

# William Bostad

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1934374/publications.pdf>

Version: 2024-02-01

3  
papers

27  
citations

2682572

2  
h-index

2550090

3  
g-index

3  
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3  
docs citations

3  
times ranked

19  
citing authors

#	ARTICLE	IF	CITATIONS
1	Twelve weeks of sprint interval training increases peak cardiac output in previously untrained individuals. <i>European Journal of Applied Physiology</i> , 2021, 121, 2449-2458.	2.5	13
2	Increased cardiorespiratory stress during submaximal cycling after ketone monoester ingestion in endurance-trained adults. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021, 46, 986-993.	1.9	13
3	Simple Bodyweight Training Improves Cardiorespiratory Fitness with Minimal Time Commitment: A Contemporary Application of the 5BX Approach. <i>International Journal of Exercise Science</i> , 2021, 14, 93-100.	0.5	1