

# Katy Tapper

## List of Publications by Year in Descending Order

**Source:** <https://exaly.com/author-pdf/1963171/katy-tapper-publications-by-year.pdf>

**Version:** 2024-04-10

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

56 papers	1,967 citations	26 h-index	44 g-index
64 ext. papers	2,201 ext. citations	5.2 avg, IF	5.14 L-index

#	Paper	IF	Citations
56	Effects of calorie labelling and contextual factors on hypothetical coffee shop menu choices.. <i>Appetite</i> , <b>2022</b> , 172, 105963	4.5	0
55	The effect of priming on food choice: A field and laboratory study. <i>Appetite</i> , <b>2022</b> , 168, 105749	4.5	0
54	Acceptability and Feasibility of a Mindfulness Intervention Delivered via Videoconferencing for People With Parkinson's. <i>Journal of Geriatric Psychiatry and Neurology</i> , <b>2022</b> , 35, 155-167	3.8	5
53	Information overload for (bounded) rational agents. <i>Proceedings of the Royal Society B: Biological Sciences</i> , <b>2021</b> , 288, 20202957	4.4	6
52	The effect of visualisation and mindfulness-based decentering on chocolate craving. <i>Appetite</i> , <b>2021</b> , 164, 105278	4.5	0
51	The Effect of Mindfulness on Cognitive Reflection and Reasoning. <i>Mindfulness</i> , <b>2020</b> , 11, 2150-2160	2.9	0
50	The effects of mindful eating on food consumption over a half-day period. <i>Appetite</i> , <b>2020</b> , 145, 104495	4.5	9
49	The effect of implementation intentions on use of dental chewing gum. <i>Health Psychology Open</i> , <b>2019</b> , 6, 2055102919857176	1.9	0
48	A Mindfulness-Based Decentering Technique Increases the Cognitive Accessibility of Health and Weight Loss Related Goals. <i>Frontiers in Psychology</i> , <b>2018</b> , 9, 587	3.4	4
47	The effect of a mindfulness-based decentering strategy on chocolate craving. <i>Appetite</i> , <b>2018</b> , 130, 157-162	4.5	7
46	Mindfulness and craving: effects and mechanisms. <i>Clinical Psychology Review</i> , <b>2018</b> , 59, 101-117	10.8	43
45	The effect of mindful eating on subsequent intake of a high calorie snack. <i>Appetite</i> , <b>2018</b> , 121, 93-100	4.5	21
44	Can mindfulness influence weight management related eating behaviors? If so, how?. <i>Clinical Psychology Review</i> , <b>2017</b> , 53, 122-134	10.8	46
43	Sensitivity to reward and punishment: Associations with fat and sugar intake among South African students. <i>South African Journal of Psychology</i> , <b>2017</b> , 47, 222-232	0.7	2
42	Children respond to food restriction by increasing food consumption. <i>Behavioral and Brain Sciences</i> , <b>2017</b> , 40, e129	0.9	1
41	A cross-sectional observational study of the nutritional intake of UK primary school children from deprived and non-deprived backgrounds: implications for school breakfast schemes. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2015</b> , 12, 86	8.4	4
40	Sensitivity to reward and punishment: Associations with diet, alcohol consumption, and smoking. <i>Personality and Individual Differences</i> , <b>2015</b> , 72, 79-84	3.3	55

39	A feasibility randomised controlled trial of a motivational interviewing-based intervention for weight loss maintenance in adults. <i>Health Technology Assessment</i> , <b>2015</b> , 19, v-vi, xix-xxv, 1-378	4.4	29
38	Resisting chocolate temptation using a brief mindfulness strategy. <i>British Journal of Health Psychology</i> , <b>2014</b> , 19, 509-22	8.3	45
37	Reasons for eating unhealthy snacks in overweight and obese males and females. <i>Journal of Human Nutrition and Dietetics</i> , <b>2014</b> , 27, 333-41	3.1	67
36	Development and preliminary evaluation of an internet-based healthy eating program: randomized controlled trial. <i>Journal of Medical Internet Research</i> , <b>2014</b> , 16, e231	7.6	18
35	Motivating health behaviour change: provision of cognitive support for health values. <i>Lancet, The</i> , <b>2012</b> , 380, S71	4.0	2
34	Free healthy breakfasts in primary schools: a cluster randomised controlled trial of a policy intervention in Wales, UK. <i>Public Health Nutrition</i> , <b>2011</b> , 14, 219-26	3.3	46
33	Feeding strategies used by primary school meal staff and their impact on children's eating. <i>Journal of Human Nutrition and Dietetics</i> , <b>2010</b> , 23, 78-84	3.1	15
32	Cognitive biases to healthy and unhealthy food words predict change in BMI. <i>Obesity</i> , <b>2010</b> , 18, 2282-7	8	73
31	Increased affective influence: situational complexity or deliberation time?. <i>American Journal of Psychology</i> , <b>2010</b> , 123, 29-38	0.5	4
30	From policy to plate: barriers to implementing healthy eating policies in primary schools in Wales. <i>Health Policy</i> , <b>2010</b> , 94, 239-45	3.2	23
29	Development and validation of a Food Preoccupation Questionnaire. <i>Eating Behaviors</i> , <b>2010</b> , 11, 45-53	3	32
28	The social, physical and temporal characteristics of primary school dining halls and their implications for children's eating behaviours. <i>Health Education</i> , <b>2010</b> , 110, 399-411	1	14
27	Feast your eyes: hunger and trait reward drive predict attentional bias for food cues. <i>Emotion</i> , <b>2010</b> , 10, 949-54	4.1	56
26	Feeding goals sought by mothers of 3-5-year-old children. <i>British Journal of Health Psychology</i> , <b>2010</b> , 15, 185-96	8.3	33
25	Inducing a Stroop Effect. <i>Applied Cognitive Psychology</i> , <b>2010</b> , 24, 1021-1033	2.1	
24	Comparing measures of cognitive bias relating to eating behaviour. <i>Applied Cognitive Psychology</i> , <b>2009</b> , 23, 936-952	2.1	18
23	Increasing parental provision and children's consumption of lunchbox fruit and vegetables in Ireland: the Food Dudes intervention. <i>European Journal of Clinical Nutrition</i> , <b>2009</b> , 63, 613-8	5.2	98
22	Exploratory randomised controlled trial of a mindfulness-based weight loss intervention for women. <i>Appetite</i> , <b>2009</b> , 52, 396-404	4.5	259

21	Cognitive and behavioral correlates of BMI among male and female undergraduate students. <i>Appetite</i> , <b>2009</b> , 52, 797-800	4.5	26
20	Development of a scale to measure 9-11-year-olds' attitudes towards breakfast. <i>European Journal of Clinical Nutrition</i> , <b>2008</b> , 62, 511-8	5.2	16
19	Cognitive, behavioral, and social factors are associated with bias in dietary questionnaire self-reports by schoolchildren aged 9 to 11 years. <i>Journal of the American Dietetic Association</i> , <b>2008</b> , 108, 1865-73		19
18	Estimating everyday portion size using a method of constant stimuli: in a student sample, portion size is predicted by gender, dietary behaviour, and hunger, but not BMI. <i>Appetite</i> , <b>2008</b> , 51, 296-301	4.5	50
17	Restraint, disinhibition and food-related processing bias. <i>Appetite</i> , <b>2008</b> , 51, 335-8	4.5	47
16	The impact of school fruit tuck shops and school food policies on children's fruit consumption: a cluster randomised trial of schools in deprived areas. <i>Journal of Epidemiology and Community Health</i> , <b>2008</b> , 62, 926-31	5.1	53
15	Validation of a self-completion measure of breakfast foods, snacks and fruits and vegetables consumed by 9- to 11-year-old schoolchildren. <i>European Journal of Clinical Nutrition</i> , <b>2007</b> , 61, 420-30	5.2	37
14	Free breakfasts in schools: design and conduct of a cluster randomised controlled trial of the Primary School Free Breakfast Initiative in Wales [ISRCTN18336527]. <i>BMC Public Health</i> , <b>2007</b> , 7, 258	4.1	28
13	Evaluating the free school breakfast initiative in Wales: methodological issues. <i>British Food Journal</i> , <b>2007</b> , 109, 206-215	2.8	12
12	Associations between deprivation, attitudes towards eating breakfast and breakfast eating behaviours in 9-11-year-olds. <i>Public Health Nutrition</i> , <b>2007</b> , 10, 582-9	3.3	50
11	Feeding strategies used by mothers of 3-5-year-old children. <i>Appetite</i> , <b>2007</b> , 49, 704-7	4.5	41
10	Predation versus competition and the importance of manipulable causes. <i>Behavioral and Brain Sciences</i> , <b>2006</b> , 29, 243-244	0.9	
9	A peer-modeling and rewards-based intervention is effective in increasing fruit and vegetable consumption in children. <i>Preventive Medicine</i> , <b>2006</b> , 43, 351; author reply 352	4.3	7
8	Motivating operations in appetite research. <i>Appetite</i> , <b>2005</b> , 45, 95-107	4.5	17
7	Development and testing of a computerised 24-h recall questionnaire measuring fruit and snack consumption among 9-11 year olds. <i>European Journal of Clinical Nutrition</i> , <b>2005</b> , 59, 809-16	5.2	18
6	Victim and peer group responses to different forms of aggression among primary school children. <i>Aggressive Behavior</i> , <b>2005</b> , 31, 238-253	2.8	46
5	Effects of a peer modelling and rewards-based intervention to increase fruit and vegetable consumption in children. <i>European Journal of Clinical Nutrition</i> , <b>2004</b> , 58, 510-22	5.2	186
4	Increasing children's fruit and vegetable consumption: a peer-modelling and rewards-based intervention. <i>European Journal of Clinical Nutrition</i> , <b>2004</b> , 58, 1649-60	5.2	167

3	Sex differences in levels of physical, verbal, and indirect aggression amongst primary school children and their associations with beliefs about aggression. <i>Aggressive Behavior</i> , <b>2004</b> , 30, 123-145	2.8	46
2	Studying aggression in school children: The use of a wireless microphone and micro-video camera. <i>Aggressive Behavior</i> , <b>2002</b> , 28, 356-365	2.8	36
1	Social representations of physical, verbal, and indirect aggression in children: Sex and age differences. <i>Aggressive Behavior</i> , <b>2000</b> , 26, 442-454	2.8	28