritable Bowel Syndrome. Gastroenterology, 2021, 160, 47-62.	1.3	81
51	Mechanisms, prevention, and management of diarrhea in enteral nutrition. Current Opinion in Gastroenterology, 2011, 27, 152-159.	2.3	80
52	Impact of protected mealtimes on ward mealtime environment, patient experience and nutrient intake in hospitalised patients. Journal of Human Nutrition and Dietetics, 2011, 24, 370-374.	2.5	74
53	Clinical effectiveness and economic costs of group versus oneâ€toâ€one education for shortâ€chain fermentable carbohydrate restriction (low <scp>FODMAP</scp> diet) in the management of irritable bowel syndrome. Journal of Human Nutrition and Dietetics, 2015, 28, 687-696.	2.5	73
54	Nutrient Intake, Diet Quality, and Diet Diversity in Irritable Bowel Syndrome and the Impact of the Low FODMAP Diet. Journal of the Academy of Nutrition and Dietetics, 2020, 120, 535-547.	0.8	73

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55	Food additive emulsifiers: a review of their role in foods, legislation and classifications, presence in food supply, dietary exposure, and safety assessment. Nutrition Reviews, 2021, 79, 726-741.	5.8	71
56	Enteral-tube-feeding diarrhoea: manipulating the colonic microbiota with probiotics and prebiotics. Proceedings of the Nutrition Society, 2007, 66, 299-306.	1.0	68
57	Fructan content of commonly consumed wheat, rye and gluten-free breads. International Journal of Food Sciences and Nutrition, 2011, 62, 498-503.	2.8	67
58	Comparison of complications attributable to enteral and parenteral nutrition in predicted severe acute pancreatitis: a systematic review and meta-analysis. British Journal of Nutrition, 2010, 103, 1287-1295.	2.3	66
59	A review of the evidence for the impact of improving nutritional care on nutritional and clinical outcomes and cost. Journal of Human Nutrition and Dietetics, 2009, 22, 324-335.	2.5	65
60	Nutritional problems in inflammatory bowel disease: The patient perspective. Journal of Crohn's and Colitis, 2011, 5, 443-450.	1.3	64
61	Food Additive Emulsifiers and Their Impact on Gut Microbiome, Permeability, and Inflammation: Mechanistic Insights in Inflammatory Bowel Disease. Journal of Crohn's and Colitis, 2021, 15, 1068-1079.	1.3	63
62	Fecal microbiota in patients receiving enteral feeding are highly variable and may be altered in those who develop diarrhea. American Journal of Clinical Nutrition, 2009, 89, 240-247.	4.7	59
63	Assessment of fecal output in patients receiving enteral tube feeding: validation of a novel chart. European Journal of Clinical Nutrition, 2004, 58, 1030-1037.	2.9	58
64	Perceptions and psychosocial impact of food, nutrition, eating and drinking in people with inflammatory bowel disease: a qualitative investigation of foodâ€related quality of life. Journal of Human Nutrition and Dietetics, 2020, 33, 115-127.	2.5	58
65	Systematic review: the efficacy of nutritional interventions to counteract acute gastrointestinal toxicity during therapeutic pelvic radiotherapy. Alimentary Pharmacology and Therapeutics, 2013, 37, 1046-1056.	3.7	56
66	Siblings of patients with Crohn's disease exhibit a biologically relevant dysbiosis in mucosal microbial metacommunities. Gut, 2016, 65, 944-953.	12.1	56
67	Probiotic and prebiotic use in patients with inflammatory bowel disease. Inflammatory Bowel Diseases, 2010, 16, 2099-2108.	1.9	53
68	Enteral feeding: the effect on faecal output, the faecal microflora and SCFA concentrations. Proceedings of the Nutrition Society, 2004, 63, 105-113.	1.0	52
69	Systematic review: the effect of prunes on gastrointestinal function. Alimentary Pharmacology and Therapeutics, 2014, 40, 750-758.	3.7	52
70	Experiences of food access in hospital. A new questionnaire measure. Clinical Nutrition, 2009, 28, 625-630.	5.0	51
71	Etiology of perianal Crohn's disease: Role of genetic, microbiological, and immunological factors. Inflammatory Bowel Diseases, 2009, 15, 1591-1598.	1.9	51
72	Treating irritable bowel syndrome with probiotics: the evidence. Proceedings of the Nutrition Society, 2010, 69, 187-194.	1.0	51

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73	β-Galactooligosaccharide in Conjunction With Low FODMAP Diet Improves Irritable Bowel Syndrome Symptoms but Reduces Fecal Bifidobacteria. American Journal of Gastroenterology, 2020, 115, 906-915.	0.4	50
74	Appetite during consumption of enteral formula as a sole source of nutrition: the effect of supplementing pea-fibre and fructo-oligosaccharides. British Journal of Nutrition, 2006, 96, 350-356.	2.3	48
75	Randomized controlled trial of dietary fiber for the prevention of radiation-induced gastrointestinal toxicity during pelvic radiotherapy. American Journal of Clinical Nutrition, 2017, 106, 849-857.	4.7	48
76	What role do bacteria play in persisting fistula formation in idiopathic and Crohn's anal fistula?. Colorectal Disease, 2015, 17, 235-241.	1.4	47
77	Additional oligofructose/inulin does not increase faecal bifidobacteria in critically ill patients receiving enteral nutrition: A randomised controlled trial. Clinical Nutrition, 2014, 33, 966-972.	5.0	45
78	Randomised clinical trial: <i>Bifidobacterium lactis</i> NCC2818 probiotic vs placebo, and impact on gut transit time, symptoms, and gut microbiology in chronic constipation. Alimentary Pharmacology and Therapeutics, 2019, 49, 251-264.	3.7	45
79	Nuts and their Effect on Gut Microbiota, Gut Function and Symptoms in Adults: A Systematic Review and Meta-Analysis of Randomised Controlled Trials. Nutrients, 2020, 12, 2347.	4.1	44
80	Gut microbiota associations with diet in irritable bowel syndrome and the effect of low FODMAP diet and probiotics. Clinical Nutrition, 2021, 40, 1861-1870.	5.0	44
81	The effect of communicating the genetic risk of cardiometabolic disorders on motivation and actual engagement in preventative lifestyle modification and clinical outcome: a systematic review and meta-analysis of randomised controlled trials. British Journal of Nutrition, 2016, 116, 924-934.	2.3	43
82	Validation of a food frequency questionnaire to measure intakes of inulin and oligofructose. European Journal of Clinical Nutrition, 2011, 65, 402-408.	2.9	41
83	Family studies in Crohn's disease: new horizons in understanding disease pathogenesis, risk and prevention: Figure 1. Gut, 2012, 61, 311-318.	12.1	41
84	Proinflammatory Vδ2+ T Cells Populate the Human Intestinal Mucosa and Enhance IFN-γ Production by Colonic αβ T Cells. Journal of Immunology, 2013, 191, 2752-2763.	0.8	41
85	Hemorrhage-Adjusted Iron Requirements, Hematinics and Hepcidin Define Hereditary Hemorrhagic Telangiectasia as a Model of Hemorrhagic Iron Deficiency. PLoS ONE, 2013, 8, e76516.	2.5	41
86	Probiotics and constipation: mechanisms of action, evidence for effectiveness and utilisation by patients and healthcare professionals. Proceedings of the Nutrition Society, 2020, 79, 147-157.	1.0	41
87	Food-related Quality of Life in Inflammatory Bowel Disease: Development and Validation of a Questionnaire. Journal of Crohn's and Colitis, 2016, 10, 194-201.	1.3	40
88	Azathioprine therapy selectively ablates human VÎ′2+ T cells in Crohn's disease. Journal of Clinical Investigation, 2015, 125, 3215-3225.	8.2	40
89	Dried fruit and public health – what does the evidence tell us?. International Journal of Food Sciences and Nutrition, 2019, 70, 675-687.	2.8	39
90	Mechanisms and effectiveness of prebiotics in modifying the gastrointestinal microbiota for the management of digestive disorders. Proceedings of the Nutrition Society, 2013, 72, 288-298.	1.0	38

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91	Covert Assessment of Concurrent and Construct Validity of a Chart to Characterize Fecal Output and Diarrhea in Patients Receiving Enteral Nutrition. Journal of Parenteral and Enteral Nutrition, 2008, 32, 160-168.	2.6	34
92	Emulsifiers Impact Colonic Length in Mice and Emulsifier Restriction is Feasible in People with Crohn's Disease. Nutrients, 2020, 12, 2827.	4.1	34
93	Exclusive elemental diet impacts on the gastrointestinal microbiota and improves symptoms in patients with chronic pouchitis. Journal of Crohn's and Colitis, 2013, 7, 460-466.	1.3	33
94	Dietary intake of inulin-type fructans in active and inactive Crohn's disease and healthy controls: a case–control study. Journal of Crohn's and Colitis, 2015, 9, 1024-1031.	1.3	33
95	The gut microbiota of siblings offers insights into microbial pathogenesis of inflammatory bowel disease. Gut Microbes, 2017, 8, 359-365.	9.8	33
96	Adequacy of nutrition support during extracorporeal membrane oxygenation. Clinical Nutrition, 2019, 38, 324-331.	5.0	32
97	Genetics and diet–gene interactions: involvement, confidence and knowledge of dietitians. British Journal of Nutrition, 2008, 99, 23-28.	2.3	31
98	Faecal microbiota and short-chain fatty acids in patients receiving enteral nutrition with standard or fructo-oligosaccharides and fibre-enriched formulas. Journal of Human Nutrition and Dietetics, 2011, 24, 260-268.	2.5	31
99	Fruits and their impact on the gut microbiota, gut motility and constipation. Food and Function, 2021, 12, 8850-8866.	4.6	31
100	Longâ€ŧerm personalized low FODMAP diet improves symptoms and maintains luminal Bifidobacteria abundance in irritable bowel syndrome. Neurogastroenterology and Motility, 2022, 34, e14241.	3.0	31
101	The role of probiotics and prebiotics in the management of diarrhoea associated with enteral tube feeding. Journal of Human Nutrition and Dietetics, 2001, 14, 423-433.	2.5	30
102	Nutritional status, the development and persistence of malnutrition and dietary intake in oesophagoâ€gastric cancer: a longitudinal cohort study. Journal of Human Nutrition and Dietetics, 2018, 31, 785-792.	2.5	30
103	The application of genetics and nutritional genomics in practice: an international survey of knowledge, involvement and confidence among dietitians in the US, Australia and the UK. Genes and Nutrition, 2013, 8, 523-533.	2.5	29
104	Defining and reporting diarrhoea during enteral tube feeding: do health professionals agree?. Journal of Human Nutrition and Dietetics, 2003, 16, 21-26.	2.5	28
105	The effect of prunes on stool output, gut transit time and gastrointestinal microbiota: A randomised controlled trial. Clinical Nutrition, 2019, 38, 165-173.	5.0	27
106	A high prevalence of chronic gastrointestinal symptoms in adults with cystic fibrosis is detected using tools already validated in other GI disorders. United European Gastroenterology Journal, 2019, 7, 881-888.	3.8	27
107	Food-related quality of life is impaired in inflammatory bowel disease and associated with reduced intake of key nutrients. American Journal of Clinical Nutrition, 2021, 113, 832-844.	4.7	26
108	Taste preferences for oral nutrition supplements in patients before and after pelvic radiotherapy: A double-blind controlled study. Clinical Nutrition, 2006, 25, 906-912.	5.0	25

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109	Definitions, Attitudes, and Management Practices in Relation to Diarrhea During Enteral Nutrition. Nutrition in Clinical Practice, 2012, 27, 252-260.	2.4	25
110	Programmatic Assessment of Competence in Dietetics: A New Frontier. Journal of the Academy of Nutrition and Dietetics, 2017, 117, 175-179.	0.8	25
111	Chronic constipation in adults: Contemporary perspectives and clinical challenges. 1: Epidemiology, diagnosis, clinical associations, pathophysiology and investigation. Neurogastroenterology and Motility, 2021, 33, e14050.	3.0	25
112	Editorial: The Importance of Systematic Reviews and Meta-Analyses of Probiotics and Prebiotics. American Journal of Gastroenterology, 2014, 109, 1563-1565.	0.4	24
113	Food supplements and diet as treatment options in irritable bowel syndrome. Neurogastroenterology and Motility, 2020, 32, e13951.	3.0	24
114	Knowledge, compliance and serum phenylalanine concentrations in adolescents and adults with phenylketonuria and the effect of a patientâ€focused educational resource. Journal of Human Nutrition and Dietetics, 2008, 21, 474-485.	2.5	23
115	Current practice in relation to nutritional assessment and dietary management of enteral nutrition in adults with <scp>C</scp> rohn's disease. Journal of Human Nutrition and Dietetics, 2014, 27, 28-35.	2.5	23
116	Resting metabolic rate and anthropometry in older people: a comparison of measured and calculated values. Journal of Human Nutrition and Dietetics, 2015, 28, 72-84.	2.5	23
117	Perceptions of Constipation Among the General Public and People With Constipation Differ Strikingly From Those of General and Specialist Doctors and the Rome IV Criteria. American Journal of Gastroenterology, 2019, 114, 1116-1129.	0.4	23
118	Nutrient, Fibre, and FODMAP Intakes and Food-related Quality of Life in Patients with Inflammatory Bowel Disease, and Their Relationship with Gastrointestinal Symptoms of Differing Aetiologies. Journal of Crohn's and Colitis, 2021, 15, 2041-2053.	1.3	23
119	Clinical Application of Dietary Therapies in Irritable Bowel Syndrome. Journal of Gastrointestinal and Liver Diseases, 2019, 27, 307-316.	0.9	23
120	Factors associated with knowledge of genetics and nutritional genomics among dietitians. Journal of Human Nutrition and Dietetics, 2008, 21, 547-554.	2.5	22
121	Dietary management of hepatic encephalopathy. BMJ: British Medical Journal, 1999, 318, 1364-1365.	2.3	21
122	Variable access to quality nutrition information regarding inflammatory bowel disease: a survey of patients and health professionals and objective examination of written information. Health Expectations, 2015, 18, 2501-2512.	2.6	21
123	Communication skills teaching for student dietitians using experiential learning and simulated patients. Journal of Human Nutrition and Dietetics, 2020, 33, 601-613.	2.5	21
124	Psyllium reduces inulin-induced colonic gas production in IBS: MRI and <i>in vitro</i> fermentation studies. Gut, 2022, 71, 919-927.	12.1	21
125	Student Research Projects: The Experiences of Student Dietitians, University Faculty Members, and Collaborators. Journal of the American Dietetic Association, 2007, 107, 1567-1574.	1.1	19
126	Factors that Influence Research Involvement among Registered Dietitians Working as University Faculty: A Qualitative Interview Study. Journal of the Academy of Nutrition and Dietetics, 2012, 112, 1021-1028.	0.8	19

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127	Interprofessional education in undergraduate healthcare programmes: the reaction of student dietitians. Journal of Human Nutrition and Dietetics, 2005, 18, 461-466.	2.5	18
128	Formula delivery in patients receiving enteral tube feeding on general hospital wards: the impact of nasogastric extubation and diarrhea. Nutrition, 2006, 22, 1025-1031.	2.4	18
129	Irritable bowel syndrome and diet. Current Opinion in Clinical Nutrition and Metabolic Care, 2017, 20, 456-463.	2.5	18
130	Fermentable oligosaccharide, disaccharide, monosaccharide and polyol content of foods commonly consumed by ethnic minority groups in the United Kingdom. International Journal of Food Sciences and Nutrition, 2016, 67, 383-390.	2.8	17
131	Chronic constipation in adults: Contemporary perspectives and clinical challenges. 2: Conservative, behavioural, medical and surgical treatment. Neurogastroenterology and Motility, 2021, 33, e14070.	3.0	17
132	Nutritional implications of dietary interventions for managing gastrointestinal disorders. Current Opinion in Gastroenterology, 2018, 34, 105-111.	2.3	16
133	Challenges of the low FODMAP diet for managing irritable bowel syndrome and approaches to their minimisation and mitigation. Proceedings of the Nutrition Society, 2021, 80, 19-28.	1.0	16
134	Prebiotic Galactooligosaccharide Supplementation in Adults with Ulcerative Colitis: Exploring the Impact on Peripheral Blood Gene Expression, Gut Microbiota, and Clinical Symptoms. Nutrients, 2021, 13, 3598.	4.1	16
135	The Effect of Fiber Supplementation on Chronic Constipation in Adults: An Updated Systematic Review and Meta-Analysis of Randomized Controlled Trials. American Journal of Clinical Nutrition, 2022, 116, 953-969.	4.7	16
136	Development and Validation of a Questionnaire to Measure Research Involvement among Registered Dietitians. Journal of the Academy of Nutrition and Dietetics, 2013, 113, 563-568.	0.8	15
137	Peerâ€assisted learning and smallâ€group teaching to improve practice placement quality and capacity in dietetics. Nutrition and Dietetics, 2017, 74, 349-356.	1.8	15
138	Probiotic use is common in constipation, but only a minority of general and specialist doctors recommend them and consider there to be an evidence base. Nutrition, 2019, 61, 157-163.	2.4	15
139	Low FODMAP diet in children and adolescents with functional bowel disorder: A clinical case note review. JGH Open, 2020, 4, 153-159.	1.6	15
140	Nopal fiber ( <i>Opuntia ficus</i> â€ <i>indica</i> ) improves symptoms in irritable bowel syndrome in the short term: a randomized controlled trial. Neurogastroenterology and Motility, 2021, 33, e13986.	3.0	14
141	The PROMOTe study: targeting the gut microbiome with prebiotics to overcome age-related anabolic resistance: protocol for a double-blinded, randomised, placebo-controlled trial. BMC Geriatrics, 2021, 21, 407.	2.7	14
142	Estimating resting energy expenditure in patients requiring nutritional support: a survey of dietetic practice. European Journal of Clinical Nutrition, 2008, 62, 150-153.	2.9	12
143	Multiple morbidity is associated with increased problems of food access in hospital: a crossâ€sectional survey utilising the Cumulative Illness Rating Scale. Journal of Human Nutrition and Dietetics, 2010, 23, 575-582.	2.5	12
144	Influence of habitual dietary fibre intake on the responsiveness of the gut microbiota to a prebiotic: protocol for a randomised, double-blind, placebo-controlled, cross-over, single-centre study. BMJ Open, 2016, 6, e012504.	1.9	12

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145	Contrasting effects of viscous and particulate fibers on colonic fermentation in vitro and in vivo, and their impact on intestinal water studied by MRI in a randomized trial. American Journal of Clinical Nutrition, 2020, 112, 595-602.	4.7	12
146	Prebiotic fructans have greater impact on luminal microbiology and CD3+ T cells in healthy siblings than patients with Crohn's disease: A pilot study investigating the potential for primary prevention of inflammatory bowel disease. Clinical Nutrition, 2021, 40, 5009-5019.	5.0	12
147	Student dietitians? attitudes towards research and audit: a comparison with registered dietitians. Journal of Human Nutrition and Dietetics, 2007, 20, 121-125.	2.5	11
148	PTU-183ÂAdvice from a dietitian regarding the low fodmap diet broadly maintains nutrient intake and does not alter fibre intake. Gut, 2015, 64, A143.2-A144.	12.1	11
149	Optimal Design of Clinical Trials of Dietary Interventions in Disorders of Gut-Brain Interaction. American Journal of Gastroenterology, 2022, 117, 973-984.	0.4	11
150	Relationship Between Skeletal Muscle Area and Density and Clinical Outcome in Adults Receiving Venovenous Extracorporeal Membrane Oxygenation. Critical Care Medicine, 2021, 49, e350-e359.	0.9	10
151	Knowledge and skills to encourage comprehensive research involvement among dietitians. Journal of Human Nutrition and Dietetics, 2007, 20, 291-293.	2.5	9
152	A preliminary qualitative exploration of dietitians' engagement with genetics and nutritional genomics: perspectives from international leaders. Journal of Allied Health, 2014, 43, 221-8.	0.2	9
153	1133 The Low FODMAP Diet Reduces Symptoms in Irritable Bowel Syndrome Compared With Placebo Diet and the Microbiota Alterations May Be Prevented by Probiotic Co-Administration: A 2x2 Factorial Randomized Controlled Trial. Gastroenterology, 2016, 150, S230.	1.3	8
154	Short-Term Daily Intake of Polydextrose Fiber Does Not Shorten Intestinal Transit Time in Constipated Adults: A Randomized Controlled Trial. Nutrients, 2018, 10, 920.	4.1	8
155	Food-Related Quality of Life in Children and Adolescents With Crohn's Disease. Inflammatory Bowel Diseases, 2022, 28, 1838-1843.	1.9	8
156	Nutrient, fibre, sorbitol and chlorogenic acid content of prunes (Prunus domestica): an updated analysis and comparison of different countries of origin and database values. International Journal of Food Sciences and Nutrition, 2019, 70, 924-931.	2.8	7
157	Synthesising nutrition science into dietary guidelines for populations amidst the challenge of fake news: Summary of an Academy of Nutrition Sciences position paper. Journal of Human Nutrition and Dietetics, 2021, 34, 467-471.	2.5	7
158	Dietary supplement use and nosebleeds in hereditary haemorrhagic telangiectasia ‒ an observational study. Intractable and Rare Diseases Research, 2016, 5, 109-113.	0.9	7
159	Commentary on: prebiotic effects: metabolic and health benefits. British Journal of Nutrition, 2022, 127, 554-555.	2.3	7
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