

# Tomohide Kubo

## List of Publications by Year in descending order

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Version: 2024-02-01

35  
papers

658  
citations

567281

15  
h-index

580821

25  
g-index

37  
all docs

37  
docs citations

37  
times ranked

622  
citing authors

#	ARTICLE	IF	CITATIONS
1	Impact of sleep timing on attention, sleepiness, and sleep quality among real-life night shift workers with shift work disorder: a cross-over clinical trial. <i>Sleep</i> , 2022, 45, .	1.1	2
2	Conversation time and mental health during the COVID-19 pandemic: A web-based cross-sectional survey of Japanese employees. <i>Journal of Occupational Health</i> , 2022, 64, e12334.	2.1	4
3	Daytime Workers with Longer Daily Rest Periods Have Smaller Sleep Debt and Social Jetlag: A Cross-Sectional Web Survey. <i>Behavioral Sleep Medicine</i> , 2021, 19, 99-109.	2.1	4
4	Shorter sleep duration is associated with potential risks for overwork-related death among Japanese truck drivers: use of the Karoshi prodromes from worker's compensation cases. <i>International Archives of Occupational and Environmental Health</i> , 2021, 94, 991-1001.	2.3	6
5	Relationship between sleep problems and dangerous driving behaviors in Japanese short-haul commercial truck drivers: a cross-sectional survey using digital tachograph data. <i>Sleep and Biological Rhythms</i> , 2021, 19, 297-303.	1.0	2
6	Prospective changes in sleep problems in response to the daily rest period among Japanese daytime workers: A longitudinal web survey. <i>Journal of Sleep Research</i> , 2021, , e13449.	3.2	3
7	Work e-mail after hours and off-job duration and their association with psychological detachment, actigraphic sleep, and saliva cortisol: A 1-month observational study for information technology employees. <i>Journal of Occupational Health</i> , 2021, 63, e12300.	2.1	2
8	Characteristics of working hours and the risk of occupational injuries among hospital employees: a case-crossover study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2020, 46, 570-578.	3.4	23
9	Working Time Society consensus statements: Regulatory approaches to reduce risks associated with shift work—a global comparison. <i>Industrial Health</i> , 2019, 57, 245-263.	1.0	15
10	Cross-sectional Internet-based survey of Japanese permanent daytime workers' sleep and daily rest periods. <i>Journal of Occupational Health</i> , 2018, 60, 229-235.	2.1	16
11	Day-to-day variations in daily rest periods between working days and recovery from fatigue among information technology workers: One-month observational study using a fatigue app. <i>Journal of Occupational Health</i> , 2018, 60, 394-403.	2.1	13
12	Improving health risks by replacing sitting with standing in the workplace. <i>The Journal of Physical Fitness and Sports Medicine</i> , 2018, 7, 121-130.	0.3	4
13	Impact of Daily Rest Period on Resting Blood Pressure and Fatigue. <i>Journal of Occupational and Environmental Medicine</i> , 2017, 59, 397-401.	1.7	67
14	Exploring career anchors among occupational health nurses in Japan: a qualitative study. <i>Japan Journal of Nursing Science</i> , 2017, 14, 61-75.	1.3	8
15	Cross-sectional associations between daily rest periods during weekdays and psychological distress, non-restorative sleep, fatigue, and work performance among information technology workers. <i>Industrial Health</i> , 2017, 55, 173-179.	1.0	17
16	Development of the Career Anchors Scale among Occupational Health Nurses in Japan. <i>Journal of Occupational Health</i> , 2016, 58, 519-533.	2.1	2
17	Fatigue and Sleep Among Employees With Prospective Increase in Work Time Control. <i>Journal of Occupational and Environmental Medicine</i> , 2016, 58, 1066-1072.	1.7	8
18	Self-awakening improves alertness in the morning and during the day after partial sleep deprivation. <i>Journal of Sleep Research</i> , 2014, 23, 673-680.	3.2	3

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19	Effects of cumulative sleep restriction on self-perceptions while multitasking. <i>Journal of Sleep Research</i> , 2013, 22, 273-281.	3.2	15
20	Effects on employees of controlling working hours and working schedules. <i>Occupational Medicine</i> , 2013, 63, 148-151.	1.4	20
21	Sleep, Fatigue, Recovery, and Depression After Change in Work Time Control. <i>Journal of Occupational and Environmental Medicine</i> , 2012, 54, 1078-1085.	1.7	33
22	Worktime control-dependent reductions in fatigue, sleep problems, and depression. <i>Applied Ergonomics</i> , 2011, 42, 244-250.	3.1	54
23	Weekend sleep intervention for workers with habitually short sleep periods. <i>Scandinavian Journal of Work, Environment and Health</i> , 2011, 37, 418-426.	3.4	50
24	Interactive Model of Subsidiary Behaviors, Work Performance and Autonomic Nerve Activity during Visual Display Terminal Work. <i>Journal of Occupational Health</i> , 2010, 52, 39-47.	2.1	12
25	Brief Hourly Exercise during Night Work can Help Maintain Workers' Performance. <i>Industrial Health</i> , 2010, 48, 470-477.	1.0	3
26	HOW DO THE TIMING AND LENGTH OF A NIGHT-SHIFT NAP AFFECT SLEEP INERTIA?. <i>Chronobiology International</i> , 2010, 27, 1031-1044.	2.0	31
27	Characterizing Recovery of Sleep after Four Successive Night Shifts. <i>Industrial Health</i> , 2009, 47, 527-532.	1.0	7
28	Effects of Adjustable Sit-stand VDT Workstations on Workers' Musculoskeletal Discomfort, Alertness and Performance. <i>Industrial Health</i> , 2008, 46, 497-505.	1.0	74
29	Reliability and validity of the patient safety climate scale. <i>Ningen Kogaku = the Japanese Journal of Ergonomics</i> , 2008, 44, 70-71.	0.1	0
30	Title is missing!. <i>Ningen Kogaku = the Japanese Journal of Ergonomics</i> , 2008, 44, 100-101.	0.1	0
31	Impact of Nap Length, Nap Timing and Sleep Quality on Sustaining Early Morning Performance. <i>Industrial Health</i> , 2007, 45, 552-563.	1.0	34
32	Factor structure of patient safety climate: Development of patient safety climate scale. <i>Ningen Kogaku = the Japanese Journal of Ergonomics</i> , 2007, 43, 382-383.	0.1	0
33	A field study on relation between work condition and physical workload during refuse collecting. <i>Ningen Kogaku = the Japanese Journal of Ergonomics</i> , 2007, 43, 360-361.	0.1	1
34	The Nighttime Nap Strategies for Improving Night Shift Work in Workplace. <i>Industrial Health</i> , 2005, 43, 24-29.	1.0	63
35	Effects of the length and timing of nighttime naps on task performance and physiological function. <i>Revista De Saude Publica</i> , 2004, 38, 32-37.	1.7	30