List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Correlates of adults??? participation in physical activity: review and update. Medicine and Science in Sports and Exercise, 2002, 34, 1996-2001.	0.2	2,203
2	Does physical activity attenuate, or even eliminate, the detrimental association of sitting time with mortality? A harmonised meta-analysis of data from more than 1 million men and women. Lancet, The, 2016, 388, 1302-1310.	6.3	1,783
3	How many steps/day are enough? for adults. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 79.	2.0	733
4	Daily Sitting Time and All-Cause Mortality: A Meta-Analysis. PLoS ONE, 2013, 8, e80000.	1.1	635
5	Cohort Profile: The Australian Longitudinal Study on Women's Health. International Journal of Epidemiology, 2005, 34, 987-991.	0.9	584
6	The Anti Cancer Council of Victoria FFQ: relative validity of nutrient intakes compared with weighed food records in young to middleâ€aged women in a study of iron supplementation. Australian and New Zealand Journal of Public Health, 2000, 24, 576-583.	0.8	534
7	Measurement of Adults' Sedentary Time in Population-Based Studies. American Journal of Preventive Medicine, 2011, 41, 216-227.	1.6	506
8	Women's Health Australia: Recruitment for a National Longitudinal Cohort Study. Women and Health, 1999, 28, 23-40.	0.4	499
9	Test-retest reliability of four physical activity measures used in population surveys. Journal of Science and Medicine in Sport, 2004, 7, 205-215.	0.6	448
10	Occupational Sitting and Health Risks. American Journal of Preventive Medicine, 2010, 39, 379-388.	1.6	423
11	Too much sitting: a novel and important predictor of chronic disease risk?. British Journal of Sports Medicine, 2008, 43, 81-83.	3.1	313
12	Reliability and validity of a modified selfâ€administered version of the Active Australia physical activity survey in a sample of midâ€age women. Australian and New Zealand Journal of Public Health, 2008, 32, 535-541.	0.8	304
13	Indexes of Insulin Resistance and Secretion in Obese Children and Adolescents: A validation study. Diabetes Care, 2004, 27, 314-319.	4.3	303
14	Measuring Total and Domain-Specific Sitting. Medicine and Science in Sports and Exercise, 2010, 42, 1094-1102.	0.2	292
15	Shift work and the risk of cardiovascular disease. A systematic review and meta-analysis including dose–response relationship. Scandinavian Journal of Work, Environment and Health, 2018, 44, 229-238.	1.7	285
16	Physical and psychosocial benefits of yoga in cancer patients and survivors, a systematic review and meta-analysis of randomized controlled trials. BMC Cancer, 2012, 12, 559.	1.1	263
17	ActiGraph GT3X+ cut-points for identifying sedentary behaviour in older adults in free-living environments. Journal of Science and Medicine in Sport, 2014, 17, 293-299.	0.6	263
18	Effect of Moderate to Vigorous Physical Activity on All-Cause Mortality in Middle-aged and Older Australians. JAMA Internal Medicine, 2015, 175, 970.	2.6	259

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19	Exercise and cancer rehabilitation: A systematic review. Cancer Treatment Reviews, 2010, 36, 185-194.	3.4	238
20	Do the associations of sedentary behaviour with cardiovascular disease mortality and cancer mortality differ by physical activity level? A systematic review and harmonised meta-analysis of data from 850 060 participants. British Journal of Sports Medicine, 2019, 53, 886-894.	3.1	232
21	Guidelines for Physical Activity During Pregnancy. American Journal of Lifestyle Medicine, 2014, 8, 102-121.	0.8	230
22	Physical Activity Interventions and Depression in Children and Adolescents. Sports Medicine, 2013, 43, 195-206.	3.1	225
23	Leisure Time Physical Activity in Australian Women: Relationship with Well Being and Symptoms. Research Quarterly for Exercise and Sport, 2000, 71, 206-216.	0.8	218
24	Incidence, Etiology, and Symptomatology of Upper Respiratory Illness in Elite Athletes. Medicine and Science in Sports and Exercise, 2007, 39, 577-586.	0.2	216
25	Are workplace interventions to reduce sitting effective? A systematic review. Preventive Medicine, 2010, 51, 352-356.	1.6	212
26	ldentifying the Energy Cap: Magnitude and Determinants of 5‥ear Weight Gain in Midage Women. Obesity, 2005, 13, 1431-1441.	4.0	209
27	Cohort Profile Update: Australian Longitudinal Study on Women's Health. International Journal of Epidemiology, 2015, 44, 1547-1547f.	0.9	206
28	Prospective Study of Physical Activity and Depressive Symptoms in Middle-Aged Women. American Journal of Preventive Medicine, 2005, 29, 265-272.	1.6	205
29	Determinants of Active Leisure for Women with Young Children—an "Ethic of Care―Prevails. Leisure Sciences, 2005, 27, 405-420.	2.2	198
30	Life transitions and changing physical activity patterns in young women. American Journal of Preventive Medicine, 2003, 25, 140-143.	1.6	196
31	Occupational Sitting Time and Overweight and Obesity in Australian Workers. American Journal of Preventive Medicine, 2005, 29, 91-97.	1.6	193
32	Shift Work and Poor Mental Health: A Meta-Analysis of Longitudinal Studies. American Journal of Public Health, 2019, 109, e13-e20.	1.5	192
33	Perceived Constraints and Social Support for Active Leisure Among Mothers With Young Children. Leisure Sciences, 2001, 23, 131-144.	2.2	185
34	Body Mass Index and Survival in Men and Women Aged 70 to 75. Journal of the American Geriatrics Society, 2010, 58, 234-241.	1.3	185
35	Who does not gain weight? Prevalence and predictors of weight maintenance in young women. International Journal of Obesity, 2002, 26, 1570-1578.	1.6	183
36	Mediators of physical activity behavior change among women with young children. American Journal of Preventive Medicine, 2002, 23, 98-103.	1.6	179

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37	Feasibility and effectiveness of psychosocial resilience training: A pilot study of the <i>READY </i> program. Psychology, Health and Medicine, 2010, 15, 266-277.	1.3	162
38	Accuracy of body mass index estimated from selfâ€reported height and weight in midâ€aged Australian women. Australian and New Zealand Journal of Public Health, 2010, 34, 620-623.	0.8	158
39	Leaking urine: Prevalence and associated factors in Australian women. Neurourology and Urodynamics, 1999, 18, 567-577.	0.8	157
40	Method: Comparison of surveys used to measure physical activity. Australian and New Zealand Journal of Public Health, 2004, 28, 128-134.	0.8	156
41	Sedentary time in older adults: a critical review of measurement, associations with health, and interventions. British Journal of Sports Medicine, 2017, 51, 1539-1539.	3.1	155
42	Women's Health Australia: On the Progress of the Main Cohort Studies. Journal of Women's Health and Gender-Based Medicine, 1999, 8, 681-688.	1.7	150
43	Steps and sitting in a working population. International Journal of Behavioral Medicine, 2004, 11, 219-224.	0.8	142
44	Life Events and Changing Physical Activity Patterns in Women at Different Life Stages. Annals of Behavioral Medicine, 2009, 37, 294-305.	1.7	138
45	Women's Health Australia: Establishment of The Australian Longitudinal Study on Women's Health. Journal of Women's Health, 1996, 5, 467-472.	0.9	132
46	Sitting time and work patterns as indicators of overweight and obesity in Australian adults. International Journal of Obesity, 2003, 27, 1340-1346.	1.6	132
47	Comparison of estimates of population levels of physical activity using two measures. Australian and New Zealand Journal of Public Health, 2000, 24, 520-525.	0.8	129
48	Updating the Evidence on Physical Activity and Health in Women. American Journal of Preventive Medicine, 2007, 33, 404-411.e25.	1.6	128
49	Exercise and pregnancy in recreational and elite athletes: 2016 evidence summary from the IOC expert group meeting, Lausanne. Part 1—exercise in women planning pregnancy and those who are pregnant. British Journal of Sports Medicine, 2016, 50, 571-589.	3.1	128
50	Sitting-time and 9-year all-cause mortality in older women. British Journal of Sports Medicine, 2015, 49, 95-99.	3.1	121
51	The epidemiology of aerobic physical activity and muscle-strengthening activity guideline adherence among 383,928 U.S. adults. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 34.	2.0	117
52	The contribution of diet, physical activity and sedentary behaviour to body mass index in women with and without polycystic ovary syndrome. Human Reproduction, 2013, 28, 2276-2283.	0.4	116
53	Does Sports Club Participation Contribute to Health-Related Quality of Life?. Medicine and Science in Sports and Exercise, 2010, 42, 1022-1028.	0.2	113
54	Relationships between body mass index and well-being in young Australian women. International Journal of Obesity, 2000, 24, 1360-1368.	1.6	111

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55	Neighborhood Disadvantage and Physical Activity: Baseline Results from the HABITAT Multilevel Longitudinal Study. Annals of Epidemiology, 2010, 20, 171-181.	0.9	111
56	HABITAT: A longitudinal multilevel study of physical activity change in mid-aged adults. BMC Public Health, 2009, 9, 76.	1.2	110
57	Too wet to exercise? Leaking urine as a barrier to physical activity in women. Journal of Science and Medicine in Sport, 2001, 4, 373-378.	0.6	109
58	Sitting time and socio-economic differences in overweight and obesity. International Journal of Obesity, 2007, 31, 169-176.	1.6	109
59	How does the health and well-being of young Australian vegetarian and semi-vegetarian women compare with non-vegetarians?. Public Health Nutrition, 2007, 10, 436-442.	1.1	107
60	Trends in physical activity participation and the impact of integrated campaigns among Australian adults, 1997–99. Australian and New Zealand Journal of Public Health, 2003, 27, 76-79.	0.8	106
61	Physical activity and all-cause mortality in older women and men. British Journal of Sports Medicine, 2012, 46, 664-668.	3.1	105
62	10,000 Steps Rockhampton: Evaluation of a Whole Community Approach to Improving Population Levels of Physical Activity. Journal of Physical Activity and Health, 2006, 3, 1-14.	1.0	104
63	Using accelerometers and global positioning system devices to assess gender and age differences in children's school, transport, leisure and home based physical activity. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 8.	2.0	103
64	Shifting the Physical Inactivity Curve Worldwide by Closing the Gender Gap. Sports Medicine, 2018, 48, 481-489.	3.1	100
65	Dietary and Supplement Treatment of Iron Deficiency Results in Improvements in General Health and Fatigue in Australian Women of Childbearing Age. Journal of the American College of Nutrition, 2001, 20, 337-342.	1.1	99
66	Occupational sitting time: employees' perceptions of health risks and intervention strategies. Health Promotion Journal of Australia, 2011, 22, 38-43.	0.6	98
67	Socioeconomic Correlates of Sedentary Behavior in Adolescents: Systematic Review and Meta-Analysis. Sports Medicine, 2017, 47, 61-75.	3.1	97
68	Does Physical Activity Impact on Presenteeism and Other Indicators of Workplace Well-Being?. Sports Medicine, 2011, 41, 249-262.	3.1	96
69	Do walking strategies to increase physical activity reduce reported sitting in workplaces: a randomized control trial. International Journal of Behavioral Nutrition and Physical Activity, 2009, 6, 43.	2.0	95
70	Parent Management Training and Asperger Syndrome. Autism, 2004, 8, 301-317.	2.4	92
71	Iron deficiency, general health and fatigue: results from the Australian Longitudinal Study on Women's Health. Quality of Life Research, 2000, 9, 491-497.	1.5	91
72	Constipation in Australian Women: Prevalence and Associated Factors. International Urogynecology Journal, 2000, 11, 71-78.	0.7	91

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73	Women drivers' behaviour, socio-demographic characteristics and accidents. Accident Analysis and Prevention, 1999, 31, 525-535.	3.0	89
74	What do IPAQ questions mean to older adults? Lessons from cognitive interviews. International Journal of Behavioral Nutrition and Physical Activity, 2010, 7, 35.	2.0	89
75	Body composition status and the risk of migraine. Neurology, 2017, 88, 1795-1804.	1.5	89
76	Exercise and pregnancy in recreational and elite athletes: 2016/17 evidence summary from the IOC Expert Group Meeting, Lausanne. Part 3—exercise in the postpartum period. British Journal of Sports Medicine, 2017, 51, 1516-1525.	3.1	85
77	Sedentary time in older men and women: an international consensus statement and research priorities. British Journal of Sports Medicine, 2017, 51, 1526-1532.	3.1	84
78	Estimating Physical Activity and Sedentary Behavior in a Free-Living Context: A Pragmatic Comparison of Consumer-Based Activity Trackers and ActiGraph Accelerometry. Journal of Medical Internet Research, 2016, 18, e239.	2.1	83
79	Promoting Walking with Pedometers in the CommunityThe Step-by-Step Trial. American Journal of Preventive Medicine, 2007, 32, 290-297.	1.6	82
80	How, where and with whom? Physical activity context preferences of three adult groups at risk of inactivity. British Journal of Sports Medicine, 2012, 46, 1125-1131.	3.1	81
81	Validity of Two Self-Report Measures of Sitting Time. Journal of Physical Activity and Health, 2012, 9, 533-539.	1.0	80
82	Does the use of standing â€~hot' desks change sedentary work time in an open plan office?. Preventive Medicine, 2012, 54, 65-67.	1.6	80
83	Are Active Australia physical activity questions valid for older adults?. Journal of Science and Medicine in Sport, 2011, 14, 233-237.	0.6	79
84	What is a healthy weight for middle aged women?. International Journal of Obesity, 1998, 22, 520-528.	1.6	78
85	Reliability and validity of physical fitness field tests for adults aged 55 to 70 years. Journal of Science and Medicine in Sport, 2005, 8, 61-70.	0.6	77
86	Effects of "10,000 Steps Ghent― American Journal of Preventive Medicine, 2007, 33, 455-463.	1.6	77
87	Prospective association between physical activity and falls in community-dwelling older women. Journal of Epidemiology and Community Health, 2008, 62, 421-426.	2.0	76
88	Dose–response relationships between physical activity, walking and health-related quality of life in mid-age and older women. Journal of Epidemiology and Community Health, 2012, 66, 670-677.	2.0	76
89	The Role of Physical Activity in Preconception, Pregnancy and Postpartum Health. Seminars in Reproductive Medicine, 2016, 34, e28-e37.	0.5	76
90	Changes in physical symptoms during the menopause transition. International Journal of Behavioral Medicine, 2002, 9, 53-67.	0.8	75

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91	Physical and mental health: changes during menopause transition. Quality of Life Research, 2003, 12, 405-412.	1.5	74
92	Summary of International Guidelines for Physical Activity After Pregnancy. Obstetrical and Gynecological Survey, 2014, 69, 407-414.	0.2	71
93	But What About Swimming and Cycling? How to "Count―Non-Ambulatory Activity When Using Pedometers to Assess Physical Activity. Journal of Physical Activity and Health, 2006, 3, 257-266.	1.0	70
94	Comparative Effects of Home- and Group-Based Exercise on Balance Confidence and Balance Ability in Older Adults: Cluster Randomized Trial. Gerontology, 2008, 54, 272-280.	1.4	68
95	A preliminary study of the effects of Tai Chi and Qigong medical exercise on indicators of metabolic syndrome, glycaemic control, health-related quality of life, and psychological health in adults with elevated blood glucose. British Journal of Sports Medicine, 2010, 44, 704-709.	3.1	68
96	Exercise and pregnancy in recreational and elite athletes: 2016 evidence summary from the IOC expert group meeting, Lausanne. Part 2—the effect of exercise on the fetus, labour and birth: TableÂ1. British Journal of Sports Medicine, 2016, 50, 1297-1305.	3.1	68
97	The validity of the GENEActiv wrist-worn accelerometer for measuring adult sedentary time in free living. Journal of Science and Medicine in Sport, 2016, 19, 395-399.	0.6	68
98	Exercise and pregnancy in recreational and elite athletes: 2016/2017 evidence summary from the IOC expert group meeting, Lausanne. Part 5. Recommendations for health professionals and active women. British Journal of Sports Medicine, 2018, 52, 1080-1085.	3.1	68
99	Stand up, sit down, keep moving: turning circles in physical activity research?. British Journal of Sports Medicine, 2008, 43, 86-88.	3.1	67
100	Built environment impacts on walking for transport in Brisbane, Australia. Transportation, 2016, 43, 53-77.	2.1	67
101	Associations of health-behavior patterns, mental health and self-rated health. Preventive Medicine, 2019, 118, 295-303.	1.6	66
102	Walking towards health in a university community: A feasibility study. Preventive Medicine, 2007, 44, 167-169.	1.6	65
103	A life-course perspective on physical functioning in women. Bulletin of the World Health Organization, 2013, 91, 661-670.	1.5	64
104	The benefits of physical activity during pregnancy. Journal of Science and Medicine in Sport, 2002, 5, 37-45.	0.6	62
105	Physical activity and health: updating the evidence 2000–2003. Journal of Science and Medicine in Sport, 2004, 7, 1-5.	0.6	59
106	A Prospective Study of Overweight, Physical Activity, and Depressive Symptoms in Young Women. Obesity, 2009, 17, 66-71.	1.5	59
107	Sitting-Time, Physical Activity, and Depressive Symptoms in Mid-Aged Women. American Journal of Preventive Medicine, 2013, 45, 276-281.	1.6	59
108	Change in work day step counts, wellbeing and job performance in Catalan university employees: a randomised controlled trial. Global Health Promotion, 2008, 15, 11-16.	0.8	58

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109	Randomized trial of three strategies to promote physical activity in general practice. Preventive Medicine, 2009, 48, 156-163.	1.6	58
110	Cohort Profile: The Australian Longitudinal Study on Women's Health (ALSWH) 1989–95 cohort. International Journal of Epidemiology, 2018, 47, 391-392e.	0.9	58
111	Patterns of alcohol consumption in young Australian women: socio-demographic factors, health-related behaviours and physical health. Australian and New Zealand Journal of Public Health, 2000, 24, 185-191.	0.8	57
112	Concurrent and prospective associations between physical activity, walking and mental health in older women. Journal of Epidemiology and Community Health, 2011, 65, 807-813.	2.0	57
113	Evaluating the effectiveness of psychosocial resilience training for heart health, and the added value of promoting physical activity: a cluster randomized trial of the READY program. BMC Public Health, 2009, 9, 427.	1.2	55
114	Objectively Measured Sedentary Behavior and Physical Activity in Office Employees. Journal of Occupational and Environmental Medicine, 2013, 55, 945-953.	0.9	55
115	Measurement properties of the CHAMPS physical activity questionnaire in a sample of older Australians. Journal of Science and Medicine in Sport, 2006, 9, 319-326.	0.6	54
116	TYRANNY OF DISTANCE? THE HEALTH OF MID-AGE WOMEN LIVING IN FIVE GEOGRAPHICAL AREAS OF AUSTRALIA. Australian Journal of Rural Health, 1999, 7, 148-154.	0.7	52
117	Dieting and health in young Australian women. European Eating Disorders Review, 2001, 9, 242-254.	2.3	52
118	Updating the evidence relating to physical activity intervention studies in older people. Journal of Science and Medicine in Sport, 2004, 7, 30-38.	0.6	52
119	Dietary treatment of iron deficiency in women of childbearing age. American Journal of Clinical Nutrition, 2001, 74, 650-656.	2.2	51
120	Independent and combined effects of physical activity and body mass index on the development of Type 2 Diabetes – a meta-analysis of 9 prospective cohort studies. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 147.	2.0	50
121	Hot flushes and night sweats are associated with coronary heart disease risk in midlife: a longitudinal study. BJOG: an International Journal of Obstetrics and Gynaecology, 2015, 122, 1560-1567.	1.1	50
122	Leaking Urine in Australian Women: Prevalence and Associated Conditions. Women and Health, 1999, 29, 1-13.	0.4	49
123	Short-Term Weight Change and the Incidence of Diabetes in Midlife: Results from the Australian Longitudinal Study on Women's Health. Diabetes Care, 2007, 30, 1418-1424.	4.3	49
124	Effects of Having a Baby on Weight Gain. American Journal of Preventive Medicine, 2010, 38, 163-170.	1.6	49
125	10,000 Steps Rockhampton: Establishing a multi-strategy physical activity promotion project in a community. Health Promotion Journal of Australia, 2003, 14, 95-100.	0.6	48
126	A qualitative study of older adults' responses to sitting-time questions: do we get the information we want?. BMC Public Health, 2011, 11, 458.	1.2	48

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127	Overweight and obesity as major, modifiable risk factors for urinary incontinence in young to midâ€aged women: a systematic review and metaâ€analysis. Obesity Reviews, 2018, 19, 1735-1745.	3.1	48
128	Physical activity promotion in primary care. American Journal of Preventive Medicine, 2004, 27, 297-303.	1.6	47
129	Retention, adherence and compliance: Important considerations for home- and group-based resistance training programs for older adults. Journal of Science and Medicine in Sport, 2006, 9, 402-412.	0.6	47
130	Validity of self-report methods for measuring sedentary behaviour in older adults. Journal of Science and Medicine in Sport, 2015, 18, 662-666.	0.6	47
131	Efficacy of an m-Health Physical Activity and Sleep Health Intervention for Adults: A Randomized Waitlist-Controlled Trial. American Journal of Preventive Medicine, 2019, 57, 503-514.	1.6	46
132	Is the pain of activity log-books worth the gain in precision when distinguishing wear and non-wear time for tri-axial accelerometers?. Journal of Science and Medicine in Sport, 2013, 16, 515-519.	0.6	45
133	Changes in diet, activity, weight, and wellbeing of parents during COVID-19 lockdown. PLoS ONE, 2021, 16, e0248008.	1.1	45
134	Sitting Time Is Associated With Weight, but Not With Weight Gain in Midâ€Aged Australian Women. Obesity, 2010, 18, 1788-1794.	1.5	44
135	Colorectal cancer survivors' exercise experiences and preferences: qualitative findings from an exercise rehabilitation programme immediately after chemotherapy. European Journal of Cancer Care, 2011, 20, 257-266.	0.7	44
136	Physical activity attitudes and preferences among inpatient adults with mental illness. International Journal of Mental Health Nursing, 2015, 24, 413-420.	2.1	43
137	Impedance cardiography for cardiac output measurement: An evaluation of accuracy and limitations. European Heart Journal, 1990, 11, 79-92.	1.0	42
138	Dissemination of a community-based physical activity project: The case of 10,000 steps. Journal of Science and Medicine in Sport, 2006, 9, 424-430.	0.6	42
139	A Qualitative Review of the Role of Qigong in the Management of Diabetes. Journal of Alternative and Complementary Medicine, 2007, 13, 427-434.	2.1	42
140	The effect of physical activity on reproductive health outcomes in young women: a systematic review and meta-analysis. Human Reproduction Update, 2019, 25, 542-564.	5.2	42
141	Socio-demographic inequalities in the diets of mid-aged Australian women. European Journal of Clinical Nutrition, 2005, 59, 185-195.	1.3	41
142	General Practitioner Advice on Physical Activity—Who Gets it?. American Journal of Health Promotion, 2007, 21, 225-228.	0.9	41
143	Predictors and persistence of foot problems in women aged 70 years and over: A prospective study. Maturitas, 2011, 68, 83-87.	1.0	40
144	Weight Gain, Overweight, and Obesity: Determinants and Health Outcomes from the Australian Longitudinal Study on Women's Health. Current Obesity Reports, 2014, 3, 46-53.	3.5	40

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145	Are We Chained to Our Desks? Describing Desk-Based Sitting Using a Novel Measure of Occupational Sitting. Journal of Physical Activity and Health, 2014, 11, 1318-1323.	1.0	40
146	Comparison of the Effects of a Home-Based and Group-Based Resistance Training Program on Functional Ability in Older Adults. American Journal of Health Promotion, 2008, 23, 13-17.	0.9	39
147	Determinants of Weight Gain in Young Women: A Review of the Literature. Journal of Women's Health, 2010, 19, 1327-1340.	1.5	39
148	Physical activity preferences, motivators, barriers and attitudes of adults with mental illness. Journal of Mental Health, 2016, 25, 448-454.	1.0	39
149	Chronic disease risks and use of a smartphone application during a physical activity and dietary intervention in Australian truck drivers. Australian and New Zealand Journal of Public Health, 2016, 40, 91-93.	0.8	39
150	Maintaining a Healthy BMI. American Journal of Preventive Medicine, 2016, 51, e165-e178.	1.6	39
151	Weight management practices associated with PCOS and their relationships with diet and physical activity. Human Reproduction, 2017, 32, 669-678.	0.4	39
152	Efficacy of a Multi-component m-Health Weight-loss Intervention in Overweight and Obese Adults: A Randomised Controlled Trial. International Journal of Environmental Research and Public Health, 2020, 17, 6200.	1.2	39
153	Physical activity, Body Mass Index and health care costs in midâ€∎ge Australian women. Australian and New Zealand Journal of Public Health, 2008, 32, 150-155.	0.8	38
154	Whole of community physical activity interventions: easier said than done. British Journal of Sports Medicine, 2008, 43, 39-43.	3.1	38
155	Are Psychologists Willing and Able to Promote Physical Activity as Part of Psychological Treatment?. International Journal of Behavioral Medicine, 2010, 17, 287-297.	0.8	38
156	Health-enhancing physical activity behaviour and related factors in postpartum women with recent gestational diabetes mellitus. Journal of Science and Medicine in Sport, 2010, 13, 42-45.	0.6	38
157	Associations between sitting time and a range of symptoms in mid-age women. Preventive Medicine, 2013, 56, 135-141.	1.6	38
158	Risk factors for night sweats and hot flushes in midlife. Menopause, 2013, 20, 953-959.	0.8	38
159	Does Vigorous Physical Activity Provide Additional Benefits beyond Those of Moderate?. Medicine and Science in Sports and Exercise, 2013, 45, 1948-1955.	0.2	38
160	Balanced: a randomised trial examining the efficacy of two self-monitoring methods for an app-based multi-behaviour intervention to improve physical activity, sitting and sleep in adults. BMC Public Health, 2016, 16, 670.	1.2	37
161	Major dietary patterns of young and middle aged women: results from a prospective Australian cohort study. European Journal of Clinical Nutrition, 2010, 64, 1125-1133.	1.3	36
162	Joint Effects of Physical Activity and BMI on Risk of Hypertension in Women: A Longitudinal Study. Journal of Obesity, 2014, 2014, 1-7.	1.1	36

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163	Exercise and pregnancy in recreational and elite athletes: 2016/17 evidence summary from the IOC expert group meeting, Lausanne. Part 4—Recommendations for future research. British Journal of Sports Medicine, 2017, 51, 1724-1726.	3.1	36
164	The impact of an m-Health financial incentives program on the physical activity and diet of Australian truck drivers. BMC Public Health, 2017, 17, 467.	1.2	36
165	A systematic review of physical activity-based interventions in shift workers. Preventive Medicine Reports, 2018, 10, 323-331.	0.8	36
166	"It's my hormones, doctor"-does physical activity help with menopausal symptoms?. Menopause, 2008, 15, 78-85.	0.8	36
167	The development and evaluation of an incontinence screening questionnaire for female primary care. Neurourology and Urodynamics, 2000, 19, 595-607.	0.8	35
168	Prevalence of illicit drug use in young Australian women, patterns of use and associated risk factors. Addiction, 2003, 98, 1419-1426.	1.7	35
169	Qi-Gong Mind–Body Therapy and Diabetes Control. American Journal of Preventive Medicine, 2011, 41, 152-158.	1.6	35
170	In Fitness and Health? A Prospective Study of Changes in Marital Status and Fitness in Men and Women. American Journal of Epidemiology, 2011, 173, 337-344.	1.6	35
171	Effectiveness of a 12-month randomized clinical trial to increase physical activity in multiethnic postpartum women: Results from Hawaii's NĕMikimiki Project. Preventive Medicine, 2014, 69, 214-223.	1.6	35
172	Comparing population attributable risks for heart disease across the adult lifespan in women. British Journal of Sports Medicine, 2015, 49, 1069-1076.	3.1	35
173	Gender equality in sport for improved public health. Lancet, The, 2016, 388, 1257-1258.	6.3	35
174	Project Energise: Using participatory approaches and real time computer prompts to reduce occupational sitting and increase work time physical activity in office workers. Journal of Science and Medicine in Sport, 2016, 19, 926-930.	0.6	35
175	Referral for Expert Physical Activity Counseling: A Pragmatic RCT. American Journal of Preventive Medicine, 2017, 53, 490-499.	1.6	35
176	One day you'll wake up and won't have to go to work: The impact of changes in time use on mental health following retirement. PLoS ONE, 2018, 13, e0199605.	1.1	35
177	It just doesn't speak to me: mid-aged men's reactions to â€~10,000 Steps a Day'. Health Promotion Journal of Australia, 2008, 19, 52-59.	0.6	34
178	Associations between sitting time and weight in young adult Australian women. Preventive Medicine, 2010, 51, 361-367.	1.6	34
179	Correlates of Sitting Time in Working Age Australian Women: Who Should Be Targeted With Interventions to Decrease Sitting Time?. Journal of Physical Activity and Health, 2012, 9, 270-287.	1.0	34
180	Physical Activity, Walking, and Quality of Life in Women with Depressive Symptoms. American Journal of Preventive Medicine, 2015, 48, 281-291.	1.6	34

#	Article	IF	CITATIONS
181	A systematic review of the association between physical activity and colorectal cancer risk. Scandinavian Journal of Medicine and Science in Sports, 2009, 19, 764-781.	1.3	33
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