

John Broom

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1888422/publications.pdf>

Version: 2024-02-01

48
papers

2,483
citations

304743

22
h-index

254184

43
g-index

48
all docs

48
docs citations

48
times ranked

2913
citing authors

#	ARTICLE	IF	CITATIONS
1	Systematic review of randomized controlled trials of low-carbohydrate vs. low-fat/low-calorie diets in the management of obesity and its comorbidities. <i>Obesity Reviews</i> , 2009, 10, 36-50.	6.5	336
2	Effects of Weight Loss in Overweight/Obese Individuals and Long-Term Hypertension Outcomes. <i>Hypertension</i> , 2005, 45, 1035-1041.	2.7	215
3	Effects of weight loss in overweight/obese individuals and long-term lipid outcomes – a systematic review. <i>Obesity Reviews</i> , 2004, 5, 43-50.	6.5	192
4	Evaluation of the Counterweight Programme for obesity management in primary care: a starting point for continuous improvement. <i>British Journal of General Practice</i> , 2008, 58, 548-554.	1.4	173
5	What interventions should we add to weight reducing diets in adults with obesity? A systematic review of randomized controlled trials of adding drug therapy, exercise, behaviour therapy or combinations of these interventions. <i>Journal of Human Nutrition and Dietetics</i> , 2004, 17, 293-316.	2.5	141
6	What are the long-term benefits of weight reducing diets in adults? A systematic review of randomized controlled trials. <i>Journal of Human Nutrition and Dietetics</i> , 2004, 17, 317-335.	2.5	138
7	Efficacy and tolerability of orlistat in the treatment of obesity: a 6-month dose-ranging study. <i>European Journal of Clinical Pharmacology</i> , 1998, 54, 125-132.	1.9	134
8	The role of degradation in the acute control of protein balance in adult man: Failure of feeding to stimulate protein synthesis as assessed by L-[1-13C]leucine infusion. <i>Metabolism: Clinical and Experimental</i> , 1989, 38, 248-255.	3.4	112
9	A new evidence-based model for weight management in primary care: the Counterweight Programme. <i>Journal of Human Nutrition and Dietetics</i> , 2004, 17, 191-208.	2.5	108
10	Weight loss in obese diabetic and non-diabetic individuals and long-term diabetes outcomes - a systematic review. <i>Diabetes, Obesity and Metabolism</i> , 2004, 6, 85-94.	4.4	102
11	Evidence that a polymorphism within the 3'UTR of glutathione peroxidase 4 is functional and is associated with susceptibility to colorectal cancer. <i>Genes and Nutrition</i> , 2007, 2, 225-232.	2.5	83
12	Long-term weight loss effects on all cause mortality in overweight/obese populations. <i>Obesity Reviews</i> , 2007, 8, 503-513.	6.5	81
13	Current approaches to obesity management in UK Primary Care: the Counterweight Programme. <i>Journal of Human Nutrition and Dietetics</i> , 2004, 17, 183-190.	2.5	76
14	Long-term cost-effectiveness of weight management in primary care. <i>International Journal of Clinical Practice</i> , 2010, 64, 775-783.	1.7	65
15	Empowering primary care to tackle the obesity epidemic: the Counterweight Programme. <i>European Journal of Clinical Nutrition</i> , 2005, 59, S93-S101.	2.9	56
16	Minimal access surgery for cholelithiasis induces an attenuated acute phase response. <i>American Journal of Surgery</i> , 1999, 178, 232-234.	1.8	46
17	Very-low-energy diets and morbidity: a systematic review of longer-term evidence. <i>British Journal of Nutrition</i> , 2012, 108, 832-851.	2.3	43
18	A novel role for insulin resistance in the connection between obesity and postmenopausal breast cancer. <i>International Journal of Oncology</i> , 2012, 41, 745-752.	3.3	35

#	ARTICLE	IF	CITATIONS
19	Effect of weight loss on adipokine levels in obese patients. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2011, 4, 315.	2.4	31
20	Randomized clinical trial of standard dietary treatment versus a low-carbohydrate/high-protein diet or the LighterLife Programme in the management of obesity*. <i>Journal of Diabetes</i> , 2009, 1, 207-217.	1.8	30
21	The protein metabolic response to short-term starvation in man. <i>Clinical Nutrition</i> , 1986, 5, 63-65.	5.0	28
22	Optimizing acceptability and feasibility of an evidence-based behavioral intervention for obese adults with obesity-related co-morbidities or additional risk factors for co-morbidities: An open-pilot intervention study in secondary care. <i>Patient Education and Counseling</i> , 2012, 87, 108-119.	2.2	27
23	Engaging patients, clinicians and health funders in weight management: the Counterweight Programme. <i>Family Practice</i> , 2008, 25, i79-i86.	1.9	20
24	Long-term weight loss maintenance and management following a VLCD: a 3-year outcome. <i>International Journal of Clinical Practice</i> , 2014, 68, 379-387.	1.7	20
25	The Counterweight programme: Prevalence of CVD risk factors by body mass index and the impact of 10% weight change. <i>Obesity Research and Clinical Practice</i> , 2008, 2, 15-27.	1.8	19
26	The experiences of women with polycystic ovary syndrome on a very low-calorie diet. <i>International Journal of Women's Health</i> , 2016, Volume 8, 299-310.	2.6	19
27	Weight loss for women with and without polycystic ovary syndrome following a very low-calorie diet in a community-based setting with trained facilitators for 12 weeks. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2015, 8, 495.	2.4	17
28	Global warming: is weight loss a solution?. <i>International Journal of Obesity</i> , 2012, 36, 474-476.	3.4	16
29	Effectiveness of long-term (twelve months) nonsurgical weight loss interventions for obese women with polycystic ovary syndrome: a systematic review. <i>International Journal of Women's Health</i> , 2010, 2, 393.	2.6	15
30	Modulation of the cytokine and acute-phase response to major surgery by recombinant interleukin-2. <i>British Journal of Surgery</i> , 2005, 82, 86-90.	0.3	13
31	The molecular contribution of TNF- α in the link between obesity and breast cancer. <i>Oncology Reports</i> , 2011, 25, 477-83.	2.6	13
32	The Effects of Very-Low-Calorie Diets on HDL: A Review. <i>Cholesterol</i> , 2011, 2011, 1-10.	1.6	13
33	The effect of very low-calorie diets on renal and hepatic outcomes: a systematic review. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2013, 6, 393.	2.4	12
34	Glucose uptake by the brain on chronic high-protein weight-loss diets with either moderate or low amounts of carbohydrate. <i>British Journal of Nutrition</i> , 2014, 111, 586-597.	2.3	10
35	Lithium Clearance Measurements During Recombinant Interleukin 2 Treatment: Tubular Dysfunction in Man. <i>Renal Failure</i> , 1993, 15, 195-201.	2.1	8
36	Over-the-counter orlistat: early experiences, views and attitudes of community pharmacists in Great Britain. <i>International Journal of Clinical Pharmacy</i> , 2011, 33, 627-633.	2.1	8

#	ARTICLE	IF	CITATIONS
37	Leptin inhibits proliferation of breast cancer cells at supraphysiological concentrations by inhibiting mitogen-activated protein kinase signaling. <i>Oncology Letters</i> , 2014, 8, 374-378.	1.8	8
38	Weight loss for individuals with type 2 diabetes following a very low-calorie diet in a community-based setting with trained facilitators for 12 weeks. <i>Clinical Obesity</i> , 2013, 3, 150-157.	2.0	6
39	Anaemia in diabetic renal disease: an underestimated risk factor. <i>Acta Diabetologica</i> , 2002, 39, S2-S2.	2.5	4
40	Lactic acidosis due to metformin therapy in a low risk patient. <i>Postgraduate Medical Journal</i> , 1989, 65, 57-57.	1.8	3
41	Glomerulotubular Function in Patients Undergoing Moderate Surgical Stress. <i>Renal Failure</i> , 1992, 14, 169-173.	2.1	3
42	Fighting obesity: Programme to fight obesity in primary care already exists. <i>BMJ: British Medical Journal</i> , 2004, 329, 53.3.	2.3	3
43	Altered renal intermediary metabolism and the onset of renal dysfunction in the streptozotocin diabetic rat. <i>Biochemical Society Transactions</i> , 1996, 24, 264S-264S.	3.4	1
44	Plasma-specific proteins: their response to surgical trauma and tumour load, and modification of this response by post-operative metabolic support. <i>Clinical Nutrition</i> , 1991, 10, 179-185.	5.0	0
45	Pre-operative recombinant interleukin-2 and increased nephrotoxicity. <i>Biochemical Society Transactions</i> , 1994, 22, 425S-425S.	3.4	0
46	Muscle protein release following down hill walking. <i>Biochemical Society Transactions</i> , 1996, 24, 318S-318S.	3.4	0
47	Counterweight: health improvements from a weight programme. <i>Practice Nursing</i> , 2011, 22, 62-64.	0.1	0
48	Posters: T2 -Epidemiology and Intergenerational Aspects. <i>Obesity Facts</i> , 2012, 5, 80-112.	3.4	0