

# Eleanor Quested

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

67

papers

1,485

citations

21

h-index

37

g-index

72

ext. papers

1,891

ext. citations

3.5

avg. IF

4.99

L-index

#	Paper	IF	Citations
67	A systematic review examining socioeconomic factors in trials of interventions for men that report weight as an outcome.. <i>Obesity Reviews</i> , <b>2022</b> , e13436	10.6	1
66	Challenges to Engaging Older Adults in a Group-Based Walking Intervention: Lessons From the Residents in Action Trial.. <i>Journal of Aging and Physical Activity</i> , <b>2021</b> , 1-11	1.6	0
65	The Aussie-FIT process evaluation: feasibility and acceptability of a weight loss intervention for men, delivered in Australian Football League settings. <i>Psychology and Health</i> , <b>2021</b> , 1-20	2.9	1
64	A meta-analysis of self-determination theory-informed intervention studies in the health domain: effects on motivation, health behavior, physical, and psychological health. <i>Health Psychology Review</i> , <b>2021</b> , 15, 214-244	7.1	140
63	An intervention to optimise coach-created motivational climates and reduce athlete willingness to dope (CoachMADE): a three-country cluster randomised controlled trial. <i>British Journal of Sports Medicine</i> , <b>2021</b> , 55, 213-219	10.3	7
62	Development and feasibility of a mobile phone application designed to support physically inactive employees to increase walking. <i>BMC Medical Informatics and Decision Making</i> , <b>2021</b> , 21, 23	3.6	3
61	Postnatal Exercise Partners Study (PEEPS): a pilot randomized trial of a dyadic physical activity intervention for postpartum mothers and a significant other. <i>Health Psychology and Behavioral Medicine</i> , <b>2021</b> , 9, 251-284	2.2	
60	Feasibility and preliminary effects of a peer-led motivationally-embellished workplace walking intervention: A pilot cluster randomized trial (the START trial). <i>Contemporary Clinical Trials</i> , <b>2020</b> , 91, 105969	2.3	1
59	Self-Compassion and Need Frustration Moderate the Effects of Upward Appearance Comparisons on Body Image Discrepancies. <i>Journal of Psychology: Interdisciplinary and Applied</i> , <b>2020</b> , 154, 292-308	2.7	2
58	Measuring psychological need states in sport: Theoretical considerations and a new measure. <i>Psychology of Sport and Exercise</i> , <b>2020</b> , 47, 101617	4.2	16
57	Theory-based digital intervention to promote weight loss and weight loss maintenance (Choosing Health): protocol for a randomised controlled trial. <i>BMJ Open</i> , <b>2020</b> , 10, e040183	3	2
56	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial. <i>PLoS Medicine</i> , <b>2020</b> , 17, e1003136	11.6	6
55	Team resilience: A scoping review of conceptual and empirical work. <i>Work and Stress</i> , <b>2020</b> , 34, 57-81	6.1	26
54	Longitudinal relations between psychological distress and moderate-to-vigorous physical activity: A latent change score approach. <i>Psychology of Sport and Exercise</i> , <b>2020</b> , 47, 101490	4.2	6
53	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial <b>2020</b> , 17, e1003136		
52	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial <b>2020</b> , 17, e1003136		
51	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial <b>2020</b> , 17, e1003136		

50	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial <b>2020</b> , 17, e1003136		
49	Trial feasibility and process evaluation of a motivationally-embellished group peer led walking intervention in retirement villages using the RE-AIM framework: the residents in action trial (RiAT). <i>Health Psychology and Behavioral Medicine</i> , <b>2019</b> , 7, 202-233	2.2	9
48	Conceptualizing and testing a new tripartite measure of coach interpersonal behaviors. <i>Psychology of Sport and Exercise</i> , <b>2019</b> , 44, 107-120	4.2	71
47	Obtaining information from family caregivers to inform hospital care for people with dementia: A pilot study. <i>International Journal of Older People Nursing</i> , <b>2019</b> , 14, e12219	2.3	4
46	Dyadic interventions to promote physical activity and reduce sedentary behaviour: systematic review and meta-analysis. <i>Health Psychology Review</i> , <b>2019</b> , 13, 91-109	7.1	75
45	Development and pilot testing of the "focus on the person" form: Supporting care transitions for people with dementia. <i>Dementia</i> , <b>2019</b> , 18, 2018-2035	3	1
44	A cross-cultural study testing the universality of basic psychological needs theory across different academic subjects. <i>Psychology in the Schools</i> , <b>2018</b> , 55, 350-365	1.5	5
43	"Shall We Dance?" Older Adults' Perspectives on the Feasibility of a Dance Intervention for Cognitive Function. <i>Journal of Aging and Physical Activity</i> , <b>2018</b> , 26, 553-560	1.6	9
42	The emergence of team resilience: A multilevel conceptual model of facilitating factors. <i>Journal of Occupational and Organizational Psychology</i> , <b>2018</b> , 91, 729-768	3.7	49
41	A diary study of appearance social comparisons and need frustration in young women. <i>Personality and Individual Differences</i> , <b>2018</b> , 122, 120-126	3.3	8
40	Putting self-determination theory into practice: application of adaptive motivational principles in the exercise domain. <i>Qualitative Research in Sport, Exercise and Health</i> , <b>2018</b> , 10, 75-91	7	25
39	The Need-Relevant Instructor Behaviors Scale: Development and Initial Validation. <i>Journal of Sport and Exercise Psychology</i> , <b>2018</b> , 40, 259-268	1.5	10
38	Protocol for a gender-sensitised weight loss and healthy living programme for overweight and obese men delivered in Australian football league settings (Aussie-FIT): A feasibility and pilot randomised controlled trial. <i>BMJ Open</i> , <b>2018</b> , 8, e022663	3	14
37	Community Gardening: Basic Psychological Needs as Mechanisms to Enhance Individual and Community Well-Being. <i>Ecopsychology</i> , <b>2018</b> , 10, 173-180	1.7	8
36	Observing the coach-created motivational environment across training and competition in youth sport. <i>Journal of Sports Sciences</i> , <b>2017</b> , 35, 149-158	3.6	29
35	Teacher-created social environment, basic psychological needs, and dancers' affective states during class: A diary study. <i>Personality and Individual Differences</i> , <b>2017</b> , 115, 137-143	3.3	8
34	An Intervention to Optimize Coach Motivational Climates and Reduce Athlete Willingness to Dope (CoachMADE): Protocol for a Cross-Cultural Cluster Randomized Control Trial. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 2301	3.4	7
33	Protocol for the residents in action pilot cluster randomised controlled trial (RiAT): evaluating a behaviour change intervention to promote walking, reduce sitting and improve mental health in physically inactive older adults in retirement villages. <i>BMJ Open</i> , <b>2017</b> , 7, e015543	3	7

32	How perceived autonomy support and controlling coach behaviors are related to well- and ill-being in elite soccer players: A within-person changes and between-person differences analysis. <i>Psychology of Sport and Exercise</i> , <b>2017</b> , 28, 68-77	4.2	30
31	The effects of training group exercise class instructors to adopt a motivationally adaptive communication style. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2017</b> , 27, 1026-1034	4.6	61
30	Evaluating quality of implementation in physical activity interventions based on theories of motivation: current challenges and future directions. <i>International Review of Sport and Exercise Psychology</i> , <b>2017</b> , 10, 252-269	4.8	25
29	Need-supportive communication <b>2017</b> , 155-169		18
28	Within- and between-person predictors of disordered eating attitudes among male and female dancers: Findings from the UK Centres for Advanced Training. <i>Psychology of Sport and Exercise</i> , <b>2016</b> , 27, 101-111	4.2	8
27	Initial validation of the coach-created Empowering and Disempowering Motivational Climate Questionnaire (EDMCQ-C). <i>Psychology of Sport and Exercise</i> , <b>2016</b> , 22, 53-65	4.2	75
26	The relationship between observed and perceived assessments of the coach-created motivational environment and links to athlete motivation. <i>Psychology of Sport and Exercise</i> , <b>2016</b> , 23, 51-63	4.2	39
25	Validating a measure of life satisfaction in older adolescents and testing invariance across time and gender. <i>Personality and Individual Differences</i> , <b>2016</b> , 99, 217-224	3.3	4
24	A review of observational instruments to assess the motivational environment in sport and physical education settings. <i>International Review of Sport and Exercise Psychology</i> , <b>2016</b> , 9, 134-159	4.8	14
23	Antecedents of Need Supportive and Controlling Interpersonal Styles From a Self-Determination Theory Perspective: A Review and Implications for Sport Psychology Research <b>2016</b> , 145-180		18
22	Development and validation of the multidimensional motivational climate observation system. <i>Journal of Sport and Exercise Psychology</i> , <b>2015</b> , 37, 4-22	1.5	67
21	Examination of the internal structure of the behavioural regulation in sport questionnaire among dancers. <i>International Journal of Sport and Exercise Psychology</i> , <b>2015</b> , 13, 382-397	2.5	9
20	An intervention to train group exercise class instructors to adopt a motivationally adaptive communication style: a quasi-experimental study protocol. <i>Health Psychology and Behavioral Medicine</i> , <b>2015</b> , 3, 190-203	2.2	19
19	Suitability of the Perceived Motivational Climate in Sport Questionnaire-2 for Dance Research: A Think Aloud Approach. <i>Journal of Dance Medicine and Science</i> , <b>2015</b> , 19, 149-62	0.7	1
18	The effect of manipulated and accurate assessment feedback on the self-efficacy of dance students. <i>Journal of Dance Medicine and Science</i> , <b>2015</b> , 19, 22-30	0.7	4
17	Coach autonomy support predicts autonomous motivation and daily moderate-to-vigorous physical activity and sedentary time in youth sport participants. <i>Psychology of Sport and Exercise</i> , <b>2014</b> , 15, 453-463	4.2	47
16	The relationship between the objectively rated coach-created motivational climate, and athletes' basic psychological needs and sport enjoyment. <i>Japanese Journal of Physical Fitness and Sports Medicine</i> , <b>2014</b> , 63, 161-161	0.1	
15	Intentions to drop-out of youth soccer: A test of the basic needs theory among European youth from five countries. <i>International Journal of Sport and Exercise Psychology</i> , <b>2013</b> , 11, 395-407	2.5	65

14	Measurement invariance of the Behavioural Regulation in Sport Questionnaire when completed by young athletes across five European countries. <i>International Journal of Sport and Exercise Psychology</i> , <b>2013</b> , 11, 384-394	2.5	34
13	Comparing self-reported leisure-time physical activity, subjective health, and life satisfaction among youth soccer players and adolescents in a reference sample. <i>International Journal of Sport and Exercise Psychology</i> , <b>2013</b> , 11, 328-340	2.5	16
12	Daily fluctuations in the affective states of dancers: A cross-situational test of basic needs theory. <i>Psychology of Sport and Exercise</i> , <b>2013</b> , 14, 586-595	4.2	16
11	Promoting Adolescent health through an intervention aimed at improving the quality of their participation in Physical Activity (PAPA): Background to the project and main trial protocol. <i>International Journal of Sport and Exercise Psychology</i> , <b>2013</b> , 11, 319-327	2.5	54
10	Comparing the objective motivational climate created by grassroots soccer coaches in England, Greece and France. <i>International Journal of Sport and Exercise Psychology</i> , <b>2013</b> , 11, 365-383	2.5	27
9	Physical activity and sedentary behaviours among grassroots football players: A comparison across three European countries. <i>International Journal of Sport and Exercise Psychology</i> , <b>2013</b> , 11, 341-350	2.5	14
8	Antecedents of burnout among elite dancers: A longitudinal test of basic needs theory. <i>Psychology of Sport and Exercise</i> , <b>2011</b> , 12, 159-167	4.2	67
7	Basic psychological need satisfaction, stress-related appraisals, and dancers' cortisol and anxiety responses. <i>Journal of Sport and Exercise Psychology</i> , <b>2011</b> , 33, 828-46	1.5	63
6	Predictores socio-contextuales y motivacionales de la intención de continuar participando: Un análisis desde la SDT en danza. (Social-contextual and motivational predictors of intentions to continue participation: A test of SDT in dance).. <i>RICYDE Revista Internacional De Ciencias Del Deporte</i> , <b>2011</b> , 7, 305-319	1.5	9
5	Exploring the social-environmental determinants of well- and ill-being in dancers: a test of basic needs theory. <i>Journal of Sport and Exercise Psychology</i> , <b>2010</b> , 32, 39-60	1.5	102
4	Setting the Stage: Social-environmental and motivational predictors of optimal training engagement. <i>Performance Research</i> , <b>2009</b> , 14, 36-45	0.1	6
3	Assessment of nutritional knowledge in female athletes susceptible to the Female Athlete Triad syndrome. <i>Journal of Occupational Medicine and Toxicology</i> , <b>2007</b> , 2, 10	2.7	19
2	Psychosocial outcomes of sport participation for middle-aged and older adults: a systematic review and meta-analysis. <i>International Review of Sport and Exercise Psychology</i> , 1-22	4.8	2
1	The effectiveness of stress regulation interventions with athletes: A systematic review and multilevel meta-analysis of randomised controlled trials. <i>International Review of Sport and Exercise Psychology</i> , 1-37	4.8	2