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List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Plasma fatty acid composition, estimated desaturase activities, and their relation with the metabolic syndrome in a population at high risk of cardiovascular disease. Clinical Nutrition, 2014, 33, 90-97.	5.0	123
2	Association of maternal weight with FADS and ELOVL genetic variants and fatty acid levels- The PREOBE follow-up. PLoS ONE, 2017, 12, e0179135.	2.5	30
3	Changes in plasma fatty acid composition are associated with improvements in obesity and related metabolic disorders: A therapeutic approach to overweight adolescents. Clinical Nutrition, 2018, 37, 149-156.	5.0	25
4	Gene Expression of Desaturase (FADS1 and FADS2) and Elongase (ELOVL5) Enzymes in Peripheral Blood: Association with Polyunsaturated Fatty Acid Levels and Atopic Eczema in 4-Year-Old Children. PLoS ONE, 2013, 8, e78245.	2.5	20
5	Relation between plasma antioxidant vitamin levels, adiposity and cardio-metabolic profile in adolescents: Effects of a multidisciplinary obesity programme. Clinical Nutrition, 2017, 36, 209-217.	5.0	19
6	A short dance-exercise intervention as a strategy for improving quality of life in inactive workers. Health Education Journal, 2017, 76, 936-945.	1.2	5
7	Dietary Intake, Nutritional Status and Sensory Profile in Children with Autism Spectrum Disorder and Typical Development. Nutrients, 2022, 14, 2155.	4.1	5
8	Anthropometric and hematological tests to diagnose nutritional deficiencies in schoolchildren of indigenous communities living in the Andean region of Ecuador. Revista De Nutricao, 2017, 30, 723-733.	0.4	4
9	Body composition and dairy intake in sedentary employees who participated in a healthy program based on nutrition education and Zumba. Clinical Nutrition, 2019, 38, 2277-2286.	5.0	4
10	The cognitive performance of indigenous schoolchildren in relation to their feeding during infancy. American Journal of Human Biology, 2020, 32, e23326.	1.6	2
11	Comparison of Hemoglobin Concentration Adjusted for Altitude and Serum Iron and Ferritin to Diagnose Anemia in Childhood in Highlands. Blood, 2016, 128, 2459-2459.	1.4	2
12	A 5-week Zumba Fitness® Intervention Improves Quality Of Life In Inactive Ecuadorian Workers. Medicine and Science in Sports and Exercise, 2016, 48, 597.	0.4	0
13	Zumba Fitness To Improve Body Composition & Physical Fitness In Inactive Employed Females. Medicine and Science in Sports and Exercise, 2017, 49, 39.	0.4	0