

# Yong Zhang

## List of Publications by Year in descending order

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12  
papers

244  
citations

1307594

7  
h-index

1281871

11  
g-index

13  
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13  
docs citations

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times ranked

425  
citing authors

#	ARTICLE	IF	CITATIONS
1	The influence of fasting and energy restricting diets on IGF-1 levels in humans: A systematic review and meta-analysis. <i>Ageing Research Reviews</i> , 2019, 53, 100910.	10.9	54
2	The effect of green-coffee extract supplementation on obesity: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Phytomedicine</i> , 2019, 63, 153018.	5.3	35
3	Possible anti-obesity effects of phytosterols and phytostanols supplementation in humans: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , 2019, 33, 1246-1257.	5.8	33
4	The effect of metformin on biomarkers associated with breast cancer outcomes: a systematic review, meta-analysis, and dose-response of randomized clinical trials. <i>Clinical and Translational Oncology</i> , 2020, 22, 37-49.	2.4	30
5	The effect of Aronia consumption on lipid profile, blood pressure, and biomarkers of inflammation: A systematic review and meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , 2019, 33, 1981-1990.	5.8	28
6	The influence of metformin on IGF-1 levels in humans: A systematic review and meta-analysis. <i>Pharmacological Research</i> , 2020, 151, 104588.	7.1	22
7	The effect of Brazil nuts on selenium levels, Glutathione peroxidase, and thyroid hormones: A systematic review and meta-analysis of randomized controlled trials. <i>Journal of King Saud University - Science</i> , 2020, 32, 1845-1852.	3.5	11
8	Effect of probiotic and synbiotic formulations on anthropometrics and adiponectin in overweight and obese participants: A systematic review and meta-analysis of randomized controlled trials. <i>Journal of King Saud University - Science</i> , 2020, 32, 1738-1748.	3.5	10
9	Opioid tapering in patients with prescription opioid use disorder: A retrospective study. <i>Scandinavian Journal of Pain</i> , 2017, 17, 167-173.	1.3	8
10	The effect of sour cherry consumption on blood pressure, IL-6, CRP, and TNF- $\alpha$ levels: A systematic review and meta-analysis of randomized controlled trials sour cherry consumption and blood pressure. <i>Journal of King Saud University - Science</i> , 2020, 32, 1687-1693.	3.5	6
11	The influence of green coffee bean extract supplementation on blood glucose levels: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , 2020, 34, 2159-2169.	5.8	5
12	Does famine exposure in early life modify risks of metabolic diseases in Chinese adults? Evidence based on YiduCloud clinic data. <i>International Journal of Diabetes in Developing Countries</i> , 0, , 1.	0.8	2