

Associate Daniel Erlacher

List of Publications by Year in descending order

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Version: 2024-02-01

58
papers

1,680
citations

361413

20
h-index

302126

39
g-index

73
all docs

73
docs citations

73
times ranked

1222
citing authors

#	ARTICLE	IF	CITATIONS
1	Recovery and Performance in Sport: Consensus Statement. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 240-245.	2.3	350
2	Sleep habits in German athletes before important competitions or games. <i>Journal of Sports Sciences</i> , 2011, 29, 859-866.	2.0	158
3	Induction of lucid dreams: A systematic review of evidence. <i>Consciousness and Cognition</i> , 2012, 21, 1456-1475.	1.5	132
4	Lucid dreaming frequency and personality. <i>Personality and Individual Differences</i> , 2004, 37, 1463-1473.	2.9	108
5	Frequency of Lucid Dreaming in a Representative German Sample. <i>Perceptual and Motor Skills</i> , 2011, 112, 104-108.	1.3	71
6	Testing the involvement of the prefrontal cortex in lucid dreaming: A tDCS study. <i>Consciousness and Cognition</i> , 2013, 22, 1214-1222.	1.5	69
7	Practicing a Motor Task in a Lucid Dream Enhances Subsequent Performance: A Pilot Study. <i>Sport Psychologist</i> , 2010, 24, 157-167.	0.9	63
8	The Phenomenology of Lucid Dreaming: An Online Survey. <i>American Journal of Psychology</i> , 2014, 127, 191-204.	0.3	62
9	Near-infrared spectroscopy-derived muscle oxygen saturation on a 0% to 100% scale: reliability and validity of the Moxy Monitor. <i>Journal of Biomedical Optics</i> , 2019, 24, 1.	2.6	59
10	Self-Reported Effects of Dreams on Waking-Life Creativity: An Empirical Study. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2007, 141, 35-46.	1.6	50
11	Sleep-Related Issues for Recovery and Performance in Athletes. <i>International Journal of Sports Physiology and Performance</i> , 2019, 14, 144-148.	2.3	42
12	Effectiveness of motor practice in lucid dreams: a comparison with physical and mental practice. <i>Journal of Sports Sciences</i> , 2016, 34, 27-34.	2.0	41
13	Relation Between Waking Sport Activities, Reading, and Dream Content in Sport Students and Psychology Students. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2008, 142, 267-276.	1.6	39
14	Sleep-dependent motor memory consolidation in healthy adults: A meta-analysis. <i>Neuroscience and Biobehavioral Reviews</i> , 2020, 118, 270-281.	6.1	33
15	Benefits of Sleep in Motor Learning – Prospects and Limitations. <i>Journal of Human Kinetics</i> , 2008, 20, 23-35.	1.5	32
16	Moderate Exercise Plus Sleep Education Improves Self-Reported Sleep Quality, Daytime Mood, and Vitality in Adults with Chronic Sleep Complaints: A Waiting List-Controlled Trial. <i>Sleep Disorders</i> , 2011, 2011, 1-10.	1.4	30
17	Meta-Awareness During Day and Night. <i>Imagination, Cognition and Personality</i> , 2015, 34, 415-433.	0.9	27
18	Cardiovascular responses to dreamed physical exercise during REM lucid dreaming.. <i>Dreaming</i> , 2008, 18, 112-121.	0.5	25

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19	Time for actions in lucid dreams: effects of task modality, length, and complexity. <i>Frontiers in Psychology</i> , 2013, 4, 1013.	2.1	25
20	Frequency of Lucid Dreams and Lucid Dream Practice in German Athletes. <i>Imagination, Cognition and Personality</i> , 2012, 31, 237-246.	0.9	23
21	Improvement of darts performance following lucid dream practice depends on the number of distractions while rehearsing within the dream “a sleep laboratory pilot study. <i>Journal of Sports Sciences</i> , 2017, 35, 2365-2372.	2.0	23
22	Frequency of Nightmares and Gender Significantly Predict Distressing Dreams of German Athletes Before Competitions or Games. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2011, 145, 331-342.	1.6	21
23	Changes in Subjective Sleep Quality Before a Competition and Their Relation to Competitive Anxiety. <i>Behavioral Sleep Medicine</i> , 2018, 16, 553-568.	2.1	20
24	Muscle oxygen dynamics in elite climbers during finger-hang tests at varying intensities. <i>Scientific Reports</i> , 2020, 10, 3040.	3.3	18
25	Critical oxygenation: Can muscle oxygenation inform us about critical power?. <i>Medical Hypotheses</i> , 2021, 150, 110575.	1.5	16
26	The effects of exercise on self-rated sleep among adults with chronic sleep complaints. <i>Journal of Sport and Health Science</i> , 2015, 4, 289-298.	6.5	14
27	Mindfulness and Lucid Dream Frequency Predicts the Ability to Control Lucid Dreams. <i>Imagination, Cognition and Personality</i> , 2017, 36, 229-239.	0.9	14
28	Heart-Rate Variability During Deep Sleep in World-Class Alpine Skiers: A Time-Efficient Alternative to Morning Supine Measurements. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 648-654.	2.3	11
29	Inner ghosts: Encounters with threatening dream characters in lucid dreams.. <i>Dreaming</i> , 2017, 27, 40-48.	0.5	10
30	Time Required for Motor Activity in Lucid Dreams. <i>Perceptual and Motor Skills</i> , 2004, 99, 1239-1242.	1.3	9
31	Wake Up, Work on Dreams, Back to Bed and Lucid Dream: A Sleep Laboratory Study. <i>Frontiers in Psychology</i> , 2020, 11, 1383.	2.1	8
32	Dream recall, nightmare frequency, and spirituality.. <i>Dreaming</i> , 2016, 26, 1-9.	0.5	6
33	Inducing lucid dreams by olfactory-cued reactivation of reality testing during early-morning sleep: A proof of concept. <i>Consciousness and Cognition</i> , 2020, 83, 102975.	1.5	6
34	Practicing sports in lucid dreams “ characteristics, effects, and practical implications. <i>Current Issues in Sport Science</i> , 0, , .	0.1	6
35	Dream characters and the dream ego: An exploratory online study in lucid dreams.. <i>Dreaming</i> , 2014, 24, 138-151.	0.5	5
36	Neuromuscular training in construction workers: a longitudinal controlled pilot study. <i>International Archives of Occupational and Environmental Health</i> , 2015, 88, 697-705.	2.3	5

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37	TIME REQUIRED FOR MOTOR ACTIVITY IN LUCID DREAMS. <i>Perceptual and Motor Skills</i> , 2004, 99, 1239.	1.3	5
38	Dream Consciousness and Sleep Physiology. <i>The Frontiers Collection</i> , 2011, , 93-108.	0.2	4
39	Offline improvement occurs for temporal stability but not accuracy following practice of integer and non-integer rhythms. <i>Acta Psychologica</i> , 2012, 140, 266-273.	1.5	4
40	Consciousness and Meta-Consciousness During Sleep. <i>Handbook of Behavioral Neuroscience</i> , 2019, 30, 283-295.	0.7	4
41	Fever Dreams: An Online Study. <i>Frontiers in Psychology</i> , 2020, 11, 53.	2.1	3
42	Acute Effect of High-Intensity Climbing on Performance and Muscle Oxygenation in Elite Climbers. <i>Journal of Science in Sport and Exercise</i> , 2022, 4, 145-155.	1.0	3
43	Lucid Dreaming. , 2017, , 539-545.e4.		2
44	Factors of Home Dream Recall and Nightmare Frequency in a Non-Student Sample. <i>Imagination, Cognition and Personality</i> , 2014, 33, 271-284.	0.9	1
45	Lucid music – A pilot study exploring the experiences and potential of music-making in lucid dreams.. <i>Dreaming</i> , 2018, 28, 278-286.	0.5	1
46	Combining Wake-Up-Back-to-Bed with Cognitive Induction Techniques: Does Earlier Sleep Interruption Reduce Lucid Dream Induction Rate?. <i>Clocks & Sleep</i> , 2022, 4, 230-239.	2.0	1
47	Schlaf von Athletinnen und Athleten. , 2019, , 97-110.		0
48	Jetlag im Sport. , 2019, , 125-134.		0
49	Schlafstörungen im Überblick. , 2019, , 43-53.		0
50	Perspektiven der Sportwissenschaft. , 2019, , 3-12.		0
51	Techniktraining im Klartraum. , 2019, , 183-196.		0
52	Sensorik und Motorik im Schlaf. , 2019, , 159-169.		0
53	Sport fördert Schlaf. , 2019, , 147-157.		0
54	Gedächtniskonsolidierung im Schlaf. , 2019, , 135-145.		0

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55	Traumerleben von Athletinnen und Athleten. , 2019, , 171-181.		0
56	Schlaf und sportliche Wettkämpfe. , 2019, , 111-123.		0
57	Predict Failure: Muscle Oxygen Dynamics In Elite Climbers During Finger Hang Tests. Medicine and Science in Sports and Exercise, 2019, 51, 949-949.	0.4	0
58	Lucid Dream Sport Practice in Japanese College Athletes: A Questionnaire Study. International Journal of Sport and Health Science, 2022, , .	0.2	0