

# Felix Alberto Morales Palomo

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1859976/publications.pdf>

Version: 2024-02-01

42  
papers

440  
citations

840119

11  
h-index

839053

18  
g-index

42  
all docs

42  
docs citations

42  
times ranked

427  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of aerobic interval training on arterial stiffness and microvascular function in patients with metabolic syndrome. <i>Journal of Clinical Hypertension</i> , 2018, 20, 11-18.	1.0	38
2	Effectiveness of Aerobic Exercise Programs for Health Promotion in Metabolic Syndrome. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 1876-1883.	0.2	33
3	Effects of Simultaneous or Sequential Weight Loss Diet and Aerobic Interval Training on Metabolic Syndrome. <i>International Journal of Sports Medicine</i> , 2016, 37, 274-281.	0.8	29
4	Effects of repeated yearly exposure to exercise-training on blood pressure and metabolic syndrome evolution. <i>Journal of Hypertension</i> , 2017, 35, 1992-1999.	0.3	23
5	Acute Hypotension after High-Intensity Interval Exercise in Metabolic Syndrome Patients. <i>International Journal of Sports Medicine</i> , 2017, 38, 560-567.	0.8	22
6	Ambulatory blood pressure response to a bout of HIIT in metabolic syndrome patients. <i>European Journal of Applied Physiology</i> , 2017, 117, 1403-1411.	1.2	22
7	Dietary supplementation with omega-3 fatty acids and oleate enhances exercise training effects in patients with metabolic syndrome. <i>Obesity</i> , 2016, 24, 1704-1711.	1.5	21
8	Weight loss but not gains in cardiorespiratory fitness after exercise-training predicts improved health risk factors in metabolic syndrome. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 1267-1274.	1.1	19
9	Importance of a verification test to accurately assess $\dot{V}O_2$ max in unfit individuals with obesity. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 583-590.	1.3	19
10	Aerobic interval training reduces vascular resistances during submaximal exercise in obese metabolic syndrome individuals. <i>European Journal of Applied Physiology</i> , 2017, 117, 2065-2073.	1.2	17
11	Insulin sensitivity improvement with exercise training is mediated by body weight loss in subjects with metabolic syndrome. <i>Diabetes and Metabolism</i> , 2020, 46, 210-218.	1.4	17
12	Effects of statin therapy and exercise on postprandial triglycerides in overweight individuals with hypercholesterolaemia. <i>British Journal of Clinical Pharmacology</i> , 2020, 86, 1089-1099.	1.1	13
13	Effects of intense aerobic exercise and/or antihypertensive medication in individuals with metabolic syndrome. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 2042-2051.	1.3	12
14	Exercise improves metformin 72-h glucose control by reducing the frequency of hyperglycemic peaks. <i>Acta Diabetologica</i> , 2020, 57, 715-723.	1.2	12
15	Exercise Periodization over the Year Improves Metabolic Syndrome and Medication Use. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 1983-1991.	0.2	11
16	Substitution of parts of aerobic training by resistance training lowers fasting hyperglycemia in individuals with metabolic syndrome. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021, 46, 69-76.	0.9	11
17	Training intensity relative to ventilatory thresholds determines cardiorespiratory fitness improvements in sedentary adults with obesity. <i>European Journal of Sport Science</i> , 2019, 19, 549-556.	1.4	10
18	Effects of statins and exercise on postprandial lipoproteins in metabolic syndrome vs metabolically healthy individuals. <i>British Journal of Clinical Pharmacology</i> , 2021, 87, 955-964.	1.1	10

#	ARTICLE	IF	CITATIONS
19	Cardiovascular Drift during Training for Fitness in Patients with Metabolic Syndrome. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 518-526.	0.2	9
20	Exercise Training Adaptations in Metabolic Syndrome Individuals on Chronic Statin Treatment. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2020, 105, e1695-e1704.	1.8	9
21	Effects of chronic metformin treatment on training adaptations in men and women with hyperglycemia: A prospective study. <i>Obesity</i> , 2022, 30, 1219-1230.	1.5	8
22	Women with metabolic syndrome show similar health benefits from high-intensity interval training than men. <i>PLoS ONE</i> , 2019, 14, e0225893.	1.1	7
23	The use of a graded exercise test may be insufficient to quantify true changes in $\dot{V}I_{\text{max}}$ following exercise training in unfit individuals with metabolic syndrome. <i>Journal of Applied Physiology</i> , 2020, 129, 760-767.	1.2	7
24	Effectiveness of statins vs. exercise on reducing postprandial hypertriglyceridemia in dyslipidemic population: A systematic review and network meta-analysis. <i>Journal of Sport and Health Science</i> , 2021, , .	3.3	7
25	Concurrent endurance and resistance training enhances muscular adaptations in individuals with metabolic syndrome. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 1440-1449.	1.3	6
26	Effects of antihypertensive medication and high-intensity interval training in hypertensive metabolic syndrome individuals. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 1411-1419.	1.3	6
27	Intense aerobic exercise lowers blood pressure in individuals with metabolic syndrome taking antihypertensive medicine. <i>Blood Pressure Monitoring</i> , 2018, 23, 230-236.	0.4	5
28	Post-exercise Hypotension Produced by Supramaximal Interval Exercise is Potentiated by Angiotensin Receptor Blockers. <i>International Journal of Sports Medicine</i> , 2019, 40, 756-761.	0.8	5
29	Effects of Exercise Training during Christmas on Body Weight and Cardiometabolic Health in Overweight Individuals. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4732.	1.2	5
30	One Bout of Resistance Training Does Not Enhance Metformin Actions in Prediabetic and Diabetic Individuals. <i>Medicine and Science in Sports and Exercise</i> , 2022, 54, 1043-1050.	0.2	5
31	Aerobic exercise training improves nocturnal blood pressure dipping in medicated hypertensive individuals. <i>Blood Pressure Monitoring</i> , 2022, Publish Ahead of Print, .	0.4	5
32	Effects of metabolic syndrome on fuel utilization during exercise on middle-aged moderately trained individuals. <i>Journal of Applied Physiology</i> , 2022, , .	1.2	5
33	Exercise Reduces Medication for Metabolic Syndrome Management: A 5-Year Follow-up Study. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 1319-1325.	0.2	4
34	Endurance Exercise Training reduces Blood Pressure according to the Wilder's Principle. <i>International Journal of Sports Medicine</i> , 2021, , .	0.8	3
35	Statins effect on insulin resistance after a meal and exercise in hypercholesterolemic pre-diabetic individuals. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 0, , .	1.3	3
36	Response to Letter to the Editor Allard et al: "Exercise Training Adaptations in Metabolic Syndrome Individuals on Chronic Statin Treatment". <i>Journal of Clinical Endocrinology and Metabolism</i> , 2020, 105, e3496-e3497.	1.8	2

#	ARTICLE	IF	CITATIONS
37	Acute Hypotension After High -intensity Interval Exercise In Metabolic Syndrome Patients. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 68.	0.2	0
38	Baseline Ventilatory Thresholds Determine Cardiorespiratory Adaptations to High-Intensity Interval Training in Obese Participants. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 286.	0.2	0
39	Combined Metformin and Exercise Treatment Improves Glucose Control and Insulin Sensitivity in Type-2 Diabetes Patients.. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 425-425.	0.2	0
40	Ambulatory Blood Pressure Reduction In Response To Supramaximal Interval Exercise; Interactions With Antihypertensive Medication.. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 174-175.	0.2	0
41	Post-Exercise Hypotension. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 537.	0.2	0
42	Omega-3 Fatty Acids Supplementation did not Improve Cardiometabolic Benefits of 16 Weeks of Exercise Training. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 580.	0.2	0