

# Trisha A Vandusseldorp

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1943973/publications.pdf>

Version: 2024-02-01

39  
papers

1,470  
citations

516710

16  
h-index

345221

36  
g-index

40  
all docs

40  
docs citations

40  
times ranked

1669  
citing authors

#	ARTICLE	IF	CITATIONS
1	International society of sports nutrition position stand: nutrient timing. Journal of the International Society of Sports Nutrition, 2017, 14, 33.	3.9	241
2	International society of sports nutrition position stand: caffeine and exercise performance. Journal of the International Society of Sports Nutrition, 2021, 18, 1.	3.9	222
3	Autophagy and aging: Maintaining the proteome through exercise and caloric restriction. Aging Cell, 2019, 18, e12876.	6.7	157
4	International society of sports nutrition position stand: diets and body composition. Journal of the International Society of Sports Nutrition, 2017, 14, 16.	3.9	155
5	Time-restricted feeding plus resistance training in active females: a randomized trial. American Journal of Clinical Nutrition, 2019, 110, 628-640.	4.7	126
6	Common questions and misconceptions about creatine supplementation: what does the scientific evidence really show?. Journal of the International Society of Sports Nutrition, 2021, 18, 13.	3.9	62
7	Four Weeks of Time-Restricted Feeding Combined with Resistance Training Does Not Differentially Influence Measures of Body Composition, Muscle Performance, Resting Energy Expenditure, and Blood Biomarkers. Nutrients, 2020, 12, 1126.	4.1	53
8	Effect of Branched-Chain Amino Acid Supplementation on Recovery Following Acute Eccentric Exercise. Nutrients, 2018, 10, 1389.	4.1	47
9	Taurine in sports and exercise. Journal of the International Society of Sports Nutrition, 2021, 18, 39.	3.9	43
10	International Society of Sports Nutrition position stand: sodium bicarbonate and exercise performance. Journal of the International Society of Sports Nutrition, 2021, 18, 61.	3.9	38
11	Effects of Probiotic (Bacillus subtilis) Supplementation During Offseason Resistance Training in Female Division I Athletes. Journal of Strength and Conditioning Research, 2020, 34, 3173-3181.	2.1	36
12	Supplements and Nutritional Interventions to Augment High-Intensity Interval Training Physiological and Performance Adaptationsâ€”A Narrative Review. Nutrients, 2020, 12, 390.	4.1	33
13	Physiological differences between advanced CrossFit athletes, recreational CrossFit participants, and physically-active adults. PLoS ONE, 2020, 15, e0223548.	2.5	27
14	Carbohydrate intake and resistance-based exercise: are current recommendations reflective of actual need?. British Journal of Nutrition, 2016, 116, 2053-2065.	2.3	22
15	Predictors of CrossFit Open Performance. Sports, 2020, 8, 102.	1.7	20
16	Rate of Force Development as a Predictor of Mobility in Community-dwelling Older Adults. Journal of Geriatric Physical Therapy, 2021, 44, 74-81.	1.1	19
17	Nitrate-Containing Beetroot Juice Reduces Oxygen Consumption During Submaximal Exercise in Low but Not High Aerobically Fit Male Runners. Journal of Exercise Nutrition & Biochemistry, 2016, 20, 27-34.	1.3	18
18	The Effect of a Moderately Low and High Carbohydrate Intake on Crossfit Performance. International Journal of Exercise Science, 2016, 9, 460-470.	0.5	16

#	ARTICLE	IF	CITATIONS
19	Metabolic effects of two high-intensity circuit training protocols: Does sequence matter?. <i>Journal of Exercise Science and Fitness</i> , 2020, 18, 14-20.	2.2	14
20	Impact of Varying Dosages of Fish Oil on Recovery and Soreness Following Eccentric Exercise. <i>Nutrients</i> , 2020, 12, 2246.	4.1	11
21	The Effects of Aerobic-Resistance Training and Broccoli Supplementation on Plasma Dectin-1 and Insulin Resistance in Males with Type 2 Diabetes. <i>Nutrients</i> , 2021, 13, 3144.	4.1	11
22	International society of sports nutrition position stand: tactical athlete nutrition. <i>Journal of the International Society of Sports Nutrition</i> , 2022, 19, 267-315.	3.9	11
23	Early and late rapid torque characteristics and select physiological correlates in middle-aged and older males. <i>PLoS ONE</i> , 2020, 15, e0231907.	2.5	10
24	Neuromuscular function of the plantar flexors and predictors of peak power in middle-aged and older males. <i>Experimental Gerontology</i> , 2019, 125, 110677.	2.8	9
25	Safety of Short-Term Supplementation with Methylliberine (Dynamine®) Alone and in Combination with TeaCrine® in Young Adults. <i>Nutrients</i> , 2020, 12, 654.	4.1	9
26	Effects of Three Different Modes of Resistance Training on Appetite Hormones in Males With Obesity. <i>Frontiers in Physiology</i> , 2022, 13, 827335.	2.8	9
27	Isometric versus isotonic contractions: Sex differences in the fatigability and recovery of isometric strength and high-velocity contractile parameters. <i>Physiological Reports</i> , 2021, 9, e14821.	1.7	7
28	Microbiopsy Sampling for Examining Age-Related Differences in Skeletal Muscle Fiber Morphology and Composition. <i>Frontiers in Physiology</i> , 2021, 12, 756626.	2.8	7
29	The Effect of ProHydrolase® on the Amino Acid and Intramuscular Anabolic Signaling Response to Resistance Exercise in Trained Males. <i>Sports</i> , 2020, 8, 13.	1.7	6
30	Differential Effects of Exercise Programs on Neuregulin 4, Body Composition and Cardiometabolic Risk Factors in Men With Obesity. <i>Frontiers in Physiology</i> , 2021, 12, 797574.	2.8	6
31	Effects of Exercise Training on Bone Health Parameters in Individuals With Obesity: A Systematic Review and Meta-Analysis. <i>Frontiers in Physiology</i> , 2021, 12, 807110.	2.8	5
32	Application of the neuromuscular fatigue threshold treadmill test to muscles of the quadriceps and hamstrings. <i>Journal of Sport and Health Science</i> , 2020, 9, 628-633.	6.5	4
33	Sit-to-Stand Kinetics and Correlates of Performance in Young and Older Males. <i>Archives of Gerontology and Geriatrics</i> , 2020, 91, 104215.	3.0	4
34	Autophagy response to acute high-intensity interval training and moderate-intensity continuous training is dissimilar in skeletal muscle and peripheral blood mononuclear cells and is influenced by sex. <i>Human Nutrition and Metabolism</i> , 2021, 23, 200118.	1.7	4
35	Effect of Intensity on Changes in Cardiac Autonomic Control of Heart Rate and Arterial Stiffness After Equated Continuous Running Training Programs. <i>Frontiers in Physiology</i> , 2021, 12, 758299.	2.8	4
36	The addition of $\beta$ -Hydroxy $\beta$ -Methylbutyrate (HMB) to creatine monohydrate supplementation does not improve anthropometric and performance maintenance across a collegiate rugby season. <i>Journal of the International Society of Sports Nutrition</i> , 2020, 17, 28.	3.9	3

#	ARTICLE	IF	CITATIONS
37	Reply to "Programming may matter most." Response to "Metabolic effects of two high-intensity circuit training protocols: Does sequence matter?" Journal of Exercise Science and Fitness, 2021, 19, 49-50.	2.2	0
38	Autophagy and aging. , 2021, , 577-588.		0
39	Endocrine and Body Composition Changes Across a Competitive Season in Collegiate Speed-Power Track and Field Athletes. Journal of Strength and Conditioning Research, 2021, 35, 2067-2074.	2.1	0