

Katy Tapper

List of Publications by Citations

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Version: 2024-04-09

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

56 papers	1,967 citations	26 h-index	44 g-index
64 ext. papers	2,201 ext. citations	5.2 avg, IF	5.14 L-index

#	Paper	IF	Citations
56	Exploratory randomised controlled trial of a mindfulness-based weight loss intervention for women. <i>Appetite</i> , 2009 , 52, 396-404	4.5	259
55	Effects of a peer modelling and rewards-based intervention to increase fruit and vegetable consumption in children. <i>European Journal of Clinical Nutrition</i> , 2004 , 58, 510-22	5.2	186
54	Increasing children's fruit and vegetable consumption: a peer-modelling and rewards-based intervention. <i>European Journal of Clinical Nutrition</i> , 2004 , 58, 1649-60	5.2	167
53	Increasing parental provision and children's consumption of lunchbox fruit and vegetables in Ireland: the Food Dudes intervention. <i>European Journal of Clinical Nutrition</i> , 2009 , 63, 613-8	5.2	98
52	Cognitive biases to healthy and unhealthy food words predict change in BMI. <i>Obesity</i> , 2010 , 18, 2282-7	8	73
51	Reasons for eating unhealthy snacks in overweight and obese males and females. <i>Journal of Human Nutrition and Dietetics</i> , 2014 , 27, 333-41	3.1	67
50	Feast your eyes: hunger and trait reward drive predict attentional bias for food cues. <i>Emotion</i> , 2010 , 10, 949-54	4.1	56
49	Sensitivity to reward and punishment: Associations with diet, alcohol consumption, and smoking. <i>Personality and Individual Differences</i> , 2015 , 72, 79-84	3.3	55
48	The impact of school fruit tuck shops and school food policies on children's fruit consumption: a cluster randomised trial of schools in deprived areas. <i>Journal of Epidemiology and Community Health</i> , 2008 , 62, 926-31	5.1	53
47	Estimating everyday portion size using a method of constant stimuli: In a student sample, portion size is predicted by gender, dietary behaviour, and hunger, but not BMI. <i>Appetite</i> , 2008 , 51, 296-301	4.5	50
46	Associations between deprivation, attitudes towards eating breakfast and breakfast eating behaviours in 9-11-year-olds. <i>Public Health Nutrition</i> , 2007 , 10, 582-9	3.3	50
45	Restraint, disinhibition and food-related processing bias. <i>Appetite</i> , 2008 , 51, 335-8	4.5	47
44	Can mindfulness influence weight management related eating behaviors? If so, how?. <i>Clinical Psychology Review</i> , 2017 , 53, 122-134	10.8	46
43	Free healthy breakfasts in primary schools: a cluster randomised controlled trial of a policy intervention in Wales, UK. <i>Public Health Nutrition</i> , 2011 , 14, 219-26	3.3	46
42	Sex differences in levels of physical, verbal, and indirect aggression amongst primary school children and their associations with beliefs about aggression. <i>Aggressive Behavior</i> , 2004 , 30, 123-145	2.8	46
41	Victim and peer group responses to different forms of aggression among primary school children. <i>Aggressive Behavior</i> , 2005 , 31, 238-253	2.8	46
40	Resisting chocolate temptation using a brief mindfulness strategy. <i>British Journal of Health Psychology</i> , 2014 , 19, 509-22	8.3	45

39	Mindfulness and craving: effects and mechanisms. <i>Clinical Psychology Review</i> , 2018 , 59, 101-117	10.8	43
38	Feeding strategies used by mothers of 3-5-year-old children. <i>Appetite</i> , 2007 , 49, 704-7	4.5	41
37	Validation of a self-completion measure of breakfast foods, snacks and fruits and vegetables consumed by 9- to 11-year-old schoolchildren. <i>European Journal of Clinical Nutrition</i> , 2007 , 61, 420-30	5.2	37
36	Studying aggression in school children: The use of a wireless microphone and micro-video camera. <i>Aggressive Behavior</i> , 2002 , 28, 356-365	2.8	36
35	Feeding goals sought by mothers of 3-5-year-old children. <i>British Journal of Health Psychology</i> , 2010 , 15, 185-96	8.3	33
34	Development and validation of a Food Preoccupation Questionnaire. <i>Eating Behaviors</i> , 2010 , 11, 45-53	3	32
33	A feasibility randomised controlled trial of a motivational interviewing-based intervention for weight loss maintenance in adults. <i>Health Technology Assessment</i> , 2015 , 19, v-vi, xix-xxv, 1-378	4.4	29
32	Free breakfasts in schools: design and conduct of a cluster randomised controlled trial of the Primary School Free Breakfast Initiative in Wales [ISRCTN18336527]. <i>BMC Public Health</i> , 2007 , 7, 258	4.1	28
31	Social representations of physical, verbal, and indirect aggression in children: Sex and age differences. <i>Aggressive Behavior</i> , 2000 , 26, 442-454	2.8	28
30	Cognitive and behavioral correlates of BMI among male and female undergraduate students. <i>Appetite</i> , 2009 , 52, 797-800	4.5	26
29	From policy to plate: barriers to implementing healthy eating policies in primary schools in Wales. <i>Health Policy</i> , 2010 , 94, 239-45	3.2	23
28	The effect of mindful eating on subsequent intake of a high calorie snack. <i>Appetite</i> , 2018 , 121, 93-100	4.5	21
27	Cognitive, behavioral, and social factors are associated with bias in dietary questionnaire self-reports by schoolchildren aged 9 to 11 years. <i>Journal of the American Dietetic Association</i> , 2008 , 108, 1865-73		19
26	Comparing measures of cognitive bias relating to eating behaviour. <i>Applied Cognitive Psychology</i> , 2009 , 23, 936-952	2.1	18
25	Development and testing of a computerised 24-h recall questionnaire measuring fruit and snack consumption among 9-11 year olds. <i>European Journal of Clinical Nutrition</i> , 2005 , 59, 809-16	5.2	18
24	Development and preliminary evaluation of an internet-based healthy eating program: randomized controlled trial. <i>Journal of Medical Internet Research</i> , 2014 , 16, e231	7.6	18
23	Motivating operations in appetite research. <i>Appetite</i> , 2005 , 45, 95-107	4.5	17
22	Development of a scale to measure 9-11-year-olds' attitudes towards breakfast. <i>European Journal of Clinical Nutrition</i> , 2008 , 62, 511-8	5.2	16

21	Feeding strategies used by primary school meal staff and their impact on children's eating. <i>Journal of Human Nutrition and Dietetics</i> , 2010 , 23, 78-84	3.1	15
20	The social, physical and temporal characteristics of primary school dining halls and their implications for children's eating behaviours. <i>Health Education</i> , 2010 , 110, 399-411	1	14
19	Evaluating the free school breakfast initiative in Wales: methodological issues. <i>British Food Journal</i> , 2007 , 109, 206-215	2.8	12
18	The effects of mindful eating on food consumption over a half-day period. <i>Appetite</i> , 2020 , 145, 104495	4.5	9
17	The effect of a mindfulness-based decentering strategy on chocolate craving. <i>Appetite</i> , 2018 , 130, 157-162	4.5	7
16	A peer-modeling and rewards-based intervention is effective in increasing fruit and vegetable consumption in children. <i>Preventive Medicine</i> , 2006 , 43, 351; author reply 352	4.3	7
15	Information overload for (bounded) rational agents. <i>Proceedings of the Royal Society B: Biological Sciences</i> , 2021 , 288, 20202957	4.4	6
14	Acceptability and Feasibility of a Mindfulness Intervention Delivered via Videoconferencing for People With Parkinson's. <i>Journal of Geriatric Psychiatry and Neurology</i> , 2022 , 35, 155-167	3.8	5
13	A Mindfulness-Based Decentering Technique Increases the Cognitive Accessibility of Health and Weight Loss Related Goals. <i>Frontiers in Psychology</i> , 2018 , 9, 587	3.4	4
12	A cross-sectional observational study of the nutritional intake of UK primary school children from deprived and non-deprived backgrounds: implications for school breakfast schemes. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 86	8.4	4
11	Increased affective influence: situational complexity or deliberation time?. <i>American Journal of Psychology</i> , 2010 , 123, 29-38	0.5	4
10	Sensitivity to reward and punishment: Associations with fat and sugar intake among South African students. <i>South African Journal of Psychology</i> , 2017 , 47, 222-232	0.7	2
9	Motivating health behaviour change: provision of cognitive support for health values. <i>Lancet, The</i> , 2012 , 380, S71	4.0	2
8	Children respond to food restriction by increasing food consumption. <i>Behavioral and Brain Sciences</i> , 2017 , 40, e129	0.9	1
7	The Effect of Mindfulness on Cognitive Reflection and Reasoning. <i>Mindfulness</i> , 2020 , 11, 2150-2160	2.9	0
6	The effect of implementation intentions on use of dental chewing gum. <i>Health Psychology Open</i> , 2019 , 6, 2055102919857176	1.9	0
5	Effects of calorie labelling and contextual factors on hypothetical coffee shop menu choices.. <i>Appetite</i> , 2022 , 172, 105963	4.5	0
4	The effect of priming on food choice: A field and laboratory study. <i>Appetite</i> , 2022 , 168, 105749	4.5	0

3	The effect of visualisation and mindfulness-based decentering on chocolate craving. <i>Appetite</i> , 2021 , 164, 105278	4.5	o
2	Inducing a Stroop Effect. <i>Applied Cognitive Psychology</i> , 2010 , 24, 1021-1033	2.1	
1	Predation versus competition and the importance of manipulable causes. <i>Behavioral and Brain Sciences</i> , 2006 , 29, 243-244	0.9	