

Ignacio Chiroso

List of Publications by Year in descending order

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Version: 2024-02-01

21
papers

232
citations

1040056

9
h-index

1058476

14
g-index

23
all docs

23
docs citations

23
times ranked

334
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of Variable Resistance Training on Maximal Strength. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 3260-3270.	2.1	45
2	Effects of Fatigue on Throwing Performance in Experienced Team Handball Players. <i>Journal of Human Kinetics</i> , 2016, 54, 103-113.	1.5	21
3	Short-term ubiquinol supplementation reduces oxidative stress associated with strenuous exercise in healthy adults: A randomized trial. <i>BioFactors</i> , 2016, 42, 612-622.	5.4	20
4	Changes in the redox status and inflammatory response in handball players during one-year of competition and training. <i>Journal of Sports Sciences</i> , 2013, 31, 1197-1207.	2.0	15
5	Beneficial Effect of Ubiquinol on Hematological and Inflammatory Signaling during Exercise. <i>Nutrients</i> , 2020, 12, 424.	4.1	14
6	Reliability of a standing isokinetic shoulder rotators strength test using a functional electromechanical dynamometer: effects of velocity. <i>PeerJ</i> , 2020, 8, e9951.	2.0	12
7	Effect of Antioxidant Supplementation on Markers of Oxidative Stress and Muscle Damage after Strength Exercise: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1803.	2.6	12
8	Ubiquinol supplementation modulates energy metabolism and bone turnover during high intensity exercise. <i>Food and Function</i> , 2020, 11, 7523-7531.	4.6	10
9	The Effect of Acute Moderate Hypoxia on Accumulated Oxygen Deficit During Intermittent Exercise in Nonacclimatized Men. <i>Journal of Strength and Conditioning Research</i> , 2007, 21, 413.	2.1	10
10	Predicting Power Output of Upper Body using the OMNI-RES Scale. <i>Journal of Human Kinetics</i> , 2014, 44, 161-169.	1.5	9
11	Concurrent Validity of a Velocity Perception Scale to Monitor Back Squat Exercise Intensity in Young Skiers. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 421-429.	2.1	9
12	Effects of Pre-Activation with Variable Intra-Repetition Resistance on Throwing Velocity in Female Handball Players: A Methodological Proposal. <i>Journal of Human Kinetics</i> , 2021, 77, 235-244.	1.5	9
13	Development and validity of a scale of perception of velocity in resistance exercise. <i>Journal of Sports Science and Medicine</i> , 2014, 13, 542-9.	1.6	9
14	Isokinetic Trunk Strength in Acute Low Back Pain Patients Compared to Healthy Subjects: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2576.	2.6	8
15	A new physical performance classification system for elite handball players: cluster analysis. <i>Journal of Human Kinetics</i> , 2016, 51, 131-142.	1.5	6
16	Test-retest reliability of a functional electromechanical dynamometer on swing eccentric hamstring exercise measures in soccer players. <i>PeerJ</i> , 2021, 9, e11743.	2.0	6
17	Reliability of Isokinetic Hip Flexor and Extensor Strength Measurements in Healthy Subjects and Athletes: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11326.	2.6	5
18	Differences in Utilization of Lower Limb Muscle Power in Squat Jump With Positive and Negative Load. <i>Frontiers in Physiology</i> , 2020, 11, 573.	2.8	4

#	ARTICLE	IF	CITATIONS
19	Influencia de la densidad de jugadores sobre la frecuencia cardíaca y respuestas técnicas en jóvenes jugadores de fútbol. [Influence of the density of players on their heart rate and its technical implications on young football players].. RICYDE Revista Internacional De Ciencias Del Deporte, 2015, 11, 116-128.	0.2	2
20	RPE y velocidad como marcadores de intensidad en el press de banca / RPE and Velocity How Intensity Markers of Bench Press Exercise. Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte, 2016, 62, 229-241.	0.2	0
21	INFLUENCE OF MAXIMAL ISOMETRIC STRENGTH ON 20-METER SPRINT TIME. Revista Brasileira De Medicina Do Esporte, 2021, 27, 60-64.	0.2	0