

William H Polonsky

List of Publications by Year in descending order

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Version: 2024-02-01

112
papers

10,532
citations

71102

41
h-index

33894

99
g-index

113
all docs

113
docs citations

113
times ranked

7115
citing authors

#	ARTICLE	IF	CITATIONS
1	Assessment of Diabetes-Related Distress. <i>Diabetes Care</i> , 1995, 18, 754-760.	8.6	1,115
2	Assessing Psychosocial Distress in Diabetes: Development of the Diabetes Distress Scale. <i>Diabetes Care</i> , 2005, 28, 626-631.	8.6	1,087
3	Effect of Continuous Glucose Monitoring on Glycemic Control in Adults With Type 1 Diabetes Using Insulin Injections. <i>JAMA - Journal of the American Medical Association</i> , 2017, 317, 371.	7.4	834
4	Continuous Glucose Monitoring vs Conventional Therapy for Glycemic Control in Adults With Type 1 Diabetes Treated With Multiple Daily Insulin Injections. <i>JAMA - Journal of the American Medical Association</i> , 2017, 317, 379.	7.4	520
5	Psychological Insulin Resistance in Patients With Type 2 Diabetes: The scope of the problem. <i>Diabetes Care</i> , 2005, 28, 2543-2545.	8.6	490
6	When Is Diabetes Distress Clinically Meaningful?. <i>Diabetes Care</i> , 2012, 35, 259-264.	8.6	461
7	Poor medication adherence in type 2 diabetes: recognizing the scope of the problem and its key contributors. <i>Patient Preference and Adherence</i> , 2016, Volume 10, 1299-1307.	1.8	448
8	Continuous Glucose Monitoring Versus Usual Care in Patients With Type 2 Diabetes Receiving Multiple Daily Insulin Injections. <i>Annals of Internal Medicine</i> , 2017, 167, 365.	3.9	385
9	Structured Self-Monitoring of Blood Glucose Significantly Reduces A1C Levels in Poorly Controlled, Noninsulin-Treated Type 2 Diabetes. <i>Diabetes Care</i> , 2011, 34, 262-267.	8.6	384
10	The confusing tale of depression and distress in patients with diabetes: a call for greater clarity and precision. <i>Diabetic Medicine</i> , 2014, 31, 764-772.	2.3	325
11	Understanding the sources of diabetes distress in adults with type 1 diabetes. <i>Journal of Diabetes and Its Complications</i> , 2015, 29, 572-577.	2.3	253
12	Depression in Diabetes: Have We Been Missing Something Important?. <i>Diabetes Care</i> , 2011, 34, 236-239.	8.6	231
13	Type 2 Diabetes in the Real World: The Elusive Nature of Glycemic Control. <i>Diabetes Care</i> , 2017, 40, 1425-1432.	8.6	213
14	The Impact of Continuous Glucose Monitoring on Markers of Quality of Life in Adults With Type 1 Diabetes: Further Findings From the DIAMOND Randomized Clinical Trial. <i>Diabetes Care</i> , 2017, 40, 736-741.	8.6	205
15	Effect of Continuous Glucose Monitoring on Glycemic Control in Patients With Type 2 Diabetes Treated With Basal Insulin. <i>JAMA - Journal of the American Medical Association</i> , 2021, 325, 2262.	7.4	182
16	Integrating Medical Management With Diabetes Self-Management Training: A randomized control trial of the Diabetes Outpatient Intensive Treatment program. <i>Diabetes Care</i> , 2003, 26, 3048-3053.	8.6	126
17	Diabetes distress in adults with type 1 diabetes: Prevalence, incidence and change over time. <i>Journal of Diabetes and Its Complications</i> , 2016, 30, 1123-1128.	2.3	126
18	Addressing diabetes distress in clinical care: a practical guide. <i>Diabetic Medicine</i> , 2019, 36, 803-812.	2.3	124

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19	Understanding the Gap Between Efficacy in Randomized Controlled Trials and Effectiveness in Real-World Use of GLP-1 RA and DPP-4 Therapies in Patients With Type 2 Diabetes. <i>Diabetes Care</i> , 2017, 40, 1469-1478.	8.6	112
20	Emotional and quality-of-life aspects of diabetes management. <i>Current Diabetes Reports</i> , 2002, 2, 153-159.	4.2	100
21	Diabetes distress is linked with worsening diabetes management over time in adults with Type 1 diabetes. <i>Diabetic Medicine</i> , 2017, 34, 1228-1234.	2.3	99
22	Effect of initiating use of an insulin pump in adults with type 1 diabetes using multiple daily insulin injections and continuous glucose monitoring (DIAMOND): a multicentre, randomised controlled trial. <i>Lancet Diabetes and Endocrinology</i> , 2017, 5, 700-708.	11.4	99
23	Correlates of hypoglycemic fear in Type I and Type II diabetes mellitus.. <i>Health Psychology</i> , 1992, 11, 199-202.	1.6	96
24	Are patients with type 2 diabetes reluctant to start insulin therapy? An examination of the scope and underpinnings of psychological insulin resistance in a large, international population. <i>Current Medical Research and Opinion</i> , 2011, 27, 1169-1174.	1.9	96
25	Patient perspectives on once-weekly medications for diabetes. <i>Diabetes, Obesity and Metabolism</i> , 2011, 13, 144-149.	4.4	90
26	What Are the Quality of Life-Related Benefits and Losses Associated with Real-Time Continuous Glucose Monitoring? A Survey of Current Users. <i>Diabetes Technology and Therapeutics</i> , 2013, 15, 295-301.	4.4	90
27	A Randomized Clinical Trial of the Effect of Continuous Glucose Monitoring on Nocturnal Hypoglycemia, Daytime Hypoglycemia, Glycemic Variability, and Hypoglycemia Confidence in Persons with Type 1 Diabetes Treated with Multiple Daily Insulin Injections (GOLD-3). <i>Diabetes Technology and Therapeutics</i> , 2018, 20, 274-284.	4.4	88
28	A Structured Self-Monitoring of Blood Glucose Approach in Type 2 Diabetes Encourages More Frequent, Intensive, and Effective Physician Interventions: Results from the STeP Study. <i>Diabetes Technology and Therapeutics</i> , 2011, 13, 797-802.	4.4	79
29	Prevalence of depression in Type 1 diabetes and the problem of overdiagnosis. <i>Diabetic Medicine</i> , 2016, 33, 1590-1597.	2.3	74
30	Exploring the role of the patient-physician relationship on insulin adherence and clinical outcomes in type 2 diabetes: Insights from the MOSAIC study. <i>Journal of Diabetes</i> , 2017, 9, 596-605.	1.8	73
31	A Glycemia Risk Index (GRI) of Hypoglycemia and Hyperglycemia for Continuous Glucose Monitoring Validated by Clinician Ratings. <i>Journal of Diabetes Science and Technology</i> , 2023, 17, 1226-1242.	2.2	69
32	Investigating Hypoglycemic Confidence in Type 1 and Type 2 Diabetes. <i>Diabetes Technology and Therapeutics</i> , 2017, 19, 131-136.	4.4	68
33	Self-Monitoring of Blood Glucose in Noninsulin-Using Type 2 Diabetic Patients. <i>Diabetes Care</i> , 2013, 36, 179-182.	8.6	66
34	T1-REDEEM: A Randomized Controlled Trial to Reduce Diabetes Distress Among Adults With Type 1 Diabetes. <i>Diabetes Care</i> , 2018, 41, 1862-1869.	8.6	63
35	Identifying the worries and concerns about hypoglycemia in adults with type 2 diabetes. <i>Journal of Diabetes and Its Complications</i> , 2015, 29, 1171-1176.	2.3	57
36	A systematic review and meta-analysis to compare the prevalence of depression between people with and without Type 1 and Type 2 diabetes. <i>Primary Care Diabetes</i> , 2022, 16, 1-10.	1.8	56

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37	Development of a New Measure for Assessing Glucose Monitoring Device-Related Treatment Satisfaction and Quality of Life. <i>Diabetes Technology and Therapeutics</i> , 2015, 17, 657-663.	4.4	52
38	Understanding the Areas and Correlates of Diabetes-Related Distress in Parents of Teens With Type 1 Diabetes. <i>Journal of Pediatric Psychology</i> , 2016, 41, 750-758.	2.1	49
39	Toward Defining a Cutoff Score for Elevated Fear of Hypoglycemia on the Hypoglycemia Fear Survey Worry Subscale in Patients With Type 2 Diabetes. <i>Diabetes Care</i> , 2014, 37, 102-108.	8.6	46
40	The Impact of Real-Time Continuous Glucose Monitoring in Patients 65 Years and Older. <i>Journal of Diabetes Science and Technology</i> , 2016, 10, 892-897.	2.2	44
41	AASAP: A program to increase recruitment and retention in clinical trials. <i>Patient Education and Counseling</i> , 2012, 86, 372-377.	2.2	43
42	Perceived Accuracy in Continuous Glucose Monitoring. <i>Journal of Diabetes Science and Technology</i> , 2015, 9, 339-341.	2.2	43
43	Immunological variability associated with experimentally-induced positive and negative affective states. <i>Psychological Medicine</i> , 1992, 22, 231-238.	4.5	42
44	The impact of structured blood glucose testing on attitudes toward self-management among poorly controlled, insulin-naïve patients with type 2 diabetes. <i>Diabetes Research and Clinical Practice</i> , 2012, 96, 149-155.	2.8	40
45	A survey of blood glucose monitoring in patients with type 2 diabetes: are recommendations from health care professionals being followed?. <i>Current Medical Research and Opinion</i> , 2011, 27, 31-37.	1.9	38
46	What is so tough about self-monitoring of blood glucose? Perceived obstacles among patients with Type 2 diabetes. <i>Diabetic Medicine</i> , 2014, 31, 40-46.	2.3	38
47	Emotional Distress in the Partners of Type 1 Diabetes Adults: Worries About Hypoglycemia and Other Key Concerns. <i>Diabetes Technology and Therapeutics</i> , 2016, 18, 292-297.	4.4	37
48	Physician-patient communication at diagnosis of type 2 diabetes and its links to patient outcomes: New results from the global IntroDia® study. <i>Diabetes Research and Clinical Practice</i> , 2017, 127, 265-274.	2.8	35
49	When Does Personalized Feedback Make A Difference? A Narrative Review of Recent Findings and Their Implications for Promoting Better Diabetes Self-Care. <i>Current Diabetes Reports</i> , 2015, 15, 50.	4.2	34
50	The Association Between HbA1c and Time in Hypoglycemia During CGM and Self-Monitoring of Blood Glucose in People With Type 1 Diabetes and Multiple Daily Insulin Injections: A Randomized Clinical Trial (GOLD-4). <i>Diabetes Care</i> , 2020, 43, 2017-2024.	8.6	34
51	Change in Hemoglobin A1c and Quality of Life with Real-Time Continuous Glucose Monitoring Use by People with Insulin-Treated Diabetes in the Landmark Study. <i>Diabetes Technology and Therapeutics</i> , 2021, 23, S-35-S-39.	4.4	34
52	Impact of Participation in a Virtual Diabetes Clinic on Diabetes-Related Distress in Individuals With Type 2 Diabetes. <i>Clinical Diabetes</i> , 2020, 38, 357-362.	2.2	32
53	Emotion regulation contributes to the development of diabetes distress among adults with type 1 diabetes. <i>Patient Education and Counseling</i> , 2018, 101, 124-131.	2.2	31
54	Type 2 Diabetes: Model of Factors Associated with Glycemic Control. <i>Canadian Journal of Diabetes</i> , 2016, 40, 424-430.	0.8	30

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55	Initiating insulin: How to help people with type 2 diabetes start and continue insulin successfully. <i>International Journal of Clinical Practice</i> , 2017, 71, e12973.	1.7	29
56	Predictors of Diabetes-Specific Knowledge and Treatment Satisfaction Among Costa Ricans. <i>The Diabetes Educator</i> , 2004, 30, 281-292.	2.5	28
57	Assessing quality of life in diabetes: II "Deconstructing measures into a simple framework. <i>Diabetes Research and Clinical Practice</i> , 2017, 126, 286-302.	2.8	28
58	Patient reported outcomes in adults with type 2 diabetes on basal insulin randomized to addition of mealtime pramlintide or rapid-acting insulin analogs. <i>Current Medical Research and Opinion</i> , 2010, 26, 1047-1054.	1.9	26
59	The value of episodic, intensive blood glucose monitoring in non-insulin treated persons with type 2 diabetes: Design of the Structured Testing Program (STeP) Study, a cluster-randomised, clinical trial [NCT00674986]. <i>BMC Family Practice</i> , 2010, 11, 37.	2.9	25
60	Assessing quality of life in diabetes: I. A practical guide to selecting the best instruments and using them wisely. <i>Diabetes Research and Clinical Practice</i> , 2017, 126, 278-285.	2.8	24
61	The impact of non-severe hypoglycemia on quality of life in patients with type 2 diabetes. <i>Journal of Diabetes and Its Complications</i> , 2018, 32, 373-378.	2.3	24
62	Identifying solutions to psychological insulin resistance: An international study. <i>Journal of Diabetes and Its Complications</i> , 2019, 33, 307-314.	2.3	23
63	Adherence to and persistence with antidiabetic medications and associations with clinical and economic outcomes in people with type 2 diabetes mellitus: A systematic literature review. <i>Diabetes, Obesity and Metabolism</i> , 2022, 24, 377-390.	4.4	23
64	Psychological Insulin Resistance. <i>The Diabetes Educator</i> , 2007, 33, 241S-244S.	2.5	22
65	Are Patients' Initial Experiences at the Diagnosis of Type 2 Diabetes Associated With Attitudes and Self-management Over Time?. <i>The Diabetes Educator</i> , 2010, 36, 828-834.	2.5	22
66	Effective Use of Paired Testing in Type 2 Diabetes. <i>The Diabetes Educator</i> , 2009, 35, 915-927.	2.5	21
67	Perceived Treatment Efficacy: An Overlooked Opportunity in Diabetes Care. <i>Clinical Diabetes</i> , 2010, 28, 89-92.	2.2	20
68	Impact of the Omnipod [®] Insulin Management System on Quality of Life: A Survey of Current Users. <i>Diabetes Technology and Therapeutics</i> , 2016, 18, 664-670.	4.4	19
69	Motivation and attitudes toward changing health (MATCH): A new patient-reported measure to inform clinical conversations. <i>Journal of Diabetes and Its Complications</i> , 2018, 32, 665-669.	2.3	19
70	Sustained Intensive Treatment and Long-term Effects on HbA1c Reduction (SILVER Study) by CGM in People With Type 1 Diabetes Treated With MDI. <i>Diabetes Care</i> , 2021, 44, 141-149.	8.6	19
71	Higher Rates of Persistence and Adherence in Patients with Type 2 Diabetes Initiating Once-Weekly vs Daily Injectable Glucagon-Like Peptide-1 Receptor Agonists in US Clinical Practice (STAY Study). <i>Diabetes Therapy</i> , 2022, 13, 175-187.	2.5	19
72	Diabetes Distress and Its Association with Clinical Outcomes in Patients with Type 2 Diabetes Treated with Pramlintide as an Adjunct to Insulin Therapy. <i>Diabetes Technology and Therapeutics</i> , 2008, 10, 461-466.	4.4	18

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73	Design and Methods of a Randomized Trial of Continuous Glucose Monitoring in Persons With Type 1 Diabetes With Impaired Glycemic Control Treated With Multiple Daily Insulin Injections (GOLD Study). <i>Journal of Diabetes Science and Technology</i> , 2016, 10, 754-761.	2.2	18
74	Impact of Real-Time Continuous Glucose Monitoring Data Sharing on Quality of Life and Health Outcomes in Adults with Type 1 Diabetes. <i>Diabetes Technology and Therapeutics</i> , 2021, 23, 195-202.	4.4	18
75	Toward a more comprehensive understanding of the emotional side of type 2 diabetes: A re-envisioning of the assessment of diabetes distress. <i>Journal of Diabetes and Its Complications</i> , 2022, 36, 108103.	2.3	17
76	A Community-Based Program to Encourage Patients' Attention to Their Own Diabetes Care. <i>The Diabetes Educator</i> , 2005, 31, 691-699.	2.5	16
77	Optimizing Postprandial Glucose Management in Adults With Insulin-Requiring Diabetes: Report and Recommendations. <i>Journal of the Endocrine Society</i> , 2019, 3, 1942-1957.	0.2	16
78	Psychosocial Aspects of Diabetes Technology. <i>Endocrinology and Metabolism Clinics of North America</i> , 2020, 49, 143-155.	3.2	16
79	How introduction of automated insulin delivery systems may influence psychosocial outcomes in adults with type 1 diabetes: Findings from the first investigation with the Omnipod® 5 System. <i>Diabetes Research and Clinical Practice</i> , 2022, 190, 109998.	2.8	15
80	Poor medication adherence in diabetes: What's the problem?. <i>Journal of Diabetes</i> , 2015, 7, 777-778.	1.8	14
81	Challenges faced by physicians when discussing the Type 2 diabetes diagnosis with patients: insights from a cross-national study (IntroDia [®]). <i>Diabetic Medicine</i> , 2017, 34, 1100-1107.	2.3	13
82	Impact of an Automated Bihormonal Delivery System on Psychosocial Outcomes in Adults with Type 1 Diabetes. <i>Diabetes Technology and Therapeutics</i> , 2017, 19, 723-729.	4.4	13
83	Impact of Real-Time CGM Data Sharing on Quality of Life in the Caregivers of Adults and Children With Type 1 Diabetes. <i>Journal of Diabetes Science and Technology</i> , 2022, 16, 97-105.	2.2	13
84	Personal Continuous Glucose Monitoring Use Among Adults with Type 2 Diabetes: Clinical Efficacy and Economic Impacts. <i>Current Diabetes Reports</i> , 2021, 21, 49.	4.2	13
85	Key factors for overcoming psychological insulin resistance: an examination of patient perspectives through content analysis. <i>BMJ Open Diabetes Research and Care</i> , 2019, 7, e000723.	2.8	12
86	“Hyperglycemia aversiveness” Investigating an overlooked problem among adults with type 1 diabetes. <i>Journal of Diabetes and Its Complications</i> , 2021, 35, 107925.	2.3	11
87	A Short-Acting GLP-1 Analog or Prandial Insulin to Supplement Basal Insulin? “Moving Toward Personalized Management of Type 2 Diabetes Mellitus. <i>Postgraduate Medicine</i> , 2014, 126, 135-144.	2.0	10
88	When insulin degludec enhances quality of life in patients with type 2 diabetes: a qualitative investigation. <i>Health and Quality of Life Outcomes</i> , 2018, 16, 87.	2.4	10
89	Physician-patient communication at prescription of an additional oral drug for type 2 diabetes and its links to patient outcomes – New findings from the global IntroDia® study. <i>Diabetes Research and Clinical Practice</i> , 2019, 149, 89-97.	2.8	10
90	Toward effective interventions to reduce diabetes distress among adults with type 1 diabetes: Enhancing Emotion regulation and cognitive skills. <i>Patient Education and Counseling</i> , 2019, 102, 1499-1505.	2.2	10

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91	The influence of time in range on daily mood in adults with type 1 diabetes. <i>Journal of Diabetes and Its Complications</i> , 2020, 34, 107746.	2.3	10
92	Worries and concerns about hypoglycemia in adults with type 1 diabetes: An examination of the reliability and validity of the Hypoglycemic Attitudes and Behavior Scale (HABS). <i>Journal of Diabetes and Its Complications</i> , 2020, 34, 107606.	2.3	8
93	Greater fear of hypoglycaemia with premixed insulin than with basal-bolus insulin glargine and glulisine: patient-reported outcomes from a 60-week randomised study. <i>Diabetes, Obesity and Metabolism</i> , 2014, 16, 1121-1127.	4.4	7
94	Improved treatment satisfaction in patients with type 1 diabetes treated with insulin glargine 100 U/mL versus neutral protamine Hagedorn insulin: An exploration of key predictors from two randomized controlled trials. <i>Journal of Diabetes and Its Complications</i> , 2017, 31, 562-568.	2.3	6
95	Psychosocial aspects and contributions of behavioural science to medication-taking for adults with type 2 diabetes. <i>Diabetic Medicine</i> , 2020, 37, 427-435.	2.3	6
96	Hypoglycemic Confidence in the Partners of Adults with Type 1 Diabetes. <i>Diabetes Technology and Therapeutics</i> , 2020, 22, 249-255.	4.4	6
97	Patient perspectives on the role of weight management in type 2 diabetes. <i>Diabetes Research and Clinical Practice</i> , 2010, 88, 151-156.	2.8	4
98	Use of Connected Pen as a Diagnostic Tool to Evaluate Missed Bolus Dosing Behavior in People with Type 1 and Type 2 Diabetes. <i>Diabetes Technology and Therapeutics</i> , 2022, 24, 61-66.	4.4	4
99	Economic costs of implementing group interventions to reduce diabetes distress in adults with type 1 diabetes mellitus in the T1-REDEEM trial. <i>Journal of Diabetes and Its Complications</i> , 2019, 33, 107416.	2.3	3
100	Diabetes and depression were not associated in Venezuelan adults: The EVESCAM study, a national cross-sectional sample. <i>Primary Care Diabetes</i> , 2019, 13, 441-445.	1.8	3
101	Development of a Novel Tool to Support Engagement With Continuous Glucose Monitoring Systems and Optimize Outcomes. <i>Journal of Diabetes Science and Technology</i> , 2020, 14, 151-154.	2.2	3
102	Successful Health Care Provider Strategies to Overcome Psychological Insulin Resistance in United States and Canada. <i>Journal of the American Board of Family Medicine</i> , 2020, 33, 198-210.	1.5	3
103	Key Factors for Overcoming Psychological Insulin Resistance—An Examination of a Large International Sample through Content Analysis. <i>Diabetes</i> , 2018, 67, .	0.6	3
104	Physician experiences when discussing the need for additional oral medication with type 2 diabetes patients: Insights from the cross-national IntroDia® study. <i>Diabetes Research and Clinical Practice</i> , 2019, 148, 179-188.	2.8	2
105	Exploring Why People With Type 2 Diabetes Do or Do Not Persist With Glucagon-Like Peptide-1 Receptor Agonist Therapy: A Qualitative Study. <i>Diabetes Spectrum</i> , 2021, 34, 175-183.	1.0	2
106	The Role of Retrospective Data Review in the Personal Use of Real-Time Continuous Glucose Monitoring: Perceived Impact on Quality of Life and Health Outcomes. <i>Diabetes Technology and Therapeutics</i> , 2022, 24, 492-501.	4.4	2
107	The Influence of Real-Time Continuous Glucose Monitoring on Psychosocial Outcomes in Insulin-Using Type 2 Diabetes. <i>Journal of Diabetes Science and Technology</i> , 2022, , 193229682210948.	2.2	2
108	Tedious, Tiresome, and Dull: An Unrecognized Problem That We Can Solve. <i>Diabetes Spectrum</i> , 2021, 34, 85-89.	1.0	1

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109	Quality of life in patients with type 2 diabetes after switching to insulin degludec: results from a cross-sectional survey. <i>Quality of Life Research</i> , 2021, 30, 1629-1640.	3.1	1
110	Response to Comment on Edelman and Polonsky. Type 2 Diabetes in the Real World: The Elusive Nature of Glycemic Control. <i>Diabetes Care</i> 2017;40:1425-1432. <i>Diabetes Care</i> , 2018, 41, e18-e18.	8.6	0
111	When patient-reported experience does not match change in clinical outcomes: A perplexing view from the inside of a diabetes distress intervention. <i>Journal of Diabetes and Its Complications</i> , 2020, 34, 107533.	2.3	0
112	Overcoming psychological insulin resistance: A practical guide for healthcare professionals. <i>Primary Care Diabetes</i> , 2021, 15, 619-621.	1.8	0